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LINCOLN SENTINEL-REPUBLICAN

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Post Rock Community Foundation Fall Grant Recipients

The Post Rock Community Foundation is excited to announce that over $69,000 was awarded to twelve local projects during its Fall Grant Cycle. The following organizations received funding:

- Sylvan Grove Rural Fire District, $16,916 toward the purchase of new bunker gear for the department.
- City of Sylvan Grove, $2,170 toward a Main Street LED sign.
- Lincoln United Methodist Church, $5,000 to purchase fabric needed to complete 33 Quilts of Valor for presentation to local veterans.
- Barnard Rural Fire Department, $4,500 to purchase radios, lights and equipment for upfitting a Humvee for use as a brush truck.
- Lincoln County Economic Development Foundation, $5,000 toward Phase II of Post Rock Plaza, a pocket park in downtown Lincoln.
- Sylvan Grove Fair & Ag Association, $11,177.29 toward building a new barn at the fairgrounds to replace the current beef and swine barns.
- USD 298 Lincoln, $15,000 toward new bleachers for the Lincoln Elementary School gymnasium.
- Lucas Public Library, $1,500 to provide programs and events for people of all ages in the community and surrounding area.
- Sylvan Historical Society, $1,000 toward rental of a boom truck to remove trees from Spillman Creek that block the view of the Spillman Historic Double Arch Bridge.
- A Dog's Life Rescue and Networking Association Inc., $1,544.24 toward a Trap, Neuter, and Release program to aid in stabilizing the large stray cat population in Sylvan Grove.
- USD 299 Sylvan-Lucas, $698 to purchase four handheld microphones with a wireless transmitter, a mixer board and connecting cables.
- Luray Community Foundation, $4,600 toward replacing the 3-phase lighting in the Luray Activity Center's Gymnasium with energy-efficient LED fixtures.

This round of grants was made possible by four funds at the community foundation: the Post Rock Community Action Fund, the Dane G. Hansen Community Grant Fund, the Patterson Family Foundation Fund, and the Sylvan Area Fund; which all focus on improving quality of life throughout the service area.

The next grant cycle will open on Monday, February 1, 2027 and close Monday, March 1, 2027. Complete funding criteria and grant applications are available at http://postrockcf.org/search-apply-for-a-grant.

Rural mail carrier becomes Good Samaritan



Rural mail carrier John Huehl, Sylvan Grove, was on his mail route on July 29, 2026, when he noticed a swather with the door open in a field as he came over a hill to deliver the mail. There was no one around. As he approached, he noticed what he thought was a feed bag in the ditch.

Huehl stopped to get a better look when he realized it was the farmer lying face down in the ditch. The farmer was getting out of the tractor to fill it with refrigerant when he was overcome by the heat that day, falling into the ditch.

Unable to get himself up, he asked Huehl to call his son, just a couple of miles away. Huehl stayed with the injured farmer until the man's son arrived and transported him to the hospital. Thankfully, the farmer is recuperating.

Huehl has worked for USPS since 2011 from the Sylvan Grove facility.

Tricks, Treats & Hot Dogs in Sylvan!



Sylvan spooks worked up an appetite after an evening of trick-or-treating! Families gathered at the Sylvan American Legion to enjoy hot dogs, good company and a little Halloween fun! *(Courtesy Photo)*

Lincoln Rec scores with volleyball

Since the very beginning, Lincoln Recreation Department has heard area adults ask about organized sports for adults. There was a time not long ago when there was no place in town where an adult could work on their strength, get cardio and have fun. So, they ran. Sometimes people ran with small groups and sometimes they were solo, but a lot of people ran for their health.

When Post Rock Fitness came along adults finally had a place in town where they could work on strength, endurance, balance and a variety of skills. Post Rock Fitness was and has continued to be a hit among those who want to stay active and healthy. At that point, local fitness buffs worked out on fitness machines before (or after) they ran.

This year, the Lincoln Rec Department tried adult volleyball. Once a week all adult ages would meet at the high school gym, serving and volleying their hearts out! Happily, with the season ending, they announced Adult Volleyball, Lincoln's first adult organized recreational sport, was a success!

The activity was so successful, Lincoln Rec is planning more volleyball and even other activities adults can enjoy together. And they can still run!



Area adults enjoyed friendly competition and exercise during Lincoln Recreation Department's first adult volleyball season. The successful program has sparked plans for more volleyball and other adult recreational activities! *(Courtesy Photo)*

Halloween Highlights



Charlotte White helped spread some Halloween cheer by handing out candy to trick-or-treaters during Lincoln's Business Boo celebration! *(Courtesy Photo)*



The Bank of Tescott employees Angela Corpstein, Cindy Aufdemberge and Mariann Padayao were on the loose during Lincoln's Business Boo celebration! Dressed as "cereal killers," the trio handed out boxes of cereal instead of candy, serving up plenty of Halloween fun! *(Courtesy Photo)*



This sign at the home of Jamie and Chelsea Meyer invited one and all for a hot snack. *(Courtesy Photo)*



Agata Montero and Ava Polly brought a little fright to Halloween, transforming into two spooky zombies! These two were ready to scare up some Halloween fun!. *(Courtesy Photo)*

Remember These Classic 1960s Kitchens?



Step back in time to the 1960s, when kitchens were filled with colorful appliances, bold patterns and plenty of personality! Avocado green, harvest gold and coppertone brown were popular appliance colors, while Formica countertops, chrome dinette sets and bright, patterned wallpaper gave kitchens their distinctive look. Colorful Pyrex mixing bowls were household staples, serving as both practical kitchen tools and cheerful decorations.

The kitchen was also the heart of the home, often featuring a rotary dial wall phone with a long, coiled cord that stretched around the corner for a little privacy. Fondue sets became popular for entertaining, while hanging swag lamps added a warm glow above kitchen tables. From space-age designs to cozy family gatherings, the 1960s kitchen was a place where style, convenience and everyday life came together. How many of these items do you remember?

Cash Grain

Corn	$3.98
Milo	$3.58
Soybeans	$11.49
Wheat	$5.78

Cash prices courtesy of Ag Mark

Community Calendar

Thursday, November 5
USD 298: 3:30 PM - JH BB @ HOME vs Rock Hills; Donut Day
USD 299: Starbase; Wrestling mtg. with Coach Marks during seminar; 6pm Maryssa BB Practice (LES)

Friday, November 6
USD 298: HS FB Regionals
USD 299: 3:30pm Cheyenne BB Practice (LES); 5pm After Prom Meeting @ Sylvan Concessions; 6pm HS FB Regionals vs. Thunder Ridge @ Sylvan TBD

Saturday, November 7
USD 298: JH KMEA @ Norton

Sunday, November 8

Monday, November 9
USD 298: 3:30 PM - JH BB TOURNAMENT @ TESCOTT
USD 299: 5:30pm JH BB Tescott Tournament Tescott; 7pm Board of Ed Mtg

Lincoln: Medicare Part D Open Enrollment SHICK Counselor @ KSU extension office Lincoln
USD 298: 3:30 PM - JH BB TOURNAMENT @ TESCOTT; 6:00 PM - BOARD MEETING @ BOE; NO SCHOOL

Tuesday, November 10
Lincoln: 10:15 am Fall Storytime @ Lincoln Carnegie Library
USD 298: FFA MEATS @ ABILENE
USD 299: FFA Meat CDE
8:30am KAYS Regional Conference @ Wakeeney; 5:30pm JH BB Tescott Tournament Tescott; 6pm Maryssa BB Practice (LES)

Wednesday, November 11
Veterans Day

Commodity Distribution held the third Wednesday every other month at The Cube (147 N. 4th St., Lincoln.) January, March, May, June, Sept.r, Nov.

