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Piecing it all together



This “Reconciliation Quilt” made in 1867 by Lucinda Ward Honstain is an example of the historic value of quilts. This one contains 40 appliqued tales illustrating her personal experiences following the resolution of the American Civil War. From the New York Historical Society. (Courtesy Photo)

By Jyll Phillips, Lincoln-Sentinel

Besides the Big Kansas Road Trip and a visit from participants of Bike Across Kansas, another potentially large group of people may be visiting Lincoln this spring for the All Kansas and Nebraska Shop Hop.

From the name of the event, one might expect a type of retail promotion, but that is not exactly the case here. There will be shopping – but that’s not nearly all.

Shop Hop Inc. creates Great Sewing Adventures across the country. The events they create bring together all kinds of people as they help brick and mortar quilting and sewing stores

thrive – hoping the passion for sewing arts lasts for years to come. Shop Hop Inc. and their series of quilt shopping events were featured in the Travel and Adventures section of Next Avenue, a nonprofit national publication for older adults. The impact of these events on quilting shops across the country was also featured by the Craft Industry Alliance, a trade association for craft industry professionals.

There are 75 quilting/sewing shops throughout Kansas and Nebraska participating in this event. Participants purchase a magazine that will include a “passport” for the event. When KC Quilting Company here in Lincoln, is owned and

operated by Deb Lyne with help from her four daughters, Brooke, Kayla, Hannah and Ashton. Lyne started the business while living in Kansas City. They are currently located within Village Lines, 139 W. Lincoln Ave.

“We started out very small,” Deb said. “We had one long-arm, and when we moved here, we had 20 bolts of fabric.”

Lyne opened the Lincoln shop in the “business incubation” room at Village Lines. This room has previously been home to several young businesses selling everything from nutritional supplements to artwork. KC Quilting may easily be the most successful to emerge from incubation, as Vil-

lage Lines owner Marilyn Helmer calls it. More than 800 bolts of colorful fabrics nearly fill the retail space at Village Lines as Lyne continues to see growth in her business. Visit Village Lines on the last Saturday of the month and you will see sewing machines, scissors and quilters everywhere you turn. Open for business every Friday afternoon and all-day Saturday, Lyne not only offers instruction and fabrics, but also notions, patterns, custom edge-to-edge quilting and ready-made quilts of all sizes. Fabrics are available by the bolt, the yard, or fat quarters.

“Shop Hop is a big deal for small shops,” Lyne said.

See “Quilt” page 6

February 17-24 is National FFA Week

By Jyll Phillips, Lincoln-Sentinel



The week of February 17-24, 2024, has been named National FFA Week and LJSHS Ag Teacher and FFA Sponsor Morgan Nitsch has national activities planned all week in commemoration.

There is no school on Monday, February 19 for President’s Day. On Tuesday, a Duck Hunt and Trivia begins. (Clue: listen to the announcements)

Wednesday will be fun as this is the day students will drive their tractors to school! Okay, maybe they will drive their family’s tractor to school, but there will be tractors in the parking lot. Thursday is teacher appreciation day, and on Friday, the grade school coloring awards will be announced.

FFA is the acronym for Future Farmers of America. It is a youth organization that prepares members for leadership, personal growth, and career success through agricultural education.

Future Farmers of America was established in Kansas City, MO in 1928. The first national convention brought 33 delegates from 18 states. Currently there are more than 700,000 FFA members nationwide aged 12 to 21. These members represent 8,612 chapters in all 50 states, Puerto Rico and the U.S. Virgin Islands.

February 29 is Bachelor’s Day

By Jyll Phillips, Lincoln-Sentinel

Bachelor’s Day, also known as Ladies’ Privilege, is an Irish tradition where women were allowed to propose to men on Leap Day, February 29. This is based on a legend of Saint Bridget and Saint Patrick. It once was a legal holiday in Scotland and England.

