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LINCOLN SENTINEL-REPUBLICAN

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Growing Opportunities at LJSHS



A greenhouse 2 years in the planning has been successfully completed at the LJSHS campus. The building will be used for a variety of educational experiences. (Photo courtesy of USD 298)

By Jyll Phillips, Lincoln-Sentinel
 Following two years of planning and fundraising, USD #298 has a fully functional greenhouse. While it may seem odd to some, there is a potential for this latest educational tool to benefit the entire community.
 Ag teacher and FAA sponsor Morgan Nitsche was a power source for this project, researching vendors, expenses and grants.
 Grants from the Dane G. Hansen Foundation (\$30,000) and the Post Rock Community Foundation (\$10,000) were received which pushed the project forward. Two additional donations were received from Land O'Lakes and Central Valley Ag.

"We knew a greenhouse would be a tremendous investment for the students and community of USD #298," Nitsche said. "A variety of classes will be able to utilize the greenhouse, not just the ag department. Greenhouse Management and Horticulture classes will be able to use it every day. The greenhouse can be a learning environment for everyone."
 Nitsche is excited about the possibilities now that the greenhouse is complete, and her students are surely going to follow suit.
 "We plan to hold a plant sale every spring through the greenhouse," she said. "This will help it become self-sustaining. The greenhouse is fully automated with a heating and cooling

system to ensure plant success."
 A greenhouse brings science to life. Students can explore biology, chemistry and environmental studies by observing the plant cycle directly. STEM-based learning thrives in the greenhouse environment. Students can design small hydroponic systems, test soil compositions or study pollination.
 An ideal space to teach sustainability, students learn conservation needs and solutions. Managing the greenhouse helps students see environmental responsibility in action that includes recycling, renewable resources and energy efficiency.
 Beyond academics, greenhouse projects teach teamwork, budgeting and time

management. Greenhouses also play a powerful role beyond education, fostering community connection and overall well-being. Volunteers and students can find a sense of purpose and peace working with the plants and soil. They can learn as they are growing various plants. Nitsche said she and her students have been starting plants inside her classroom since before Christmas.
 Greenhouse projects improve air and soil quality by supporting native plants and pollinators. Composting programs within these gardens reduce waste and teach sustainable resourcing.
 As far as installation of the greenhouse, all eyes move to Donnie and Connie White. In fact, Nitsche said the

See "LHS" page 6

Brady Coover Farm wins building award

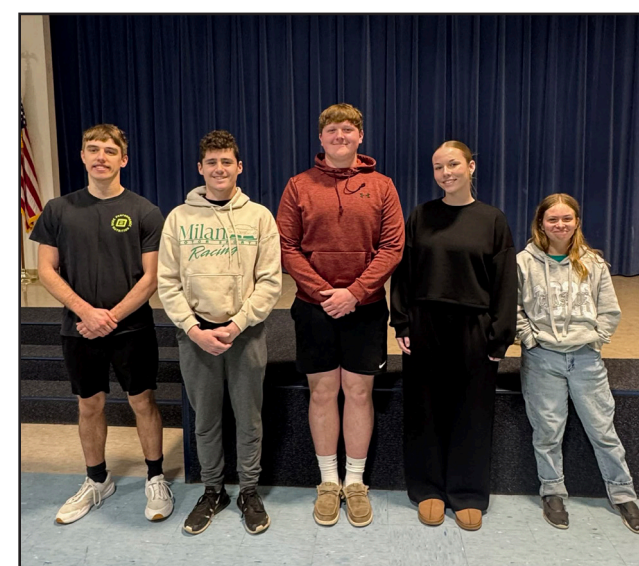
Chief Buildings has announced the 2025 Chief Buildings Building of the Year, Agriculture Category Winner. Chief Independent Builder Senger Construction, LLC won first place with the Brady Coover Farm House and Shop in Barnard, Kansas.
 This agricultural facility combines durability, functionality and comfort for modern farm operations. The project features a 100' x 120' farm shop with heated concrete floors and a cavity fill insulation system, paired with a finished 35' x 30' living quarters for convenience and efficiency on the property. The structure also includes a 50' x 120' open-wall leaner.
 See "Coover" page 6

Young leopards show their spots



Pre-k students at Lincoln Elementary School showed their true colors last week when they all glammed out in their leopard prints to show support for their school. Three year-old preK students show their spots with their teacher Ms. Bambi Hanson. Three-year-olds will be a members of the Lincoln High School Class of 2041, and four-year-olds will be members of the Class of 2040. (Photo courtesy of USD 298)

Dane G. Hansen Recipients



Congratulations to LJSHS seniors (L-R) Jonathan Bell, Jordan Meyer, Easton Good, Miranda Rosebrook and Rose Koster for being recognized as recipients of a Dane G Hansen Foundation scholarship! (Courtesy photo)

The Dane G. Hansen Foundation of Logan Kansas has named 229 high school seniors from 47 Northwest Kansas schools as winners in its 51st annual scholarship competition.
 In selecting award winners, the Scholarship Committee considered proficiency in verbal and writing skills. Other important factors are academic records, test scores, and community service in which the student may have participated.
 Thirty-five Hansen Scholar winners were selected. The stipend of \$6,500 was granted for one year and may be renewable for three additional years. Renewal of scholarships is based upon continued regard for the principles which guided the success of the late Dane G. Hansen, a 3.00 or better GPA at the college level and a progress update describing progress towards educational goals. Angelynn Ortiz, Sylvan-Lucas Unified H.S. was awarded this scholarship.
 For students interested in seeking competence through career and technical education in one of the pre-approved schools in Northwest Kansas, the Foundation offered the following scholarships. These awards are for \$4,000 and may be renewed for one additional year provided the student has maintained a satisfactory academic record.
 See "Hansen" page 6

Wolting receives life saving award



KHP Trooper Ryan Wolting, Sylvan Grove, and Trooper Van Buren stand with their fellow troopers and the young man they saved as they receive the KHP Life Saving Award. (Courtesy Photo)

By Jyll Phillips, Lincoln-Sentinel
 The KHP Life Saving Award was recently presented to Technical Troopers VanBuren and Wolting (Ryan) for their actions on October 4, 2025, which saved a young man's life.

Following reports of a shooting both troopers responded to a residence in Ellsworth County. Upon arrival on scene, they entered the residence and secured one occupant before conducting a swift protective sweep to ensure the scene

was safe. They then transitioned without hesitation to lifesaving efforts for a young male who sustained a gunshot wound. Despite sustaining catastrophic injuries, including the eventual amputation of a leg, the victim survived.

The swift response and professionalism under pressure exemplified by both troopers reflects the highest standards of service.
 Trooper Wolting resides in Sylvan Grove.

Daylight savings time began as a joke



In 1784, when Benjamin Franklin was living in Paris, he submitted a satirical letter to the Journal de Paris called "An Economical Project." In it, he wrote that he was up late discussing ways to save money on lighting and went to bed around 3 a.m. or 4 a.m. before an "accidental sudden noise waked [sic] me about six in the morning, when I was surprised to find my room filled with light." As the author of Poor Richard's Almanack, he was astonished to find that the sun was to rise still earlier every day "till towards the end of June." He calculated that families could save millions by waking with the sun and swapping candlelight for sunlight. He jokingly suggested levying a tax on closed shutters, setting limits on candle purchases and ringing all church bells right as the sun rises. He never suggested changing the time, even jokingly. However, the main argument for Daylight Savings Time is still fuel savings.

Cash Grain

Corn.....	\$4.07
Milo.....	\$3.67
Soybeans.....	\$11.19
Wheat.....	\$5.77

Cash prices courtesy of Ag Mark

Community Calendar

Thursday, March 12

Lincoln: 8 am Blood Drive @ Lincoln Jr.-Sr. High School
 USD 298:
 NPL ART SHOW
 STATE BASKETBALL
 BLOOD DRIVE @ LJSHS 8:00am-2:00pm
 PARENT TEACHER CONFERENCES - 12:00-8:00 P.M.
 USD 299: FFA Leader Lab-leave at 7:15 a.m.; HS BB State @ TBD; No School; Teacher Comp Day

Friday, March 13

UBeverly: 6:30 pm Ladies Spring Banquet@ Beverly Community Church
 Lincoln: 5:30 pm Shadow Work - Exhibit Opening @ Lincoln Art Center
 USD 298: No School
 USD 299: HS BB State @ TBD; No School

Saturday, March 14

USD 299: HS BB State @ TBD

Sunday, March 15

Monday, March 16

USD 298: Start of Spring Break
 USD 299: No School; Teacher In-Service

Tuesday, March 17

Wednesday, March 18

USD 299: NHS Blood Drive

Commodity Distribution held the third Wednesday every other month at the Lincoln Senior Center. (September, November, January, March, May, July)

Lincoln County Historical Society meets third Wednesday of each month @ 5 p.m.; Lincoln County Historical Museum is open Thursdays, Fridays, Saturdays. Call 202.744.9041.
 LCEDF meets the second Wednesday of each month in the Courthouse basement. Call 524-8954 for meeting time.
 The Lincoln County Commission meets each Monday, and the last working day of the month, at the courthouse.