Lincoln County Historical Society meets third Wednesday of each month @ 5 p.m.; Lincoln County Historical Museum is open Thursdays, Fridays, Saturdays. Call 202.744.9041.
LCEDF meets the second Wednesday of each month in the Courthouse basement. Call 524-8954 for meeting time.
The Lincoln County Commission meets each Monday, and the last working day of the month, at the courthouse.

Lincoln Senior Center MENU

Monday, November 9
Baked Pork Chop, Rice/Gravy, Peas & Carrots, Warm Cinnaom Apples, Roll & Milk

Tuesday,November 10
Baked Chicken Breast, Sweet Potatoes, Brussel Sprouts, Tropical Fruit, Roll & Milk

Wednesday, November 11
Roast Beef, Potatoes w/Gravy, Green Beans, Fruit Cup, Roll & Milk

Thursday, November 12
Oven Fried Fish, Roasted Potatoes, Broccoli, Mandarin Oranges, Rool & Milk

Friday, November 13
Chicken & Dumplings, Coleslaw, Corn Bread, Fruit Cobbler & Milk

Menu is subject to change.
Call 785-524-4738 before 9:30 a.m. to reserve a lunch. The suggested donation for people over 60 or with current paperwork $4.00. For people without paperwork or under 60, meals are $7.00, mandatory.

THE LEOPARD LEGACY- BY NIKKI FLINN

If We Want Growth, We Must Market Our Community



Nikki Flinn
Superintendent
USD 298

Over the last several months, the school bond has been a major topic of conversation in our community. By the time many of you read this, the outcome of that decision will be known. Regardless of the outcome, however, one thing has become increasingly clear to me: **we must do a better job of telling our story, marketing our school, and supporting the community we call home.**

In today's world, families are more mobile than ever. People have choices about where they live, work, and send their children to school. Communities compete for families, businesses, and opportunities. We cannot assume people know what Lincoln has to offer. We must advertise our strengths, share our successes, and give people reasons to choose Lincoln and USD 298.

Marketing is not simply advertising or putting a positive message on social media. It is sharing our successes, highlighting our strengths, celebrating our people, and showing others what makes our community special. It is telling our story in a way that makes people want to be part of it.

This is one reason USD 298 has discussed and has made marketing our school district a priority. We want people to know who we are, what we offer, and what makes our school special. From small class sizes and dedicated staff to all day preschool program, vocational class offerings, athletics, music, and extracurricular opportunities, our school has a great deal to offer students and families. We celebrate student achievements, highlight our programs, and share the successes happening in our classrooms because people need to see the value of our school before they can appreciate everything it offers.

Marketing our school is also marketing our community. Strong schools help attract families, and families support local businesses. Businesses create jobs and contribute to the local economy. Our school, businesses, city, county, hospital, and emergency services are all connected. When one thrives, it creates opportunities for others. Even if you no longer have children in the district, the success of our schools still influences the future of Lincoln.

That is why our story matters, and why the way we talk about our community matters.

The bond has brought strong opinions and disagreements. You did not have to support the bond, and we will not always agree on every decision. However, there is a difference between disagreeing with an issue and tearing down the people and community around us. When we focus only on the negative or attack one another, we risk damaging relationships and sending the wrong message to families and businesses considering Lincoln as their home.

We can disagree while still respecting one another. We can recognize challenges while celebrating our strengths. **We cannot build a stronger community by constantly tearing it down.**

Imagine what we could accomplish if we all helped tell Lincoln's story. Imagine local businesses sharing community accomplishments, residents welcoming new families, alumni celebrating their experiences, and community members promoting the opportunities available here. Marketing our community is not one entities responsibility; it is something we can all contribute to. Imagine if, instead of allowing disagreements to define us, we allowed our shared pride to lead us forward.

At USD 298, we often talk about being Leopards. That identity is bigger than a mascot, a school building, or a sports team. It represents our students, staff, families, alumni, and the community that supports us. It represents the pride we share and the responsibility we have to one another.

The bond election will be behind us, but the work of building our future will continue. There will be other decisions, other challenges, and other opportunities to determine what kind of community we want Lincoln to be. We cannot afford to let one issue define us or allow disagreements to overshadow everything we have to offer.

USD 298 Lincoln will continue to promote and market our district because we believe in the strength of our schools, the potential of our community, and the opportunities we can create together. We are committed to investing in our future by sharing our story, celebrating our successes, and helping ensure Lincoln and USD 298 continue to grow and prosper for generations to come.

Our community has a proud past and a promising future. It is up to all of us to make sure people see both. We are all Leopards. Let's tell our story, promote our community, and show the world why Lincoln is a place worth investing in.

PRAIRIE DOC BY SAMANTHA GERVAIS-LECLAIRE, MD

Pregnancy and Childbirth: What to Expect

Pregnancy can be an exciting time and bring multiple questions. This guide will provide what usually happens: prenatal visits, the tests and scans offered, and what to expect when a baby is born. Every pregnancy is different, so each care team will adjust plans to fit the patient.

Prenatal Care

Prenatal care is the preventative healthcare pregnant women receive throughout pregnancy. The first prenatal visit occurs early, ideally in the first 12 weeks of pregnancy. Early care helps the doctor date the pregnancy accurately, catch any health problems early, and help the patient plan. Of note, it is important to start prenatal vitamins with folic acid (400 mcg/day) as soon as possible, even prior to pregnancy, as this lowers risk of some birth defects of the baby's brain and spine.

Pregnant women will be seen multiple times throughout their pregnancies. A common schedule for a pregnancy without complications is every 4 weeks until about 28 weeks; every 2 weeks from 28-36 weeks; then every week from 36 weeks until childbirth. Some women may need more visits depending on certain health conditions. At most visits, the care team will check multiple vital signs (like blood pressure and weight), measure the patient's belly (fundal height) to ensure the baby is growing, listen to the baby's heartbeat, and talk about how patients are feeling, both physically and emotionally. It is important for patients to bring up any questions or concerns about their health, mood, stress, or safety during these visits. Finally, the doctor will give guidance about lifestyle practices, diet, pregnancy-specific warning signs, and important preventative measures (like flu, RSV, whooping cough vaccines).

There are a variety of laboratory tests and images that are performed throughout pregnancy. Some blood tests occur early on, as early as the first visit, while others occur just prior to the baby's birth. Doctors and other health professionals will screen pregnant patients for active infections, blood type, glucose testing for gestational diabetes, and genetic testing (if desired or indicated). Ultrasound uses sound waves, not radiation, to create pictures of a baby. The first trimester ultrasound scan confirms the pregnancy inside the womb (uterus), counts the number of babies, checks the baby's heartbeat, and gives the most accurate due date. There is also a second scan halfway through pregnancy, called the anatomy scan, which gives a detailed look of baby's brain, organs, and bones.

Planning for Birth

In the third trimester (between 28-40 weeks), the care team will prepare the pregnant woman and her loved ones for labor, including labor symptoms, when/where to go at the hospital, pain relief options, baby feeding plans postpartum, and patient specific birth plans. Most babies are born between 37 and 42 weeks. If a woman goes past her due date, or if there are health indications, the doctor may suggest induction (starting labor with medicine or other methods). Some healthy people choose an elective induction at 39 weeks, as well.