The legend stems from a deal Saint Bridget struck with Saint Patrick in the 5th century. As the legend goes, Bridget went to Patrick to complain that women had to wait too long to marry because men were slow to propose, asking that women also afforded that opportunity. Patrick decided women should be allowed to propose one day every seven years, but Bridget convinced him to make it one day every four years.

The tradition also has background in the number of late February proposals encouraged by how undesirable it was to be unmarried during Let because of social responsibility to marry combined with the ban on marrying during Lent. People who were single by Easter would be publicly named in Skellig Lists, ballads about single people. They would be harassed in the streets beginning the Sunday following Shrove Tuesday, known as Chalk Sunday, and continue throughout Lent. The term “Skellig List” comes from the name of the Skellig Islands and particularly the largest, Skellig Mihael, where Lent was believed to start later than in the rest of Ireland, providing a last opportunity to quickly wed.

The observance was well established by the 1800’s.

Bachelor’s Day is often confused with Sadie Hawkins Day, which is actually in the fall.



Pancake dinner at Denmark Hall

By Jyll Phillips, Lincoln-Sentinel

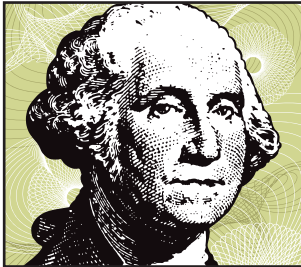
Join friends and neighbors at historic Denmark Hall on February 25 for a pancake dinner from 4:30 to 7 p.m. The menu includes pancakes, whole hog sausage, scrambled eggs, homemade pie and drinks.

The cost of the event is by freewill donation. All proceeds will be used for building repairs and upkeep.

Murder at the Marshall-Yohe House



A murder was committed at the Marshall-Yohe House Saturday, February 17 amidst a special dinner party held on the premises. Law enforcement was not available so the guests had to solve this crime themselves! Contact the Lincoln County Historical Society for more information. (Courtesy Photo)



February 22 is the anniversary of George Washington's birth

Known as the Father of our country, Washington’s accomplishments include building and molding the Continental Army into a force that would defeat the world’s greatest empire and secure our independence. From his escape across the East River to Manhattan, to his long-shot gamble crossing the Delaware River on Christmas night in 1886, and to the Battle of Yorktown in 1781, George Washington was the “Old Fox” whom the British could never bag. Though Lincoln believed it was impossible to properly eulogize Washington, many tried after his death on December 14, 1799. “To us, he has been the sympathizing friend and tender father,” the Reverend Richard Allen, the co-founder of the African Methodist Episcopal Church and a former slave, said in his eulogy in Philadelphia. “He has watched over us, and viewed our degraded and afflicted state with compassion and pity—his heart was not insensible to our sufferings.”

Cash Grain

Wheat.....	\$5.41
Corn.....	\$4.26
Sorghum.....	\$4.01
Soybeans.....	\$10.92

Cash prices courtesy of bankoftescott.com

Community Calendar

Thursday, February 22

Lincoln: 10 am Kids Storytime & PAT Health Fair @ the Library
USD 299: HS BB Sub-State Quarterfinals; JH Scholar Bowl @ Lincoln- leave at 3:15; Kay Meeting during Seminar

Friday, February 23

USD 299: HS BB Sub-State Quarterfinals; 12 pm JH Cheer Party @ Sky

Saturday, February 24

Barnard: 12:30 pm Cowman's Kind Bull & Female Sale @ Post Rock Cattle Co.
USD 299: FFA Meats @ Ellsworth

Sunday, Febraury 25

Monday, February 26

Lincoln: Town Hall Meeting - Cancer Research in Lincoln, Russell & Ellsworth Countis @ Finch Theatre
USD 298: HS Girls BB Quarterfinal Sub-State (TBD)
USD 299: 11:45 am K-2nd Salina Music Theater

Tuesday, February 27

Lincoln: 1 pm Local Work Group @ Finch Theatre
USD 298: ACT Testing (11th Grade) - LJSHS Library; HS Boys BB Quarterfinal Sub-State (TBD)
USD 299: ACT Testing @ Sylvan

Wednesday, February 28

Have a great week!