DENMARK DAMES SERVICE CLUB

The Dames met at the home of Elsie Driscoll on February 3, 2026. Members present were Elsie Driscoll, Yolanda Dow, Connie Crawford, Elaine Parrish, Shirley Nelson-Hough, and Janet Hamburg. The meeting was called to order by the Vice President, Elaine Parrish. For the opening, Elsie read "Fun Facts You Didn't Know About

Valentine's Day". For example: St. Valentine is believed to be linked to two different characters. Valentine's Day is the second largest card sales day. Minutes were read and approved. The treasurer reported a deposit to our account and a new balance. A donation was made to the Carnegie Library and the Finch Theater Foundation.

There was no new business. We received correspondence from Crispin Antiquarian Foundation for membership. In the past we donated. Elsie made the motion to donate this year. Connie seconded and the motion was approved. With that, the Dames got to sample Elsie's delicious dessert. Next meeting is March 3, 2026 at the home of Shirley Nelson-Hough.

Popular Walk Kansas Program Gears Up for 2026

Jamie Rathbun
Post Rock Extension District Family and Community Wellness Agent

Walking or running or biking more than 400 miles across the state of Kansas over the next eight weeks would seem a bit intimidating to most folks. Yet, an estimated 5,000 people in Kansas and beyond are gearing up to do just that as part of K-State Extension's popular Walk Kansas program which kicks off on March 22. Walk Kansas, a team-based challenge that encourages teams of people to exercise and live more healthfully while working toward a common goal, will run through May 16. Registration is available online, at www.WalkKansasOnline.org, through the end of March. The cost is \$10 per person. Walk Kansas is based on the Physical Activity Guidelines for Americans, which recommend a minimum 150 minutes of activity per week. Many forms of activity count toward "miles" accumulated. Miles are calculated based on minutes of activity, with adjustments for moderate or vigorous forms of activity. To reach 150 minutes a week, she

urges participants to make a goal to exercise 20-30 minutes per day. All types of physical activity count toward your minutes, whether aerobic activity, strength training, balance exercises, and stretching. Walking, jogging, dancing and playing tennis are examples of aerobic activity, which uses large muscle groups, can be maintained continuously and is rhythmic in nature. Such activity is important because it improves the health of your heart, lungs, and circulatory system. If you are exerting energy to where you can carry on a conversation just barely, but you can't sing is a good indication that you have reached the moderate intensity level of activity. You can gauge vigorous exercise by whether you can say a few words but not really carry on a conversation. Strength training makes muscles and bones stronger, allowing you to perform daily activities. Strength training also plays a key role in keeping obesity and diabetes at bay by increasing your metabolism. Stretching keeps your body flexible and limber. Stretching allows muscles and joints to move smoothly and helps give you more freedom

of movement to do everyday activities such as reaching and looking over your shoulder. Balance exercises are specifically recommended for senior adults and adults with balance issues. Balance exercises help prevent falls, the most common form or injury related death among adults age 65 and older. In addition to tracking their minutes of activity, participants are asked to report the number of cups of fruits and vegetables and, optionally, water they consume weekly. Join Walk Kansas 2026. The team-based program brings together a support network and tracking to keep you accountable. By the end of 8 weeks you will have made physical activity a habit. Contact any Post Rock Extension District office for details on how to register. The Post Rock District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith Counties. Contact Jamie Rathbun at jrathbun@ksu.edu or by calling 785-524-4432. Stay connected with "Post Rock Extension" on Facebook, Twitter, Instagram, and YouTube. Our website is www.postrock.ksu.edu.

COMMISSION MEETING MINUTES

February 23, 2026
 The Lincoln County Board of Commissioners met in the courthouse commission meeting room on Monday, February 23, 2026. Chairman Debora Smith called the meeting to order at 8:30 a.m. with Vice-Chairman Ken Meitler and Member Leon Hart present. County Clerk Dawn Harlow was in attendance as recording secretary. Others present for portions of the meeting: Adam Robertson, Felicia Strahm, Jesse Knight, Dustin Florence, and Dale Rosebrook. Correspondence: a letter from KCAMP notifying that all insured properties are scheduled to be appraised, and the Hospital Board of Trustees monthly meeting packet. Administrators' report: provided an update on public works and health department activities; interviewed applicants for the landfill and transportation bus positions; transportation bus vans are back in operation after service and repairs were made; emailed County Attorney Wright with comments received from Scoular's and will provide markups of the lease once received; and provided an update on the courthouse clock project. Sheriff Dustin Florence discussed repairs needed for two patrol units scheduled for replacement this year. The board noted that Florence could decide whether to proceed with repairs once he contacts KHP to confirm vehicle availability. County Clerk Dawn Harlow requested approval to employ Mercedes Utley as a full time clerk/secretary. Debora Smith moved to approve hiring Mercedes Utley at Grade 13 Step 15 \$17.01, effective February 23, 2026, seconded by Leon Hart. Motion carried. Human Resource Officer Felicia

Strahm provided an update on open positions. Nursing Home Administrator Diane Walters stated that she has contacted additional companies to provide bids to relocate the building's thermostats. Walters reported that the kitchen water heater has failed and that Double H is installing a tankless system. Walters discussed the assisted living sump pumps and electrical issues. Walters provided an update on resident and family activities at the facility. Debora Smith moved to recess into executive session for sixty minutes for the purpose of conducting an interview for the public works position, pursuant to K.S.A. 75-4319(2)(b)(1) to discuss personnel matters of nonelected personnel to reconvene in the courthouse commission meeting room with the board, Adam Robertson, Felicia Strahm, and Applicant #6, seconded by Ken Meitler. Motion carried. Time in: 10:16 a.m. Time out: 11:16 a.m. The chairman reconvened the meeting to regular session at 11:16 a.m. with no action taken. Dale Rosebrook requested road repair to N 280th Rd and N 260th Rd in Colorado Township. Commissioner Smith forwarded a complaint regarding a Franklin Township Road. Debora Smith moved to recess into executive session for fifteen minutes for the purpose of discussing applicants for the Public Works Director position, pursuant to K.S.A. 75-4319(2)(b)(1) to discuss personnel matters of nonelected personnel, to reconvene in the courthouse commission meeting room with the board, Adam Robertson, and Felicia Strahm present, seconded by Ken Meitler. Motion carried. Time in: 11:23 a.m. Time

out: 11:39 a.m. The chairman reconvened the meeting to regular session at 11:39 a.m. with no action taken. Administrator Robertson and Emergency Manager Jesse Knight shared reports received concerning a log jam near Denmark in Grant Township. Debora Smith moved to approve the minutes for the February 17, 2026, meeting, seconded by Leon Hart. Motion carried. Debora moved to approve paying off the backhoe at the landfill in the amount of \$42,232.34 on Friday out of the WEB fund interest, seconded by Leon Hart. Motion carried. The chairman adjourned the meeting at 11:59 a.m. The next meeting will be in the courthouse commission meeting room at 8:30 a.m. Friday, February 27, 2026. February 27, 2026 The Lincoln County Board of Commissioners met in the courthouse commission meeting room on Friday, February 27, 2026. Chairman Debora Smith called the meeting to order at 8:30 a.m. with Vice-Chairman Ken Meitler and Member Leon Hart present. County Clerk Dawn Harlow was in attendance as recording secretary. Others present for portions of the meeting: Adam Robertson and Felicia Strahm. Debora Smith moved to approve accounts payable in the amount of \$525,087.85, seconded by Leon Hart. Motion carried. Debora Smith moved to approve payroll in the amount of \$239,266.56, seconded by Ken Meitler. Motion carried. Debora Smith moved to appoint the following individuals with all terms See "COMMISSION" page 6



Monday, March 16
 Chicken Teryaki, Steamed Rice, Broccoli, Mixed Fruit, Cookie, Roll & Milk

Tuesday, March 17
 Corned Beef & Cabbage, Red Potatoes, Carrots, Lime Pears, Roll & Milk

Wednesday, March 18
 Lil Smokies, Mac & Cheese, Green Beans, Fruit, Roll & Milk

Thursday, March 19
 Western Bean Bake, Cauliflower, Apple Crisp, Cornbread, & Milk

Friday, March 20
 Fish, Mashed Sweet Potatoes, Peas, Applesauce, Roll & Milk

*Menu is subject to change.
 Call 785-524-4738 before 9:30 a.m. to reserve a lunch.
 The suggested donation for people over 60 or with current paperwork \$4.00. For people without paperwork or under 60, meals are \$7.00, mandatory.*

Ladies Spring Banquet
 Sponsored by
 Beverly Community Church
Friday, March 13, 2026
6:30 p.m.
 Beverly Community Church,
 Beverly
 Speaker: Carol Tolbert
 Theme: "How Long O Lord"
 What to Bring:
 Salad and a friend

Trinity Lutheran Church
Fish Fry
Friday, March 20
5 to 7 pm
 Free Will Offering
 Hunter Community Building
 Hunter, Kansas

Safe Tractor & Machinery Training offered in April

The National Safe Tractor and Machinery Operation Program (NSTMOP) is designed for 14- and 15- year-olds seeking employment in production agriculture. The core content areas include safety basics, agricultural hazards, tractors, connecting and using implements, materials handling and more. Students are certified after successfully passing a 50-question test at the training and doing both an operating skills test and a driving test administered by the employer. Classes will be held April 18 at KanEquip in Great Bend, KS, facilitated by Alicia Boor; April 25 at Carrico Implement in Beloit facilitated by Blaire Todd and at KanEquip, Inc. in Solomon, KS on May 28 facilitated by Justine Johns. To sign up, visit <https://bit.ly/tractorsafety2026>. The manual for the class is \$15 and can be picked up at your local Extension Office. Manual should be picked up at least five days prior to the course.