Labor and Birth

Labor has three stages. During the first stage, the cervix (the lower part of the uterus that connects the uterus to the vagina) will open to 10 cm. This initial part of this stage, called early/latent labor, can take many hours, especially in the first pregnancy. As contractions start to become stronger, longer, and closer together, the cervix opens faster, which is called active labor. The second stage of labor occurs after a cervix is open to 10 cm ("fully dilated"); this is when the pregnant woman will push with contractions until the baby is born. This process can also take many minutes to many hours. Finally, the third stage of labor is the delivery of the placenta. Sometimes help is needed throughout labor, like medicine to strengthen contractions, a vacuum or forceps, or a cesarean birth (C-section). There are many reasons for these measures, and the care team will explain and talk about patient choices during these times.

After the baby arrives, the care team will help with both mother's and baby's care. Postpartum mothers should expect vaginal bleeding, like a heavy period that slowly gets lighter, for several weeks. Many people feel tearful in the first days ("baby blues"). If sadness, anxiety, or hopelessness lasts more than 2 weeks, or she has thoughts of harming herself or the baby, it is important that she seek help right away; postpartum depression is common and treatable. About 6 weeks after birth, postpartum mothers will follow up with their care team for a check-up and exam.

As mentioned, pregnancy and childbirth can be full of joy and uncertainty. It is extremely important for pregnant women to establish care early and ask questions along the way. The care team she chooses is her p a r t n e r

See "Doc" page 6

Free A1C testing for Red Cross blood donors in November

This simple test helps screen for prediabetes and diabetes

The American Red Cross is offering free A1C testing to all donors throughout Diabetes Awareness Month this November so they can help save lives and know more about their own health.

Successful blood, platelet or plasma donations during November 2026 will get free A1C testing (one result per calendar year).*** No fasting needed. The A1C test is a simple blood test commonly used to screen for prediabetes and diabetes. It measures average blood sugar level over the past three months.

"By helping blood donors learn their A1C level, the Red Cross is providing them another window into their health and empowering them to take a more active role in their well-being," said Jane Blocher, Executive Director of the Red Cross of Greater Kansas.

Early awareness creates an opportunity to act. Millions of U.S. adults are living with undiagnosed prediabetes and Type 2 diabetes, which are often preventable and reversible. These conditions often develop silently, though if untreated, they can lead to serious health complications, such as stroke and heart disease. According to the Centers for Disease Control and Prevention, making healthy lifestyle changes can cut the risk of Type 2 diabetes in half.

Many of the tips that health care providers recommend to help prevent prediabetes and Type 2 diabetes are also important for ensuring a successful blood donation. These include consuming a well-balanced diet with lean, iron-rich proteins and vegetables; drinking plenty of water; avoiding alcohol and tobacco products; participating in regular physical activity; and maintaining a healthy weight.

Red Cross data reveals that 1 in 5 blood donors tested have elevated A1C levels — a sign that prediabetes and diabetes are prevalent among adults in generally good health. The findings are based on free A1C testing offered by the Red Cross, which to date has provided results for more than 1.3 million blood donors since we began testing in 2025. The Red Cross has notified more than a quarter million donors about having elevated A1C levels.

"Health is not just a personal journey — it's part of our lifesaving mission. The Red Cross is bridging care gaps like undiagnosed diabetes and hypertension through blood donation," said Blocher.

As the nation's largest blood supplier, the Red Cross is in a unique position to help the millions of individuals who roll up a sleeve each year. Through the Red Cross Blood Donor App and online donor portal, donors can track their health insights taken during each donation and share them with their health care provider. Empowering donors with this information is a powerful step toward preventive care, community health equity and lifesaving intervention.

Visit RedCrossBlood.org, use the Red Cross Blood Donor App or call 1-800-RED CROSS to schedule your blood donation appointment in November and learn more about your health.

***The American Red Cross will offer hemoglobin A1C (A1C) testing, commonly used to screen for prediabetes and

See "A1C" page 6

Contact Information: Lincoln Sentinel-Republican
lincolnksnews@gmail.com • Phone 785-524-4200

Governor Kelly requests a declaration of major presidential disaster

Governor Laura Kelly sent a request to the Federal Emergency Management Agency (FEMA) asking for a major presidential disaster declaration due to damages from severe storms with tornadoes, damaging straight-line winds, large hail, heavy rainfall, flash flooding and riverine flooding that occurred Sept. 30 to Oct. 2, 2026.

Governor Kelly has requested the Hazard Mitigation Grant Program statewide and the Public Assistance Program – Categories A through G, for the following counties: Cloud, Ford, Greeley, Hamilton, Jewell, Lincoln, Marshall, Mitchell, Morris, Osborne, Pottawatomie and Wabaunsee. Damage to public infrastructure, utility systems, and transportation networks generated significant response and recovery challenges for affected local governments, many of which are small rural jurisdictions with limited financial and operational resources.

"Federal assistance is critical to helping these Kansas communities repair damaged infrastructure and recover from these devastating storms," Governor Laura Kelly said. "We will continue supporting our local partners as they rebuild."

Post Rock Extension District

Now is the Time to Plant Spring Flowering Bulbs

ByCassie Thiessen
K-State Research and Extension Post Rock Horticulture Agent

One of the many joys of gardening is watching our landscapes come to life again in the spring. Bulbs are often the first plants to make an appearance in the spring and add a beautiful pop of color to the landscape. Enjoying these spring beauties means a little extra work planting them in the fall, then practically forgetting about them until spring.

With the onset of cooler weather, it's the perfect time to plant spring flowering bulbs. For north central Kansas, late September through October is an ideal time in our climate hardiness zone. If you want to add a minimal care, showy plant, into your landscape follow these tips for mastering bulbs.

In the fall, bulbs show up everywhere. They can be found in garden stores, ordered from catalogs, or picked up in local supermarkets. When choosing bulbs, you want to examine each one for quality. It should be firm with a papery covering and free from mold. Look for bulbs that are large, the larger the bulb the bigger and more beautiful the bloom will be. You could choose a diverse number of varieties to bloom throughout the spring and summer or for a mass design that will pop, stick to one or two varieties. If deer or wildlife are a problem in your garden, you should choose bulbs such as allium, crocus, iris, and daffodil. Have fun when picking bulbs by choosing new cultivars or even trading with neighbors.

Fall is the best time to plant bulbs because they need to develop their roots and must meet a chilling requirement over the winter in order to bloom in the spring. Pick a site where the bulbs will receive full sun to partial shade. The soil needs to have good aeration and adequate drainage. A sandy loam is preferred but you can always amend your soil type by adding peat moss, compost, or aged bark. The depth of planting varies by the size and variety of bulb. A general rule is 2-3 times deep as the bulb is wide. For example, if you are planting a tulip or hyacinth bulb set them about 6 inches into the soil. Space the bulbs using the same general measurement. After placing the bulbs at the proper depth, replace half the soil and add water. This will settle the soil around the bulbs and provide good bulb to soil contact. Add the remaining soil and water again. Although there will be no top growth in the fall, the roots are developing, so soil needs to be kept moist but not wet. Always remember to place the bulb with the point up, so the roots are in the right position.