Commodity Distribution held the third Wednesday every other month at the Lincoln Senior Center. (September, November, January, March, May, July)

Lincoln County Historical Society meets second Monday of each month @ 6 p.m.; Lincoln County Historical Museum is open Thursdays, Fridays, Saturdays. Call 202.744.9041.
LCEDF meets the second Wednesday of each month in the Courthouse basement. Call 524-8954 for meeting time.
The Lincoln County Commission meets each Monday, and the last working day of the month, at the courthouse.

Lincoln Senior Center

MENU

Monday, February 26

Ham & Beans, Coleslaw, Apricots, Cookie & Cornbread

Tuesday, February 27

Roast Beef, Potatoes & Gravy, Green Beans, Strawberries & Peaches, Roll

Wednesday, February 28

Chicken Parmesan, Spaghetti Noodles, Italian Blend Veggies, Pears & Garlic Bread

Thursday, February 29

Swis Steak, Tomatoes & Carrots, Roasted Potatoes, Mixed Fruit & Roll

Friday, March 1

Tuna Noodle Casserole, Peas, Stewed Tomatoes, Peach Slices & Roll

Menu is subject to change.

Call 785-524-4738 before 9:30 a.m. to reserve a lunch.

The suggested donation for people over 60 or with current paperwork \$4.00. For people without paperwork or under 60, meals are \$7.00, mandatory.

Moving Sale

Thursday, February 22 & Friday, February 23

9 am - 3 pm

Location in garage behind 123 W. South St., Lincoln, Ks.

Lawn & Garden Equipment • Tools

Space Heaters • Patio Furniture

Indoor Furniture • Lots of Miscellaneous

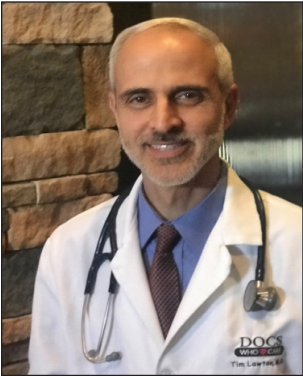
Access through the alley off of 5th St. or walk around from South St.

Dr. Tim Lawton, MD Presents: The Low Glycemic Diet for Healthy Weight & Better Blood Sugar Control


On February 22nd at 2:00 p.m. at Lincoln Park Manor's upstairs meeting room, Dr. Tim Lawton, MD will present "The Low Glycemic Diet for Healthy Weight & Better Blood Sugar Control".
Dr. Lawton is very passionate about healthy living and holds a master's degree in nutrition in addition to a Doctor of Medicine degree.
With over 20 years of experience, Dr. Lawton routinely provides

compassionate care to the patients of Lincoln County Hospital, Lincoln Medical Clinic and Sylvan Medical Clinic and serves as their Medical Director.
Please watch for the upcoming Lincoln County Hospital's Healthy Living Outreach Series that will take place on a quarterly basis on a variety of topics at various venues throughout the community.
In addition to the presentation, healthy snacks, take-home items


and door prizes will be available at the presentation.
Dr. Lawton will be joined by his colleges' Andrea Rinaldo, APRN, clinic manager; Melissa Gilsdorf, PA; and Amber Fern, ARPN and is sure to be very informative and provide a wonderful opportunity to meet the health care providers of Lincoln County and ask questions on a healthy lifestyle.
Seating is limited so please RSVP by calling 785-524-4474.