Have a great week!

Contact Information: Lincoln Sentinel-Republican

lincolnsnews@gmail.com • Phone 785-524-4200

OBITUARY



Yvonne Marie (Kerns) Chard
Nov. 12, 1930 - March 2, 2026

Yvonne Marie (Kerns) Chard of Salina, KS, passed away on March

2, 2026, in Salina. She was known as Von.

She was born on November 12, 1930, in Beloit, KS, the daughter of Floyd and Jessie (Muckey) Kerns. She was raised on a farm outside of Hunter, KS and graduated there in 1948.

On November 23, 1950, she married Howard D. Chard in Beloit, KS and they made their home in Lincoln, KS. To this union seven children were born: Linn, Tim, (twins) Karin and Karli, Rick, and (twins) Marcia Jan and Melissa Jo.

She was preceded in death by her parents, sister Verna Kerns, husband Howard, infant daughter Marcia Jan, grandchild Shawna Chard, daughter-in-law, Sherri (Brady) Chard, stepdaughter, Sue (Chard) Mattingly, and stepson, Dave Chard.

Survivors are sons: Linn Chard of Salina, KS, Tim (Donna) Chard of Talmage, NE, Rick Chard of

Wichita, KS; daughters: Karin (Walter) Savage of Ellsworth, KS, Karli (Arlen) Schultz of Holyrood, KS, and Jo (Jim) Henry of Salina, KS.; brother Vern (Bert) Kerns of Salina, KS and step-daughter-in-law Henri Chard, Salina, KS. She is also survived by twelve grandchildren, nineteen great grandchildren, two great-great grandchildren, several nephews, and step-grandchildren.

Von was a homemaker and after the death of Howard she went to work in various nursing homes. She was an avid reader and loved to travel, especially to Branson, MO. She eventually rented a little house in Salina and in 2006 she retired and moved into Oakdale Plaza Apartments where she lived the rest of her life. She chose cremation and no service, just wanted her family to have a get-together. Memorials can be made to the Donors' choice.

Post Rock Community Foundation Accepting Grant Applications

The Post Rock Community Foundation is accepting applications for Spring Grants. Online applications opened March 1 and are due Friday, May 1, 2026.

This Spring, over \$40,000 is available to charitable projects within the Post Rock service area, which includes Lincoln County and all communities served by USD #298 and #299. This cycle will fund local community projects that meet one or more of the following criteria:

- Programs and projects that address education, health care, community social services and security, conservation and environment, arts and culture, and community beautification.
- Projects that improve the quality of life for Post Rock area residents.

Funding for the spring grant cycle is provided by the Dane G. Hansen Community Grant Fund, Post

Rock Community Action Fund and the Sylvan Area Fund.

Grants are limited to communities in the Post Rock service area and will be awarded through a competitive application process. Nonprofit organizations, government and public entities, educational institutions and churches are encouraged to apply. Applications must be submitted online by 11:59 p.m. on May 1. Complete funding criteria and the grant application are available at <https://postrockcf.org/grants/>.

SPICE UP YOUR LIFE - LINDSAY YOUNG

Oh, baby, are you going to love this Mexican-Dutch fusion



A Mexican Dutch baby combines the traditional puffy pancake with lots of great south-of-the-border flavors, like chorizo and salsa, to make a meal that's great for breakfast, lunch or dinner.

Sometimes I feel like I must try a recipe, just because it sounds too ridiculous or strange to ignore.

In this case, it was finding a guy online making a "Mexican Dutch baby."

If you're not familiar with a traditional Dutch baby, it's basically a large, puffy pancake made in an already preheated pan in the oven.

I have generally only seen Dutch babies filled with fruit and powdered sugar once they come out of the oven, so the idea of a savory one—and a Mexican one, at that—intrigued me.

Now, I will warn you that I probably ruined this from being a true Dutch baby, because I beefed it up quite a bit, making it pretty impossible to puff up as much as a traditional one would, but just trust me that having this as a hearty, filling meal is totally worth whatever puff-

iness sacrifice you're making. I found this recipe on the YouTube channel @yaydadcooking. I doubled the recipe for my version, increased the amount of chorizo and paprika and also added garlic, onion and bell pepper.

Mexican Dutch Baby

Ingredients

- 9 ounces chorizo
- 1 large Russet potato, diced
- 1 small yellow onion, diced
- 1 bell pepper, diced
- 6 to 8 cloves garlic, minced
- 6 eggs
- 1 cup flour
- 1 cup milk
- 1 teaspoon paprika
- salt and pepper, to taste
- 3 tablespoons butter
- Oaxaca cheese or queso fresco, to taste
- Your favorite salsa, for serving

Directions

Place a large, cast iron or oven-safe deep skillet in the oven and preheat to 425 degrees. (Mine is a 13-inch pan.)

While it preheats, heat a skillet over medium heat, and add the chorizo. Saute until it's cooked through, and remove it from the pan, setting it aside.

In the leftover grease from the chorizo, saute the potato, onion and pepper until everything is cooked through (if there isn't enough oil in the pan, add a little canola or vegetable oil to supplement). Add the

garlic and saute for just a couple minutes or until it's fragrant. Remove it from heat and stir the chorizo back into the mixture.

Meanwhile, in a mixing bowl, beat the eggs with a whisk or fork, and then stir in the flour, milk, paprika and salt and pepper. Whisk it some more until the mixture is lump free.

If the oven is preheated, carefully remove the hot pan and add the butter, letting it melt and swirling it to coat the bottom of the pan. Pour in the chorizo/veggie mixture and spread it evenly over the bottom of the pan, and then pour the batter mixture over the top of that.

Bake for 18 to 20 minutes or until the batter is golden brown and set.

Top the Dutch baby with cheese and salsa, slice and serve immediately.

This was really tasty, and it reheated extremely well out of the fridge the next day.

This would make for a good dinner or breakfast, either one, and the neat thing is you can really control the spice level, based on what salsa you choose. We went with a spicy green salsa, and it was delicious.

And I'm pretty excited to see this Dutch-Mexican fusion. It combines the best of both types of recipes into one, and that's the kind of culinary world I want to live in.

Spice Up Your Life is a weekly recipe column by Lindsey Young, who describes herself as an enthusiastic amateur cook and can be reached through her website at spiceupkitchen.net.



BETHANY CHURCH
Eight miles north, six miles west and one mile north of Lincoln
Sunday School @ 9:45 am
Worship Service @ 11:00 am
Evening Service @ 7:00 pm

BETHLEHEM LUTHERAN CHURCH LC-MS
Pastor Christopher Craig
Sylvan Grove, Kansas
Sunday School following Worship
Sunday Worship @ 10:30 am

BEVERLY COMMUNITY CHURCH
www.beverlycommunitychurch.org
Pastor Toby Flaming
Sunday School @ 9:30 am
Morning Worship @ 10:45 am

CENTRAL CHRISTIAN CHURCH
Sunday School @ 9:30 am
Worship Service @ 10:30 am
Nursery available during service
Light Keepers Wed. @6:30 grades 6-12
Men's Prayer Breakfast, 7am @ The Cube

CULVER METHODIST CHURCH
Pastor Demerle Eckart
401 Main Street, Culver, Ks
Sunday Worship @ 9:30 am
Saturday Coffee @ 8-10 am

DENMARK EVANGELICAL LUTHERAN COMMUNITY CHURCH, ELCA
Worship Service @ 10:30 am

FAITH BAPTIST CHURCH
Pastor Jonathan Schale
Lincoln Park Manor @ 9:30 am
Bible Study @ 10:30 am
Worship Hour @ 11:00 am
Afternoon Worship @ 2:00 pm
Wed. Bible Study @ 7:00 pm

FIRST BAPTIST CHURCH
Pastor Carolyn Allen, Barnard
Morning Worship @ 11:00 pm

GRACE CHAPEL-HUNTER
Pastors Kaye & Jeff Metzler
Worship Service @ 9:00 am

LINCOLN COMMUNITY CHURCH
www.lincolncommunitychurch.org
Pastor Steven Rohn
Sunday School @ 9:30 am
Worship Service @ 10:30 am
Women of Grace.Wed. @ 5:30 pm
To rent the cube call Michael Pickering 785-488-7049.
Sunday Evening Service @ 6:30
Adventure Club Wed. 6pm - 7pm
Ages 3-12

LINCOLN PARK MANOR CHAPEL
Morning Worship @ 9:30 am
Afternoon Worship @ 2:30 pm

LINCOLN UNITED METHODIST
Worship Service @ 10:30 am
Alternate Pastor & Lay Leaders provide Communion

PRESBYTERIAN CHURCH
Sylvan Grove, Kansas
Sunday School @ 10:00 am
Church @ 11:00 am