Bulbs are relatively low maintenance, you can practically plant them in the fall and forget about them until they pop up in the spring. Check once in a while to make sure the soil is moist but not soggy. Small bulbs will also benefit from adding a layer of mulch to prevent being heaved out of soil by alternate freezing and thawing. In the spring, after blooming, cut off flowers that have faded but don't cut the leaves until they have turned yellow and withered. This allows more energy to be transferred and stored in the bulb.

Bulbs are fun and easy to work with. They require minimal care once properly planted, they will reward you every spring with a wonderful show of color. K-State Extension has a variety of resources for all your gardening and landscaping needs. Stop by or give us a call with your questions.

Post Rock Extension District of K-State Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Cassie may be contacted at cthiessen@ksu.edu or by calling Beloit (785-738-3597).

Commission Meeting Minutes

October 19, 2026

The Lincoln County Board of Commissioners met in the courthouse commission meeting room on Monday, October 19, 2026. Chairman Debora Smith called the meeting to order at 8:30 a.m. with Vice-Chairman Ken Meitler and Member Leon Hart present. County Clerk Dawn Harlow attended as recording secretary.

Others present for portions of the meeting: Adam Robertson, Joel Younger, Brandon Sauers, Colleen Tennant, Jesse Knight, Nate Ginest, Mary Ann Stertz, Serrina Schneider, and Tim Meier.

Correspondence: midmonth accounts payable, Resolution 2026R-01, and KCAMP and KWORCC annual meeting voting delegate forms.

County Administrator Adam Robertson provided an update on forming a safety committee to qualify for a discount on the annual workers' compensation premium. Robertson related that the health department will hold flu shot clinics on November 4 and November 9 in Sylvan Grove, and November 17 in Lincoln. Robertson provided an update on identifying companies that can provide an ADA-compliant website and noted the dates and topics of upcoming meetings he will attend.

Commissioner Smith related that District Court Clerk Lisa Feldkamp contacted her and said Judge Cudney had ordered her to close her office to public entry and make any needed modifications to accomplish the task.

Joel Younger, Flatliner, provided information on services the company offers that could assist the Public Works Department. Nate Ginest, Iron Inc., provided information on services the company offers that could assist the Public Works Department.

Transportation Bus Director Colleen Tennant presented two letters for the board's approval for the grant application. Debora Smith moved to authorize Colleen Tennant to sign on behalf of Lincoln County for the 5310 and 5311 grant application, seconded by Leon Hart. Motion carried. Debora Smith moved to sign the letter committing local matching funds for General Public Transportation in the amount of $26,750, seconded by Ken Meitler. Motion carried.

Emergency Manager Jesse Knight reported that KDEM would be in the county on this date to assess storm damage.

County Treasurer Mary Ann Stertz and Deputy Treasurer Serrina Schneider provided the 3rd quarter 2026 Treasurer Quarterly Interest Earned on Idle Funds report for the board's review. The group discussed the Water Recovery fund and the status of the tax sale.

Public Works Director Brandon Sauers provided cost information to contract with Foley Equipment Co. for employee training on equipment operation, noting that the training is scheduled for November 4th–5th. Sauers updated the board on department activities and answered questions about road improvement projects.

Commissioner Hart provided a quote received from Dalton Wirth, on behalf of the Repeater Board, to install siren activation buttons. Debora Smith moved to approve the bid from Pierce Electronics to install five manual push buttons for manual activation in five fire stations, in the amount of $3,614.90 from the WEB fund interest, seconded by Leon Hart. Motion carried.

Tanya Paul, DVACK, explained the organization's services and confidentiality policy. Paul read a proclamation for the board's approval. Debora Smith moved to declare October 2026 as Domestic Violence Awareness Month, seconded by Ken Meitler. Motion carried.

Tim Meier requested the following road right-of-way vacation in Beaver Township: the east ½ mile between Sections 18 & 19 and 2 miles between Sections 26 & 27 and 34 & 35.

Debora Smith moved to approve the amended preliminary resolution 2026R-01, seconded by Leon Hart. Motion carried. Debora Smith moved to approve midmonth accounts payable in the amount of $30,910.27, seconded by Leon Hart. Motion carried. Debora Smith moved to appoint Dawn Harlow as the voting delegate for the KCAMP and KWORCC annual meetings and Adam Robertson as the voting delegate for KAC's annual meeting, seconded by Leon Hart. Motion carried.

County Clerk Harlow discussed the expansion of the pay scale steps and the decision to increase it by a set amount instead of using the formula for all other steps, creating a discrepancy for long-term employees performing equally and could potentially set the county back on competitive wages. Harlow requested that if the board did not intend to complete a new wage study, it consider expanding the pay scale by the step percentages used in the original study. The group discussed current pay for elected officials and the previous norm of starting new elected officials at the same pay rate as the outgoing official. Clerk Harlow noted, using her position as an example, that if a new clerk comes into office using the historic process, it could frustrate other elected officials who have held their positions longer, suggesting the board consider a policy similar to other counties that identifies the starting wage within the pay classification policy, with possible consideration for experience. The policy currently addresses how to handle an individual who works for the county and is promoted into a higher position, such as an elected position. Clerk Harlow reported that Emily Hernandez has resigned and said she will handle ambulance acco unts receivable until the county hires a new employee or removes the task from the Clerk's Office, as previously agreed to when completing cleanup. The board agreed to this until it determines an alternative or the Clerk hires and trains a new staff member.

Debora Smith moved to approve the minutes of the October 5th meeting, seconded by Leon Hart. Motion carried.

The chairman adjourned the meeting at 1:18 p.m. The next meeting will be in the courthouse commission meeting room at 8:30 a.m. on Monday, October 26, 2026.

LET US KNOW!!

EMAIL **LINCOLNKSNEWS@GMAIL.COM** IF YOU ARE INTERESTED IN SUBMITTING ARTICLES/COLUMNS/REPORTS/ETC FOR PUBLICATION!

CHURCH DIRECTORY

BETHANY CHURCH
Eight miles north, six miles west and one mile north of Lincoln
Sunday School @ 9:45 am
Worship Service @ 11:00 am
Evening Service @ 7:00 pm

BETHLEHEM LUTHERAN CHURCH LC-MS
Pastor Christopher Craig
Sylvan Grove, Kansas
Sunday School following Worship
Sunday Worship @ 10:30 am

BEVERLY COMMUNITY CHURCH
www.beverlycommunitychurch.org
Pastor Toby Flaming
Sunday School @ 9:30 am
Morning Worship @ 10:45 am

CENTRAL CHRISTIAN CHURCH
Sunday School @ 9:30 am
Worship Service @ 10:30 am
Men's Prayer Breakfast, 7am @ The Cube

CULVER METHODIST CHURCH
Pastor Demerle Eckart
401 Main Street, Culver, Ks
Sunday Worship @ 9:30 am
Saturday Coffee @ 8-10 am

DENMARK EVANGELICAL LUTHERAN COMMUNITY CHURCH, ELCA
Worship Service @ 10:30 am

FAITH BAPTIST CHURCH
Pastor Jonathan Schale
Lincoln Park Manor @ 9:30 am
Bible Study @10:30 am
Worship Hour @ 11:00 am
Afternoon Worship @ 2:00 pm
Wed. Bible Study @ 7:00 pm