Dr. Tim Lawton, MD



Amber Fern, APRN



Melissa Gilsdorf, PA



Andrea L. Rinaldo, APRN-C

Butler County (OH) sheriff changes how it arms, trains deputies after FBI director's ominous warning

By Jennifer Edwards Baker and Ken Brown

HAMILTON, Ohio (WXIX) - Butler County Sheriff Richard Jones is changing how his agency arms and trains deputies based on an ominous warning from FBI Director Christopher Wray.
Sheriff Jones just got back from the National Sheriff's Association's annual winter conference in Washington D.C., where Wray's update for them has him convinced a terror attack in the U.S. is imminent.
He says he wants Butler County to be ready.
"It's gonna happen here," Sheriff Jones said Tuesday. "It's going to be all hands on deck. We want you to be concerned now. You are a fool if you don't listen to the chatter."
He said the FBI director warned that:

Terror threats are at an unprecedented level against the U.S., even compared to the weeks leading up to the Sept. 11, 2001 terror attacks, since Hamas' attack on Israel last fall. These are remarks Wray made at a Senate committee hearing last year.

Chinese hackers are ready to "wreak havoc" on critical US infrastructure such as American water treatment plants, electrical grids, oil and natural gas pipelines and transportation systems to disrupt our

daily lives if the U.S. and China ever go to war. Wray first publicly revealed this last week in a U.S. House committee hearing along with:

There's been far too little public focus on a cyber threat that affects every single American.

China's hacking force outnumbers FBI cyber and intelligence analysts "at least 50-to-1."

Some attacks like hacking are already underway in Butler County and have been for years, according to Sheriff Jones.
Russian hackers got into their computer system in late 2020, he said.
It put down their dispatch center's automated computer system for about 10 days, requiring dispatchers to do their job with pen and paper.
"I was told today China tries to hack our computer system five times a day. Three times a day from Iran and Russia. It's constant," Sheriff Jones said. "All we are doing is keeping them away the best we can. The FBI can't help us. It's too much. Last time they couldn't help us."
He's ordered AR-15 rifles immediately into every single cruiser, not just a few, along with ammunition and clips.
The sheriff's office also is changing how it trains staff and civilians. They've ordered more Hazmat equipment with plans to expand their current Hazmat team of 10.
He's also planning to expand their Citizens On Patrol program.
In addition, sign-ups just opened up for the public to start training May 17-18 to help respond to natural disasters and attacks.
The class is called "When Disaster Strikes: Prepare, Act, Survive."
It's designed to teach and encourage community members impacted by a disaster to prepare, take preservation actions and to perform, as appropriate, light search and rescue response to aid their family and other community members in the immediate aftermath of a natural disaster or human-made incident.
"You've got to expect they will do something with chemicals or drugs and train derailments," Sheriff Jones said. "What will people do if their cell phones don't work? People will freak out. They can't call anybody. We are not prepared for things like that."

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www.lincolncoks.com/Community/TransportationBus

This project funded in part by KDOT Public Transit Program

Sunflower Summer 2024

The Sunflower Summer Program (SSP) is an initiative of Kansas Tourism and is similar to a 'passport' encouraging people to explore the many museums, historic sites, attractions, water parks, state parks, zoos, professional sporting events and live theatre venues across the state for FREE. Here's how to participate:

Museums, historic sites and attractions - The SSP gives your attraction the opportunity to receive a grant of \$5 every time a SSP participant visits your location. It's an excellent opportunity to raise funds without having to charge and entrance fee! Deadline for applications to participate in the 2024 SSP program is March 15th. Visit <https://www.travelks.com/travel-industry/programs-and-resources/sunflower-summer-information-faqs/> for more info!

Parents, grandparents, teachers and Kansas explorers - The SSP program gives you the opportunity to visit attractions across the state for FREE between May 25-August 11, 2024! You can download an app and have your passport 'stamped' as you explore. More info available once this year's sites have been announced.

KSU NC/NW "Virtual" Agronomy Series RETURNS starting in February 2024

NC and NW Extension Districts and counties of K-State Research and Extension again will be hosting an ONLINE agronomy series, "Crop Talk", slated to begin Tuesday, February 20 through Tuesday, March 12, which will highlight several topics important to crop producers. These will be on Tuesdays and each session will be held from Noon to 1:00 p.m. CST.

In the NC and NW agronomy focused areas, the meetings will feature presentations and comments by K-State Research and Extension faculty to enhance management strategies utilized by crop producers.