ST. JOHN LUTHERAN CHURCH
Pastor Don Haselhuhn
Lincoln, Kansas
Two and one-half miles south of Lincoln on Highway 14
Sunday/Bible School...9:30 am
Worship Service.....10:30 am

ST. PATRICK'S CATHOLIC CHURCH
Father Mark Wesely, Lincoln
Rectory phone: 785-524-4823
Email: stpat327@gmail.com
Sunday Mass @ 11:00 am
Sunday CCD Classes @ 9:45 am
Weekday Mass: Mondays - 3:30 pm

ST. PAUL'S LUTHERAN CHURCH LCMS
Pastor Don Haselhuhn
Six and one-half miles south and 4 miles east of Lincoln
Worship Service @ 9:00 am

ST. PAUL'S LUTHERAN CHURCH, ELCA
Pastor Rod Thompson, Tescott
Worship Service @ 9:00 am

TESCOTT UNITED METHODIST CHURCH
Pastor Demerle Eckart
Sunday School @ 10:00 am
Worship @ 11:00 am

TRINITY LUTHERAN CHURCH, HUNTER
Pastor Matthew Schneider
Hunter, Kansas
Sunday School @ 9:00 am
Worship Service @ 10:00 am
Midweek/Confirmation
Wednesdays @ 4:30 to 5:45

Barnard United Methodist Church



Pastors Kaye and Jeff Metzler
Service Times:
Sunday School 10:00 a.m.
Morning Worship: 11:00 a.m.

Church schedules are made possible by the following sponsors:

St. Paul's Lutheran Church



If you would like to sponsor these area churches, please contact the Lincoln Sentinel at 785-524-4200.

ESTATE SALE:

320 N. 2nd Lincoln, KS
Friday, March 20 • 12-6
Saturday, March 21 • 9-3



Antique furniture pieces including beds, washstand, Philco radio cabinet, kitchen chairs. Eden pure heaters, cameras, room size rug and more.

Cash only.
Reasonable offers accepted.

The Radish Patch Reopens

Saturday, March 14 • 10 am

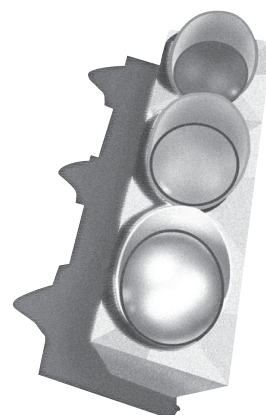
We will have a meeting in the Radish Patch with all the gardeners and pass out information for this year and assign spaces.

Call Jim Gabelmann at 785-658-7198 to reserve your space or get more information.

If you've never tried gardening but think you should, come have a happy time in the dirt.



Don't put the brakes on Advertising!



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Letters to the Editor can be sent to:
lincolnksnews@gmail.com

THE ANGLE



Alexa Romesburg

Dangerous prayers are a thing. Although they usually begin safely enough with a, "Dear Lord," (or Jesus or God) and are often even quite mannerly continuing with a "...will you please..." It's the way they end that makes them dangerous. Dangerous prayers end something like this: "Change me." Or, "Use me." Or even, "Humble me." Or some may end, "Grant me patience." And or, "Give me courage." Or as in the words of Isaiah, the old-testament prophet, "Send me." Or any number of other requests which threaten to crucify our self-centered nature, transforming our very being into a mirror of Christ, reflecting more clearly an image of our God.

Prayers like these are dangerous, because God will in fact, answer them. He will change a person who sincerely asks to be changed. He will use a person to advance his kingdom should such a one desire. But His methods are not typically those which would allow us to remain comfortable while our prayers are being answered.

He will use anyone and everyone who is willing and desiring to be used. But He does not seek our permission as to how He will use us. Or change us. He requires cooperation, not permission. And oh my, how God will certainly and completely humble a man (or woman) who asks (and maybe needs) to be humbled. It is indisputably God's will for his people to walk in humility, and for his children to be usable and pliable. Therefore, we can trust and be assured if we are bold and courageous enough to dare pray in this manner, God will not deny our request and will faithfully and unreservedly answer it.

The most dangerous prayer I have personally prayed went something along the lines of, "Dear Lord, please... show me the truth." You could add on an, "about _____" and fill in any number of individual and personalized blanks. The answers will come from God without doubt or error. They say the truth hurts. In some cases, it does. In my case, it hurt a lot. For example, when I prayed for God to show me the truth of my own heart. That one really hurt. Then came a time when I asked God to show me the truth of the world we live in. He did.

Dangerous Prayers

At times, I have asked God to show me the truth about other people. He has. Asking God to show us the truth is very dangerous to the illusions and delusions we all succumb to in one way or another. He will.

So, brace yourself. If you pray for courage, God may answer you by facilitating a series of confrontations with things that scare you. In praying for patience, you will likely find yourself waiting in slow moving lines at the grocery store when you are already running late, self-checkout is not working, and there is only one cashier, (and it's her first day) or similarly, at the gas pump. You might find yourself teaching or mentoring a younger person who exasperates you on a regular basis. Or if the lesson is a particularly customized one you may find yourself waiting a looooooong time for something you really want, need, care about, or all three- like a baby, a spouse, a healed relationship with an estranged family member, or even physical rest, and relief from pain whether bodily or psychic. Sometimes the lessons that answer our prayers feel grueling, like trials themselves, which we seek to pray our way out of... ergo, dangerous prayers.

In his 1882 work, *The Gay Science*, German philosopher, Friedrich

Nietzsche admonished his likeminded adherents to, "live dangerously!" Although Nietzsche is frequently cited as pet source material for modern existentialist ideology, and likewise for those who subscribe to secular humanism, as Christians, we neither subscribe to existentialism, nor any strictly secular philosophy. Yet still, we can appreciate the concept of living dangerously, albeit maybe not so much in the context once proffered by Nietzsche. Whilst the quote is attributable to a German philosopher, the concept is not. God (whom ironically, Nietzsche declared to be dead) is the origin and author of dangerous living, and by extension, praying. It was God, after all, not a philosopher, who willingly made himself a man, vulnerable to mortality upon surrendering his deity- and what could ever be more inherently dangerous than to go from being immortal and a supreme being to mortal and a submitted one? So, when we speak of living dangerously, we can quote Nietzsche, however we must also recognize he was never the source of his own material. Bearing this in mind, let me say, in the words of Nietzsche, but by the spirit of the living God, live dangerously! Furthermore, if you have faith the size of a mustard seed... pray dangerously!

Farmers & Ranchers Livestock Commission Co.

Total for the Week - Cattle - 2,609
Bulls- \$220 - \$231 Cows - \$173 - \$184

Strs		Hftrs	
300-400	\$620.00-630.00	300-400	\$570.00-580.00
400-500	\$580.00-590.00	400-500	\$515.00-525.00
500-600	\$525.00-535.00	500-600	\$477.00-487.00
600-700	\$450.00-460.00	600-700	\$400.00-409.00
700-800	\$405.00-417.00	700-800	\$350.00-361.00
800-900	\$362.00-373.00	800-900	\$337.00-345.00
900-1000	\$326.00-337.00	900-1000	\$309.00-319.00

Time To Get Your Horses Consigned!!
CATALOG CLOSES THIS WEEK
Spring Classic Horse Sale.
Saturday, May 16, 2026.

Early Consignments for Thursday March 12th Sale: 10 a.m. 62 mostly blk str, 850, no sort; 150 bwf/rwf s&h, 450-600, home raise, vacc, Jensen sire; 100 blk few char str, 750-900, home raise, off rye; 16 blk hftrs, 700-850, long wean, open; 20 red/blk str, 700-800, wean 90+ days, fall vacc; 24 red s&h, 500-700, long wean, 2 round vacc, no implant, off wheat, open; 40 red s&h, 500-700, long wean, 2 round vacc, no implant, off wheat, open; 50 blk s&h, 650-850, long wean 2 round vacc, open, no implants, Gardner influencer; 110 blk hftrs, 800-900, home raise, long wean, River Creek sire, OCHV'd, pelvic measure, tract tested, replacement quality; 110blk/bwf s&h, 750-850, home raise, wean Nov1, 2 round vacc, open, off rye; 70 hftrs, 700-750, home raise, wean Oct.1, 2 round vacc, open, no implants; 162 blk s&h, 550-850, home raise, long wean, 2 round vacc, hay fed; 150 mostly blk s&h, 600-800, home raise, long wean, off wheat; 15 blk/bwf s&h, 500-600, off cow, pre weaning shots, off triticale; 190 blk/charX s&h, 650-850, home raise, long wean, 2 round vacc, hay fed; plus many more by sale time.

Special Cow Sale
Tuesday, March 17, 2026
Starting at 11am.

Bulls: 1- 2.5 year old angus bull, semen & trich checked
Replacement Heifers: 15 blk hftrs, home raise, OCHV'd, pelvic checked; 21 blk hftrs, 750-800, long wean; plus more by sale time.