FIRST BAPTIST CHURCH
Adult Sunday School @ 10:00 am
Morning Worship @11:00 pm

GRACE CHAPEL-HUNTER
Pastors Kaye & Jeff Metzler
Worship Service @ 9:00 am

LINCOLN COMMUNITY CHURCH
www.lincolncommunitychurch.org
Pastor Steven Rohn
Sunday School @ 9:30 am
Worship Service @ 10:30 am
Women of Grace.Wed. @ 5:30 pm
Sunday Evening Service @ 6:30
Adventure Club Wed. 6pm - 7pm
Ages 3-12

LINCOLN PARK MANOR CHAPEL
Morning Worship @ 9:30 am
Afternoon Worship @ 2:30 pm

LINCOLN UNITED METHODIST
Worship Service @ 10:30 am
Alternate Pastor & Lay Leaders provide Communion

PRESBYTERIAN CHURCH
Sylvan Grove, Kansas
Sunday School @ 10:00 am
Church @ 11:00 am

ST. JOHN LUTHERAN CHURCH
Pastor Don Haselhuhn
Lincoln, Kansas
Two and one-half miles south of Lincoln on Highway 14
Sunday/Bible School...9:30 am
Worship Service.....10:30 am

ST. PATRICK'S CATHOLIC CHURCH
Father Mark Wesely, Lincoln
Rectory phone: 785-524-4823
Email: stpat327@gmail.com
Sunday Mass @ 11:00 am
Sunday CCD Classes @ 9:45 am
Weekday Mass: Mondays - 3:30 pm

ST. PAUL'S LUTHERAN CHURCH LCMS
Pastor Don Haselhuhn
Six and one-half miles south and 4 miles east of Lincoln
Worship Service @ 9:00 am

ST. PAUL'S LUTHERAN CHURCH, ELCA
Pastor Rod Thompson, Tescott
Worship Service @ 9:00 am

TESCOTT UNITED METHODIST CHURCH
Pastor Demerle Eckart
Sunday School @ 10:00 am
Worship @ 11:00 am

TRINITY LUTHERAN CHURCH, HUNTER
Pastor Matthew Schneider
Hunter, Kansas
Sunday School @ 9:00 am
Worship Service @10:00 am
Midweek/Confirmation
Wednesdays @ 4:30 to 5:45

Lincoln United Methodist Church



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Kaye and Jeff Metzler
Service Times:
Adult Sunday School:
10:00 a.m.
Morning Worship:
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Motorists encouraged to be on the lookout for deer

While deer can be spotted near roadways any time of the year, motorists should be especially vigilant in the fall for deer crossing roadways due to the "rut," or mating season, a time when deer are frequently on the move.

"When a deer enters the roadway, drivers may be tempted to swerve. That can lead to a loss of control, leaving the roadway or a collision with oncoming traffic," said Kansas Highway Patrol Lt. Chad Crittenden. "Drivers are often safer when they brake firmly and stay in their lane."

That's why the Kansas Department of Transportation, Kansas Highway Patrol, Kansas Department of Wildlife and Parks and AAA Kansas are working together to raise awareness and help drivers avoid collisions with deer.

"Deer are focused on mating and not paying attention to hazards like vehicles," said Levi Jaster, KDWP Big Game Coordinator. "Bucks are looking for does, and with crops out of the fields and leaves off the trees, deer have fewer places to stay concealed. That means motorists are more likely to encounter deer on or near roadways, especially at dawn and dusk."

One person was killed and 692

See "Deer" page 5

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THE ANGLE

Crazy



Alexa Romesburg

Merriam-Webster defines the word "crazy" in contexts of adjective, noun, or adverb. Each possible usage conveys different, multiple, and distinctive meanings or implications. Adjective: 1. a.) usually offensive: not mentally sound: marked by thought or action that lacks reason: insane; b.) impractical; c.) being out of the ordinary: unusual. 2. a.) distracted with desire or excitement; b.) absurdly fond: infatuated: c.) passionately preoccupied: obsessed. 3. a.) full of cracks or flaws: unsound; b.) crooked, askew. Noun: someone who is or acts mentally unsound: such a person associated with a radical or extremist political cause. Adverb: extremely, wildly.

We in society use the word "crazy" in a variety of ways as well. "She's crazy!" is often said disparagingly in an attempt to impugn the character or credibility of a woman who is being silenced or dismissed. "That's crazy!" is frequently said as an acknowledgement of something utterly unbelievable, while it may even be true. "He's crazy." is commonly said of a man who may be acting as a whistleblower attempting to expose massive, corporate, or governmental deception, corruption, or scandalous cover-up. "They're crazy." is usually said about the "other side" when one group is seeking to undermine confidence in another, rival group in a bid for public allegiance. It is a uniquely derogatory term with overwhelmingly negative connotations.

With this single word, the entire identity of a person can be called into question. I can't think of one other word which carries with it this powerful ability to dismantle or destroy the character and reputation of a person by shifting and controlling the way they are perceived by those around them. As a society we often tend to forgive ourselves while simultaneously excusing one another from a lot of our worst collective behaviors- if we can relate to them. Gossip is overlooked. Greed is given a pass. Liars are often ignored and their behavior, excused.

Thieves are given chance after chance to turn around Even murderers can be wholly redeemed. Even murderers can be thankfully at times, redeemed. But crazy? That word still serves as a divisive weapon effectively alienating and immediately discrediting anyone branded as such by fostering hostility, disdain, contempt, fear and distrust without a trace of empathy left in view.

It seems in recent times, every bad behavior known to man has acquired one type of psychiatric diagnosis or another as medicine and modern psychology advocate and attempt to bring understanding, compassion, and awareness about human criminality into public discourse while socially guiding the acceptance of people who are different from the majority. To be fair, fostering and practicing empathy is generally inherently good. But there is none for crazy people.

Why, though? Why so much power in a single word to tear down the image of a person in the minds of others? Maybe it is by design. If the ones who speak truth are labeled and hence, viewed as "crazy" and therefore, as problematic or troublemakers, then their words will be

See "Angle" page 6

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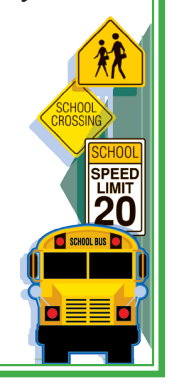

LEGAL NOTICE

First published in Lincoln Sentinel-Republican Wednesday, October 28, 2026

Lincoln County, Kansas is planning to replace the OS 65 bridge located on E Kiowa Road between the Russell County line and N 20th Road, west of Sylvan Grove, Kansas. This bridge has been determined eligible for inclusion in the National Register of Historic Places. The bridge was originally constructed around 1935. The single span pony truss (thru truss) bridge is approx. 60 feet long and 23 feet wide.

Lincoln County is seeking proposals for adaptive reuse of the bridge at a new location, to anyone willing to move, re-erect, maintain, and assume financial and legal responsibility for the bridge. Lincoln County will not provide any funding for the adaptive reuse. All funds shall come from the party submitting the proposal. All proposals must be received at the Lincoln County Highway Department, Attn: Public Works Director, 203 E Spring, Lincoln, KS 67455 no later than 5:00 p.m. on the closing date of Thursday, December 1st , 2026. Proposals may be hand delivered or mailed; however, proposals received after December 1st , 2026 will be rejected, even if postmarked on or before October 30, 2026. Lincoln County reserves the right to reject any and all proposals and either re-let or cancel the procurement without liability to potential recipients. Proposals shall detail the relocation plan, including the time period for moving the bridge which shall not exceed 75 calendar days from the date the selected proposal is awarded by the Board of County Commissioners. The proposed location and use of the bridge may be subject to approval by the KS State Historic Preservation Office.