Our KSU extension team has vast experience in crop production and we're here to help solve and prevent production problems with reliable information.

Planned topics of discussion include Management Topics for Wheat Production; Biologicals and their role in Soil Fertility; Managing areas of fields with High pH; and Fallow Replacement options in Dryland Rotations. There will also be time for questions between Kansas crop producers and extension specialists at each of the sessions.

Register ONLINE at <https://www.northwest.k-state.edu/events/crop-talk-series/index.html> or call your local Extension Office. Once you register, a link to the ONLINE sessions will be emailed to you. CCA credits have been applied for with 1 credit for each session.

For more information about the ONLINE KSU Extension NW and NC Agronomy Series, contact Sandra L. Wick, swick@ksu.edu or call any of our Post Rock District Offices in Beloit, Lincoln, Mankato, Osborne or Smith Center.

Got a great local story?

email: lincolnsnews@gmail.com

Denmark Hall Pancake Supper


Sunday, February 25, 2024

4:30 – 7 p.m.

Serving: Pancakes • Whole Hog Sausage • Scrambled Eggs • Homemade Pie • Drinks

Freewill Donation

Proceeds Will Be Used For Building Repairs and Upkeep.



LINCOLN - PAST, PRESENT & FUTURE

Correction:

A mistake was made while placing the pictures. The correct pictures are below and one can clearly see the transformation in the kitchen looking west. - Lauren



Before Kitchen Looking West



After Kitchen Looking West

PRCF could earn 200% match in February

The Post Rock Community Foundation (PRCF) could earn additional dollars for charitable grants in the community through a county-wide Match Month gift matching campaign.

Over the past six years, the PRCF has hosted a Match Month, taking advantage of a matching grant initiative from the Dane G. Hansen Foundation, a philanthropic organization based in Logan, Kan., with a mission to “reverse the population decline, increase the economic opportunities and strengthen critical community services” in its 26-county coverage area.

Donations build the Community Action Fund for future grantmaking. Grants support projects such as the Lincoln Music Park. Lisa Feldkamp, grant applicant, stated, “Without funding we would not

have been able to purchase the 1st instrument. The instruments are well-made and look amazing. This is another activity in the Lincoln City Park that children/parents/grandparents can play together.”

After a successful Match Month in February of 2023 with over \$60,000 raised, the PRCF is excited to again take advantage of the Dane G. Hansen Foundation’s generous match and continue their work in supporting important projects in Lincoln County and within the USD #298 and #299 footprint. The February 2024 Match Month goal is \$70,000!

During the February Match Month, the Dane G. Hansen Foundation will match all public gifts to the Post Rock Community Action Fund at the Post Rock Community Foundation, up to \$50,000. The Post Rock Community Action

Fund is an unrestricted community grant fund that supports projects and programs focused on improving quality of life in the Post Rock area. The Hansen Foundation provides an additional match up to \$45,000 for a permanent operating endowment and up to \$5,000 for immediate administrative needs. That means that Post Rock Community Foundation will receive a 200% match from the first \$50,000 in donations!

To take advantage of this match consider mailing a donation to the Post Rock Community Foundation, PO Box 62, Sylvan Grove, KS 67481 or go online to donate at <https://postrockcf.org/match-month/>.

For more information find the Post Rock Community Foundation on Facebook or contact a current board member.

COMMISSION MEETING MINUTES

February 5, 2024

The Lincoln County Board of Commissioners met in the courthouse commission meeting room on Monday, February 5, 2024. Chairman Dennis Ray called the meeting to order at 8:30 a.m. with Vice-Chairman Debora Smith and Member Ryley Hembray present. County Clerk Dawn Harlow was in attendance as recording secretary.

Others present for portions of the meeting: Craig Stertz, Kris Heinze, Nancy Knapp, Kathy Moss, Vicki Hook, Felicia Strahm, Roberta Turner, Rhonda Wright, Jesse Knight, and Kelly Gourley.