Cows/Cow Pairs: 117 blk cows, solid to broken, bred wf or angus bulls, calve April; 18 blk cows (complete dispersal), 4-5 years, bred angus; 120 blk 3-5 years, bred Valley View char bulls, calve April 10 for 60 days; 120 blk/red cows, 3-5 years, fall bred, bred blk Harms Farms bulls; 40 blk/bwf cows, older, home raise, heavy bred, bred blk bulls; 12 blk/bwf/rwf cows, 3 years, fall bred; 30 older cows, bred blk; 7 cows, 6 years, heavy bred, bred sim/angus bulls; 200 blk running age cows, spring bred, bred blk bulls, fall vacc program, off grass, bulls in Nov15 for 90 days; 25+25 blk/bwf young pairs, exposed back to Kaiser angus bulls; 55 mostly blk bred cows, 3-5 years, spring & cummer calvers, Trexler angus bull; 16 blk/bwf young fall bred, bred angus; 50 running age heavy bred cows; 30 blk/red cows, 6-8 years, home raise, bred blk or hereford bulls, some pairs; 8+3 cows, 4-8 years, calves 2-3 months old; plus more by sale time.

Cow Sales
Tuesday, March 17 (11 am)

For a complete list of cattle for all sales check out our website at: www.fandrive.com

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Post Rock Extension District

All About Potatoes

By Cassie Thiessen
*K-State Research and Extension
Post Rock Horticulture Agent*

Potatoes are one of the world's most important food crops. Grown in more than 100 countries, only wheat and rice are produced in higher quantities for human consumption. If you plan to grow your own potatoes, early spring is the best time to plant them in the garden. If you are a gardener, you probably know the tradition of planting potatoes on St. Patrick's Day. Actually, anytime from mid- to late March is fine for potato planting.

When purchasing potatoes, buy quality seed potatoes that have been inspected and are disease free. You don't want to use potatoes from the produce section of the grocery store because they are often sprayed with chemicals to slow sprouting. Seed

potatoes are certified disease free and have plenty of starch to sprout as quickly as the soil temperatures allow. Each pound of potatoes will yield approximately eight to ten seed pieces. One pound should be enough to plant roughly a ten-foot row.

Before planting the potatoes, cut the seed pieces two to three days prior so freshly cut surfaces have a chance to "suberize", or heal, and form a protective coating. Store the seed pieces in a warm location during this process to speed the healing along. Most seed potatoes can be cut into four pieces, though large potatoes may be cut into a few more. Each seed piece should be between one and a half to two ounces to ensure enough energy for germination.

Potatoes thrive in loose, easily tilled soils high in organic matter. Avoid heavy, "sticky" soils and areas where

water drains slowly or stands for a long time. If this isn't possible in your backyard garden, consider planting in a large container or grow sack.

Plant each seed piece about one to two inches deep and eight to twelve inches apart in rows. Plant the seed piece of potato with the eye facing upward. Though planting potatoes in early spring is important, emergence is slow. Plants typically begin emerging in early to mid-April. As the potatoes grow, pull soil up to the base of the plants. New potatoes will grow above the planted seed piece, and it is important to keep sunlight from hitting the new potatoes. Exposed potatoes will turn green and can't be eaten. Keeping the potatoes covered with soil will prevent this from happening.

Potatoes should not be grown in the same location year after year. A three-year rota-

See "Post" page 6

PRAIRIE DOC BY WHITNEY LUCAS MOLITOR, Ph.D., OTD, OTR/L, BCG AND ALLISON NABER, Ph.D., OTD, OTR/L

Meaningful Living in Rural Communities: Pathways to Productive Aging

Living in rural communities offers unique opportunities to promote successful aging. Incorporating a purposeful lifestyle, developing social connections and engaging in daily physical activity is essential to achieving positive health outcomes and quality of life.

Finding purpose includes exploring the activities you already engage in and being open to new possibilities. Engaging in motivating activities provides a framework for a purposeful life. The selected activities can promote health, foster a sense of identity and give a sense of purpose in life while aligning with personal values and interests. While some daily activities are performed without much thought, identifying others may require careful exploration.

In rural communities, consideration of the physical context is also essential. The American Occupational Therapy Association provides a framework that incorporates reflection on personal values, interests and prior life experiences. This approach, along with establishing priorities and goals, can be a valuable way to explore daily activities and create new opportunities for engagement that enhance purpose in daily life. To align life purpose with a rural context, it is essential to incorporate outdoor activities, find creative ways to connect with family and friends and explore opportunities with local groups. Activities can be modified to support evolving interests, abilities and desires.

Establishing and maintaining strong social connections is critical to promoting healthy aging in rural communities. Older adults in rural areas may experience social isolation due to limited opportunities for interaction. This can be due to changes in overall health, technology barriers (limited internet access or limited computer or smartphone skills) or physical barriers (limited community mobility or driving restrictions). Social isolation

can pose physical, psychological and behavioral health risks. Engaging in meaningful activities with others can help build relationships, find purpose or fulfillment and develop new hobbies or skills. Educational programs or groups are an excellent way to explore new leisure activities or learn strategies to improve health and well-being. Reaching out to family or friends, visiting your local senior center, attending community events, or joining a club can all provide a sense of connection, purpose and well-being.

In addition to staying socially connected, developing a regular physical activity routine is essential for older rural adults. Adults over 65 should set goals to strengthen their muscles and improve their balance by engaging in at least 150 minutes of moderate physical activity per week. Moderate physical activity increases breathing and heart rate, but you should still be able to talk while active. Beneficial activities in-

See "Doc" page 6

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(First Published in Lincoln Sentinel-Republican on Wednesday, March 11, 2026)

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Pictured: Riley Koch, LPN; Chasity Richards, RN; Taylor Musil, RN and Denielle Hardin, RN, CLC (courtesy photo)

Mitchell County Hospital earns High 5 for Mom & Baby Recognition

Beloit, KS — Mitchell County Hospital Health Systems (MCHHS) continues to demonstrate its commitment to infant and maternal health by earning High 5 for Mom & Baby recognition, a statewide initiative developed by the United Methodist Health Ministry Fund to improve breastfeeding support and outcomes across Kansas.

High 5 for Mom & Baby is a voluntary program that encourages hospitals and birth centers to adopt evidence-based best practices that help mothers initiate and continue breastfeeding successfully. To be recognized, facilities complete a self-reported assessment and implement at least five of ten evidence-based practices, such as skin-to-skin contact after birth, individualized feeding support, rooming-in with newborns, staff training in lactation support, and connections to community breastfeeding resources.

"Breastfeeding plays a crucial role in the overall health of babies and mothers," said Katie Schoenhoff, Director of Programs at the United Methodist Health Ministry Fund. "Following the High 5 for Mom & Baby practices demonstrates Mitchell County Hospital Health Systems' commitment to helping families successfully initiate and maintain breastfeeding."

Research shows many mothers stop breastfeeding earlier than they planned, often due to lack of support, education, or workplace and community resources. High 5 facilities work to address these barriers through staff education, supportive policies, and practical guidance to families.

In addition to the distinction, MCHHS gains access to ongoing education, training opportunities, and a statewide network of birthing centers dedicated to improving outcomes for moms and babies. By maintaining these best practices, the hospital supports healthier starts for infants and stronger maternal health across the region.

Nicki Cleveland, Chief Nursing Officer at MCHHS, echoed the organization's commitment: "We are honored to receive this recognition and remain dedicated to providing the highest quality care and support for the families we serve."

For more information about the High 5 for Mom & Baby program, visit high5kansas.org.

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Have a great week!

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LHS/ from page 1

Whites are the reason the greenhouse frame and bones inside were completed. Street Plumbing & Electric installed the electricity, gas and trenched the water. The vision for this greenhouse is multi-faceted. Nitsche would like to submit grants in the future to create an outdoor learning environment next to the greenhouse that staff and students can utilize on nice days. An on-site greenhouse can become an important and versatile learning environment. With the dedication to education and the creativity of Nitsche and her fellow educators, the greenhouse will be used to provide knowledge and skills to educate our students for future needs.



Hansen/ from page 1

The winners of the Career and Technical Education scholarships from Lincoln Jr/Sr High School include Jonathan Bell, Easton Good, Rose Koster, Jordan Meyer and Miranda Rosebrook. Sylvan-Lucas Unified H.S. senior Josie Svaty was awarded this scholarship. Congratulations to these students for this monumental achievement.

Commission/ from page 2

expiring February 28, 2029, unless noted: Gary Jones to the Barnard Rural Fire District board; Mike Cole to the Beverly Rural Fire District board; Mike Street to the First Rural Fire District board; Darrel Cheney and David Dohe to the Hunter Rural Fire District board; Dean Thaemert and Ray Keller to Sylvan Grove Rural Fire District board; Repeater Board, Damon

Vonada to fill an unexpired term expiring February 28, 2028, Tyler Nelson, Jeff White and John Tyson; Hospital Board, Cody Flinn, Michelle Hair, and Dennis Ray; Crime Victim's Restitution Board, Rhonda Wright; Delia Pittard Inheritance Guideline Committee, Rita Peterson; Childrens Healthcare Endowment Fund Guideline Committee, Rita Peterson; WEB Fund, Meita

Lyne, seconded by Leon Hart. Motion carried. The board discussed the landfill backhoe, the recycling center, public works activities, and Senate Bill 303. The chairman adjourned the meeting at 10:24 a.m. The next meeting will be in the courthouse commission meeting room at 8:30 a.m. Monday, March 2, 2026.