For additional information, please contact Brandon Sauers, Public Works Director at 785-524-4656 or brandons@lincolncoks.gov.



Deer/ from page 3

people were injured in the 10,742 deer-vehicle crashes on Kansas roadways in 2025. Across the state, 40% of all single-vehicle crashes in 2025 involved a collision with a deer.

Andrew Booth, Kansas Turnpike Authority Safety Coordinator, encourages motorists to stay focused, reduce distractions and drive at a safe speed to increase safety when deer are near the roadway.

"In the event a driver hits a deer, help is available by dialing *KTA (*582) when traveling on the turnpike or *47 to reach the Kansas Highway Patrol," Booth said.

Shawn Steward, Public Affairs Manager for AAA Kansas, said that besides the inconvenience of your vehicle damage, the cost of repairs may put a serious dent in your wallet.

"AAA insurance statistics show the average claim in Kansas for an animal strike in 2025 was almost $7,900 – up 42% in the past five years," Steward said. "This is largely due to advanced vehicle technology such as cameras and sensors."

Roadway safety officials suggest drivers:

Be watchful at dawn and dusk; deer are more active and seldom travel alone.

- Reduce speeds near wooded areas and water sources.
- Always wear a seat belt and use appropriate child safety seats.
- Use bright headlights when there is no oncoming traffic. The deer's eyes often reflect.
- Do not swerve. This can cause motorists to veer into oncoming traffic, run off the road, hit objects or overturn.
- If you strike a deer, move the vehicle to the roadway's shoulder and call law enforcement: KHP dispatch at *47, turnpike users at *582 or local law enforcement at 911.
- Contact your insurance company to report damage

Doc/from page 2

throughout pregnancy, birth, and beyond. No questions or concerns are too small when it comes to her or her baby's health!

Samantha Gervais-LeClaire, MD is a Family Medical Physician at Avera Medical Clinic in Brookings, SD. Follow us on Facebook, Instagram, YouTube, and TikTok to stay connected. Our programming includes the medical Q&A show On Call with the Prairie Doc® (most Thursdays at 7pm on YouTube, and Facebook), along with two podcasts and a weekly radio program (Sundays at 6am and 1pm on SDPB).

A1C/from page 2

diabetes, to all donors who successfully give blood, platelets or plasma Nov. 1-30, 2026. Fasting is NOT required. Donors will need to have a successful donation to receive A1C results, because only successful donations are sent to our laboratory for testing. Donors will receive one (1) test result per 2026 calendar year. Test results can be accessed in one (1) to two (2) weeks through the Red Cross Blood Donor App or a donor's account at RedCrossBlood.org. A donor's A1C or any other test result will not be released without written permission unless required by law. Donors who do not wish to have their donation tested for A1C are encouraged to schedule an appointment before or after November 2026 testing. More information about diabetes and A1C testing is available at RedCrossBlood.org/diabetes.

About the American Red Cross:

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org or CruzRojaAmericana.org, or follow us on social media.

Spice Up Your Life - Lindsay Young

Treat yourself to a more grown-up version of a childhood favorite



Sugar cookie Rice Krispies treats feature a little bit of sugar cookie mix, along with browned butter and some extra marshmallows to elevate the childhood classic just a bit.

I hate to waste food.

Even when I have mess ups in my kitchen, I try to follow my grade school art teacher's advice and "take a mistake, and make it great."

But that was not going to happen this week when I decided to try a fun dessert that features browned butter.

The directions said to turn the stovetop on high, but in what I'm sure is my own ignorance about how quickly butter can burn, I managed to take it from yellow, way past brown and into blackened territory in what felt like 30 seconds flat.

I very briefly considered still trying to use the now ebony slurry, but I thought about countless TV chefs I've heard repeat over and over that burnt butter is bitter butter, and while that might be a fun tongue-twister, it's certainly not something I wanted to actually taste.

The good news is my second attempt—with my pot on lower heat—turned out great, and it elevated what would be fairly normal Rice Krispies treats to something a little more special.

This recipe comes from influencer Sarah Krafftty. You can find her under her name on pretty much all the social media platforms. I left out sprinkles and changed some of the directions in my version.

Sugar Cookie Rice Krispies Treats

Ingredients

- 1/3 cup butter
- 14 ounces sweetened condensed milk
- 10-12 ounces regular-sized marshmallows
- 1/2 cup sugar cookie mix
- 9 ounces Rice Krispies cereal
- 5 ounces mini marshmallows

Directions

Add the butter to a stock pot or Dutch oven over medium to medium-high heat. Stir continuously and remove from heat immediately when the butter reaches a light-milk-chocolate-brown color (when the butter starts browning, it will go quickly).

Stir in the can of sweetened condensed milk. Add in the entire bag of regular-sized marshmallows, and stir until the marshmallows melt completely. (If there isn't enough residual heat in your pot to accomplish this, place it back over medium heat, stirring continuously until the mixture is melted, and then remove it from heat to finish up.)

Stir in the sugar cookie mix, and then add in the Rice Krispies, stirring to coat the cereal in the marshmallow mixture.

Finally, fold in the mini marshmallows, and then press the mixture into a nine-by-13-inch pan.

Let the treats cool, slice and serve. Store the treats in an airtight container.

These weren't drastically different from normal Rice Krispies treats, but they were enough dissimilar that the people I shared them with immediately asked me what I did differently. They just had a slightly richer flavor.

And I think I have officially conquered browned butter for any of my future endeavors. It's sad I had to waste part of a stick in my journey, but the final result more than made up for it.

Spice Up Your Life is a weekly recipe column by Lindsey Young, who describes herself as an enthusiastic amateur cook and can be reached through her website at spiceupkitchen.net.

We Appreciate Our Readers
& We Need Your Support!

Insight - Kansas Farm Bureau

Trading grain and memories

Kim Baldwin
McPherson County farmer and rancher

Fall calving has wrapped up and fall harvest and wheat sowing continues on our Kansas farm. We saw a good stretch of days that allowed us to keep moving through fields before rain entered the picture and put both harvest and sowing to a standstill.

The rain was a welcome event given that we experienced an incredibly hot and dry summer. It was also a welcome sight because it allowed my family the chance to switch focus for a few days and prepare for international trade teams traveling through parts of Kansas.

Representatives from India, Sri Lanka, Latin America, China and Mongolia traveled throughout the state and visited with Kansas sorghum producers and learned about Kansas ethanol while also experiencing Kansas.

I had the opportunity to meet up within grain buyers, feed millers and livestock producers from India, Sri Lanka, China and Mongolia over a two-week period to discuss sorghum with them. I was thankful to find so many familiar faces on these trade teams as I've engaged with many of them on my travels abroad and have continued conversations with them even after returning home to Kansas.

I was so excited to reunite with individuals and introduce them to my state, my friends and my family. So many of these trade team members have welcomed me into their homes, communities and businesses with open arms when I have traveled to their countries, and I was happy that I could offer that same reception.

Engaging with international trade teams isn't something new for myself and my family. In fact, my husband and I have hosted many trade teams out at our farm for almost as long as we've been married.

I have pictures of our now 14 year-old-son welcoming a Chinese trade team to our Kansas farm when he was still in diapers. In fact, I have a collection of photos captured over the years featuring all of the international trade teams that we've welcomed to our farm and into our home.