Post/ from page 4

tion reduces pest problems that may accumulate with continual potato crops and uses soil nutrients not used by other garden crops. Harvest the potatoes when vines begin to die, ideally when vines are half dead. Potatoes dug earlier than this should be handled carefully to prevent scarring the tender skins. Potatoes planted in mid-March should be ready to harvest in early to late July, depending on the planting date, the earliness of the variety, and the growing conditions. If you plant a potato patch this spring, you will likely taste a difference from those store-bought spuds. If you have any questions about

growing potatoes, contact your local Post Rock District Extension Office. Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Cassie may be contacted at chtiessen@ksu.edu or by calling The Beloit Extension Office (785-738-3597).

growing potatoes, contact your local Post Rock District Extension Office. Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Cassie may be contacted at chtiessen@ksu.edu or by calling The Beloit Extension Office (785-738-3597).

Coover/ from page 1

to, providing additional covered workspace and storage. Additional highlights include Chief CS Panels in Ash Gary & Carbon, a 45' x 18' hydraulic door and two sectional overhead doors, delivering both performance and accessibility for day-to-day agricultural needs.



Doc/ from page 4

clude brisk walking, dancing, riding a stationary bike or NuStep, using weights or resistive exercise bands, gardening or participating in water aerobics. Consider setting a goal to move your body for 30 minutes each day to reduce sedentary time. Sedentary activities include watching TV, reading, sitting or lying down. Prolonged sedentary behavior increases the risk of poorer health outcomes among older adults. Intentionally participating in meaningful activities throughout the day will reduce time spent sedentary. Reduce sedentary behavior by standing during commercial breaks, walking around

your home after a meal or stretching after reading the paper or playing cards. Incorporating the strategies mentioned in this article can promote well-being and enhance quality of life. Whitney Lucas Molitor, Ph.D., OTD, OTR/L, BCG, is department chair and associate professor in the Department of Occupational Therapy at the University of South Dakota. Lucas Molitor is a licensed occupational therapist in Iowa and South Dakota. Her research interests include health promotion and productive aging. Allison Naber, Ph.D., OTD, OTR/L, is the academic fieldwork coordinator and an associate

professor in The Department of Occupational Therapy at the University of South Dakota. Naber is a licensed occupational therapist in Minnesota and South Dakota. Her research interests include occupational performance and life balance, particularly as they relate to healthy aging. Follow The Prairie Doc® at www.prairiadoc.org, Facebook, Instagram, YouTube, and Tik Tok. Prairie Doc Programming includes On Call with the Prairie Doc®, a medical Q&A show (most Thursdays at 7pm, on SDPB, YouTube and streaming on Facebook), 2 podcasts, and a Radio program (on SDPB, Sundays at 6am and 1pm).

Insight - Kansas Farm Bureau - opinion

Letters from Grandma

Kim Baldwin McPherson County farmer and rancher My family recently celebrated the life of my husband's grandmother. We were incredibly lucky to have Grandma Irene in our lives for so many years. I don't know a lot of people who knew a great-grandparent, but our son and daughter are old enough to remember her. While she lived three hours from us, she was very much aware of what we were all doing between our visits by keeping up with us on Facebook or through reading this column in her local paper. She kept us up-to-date by writing letters that she'd put into cards and send to arrive just in time for birthdays and holidays. You always knew to be on the lookout for an envelope in the mailbox from her a few days before those special days. Sometimes Grandma Irene would send a handwritten letter just because and include a news clipping or pages from her

daily devotionals that reminded her of us. She had raised her family on a farm as well and knew what living in the country and raising crops and kids entailed. She loved seeing pictures of her great-grandkids holding lambs, working cattle, riding in a tractor or enjoying a meal in the field during harvest. A handful of years ago, she moved into an assisted living facility in her small town in Southeast Kansas. She'd write us letters telling us about her days. She stayed busy with her sewing and piano playing and eating out with family on Sundays. She'd write about the games she and the other residents would play and would mention on occasion that she'd outlived another one of her friends. Regardless of the topic of her letters, we always knew she was staying active within her church and social circle. We also knew she was always praying for us and loved us immensely. Her funeral was well attended for a woman who had outlived so many of her friends. Aside from family, the seats were filled with those who knew her from church or the community. At one point during her funeral, those in attendance were encouraged to share their memories of her. It took quite a while for the microphone to be passed around. It was evident that Grandma Irene loved a lot of people. Whether it was memories of her helping with 4-H projects, sewing quilts or gifting dish scrubs, writing letters, serving in her church or keeping a stash of cinnamon flavored candy and oatmeal cream pies in the pantry for her grandkids, the shared memories truly celebrated her and the work she did. This is the time of the year when I'd normally find a blue, yellow or purple envelope in our mailbox containing a card and personalized handwritten letter inside letting us know she was thinking of us as we prepared for all of the spring work required on the farm. I'll miss those letters from Grandma Irene. They were simple, yet intentional, acts that let her loved ones know that she was thinking of them from afar. Those simple, intentional acts are what remind me of Grandma Irene and the life she lived loving others. "Insight" is a weekly column published by Kansas Farm Bureau, the state's largest farm organization whose mission is to strengthen agriculture and the lives of Kansans through advocacy, education and service.

Coast-to-Coast Relay to Celebrate America 250

FRONT ROYAL, VA - In 2026, the American Discovery Trail Society (ADTS) celebrates the outdoors and 250 years of our independence with the American Discovery 250 Relay—a 6,800-mile (11,000 km) journey along the entire American Discovery Trail from California to Delaware, starting in July and ending around Thanksgiving. This event will be the longest continuous, non-motorized relay in world history. The ADTS invites all to join in the celebration by

participating for a day or more in a relay, attending one of over 100 local events, or sharing your story of personal growth and adventure. Together, we commemorate America's past and shape our future. Interested participants or teams are asked to register at discoverytrail.org/america-250-relay. Organizers will work with registrants on their relay destinations closer to the start of the event. Runners, cyclists, hikers, wheelchair users and horseback

riders are all encouraged to take part. We also encourage interest from those who wish to help with logistics, welcoming events or sponsorships. As of March 1, 2026, over 1,000 people have signed up to participate in the relay, with over 100 communities along the route expressing interest in assisting with the event. Users will take part in a variety of non-motorized means including running, walking, bicycling, horseback riding and by wheelchair.

DIRKS FAMILY EQUIPMENT AUCTION Monday, March 16th, 2026 - 10:00 am 32287 County Road 51 Amherst, CO 80721 1 Mile West of Amherst on Hwy. 23 to Rd. 51 Then South 1/2 Mile to Sale Site On Site Auction with Live and Pre-Auction Online Bidding Items without online bidding capabilities start at 10:00 am Items with online bidding capabilities sell at approximately 1:00 pm. Tractors & Attachments & Forklift sell after equip (Online Bidding Available) - 19 Case IH 420 QuadTrac, 3pt w/QH, PTO, 5 hyd, premium cab, Trimble RTK gdnce equip, 2,560hrs, 2nd ownr(2) sets Lakestate 1000gal CIH QdTrac sddle tnks-Ringsted hyd stalk rlr for CIH QuadTrac-19 Case IH Mgnm 380 RowTrac, 3pt w/ QH, PTO, 5hyd, premium cab, frnt suspnsn, Trimble RTK gdnce equip, 3,858hrs, 2nd ownr-06 NH TG285 MFWD, 3pt w/QH, PTO, 4hyd, spr str, SideQst hubs & mnst, Trimble WAAS gdnce equip, frnt & rear dls, 9,387hrs, 1k hrs on new mtr, trans & cltches-09 NH T8050 MFWD, 3pt w/QH, PTO, 5hyd, frnt suspnsn, SideQst hubs & mnst, Trimble WAAS gdnce equip, frnt & rear dls, 8,354hrs, new crate mtr at 8,032hrs, 1 ownr-Ringstead hyd stalk smshr for NH T8050-Demco SideQst 1000gal sddle tnks w/ HiPro pmp-73 JD 4430 w/JD 158 ldr 7' bckt & grpple, 3pt w/QH, dl PTO, 3hyd, 20.8R38 rub, 6,111hrs, 2nd ownr-85 Vrstle 256 Hi-Di w/ldr, 8' bcktr & grpple, frnt 3pt, PTO & 3hyd, swthr hkups, 4,339hrs-Yale GLP50 5k lb. frkfltr, 4cyl. LP eng, 1spd shlttle, 3 stge mast w/frce lift & LBR, side shft, 13,746hrs-Trucks, Trailers, Fert. Tender Equip & Vehicles sell after trctrs (Online Bidding Available) - 89 Pete 379 conv semi, Cat 3406B, 15spd, 419k mi, new cltch & rebuilt trans at 369k mi-89 Pete 379 ext. hood day cab semi, Cat 3406B, 18spd, 611k mi, frsh in-frme OH-66 Ford 600 single axle w/18' grn bx & rear hst, 390 V8, 5&2spd, drll fill aug, 105k mi-11 Timpler 96"x42"x72" SprHppr gm trlr, clsd tndm air ride, RO tarp, hyd traps w/wriss rmt-96 Timpler 96"x42"x66" Spr Hppr gm trlr, sprng ride, RO tarp-89 Tmptle 96"x42"x66" SprHppr gm trlr, sprng ride, RO tarp, elect traps-69 Fruehauf 6500gal tnkr trlr w/Honda GX200 mtr & 2' pmp, sprng ride-16 Fontaine alum combo 102"x53" stp dck FB trlr, sprd axle air ride, adjstble rear axle, + 2 Ace Roto-Mold 3400gal blk poly leg tnks & Honda GX390 mtr w/John Blue 3' pmp will be sold separate-89 Wabash 102"x48" + 5' dove step deck FB trlr, sprng ride, stl flr, + 2 Snyder 3100gal blk poly leg tnks, 4 tnk mix str, Honda GX390 mtr w/John Blue 3' pmp, 4 DuraPumps, & Venturi will be sold separate-1600gal blk poly leg tnk on mnt for 102" trlr-93 Trailman 102"x40' trple axle low pro GN FB trlr, drve ovr fndrs-71 Sooner 5'x16' BP stck trlr-13 Ford F350 King Ranch, 4 dr, Iron Star 9' alum. FB 6.7L dsl, auto, 4x4, 218k mi, 1 ownr-99 Ford F250 XLT, ext. cab, long bx, 7.3L Pwrstrike, 6spd, 4x4, 270k mi-68 Ford F100, single cab, long bx, 390 V8 bored to 417, auto, dual strght pipes-12 Lincoln Navigator L SUV, 5.4L V8, auto, loaded, 284k mi, 1 ownr-Application, Harvest, Planting, Tillage & Support Equip sell after Campers (Online Bidding Available) - Miller Nitro 4365 sif-prplld spry, 1600gal stlss tnk, 120' boom w/3 way nzzles on 20' cntrs, fnce row nzzle, tread adjst, boom hght, 5 sect. shutoff, Trimble WAAS gdnce equip 380/90R46 rub (520/85R38 rub to sell separate) 3820hrs, 2nd ownr-18 NH CR8.90 cmbne, sprdr & chppr, bin exlts, lateral tilt, prem cab, Peterson sieves, bu + cnvces, WAAS gdnce equip, 620/70R42 dls, 2806/2077hrs, 2nd ownr-11 Capello 1230 flat fld cm hd, hyd deck pltes, hght snse, indivdl row mwrns-Shelbourne Reynolds CVS32 strppr hd, new stlss fngrs-14 Case IH 3152 drpr hd, fngrr reel, ga whls, fore & aft, hyd level, hght snse, pea aug inclded-Unverferth 48' 4whl steer hdr trlr, lights & brkes-04 & 06 Kinze 1050 Hrvst Cmmndr gm crts, 480/80R42 dls, 22' augrs, RO tarps, scles, 2nd ownr-Loftness GBL10 gm bgr, swng arm ldr w/pwr drve hppr, hppr tarp-Loftness GBU gm bag unldr, lower aug cnvtrd to high spd unldr-SB hyd gm bag rlr-Westfield WR8-71 aug w/swng hppr-Spd King 6'x30' elec aug-21 Case IH 2150 Early Riser 24R30' plntr, CCS, Delta Force hyd. dwn prsrre, Precision Hi-Speed units w/spd bits, cm & srghm units, in-frw & 2x2 fert, insctode/fngode tnk & mtr, SureFire vrble rate pmp, pneumatic row clnrs, hyd. cooler, 1 ownr-Landoll 5530 10'x40' DD frnt fld gm drll, rub prss, dpth skds, pneumatic dwn prsrre, 2nd ownr CrustBuster 3200 TS49x10 hoe drill, spltr prss-Crust Buster 3200 TS41x12 hoe drill, spltr prss-Roth 4 pro bx sd ndr trlr, Honda GX340 mtr w/elec. start-McFarlane Incite 5132 32' vert tilt reel dsc, wve blades, hyd adjst gang pch, dble rllng bsks, wlknng tndms, 1 ownr(2) Sunflower 1435 40' dble OS dscs, C-flx hngrs, wng ga whls, 1 ownr-Friggsstad 6543 43' sprng shnk fld cult, wlknng tndms, 3 bar hrws, wng ga whls-JD 1910 41' fld cult, 18' swps, pckrs, wlknng tndms-Big G 1018 18' OS dsc-Int. 165 5 btm 16' RO plw Buffalo 3pt. 12R30' fld fld cult, cut awy dscs, shlds-3pt. dble 7x7 3pt. 30' tool bar w/cult shnks & ga whls-3pt. 16' dble tool bar-CrustBuster 16' PT grdr, 3pt hct, bx ends, SB land plne hitch-Solter Mover 75-RF 7.5yrd pan scrpr-Sharpe 12' bx scrpr-cm detasseler cnvtrd to spmklr repair buggy on custom trlr, 6cyl. gas, 2spd hydrostat, 4x4, hyd boom, grmd cntrs-LandPride Commander 15' btwnng try mwr-Patriot 3pt. 6 dsc trck clsr w/drm pckr-6' rty hoe-8' sprng shnk hrw-110v rtry gm clnr-bckt mnt 3 tne ble spr-(3) 4whl running gears-6' PT grdr-JD Skiles 1000gal cmbt mtr nrse trlr w/Honda GX160 mtr & John Blue 2' wet pmp-(2) 13 Lamar 990 gal BP fuel trlrs w/100gal DEF tnks, Fill-Rite 20 gpm 12v pmps w/onbrd bttry & solar chrgs, 12v DEF pmps-ATV's, Motorcycles, Riding Mowers, Campers, Utility Trailers, Antique Tractors & Combine & More sell at Approx. 1:00pm (Online Bidding Available) - 03 Mitsubishi LE-u62T mini trck, hyd. dmp bd, 4x4, HD suspension, 4cyl. gas, 5 spd, 56k mi-21 CFMoto ZForce 800 Trail side x side, 1,094mi-21 CFMoto CForce 600 4whlr, EPS, 2,186mi, 1 ownr-03 Arctic Cat DVX400 Sport Quad 4whlr-Honda 110 & 200 non-running 3whlrs cnvtrd to chpprs-05 Harley Davidson Electra Glide mtrcycle, 31,507mi-80 Yamaha Special 400 mtrcycle, not running-73 Honda Trail 70 mtrcycle, not running-LandPride AccuZ ZT72 zero tm mwr, 72' deck, Kawasaki 750 mtr-Craftsman VT3000 rdng mowr w/bggr-10 Heartland C3950 Cyclone 5th whl toy hauler cmpr, 41' w/12' grge, 3 slides, Onan sif-cntrnd, trple axle sprng ride, fully stckd, GN & king pin htches-98 Carriage Lite LS341 GN cmpr, 35', 2 slides-08 Pacific Tango 296RLSS BP cmpr 29', 1 slide-(3) 05 Chameleon 80"x13' BP utility trlrs-08 HMDE 5'x14' BP utility trlr-5'x8' BP tilt bd utility trlr-4'x8' BP tilt bd utility trlr-Chevy 6'8' PU bx trlr-Ford 8' PU bx trlr-21' V-Hull cabin crsr boat on trlr-48 Oliver 70 stndrd non-running trctr-49 Case VAC non-running trctr-MH 35 non-running cmbne-Ace RotoMold 3000gal blk poly cmbt mnt on stnd-Agri-Inject 34gal 1.9gph chmgt-Soltera 12v pmp w/digi mtr-Lister dsl mtr w/4" water pmp on 3pt. skid-96 Pete 378 Semi frms-Cat 3176 take out mtr-Shop Equip, Tools, Farm & Livestock Misc & More sells at 10:00am (No Online Bidding) - Big Joe elec frkfltr-Landa 4-2000 hot wtr prsrre wshr-rebuilt-North Star prsrre wshr-Puma prtble air comp-Dayton 16spd drll prss-20T shp prss-Atlantic bnd sw-Thermal Dynamics plmsa ctrr-Fire Power wldr/gen-L-Tec 225 mig wldr-Century 250 AC-DC wldr-Chry pckr-Grizzly 14-40 G1174 wd copy lathe 110v-Grizzly G1535 scrlf saw 110v-Craftsman 10" radial arm saw 110v-Ridgid R415R2 10" tble saw 110v-tble w/ drll prss, chp saw & dble grmdr-actlyne/prpne trch set on cr-Delta plnr-Onan Homesite 6500 gas gen-11 1/2' stlss shp bnchr-frk mnt w/ plfrm-frj jcks-Porta-Power 10T prt wpr-rlrge selection hnd & pwr tools-(6) tote blk oil rck-CPS tngtle toolbxes-arsrtd toolbxes-Clarke toolbxes-Lakewood shp fan-Port-A-Cool 48" swmp dr-drip oil tnk w/12v pmp-metal fuel cans-fert injctn pmps-Eriez Magnetics bggr-Amy dsc rlr-fuel trnsfr tnk w/12v pmp-(2) Scout gdnce htches-(24) rows Red Ball mtrs-NH cm snouts-arsrtd farm misc-(3) 520/85R38 tires-implmnt tires- trck tires-undrgnd 7 w/ pvt wre-arsrtd spmklr tires & rims-spmklr cddy-spmklr prt-Banjo ftngs-stck tnks-Hastings dble sided crp fdr-cttle sqze chte-dlf tble-PT ATV sprry-JD 826 snw blwr-MWD 8/26 snw blwr-grdn tools-pncnc tble-rub hose & fix hose-boat mtrs-used tin-2'x4' lmbw-Ford F-250 bx, tail gate bmp & receiver htch-Peterbilt 359 splr-new & used PU & whle tires-Plus More Owners: David & Julie, Stephan, Lucas & Ty Dirks Note: The Dirks Farm is a fourth-generation family farm. David started farming in 1976 & the boys have farmed with him ever since graduating school. The family has decided the time has come to discontinue their farming operation & pursue other interests. They have gone thru the entire line of equipment and repaired everything as well as completely serviced all running units. Everything is ready to go to the field just as if they were going to use it themselves. Plan to attend! Loadout provided all day auction day and the next day 10am - 2pm. Lunch available auction day. Auctioneers Miller & Associates Chuck & Bryson Miller Brush, CO-970-842-5575 www.AMAAuctions.com



Creative Coloring

Color in this picture to create your own masterpiece.