These photos have captured us playing foosball in our machine shed with our guests, picking apricots together off the trees in our yard, playing with our farm dog or climbing into a combine or tractor together, and always enjoying good food and even better conversations.

These photos show how quickly my children have grown up over the years while welcoming and interacting with our international guests, and it's those images that are brought up and shared when we are reunited with our guests.

The most recent Chinese trade team we welcomed included a member who had visited our farm 10 years ago. We took a photo together then, which shows my husband with a bit more hair on his head, me holding my tiny daughter on my hip and a rambunctious little boy giving his best cheesy smile standing next to our guest who'd traveled half a world away to learn about sorghum.

We recreated that photo together when our guest returned last week adding to our albums for our next reunion.

These photos contain wonderful memories. But they are also proof that relationships built over the years matter. And even though we may be on different sides of the world, we will always have those shared experiences that we can refer back to when we meet again."

Insight" is a weekly column published by Kansas Farm Bureau, the state's largest farm organization whose mission is to strengthen agriculture and the lives of Kansans through advocacy, education and service.

Angle/from page 4

succinctly ignored and disregarded no matter how honest, and truthful they may be. Crazy does exist, no doubt. Certainly, there are actual crazy people who walk and live among us. Even they deserve empathy and to be heard. But truly the ones who are called "crazy" as a dismissive character assassination need and deserve to be heard on a large and loud platform. But this is nothing new, for there is nothing new under the sun. This has been going on since Jesus walked the earth. Even Jesus was labeled as "mad" and full of demons for speaking the truth to power. We who follow him can expect the same treatment for we are certainly not higher than our Lord.

But you know what's really crazy? The Gospel. As an adjective, it's usually offensive, lacking in reason and it is not a mentally sound premise that a righteous man without sin would subject himself to the agony of crucifixion and physical death for the sake of a people who would reject him and nail his fleshly body to a cross. Still speaking in terms of an adjective, the gospel is also impractical and unusual while being completely out of the ordinary given that no other religion on earth makes the bold claim that God came down to die for mankind. In fact, every other religion known to man prescribes a method by which man may ascend toward God through vain human effort. Only the gospel makes the claim God came down to us. Jesus must have been absurdly fond of his creation, distracted with desire, excited for reconciliation, and passionately preoccupied to the point of being obsessed to be willing to hang on that cross for us. As a noun, Jesus is someone associated with a radical, extremist political cause. As an adverb, the Son of God acted wildly sacrificing his life for this crooked generation. Jesus died for wretches like you and me. Now that's crazy.

Farmers & Ranchers Livestock Commission Co.

Total for the Week - Cattle - 5,218 Hogs - 83
Bulls - $180 - $190 Cows - $159 - $170

Strs	
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800-900	$338.00-348.00
900-1000	$325.00-335.50

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300-400	$585.00-595.00
400-500	$509.00-520.00
500-600	$430.00-440.00
600-700	$391.00-402.00
700-800	$334.00-345.00
800-900	$317.00-327.00
900-1000	NO TEST

Early consignments for Thursday, November 5th. 14 s&h, 500-600; 61 mostly blk strs, 875, no sort; 40 red/char strs, 450-650, off cow, spring vacc; 12 s&h, 700-800, home raise, long wean; 177 red s&h, 600-700, long wean, 2 round vacc, 1 iron; 179 char s&h, 600-700, long wean, 2 round vacc, 1 iron; plus more by sale time.

Early consignments for Special Cow Sale Tuesday, November 17th. (11am)

Bred Heifers: 45 blk hfrs, bred lbw Gerlach bulls, calve January 15 for 60 days; 150 blk/bwf hfrs, AI bred to New Design, clean up Grund angus bulls, AI bred for February 1, off 2 ranches in Nebraska; 20 red angus bred hfrs; 70 blk hfrs, AI bred True Balance angus, calve December 1 for 30 days; 50 blk bred hfrs, 1000#'s, northern origin, off 1 ranch, hfrs North Colorado Rieman Harm ranch, bred to +9 - +13 calving ease bulls; 44 blk bred hfrs; plus more by sale time.

Cows/Cow Pairs: 40 bwf 3-5 years, bred sim/angus; 26 bwf 3-5 years, bred char; 100 blk/bwf/red angus 3-5 years, bred blk; 65 blk/bwf/red angus 3-6 years, bred blk Rockn H ranch bulls; 5+5 blk pairs, 4-5 years; 15 blk cows, 3-4 years, bred blk; 200 blk/bwf/red angus 3-5 years, blks bred blk/char/hereford bulls, reds/bwf bred blk; 50 blk/red angus 3-5 years, bred blk or red angus; 57 blk 3-5 years, bred blk sim/angus; 33 red angus 3-5 years, spring bred, bred char/red bulls; 30+30 pairs, 3-5 years, bred blk sons of True Balance; 70 blk/red cows, solid-older, spring bred, bred blk/red; 18+18 fall pairs, 2-running age; 45 spring bred cows, 5-older, bred angus/sim angus bulls; 4+4 blk/red older pairs; 29 red angus/herefordX cows, 4-broken, bred red angus, calve January/February; plus more by sale time.

SPECIAL UPCOMING SALES
Cow Sales (Tues)
November 17 (11am)
December 15 (11 am)

Wean/Vacc Sales (Tues)
December 1 (10am)
January 5 (10am)
January 12 (10am)

For a complete list of cattle for all sales check out our website at: www.fandrlive.com

Sales Manager, Mike Samples
Office: 785-825-0211 Cell: 785-826-7884
Salina, Kansas
Listen to our markets on KSAL, Salina at 6:45 a.m. Mon. thru Fri.
For more information or to consign cattle call sale barn or:
Fieldman Representatives:
Kenny Briscoe • Lincoln, KS • 785-658-7386
Lisa Long • Ellsworth, KS • 620-553-2351
Cody Schafer • 620-381-1050
Auctioneers:
Kyle Elwood, Brandon Hamel, and Garren Walrod





Jim's Metal Roof Coatings
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Statewide service - Free Estimates
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With a little luck, and very little effort, your family could win one of the delicious, oven-ready turkeys to be given away **FREE** by these sponsoring merchants. You can start right now by clipping the coupons on this page and depositing them at the store appearing on the coupon. Registration begins for the free turkeys Tuesday, Nov. 4, 2026, and you may register at any of the stores (or all of them) through Friday, November 13, at 12:00 p.m. Only persons 18 years of age or older may deposit coupons and be eligible to win. No mailed in coupons will be accepted! There is nothing to buy. Only one winner per family. No purchases necessary to participate. Drawings will take place at 12:00 p.m. on Friday, November 13th. Winners will be contacted shortly after the drawing. All Turkey's must be picked up prior to Thanksgiving Day.

In the Annual Lincoln Sentinel Turkey Giveaway!

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Citizen's State Bank & Trust Co. (Lincoln)

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Lincoln Sentinel-Republican

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Family Hair Flair (Lincoln)

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Lincoln Grocery

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at: Lincoln Sentinel for
Viv's Retail Liquor

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Family Hair Flair (Tescott)

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Meyer Tire & Lube

WIN A TURKEY COUPON
NAME:_____
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Drop this coupon at:
Farmway Credit Union (Lincoln)

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
C & S Service (Tescott)

WIN A TURKEY COUPON
NAME:_____
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Drop this coupon at: Lincoln Sentinel for
Central Valley Ag

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at: Lincoln Sentinel for
Lincoln County Hospital

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Bennington State Bank (Sylvan Grove)

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
The Bank of Tescott (Tescott)

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Patterson's HealthMart Pharmacy

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
The Bank of Tescott (Lincoln)

WIN A TURKEY COUPON
NAME:_____
PHONE:_____
Drop this coupon at:
Heller Chiropractic



Catholic Charities of Northern Kansas invites community to Annual Adoption Mass

In recognition of National Adoption Month, Catholic Charities of Northern Kansas invites the community to its annual Adoption Mass on Friday, November 6, at 5:15 p.m. at Sacred Heart Cathedral in Salina. The event is free, and no registration is required.