1912: The Girl Guides, eventually renamed the Girl Scouts, are founded in the United States.

1947: The Truman Doctrine is proclaimed to help stem the spread of Communism.

2020: The United States suspends travel from Europe due to COVID-19.

MUSIC FACT:

This instrument features prominently in traditional Irish music.

Answer: Fiddle and bow

Double Word Puzzle

Unscramble the individual words to reveal letters for the phrase.

DISNAL [] [] [] [] [] []
1 2 3

GERNE [] [] [] [] [] []
4 5 6

COANE [] [] [] [] [] []
7

ORBKO [] [] [] [] [] []
8

[] [] [] [] [] [] [] [] [] [] [] H
6 5 1 3 4 7 8 5 2 4

Answers: Island, Green, Ocean, Brook : Erin Go Bragh

NEW WORD

CELTIC

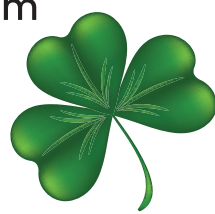
people from the nations of Ireland, Scotland, Wales, Brittany, Cornwall, and the Isle of Man

How they say that in...

- English:** Ireland
- Spanish:** Irlanda
- Italian:** Irlanda
- French:** Irlande
- German:** Irland

Did You Know?

St. Patrick supposedly used the clover/shamrock to explain the Holy Trinity to native Irish in an effort to convert them to Christianity.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Horseshoe

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Girls Take First, Boys Second at Trego Powerlifting Meet



The Lincoln Jr Sr High School Powerlifting team had a strong performance at the Trego Powerlifting Meet, with the girls team capturing first place out of 24 teams and the boys finishing second by just one point among 37 teams. The team also earned 11 individual top-three medals. Senior Alyssa Lopez tied a meet record in the hang clean and was named the pound-for-pound strongest girl at the meet. (Photo courtesy of USD 298)

Rock Hills Edges Sylvan-Lucas Girls 51-50 in Sub-State Semifinal

Central Plains Claims Substate Title and State Tournament Bid in Thriller vs Sylvan-Lucas

By Lucas Kenney
www.krsl.com

Central Plains Oilers 56 - Sylvan-Lucas Mustangs 52

The Central Plains Oilers and Sylvan-Lucas Mustangs both traveled to Osborne for the KSHSAA IA-DI Classification Substate Championship on Friday night. The action proved to be championship caliber, as both teams battled hard, leads were

taken, leads were lost, but at the end of the night, it was the Oilers taking the win and continuing their season by a final score of 56-52.

After a quick 2-0 lead by the Mustangs, Central Plains went on a run and ended the first quarter ahead 13-7. They then continued to add onto their lead in the second quarter, heading into halftime with a 10 point lead, 30-20

over Sylvan-Lucas.

The Mustangs were not out of it yet, as they came out of the halftime locker room firing, dominating the Oilers 19-4 in the third quarter and heading into the final 8 minutes with a 39-34 lead. The fourth quarter was as tough as it could get. After many lead changes, multiple ties, and game sealing free throws from Brodie Crites, Central

Plains came out victorious, beating Sylvan-Lucas 56-52.

The Oilers were led in scoring by Brodie Crites, who had an incredible night, racking in a 26 point, 11 rebound double-double. Camden Stiles also had 18 points off of 6 triples for Central Plains. Sylvan-Lucas also had a couple standout performances, including Carter Johnson who had 17 points and 3 re-

bounds, and an 11 point, 16 rebound double-double from Lane Brokes.

The Central Plains Oilers improve to 23-2 on the season and advance to the State tournament to be held next week, March 12-14. The Sylvan-Lucas Mustangs end their season with a very impressive 17-6 record.

Substate Championship action isn't quite over yet

for our broadcasting crew of Lucas Kenney and Mike Blanke. Two more games will be broadcasted on KZRS 107.9 on Saturday, March 7, between the Central Plains Lady Oilers and Rock Hills Lady Grizzlies at 5 pm, followed by a Lady Bulldogs matchup between Osborne and Quinter starting around 6:30 pm.

Cancer rates are rising in western Kansas. K-State is helping community members address the issue

Johnson Cancer Research Center leads community-driven effort to reduce cancer risks Russell, Ellsworth and Lincoln counties.

MANHATTAN — When residents of three western Kansas counties raised concerns about rising cancer rates and potential environmental cancer risks in their communities, Kansas State University researchers responded with research and collaboration that led to results.

A project led and funded by K-State's Johnson Cancer Research Center has been studying and testing groundwater contamination in private wells and radon levels in homes in Russell, Ellsworth and Lincoln counties since March 2024. The project was initiated from residents' concerns about increasing cancer rates in these counties, including colorectal cancer in Russell County and prostate and lung cancers in Lincoln County.

Now that the initial research phase has concluded, the researchers have identified results and implemented strate-

gies to help reduce cancer risks and promote community health.

Innovation with integrity

Ryan Rafferty, interim director of the Johnson Cancer Research Center and associate professor of chemistry, is leading the research team alongside collaborators in geology, public health, environmental science and K-State Extension.

As part of the project, community members could volunteer to have K-State researchers test their homes for radon at no cost. Rafferty said the radon testing results have been a significant concern, prompting the need to install radon mitigation systems.

"The radon tests were off the charts," Rafferty said. "It was concerning to see what the levels were, but luckily, once we got mitigation systems into about 90% of the houses tested,

they were back down to safe levels. Anyone who wanted help received it."

Private well water testing across the three counties, also conducted voluntarily, found elevated mineral levels that may also pose health risks, Rafferty said, and improved water filtration systems could help reduce the public's exposure.

Putting the people first

Jessica Kootz is a family and consumer sciences specialist in Ellsworth for the K-State Extension Midway District. As a dedicated catalyst for improving community health, she has been a strong advocate and partner for the project.

"Sometimes a lot of our focus is just on healthy living, but healthy living can run a lot deeper," Kootz said. "With this project, one of the focuses was, if there is something in the ground that's contributing to our health,

how long has it been there? What we're doing to our environment today might not affect us, but it could affect generations to come."

Kootz helped coordinate town halls in Ellsworth, Lincoln and Russell counties for residents to learn more about the project and how they could participate in research efforts.

During follow-up town hall meetings, the researchers shared anonymized results of their findings with community members for their awareness.

"The people in these counties are hungry for knowledge," Rafferty said. "They want to know what is happening in the ground that they farm and live on."

Living K-State's land-grant mission

The project reflects K-State's land-grant commitment to addressing real-world health chal-

lenges, Rafferty said, helping to provide not only education, but also education for Kansans' quality of life. The group is working on the next steps to continue the project and implement additional mitigation efforts.

"We are working to rebuild the team, as both professors who started this great work have retired," Rafferty said. "The team is excited to return to these communities, continue to provide results and build connections so that the community members can continue to feel like their voices are being heard."

With the anticipation of additional funding from the Johnson Cancer Research Center and potential support from other entities, the team could expand water and radon testing to more homes, he said. "We are living our land-grant institution's mission," Rafferty said. "That's why it was so important for us to get out

there with the center's mission for fighting cancer. Radon is a big cause of cancer, and we're happy that we can mitigate it in so many homes in that area, and we look forward to helping many others."

"Every single person in this wonderful state of Kansas deserves to live a healthy and long life," he said.

The project team also includes Shreepad Joglekar, professor and head of the art department, who is documenting the daily lives of community members through photography and video interviews for the project "Surveying the Invisible: Cancer and Research in Kansas"; Helene Avocat, visiting assistant professor in geology and geospatial sciences; Luke Romang, a 2025 graduate in geology; Karin Goldberg, adjunct professor of geology; Matt Kirk, professor of geology; and Sherry Flemming, former director of the Johnson Cancer Research Center.

Two Day March Consignment Auction
Tuesday, March 24th & Wednesday, March 25th – 9am
Brush, Colorado

At lot East of Town at Jnct of Hwys 34 & 71

Delivery Deadline for All Items is WEDNESDAY, MARCH 18th

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CONTACT AMA WITH QUESTIONS ABOUT WHAT ITEMS WILL BE ACCEPTED.

(No Miscellaneous items accepted for this auction)

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