Bishop Gerald Vincke will celebrate the Mass, bringing together Catholic Charities staff, families, and community members to celebrate the gift of adoption and honor the many lives touched by it.

Following Mass, attendees are invited to the Hall of Bishops for a soup supper reception and fellowship. The gathering will offer an opportunity to connect with others, share personal experiences, and recognize the connections formed through adoption.

Adoptees, birth parents, adoptive parents, family members, and anyone whose life has been touched by adoption are encouraged to attend. All are welcome.

Event Details

- What: Catholic Charities of Northern Kansas Annual Adoption Mass
- When: Friday, November 6, 2026, at 5:15 p.m.
- Where: Sacred Heart Cathedral, Salina, Kansas
- Celebrant: Bishop Gerald Vincke
- Reception: Soup supper and fellowship in the Hall of Bishops immediately following Mass
- Admission: Free and open to everyone; no registration required

Contact Catholic Charities at 785-825-0208 with any questions.

About Catholic Charities of Northern Kansas

Guided by God's love, Catholic Charities of Northern Kansas provides compassionate service to all people in need throughout northern Kansas. Serving 31 counties, the organization offers a variety of programs, including pregnancy support and adoption services, financial and housing assistance, personal care and basic needs, and affordable counseling.

For more information about Catholic Charities of Northern Kansas, visit www.ccnks.org.

Kansas Cold Weather Rule now in effect

The Cold Weather Rule, designed to help Kansans who are behind on their utility payments avoid disconnection during the winter months, began on Sunday, November 1 and will remain in effect through March 31.

While the Cold Weather Rule is in effect, utility companies cannot disconnect a customer's service when the local temperatures are forecast to drop below 35 degrees within the following 48-hour period. The Kansas Corporation Commission, the agency that regulates public utilities in the state, implemented the rule in 1983 to prevent utility companies from disconnecting a customer's natural gas, electric or water service during periods of extreme cold.

The Cold Weather Rule also requires utility companies to offer a 12-month payment plan to allow consumers to maintain or re-establish service. Any residential customer with a past due balance will qualify for payment arrangements; however, it is the customer's responsibility to contact the utility to make those arrangements.

Payment plan terms to maintain or restore service require that customers agree to pay 1/12th of the total amount owed, 1/12th of the current bill, the full amount of any disconnection or reconnection fee, plus any applicable deposit to the utility. The remaining balance must be paid in equal payments over the next 11 months, in addition to the current monthly bill.

The Cold Weather Rule applies only to residential customers of utility companies under the KCC's jurisdiction, however many municipal utilities and cooperatives have similar winter weather policies.

Information about the Cold Weather Rule is available on the Commission's website. Kansans may also contact their local utility company or the KCC's Office of Public Affairs and Consumer Protection at (800) 662-0027 or 785-271-3140 to learn more.

Got a local story or event?
Email: lincolnksnews@ gmail.com today!

Lincoln Girls Finish Sixth at State Cross Country; Tescott and Sylvan-Lucas Runners Compete

The Lincoln High School girls' cross country team capped off its season with a sixth-place finish at the Class 1A State Cross Country Championships on Saturday, October 31, while individual qualifiers from Tescott and Sylvan-Lucas also represented their schools at the state meet.



Lincoln freshman Kaley Schneider led the Lady Leopards with a ninth-place finish, completing the 5,000-meter course in 20 minutes, 56.69 seconds. Schneider's performance earned her a state medal and helped Lincoln finish sixth among 12 teams with 105 points.

Senior Olivia Dail was Lincoln's second finisher, placing 27th in 22:03.68. Freshman Emily King finished 64th in 23:52.11, followed by freshman Emily Rodriguez in 66th with a time of 24:02.78. Senior Ember Larson placed 78th in 25:00.59, while sophomore Jessica Meyer finished 91st in 26:40.36.

The Lady Leopards, coached by Drew Falcon, advanced to the state meet after finishing as runners-up at the Greeley County Sub-State Championships.

Ness City captured the Class 1A girls' team championship with 45 points, followed by Pretty Prairie with 51 and Beloit St. John's with 56.

Sylvan-Lucas senior Codie Huehl concluded her high school cross country career with a 50th-place finish in the Class 1A girls' race, recording a time of 23:26.76.

In the Class 1A boys' competition, Tescott junior Brody Thompson finished 38th overall, completing the 5,000-meter course in 18:39.82.

The state meet marked the conclusion of the cross country season for all three schools.



The Lincoln High School girls' cross country team finished sixth at the Class 1A State Cross Country Championships in Wamego on Saturday, October 31. Pictured from left are Ember Larson, Olivia Dail, Emily King, Emily Rodriguez, Kaley Schneider and Jessica Meyer. *(Photo Courtesy of USD 298)*

Leopards Shut Out Buffaloes 52-0, Advance to Second Round of Playoffs







Lincoln Leopards Kadin Schneider (#1) and Dylan Rosebrook (#5) helped lead Lincoln to a commanding 52-0 victory over the Rawlins County Buffaloes Friday night in the opening round of the playoffs. The Leopards advance to the second round and will host Central Plains on Friday, November 6, at 7 p.m. (*Photo by Becky Rathbun)*

Lincoln High School seniors Jeremiah Miller (left) and Xavier Miller (right) have reached impressive milestones in their football careers. Jeremiah surpassed 10,000 career yards, while Xavier set a new Kansas high school career receiving yards record, adding their names to the record books during an outstanding season for the Leopards. (*Photos by Becky Rathbun)*

Mustangs Stampede Past Minneola 62-16, Advance in Playoffs





Sylvan-Lucas Mustang Cody Charvat carries the ball as teammate Lane Brokes clears the way with a block during the Mustangs' 62-16 playoff victory over Minneola. (*Photo by Lori Spear)*

Sylvan-Lucas Mustang Cooper Johnson carries the ball as teammate Cody Charvat leads the way. Sylvan-Lucas advances to the second round of the playoffs and will host Thunder Ridge on Friday, November 6, at 6 p.m. in Sylvan Grove. (*Photo by Lori Spear)*

Area Volleyball Standouts Earn NPL All-League Honors



Four Lincoln High School volleyball players earned Northern Plains League (NPL) All-League honors for their performances this season. Pictured from left are Katelyn Davis, Third Team; Ethney Sheldon, Honorable Mention; McKayla Meier, Honorable Mention; and Tennyson Donley, Third Team.



Four Sylvan-Lucas volleyball players earned Northern Plains League (NPL) All-League honors for their performances this season. Pictured from left are Morgan Finkenbinder, Second Team; Jayden Meitler, First Team; Lily Pancost, First Team; and Lauren Brokes, Second Team.



Tescott High School volleyball players Jadyn Krone, and MaKenna Challans, both earned Northern Plains League (NPL) All-League Honorable Mention honors this season.