Correspondence: a form from the USDA office requesting the landowner’s signature; a farm survey; bills for Lincoln Park Manor; and tax abatements.

Clerk Harlow discussed the bids received for the courthouse and election-specific security upgrades. Clerk Harlow will contact the companies for additional information.

Lincoln Area Chamber of Commerce representatives Kris Heinze and Craig Stertz presented the annual funding request and summarized chamber activities over the past year. Heinze related that the Chamber plans to complete the Live Lincoln County magazine this year and provided the cost to have a full-page advertisement similar to previous years. The board approved the annual funding contribution and a full-page ad in the Live Lincoln County publication.

Debora Smith moved to approve tax abatements 2023-29 through 2023-32 in the amount of \$910.80, seconded by Ryley Hembray. Motion carried.

Lincoln Senior Center representatives Nancy Knapp and Kathy Moss provided a copy of the senior center’s annual report. The group

discussed senior center expenses, including additional wages paid to staff who work with the food program. North Central Flint Hills Area Agency on

Aging provides limited hours and pays minimum wage to staff. Knapp related that the funding the county pays will provide approximately five months of expenses for the center and that they have been working on fundraising activities to make repairs to the building.

Transportation Bus Director Roberta Turner related that S & S Auto Body would not be able to repair the damage to the van for a couple of months and inquired if the board would like her to find another body shop. The board suggested that she should wait.

Human Resource Officer Felicia Strahm answered questions regarding the wage placement for the Board of Commissioners on the pay scale.

Emergency Manager Jesse Knight and County Appraiser Rhonda Wright met with the board regarding building permit regulations. Knight related that the County Attorney had not yet answered what the county needs to require individuals to obtain building permits. Knight provided information obtained from other counties with zoning and related that an attorney for Riley County had told him the county did not need to do anything. Commissioner Smith will contact the County Attorney for assistance.

The board discussed the recent vehicle purchase for Emergency Management, as the department did not have sufficient budget to make the purchase. Knight suggested that the Floodplain Management budget be used for a portion of the purchase as he will be using the vehicle to view properties that have applied for a floodplain permit. Dennis

Ray moved to credit \$13,899 to the emergency management fund and in turn deduct \$13,899 from the equipment reserve fund (changing the fund from which a portion of the original purchase was made), seconded by Ryley Hembray. Motion carried. Voting as follows: Ray – Aye; Hembray – Aye; Smith -Nay.

Economic Development Director Kelly Gourley notified the board that the county was not selected for a Heritage Trust Fund grant. Gourley provided an update on the Moderate Income Housing Grant and requested that the board revise the wording in a motion for one of the projects, as repair costs exceeded the previously approved amount. Gourley noted that the project had not requested the maximum funding available, nor did another previously approved project. Debora Smith moved to amend the motion for the Moderate Income Housing Grant for project No. 3 at 411 South 4th St and project No. 4 at 106 E Yauger up to the max of 25% up to \$30,000, seconded by Ryley Hembray. Motion carried.

The board approved billing two home-based food service businesses for solid waste. Clerk Harlow related that when the landfill backhoe is sold, that revenue will be placed in the landfill fund, as it is unclear specifically where the purchase was made. Expenses for repairs to the newly purchased backhoe will be drawn from the refuse fund.

Debora Smith moved to approve the minutes from the January 29, 2024 and January 31, 2024 meetings, seconded by Dennis Ray. Motion carried.

The chairman adjourned the meeting at 10:38 a.m. The next meeting will be in the courthouse commission meeting at 8:30 a.m. on Monday, February 12, 2024.



BARNARD UNITED METHODIST Pastors Kaye & Jeff Metzler Adult Sunday School @ 10:00 am Morning Worship @ 11:00 am	LINCOLN PARK MANOR CHAPEL Morning Worship @ 9:30 am Afternoon Worship @ 2:30 pm
BETHANY CHURCH Eight miles north, six miles west and one mile north of Lincoln Sunday School @ 9:45 am Worship Service @ 11:00 am Evening Service @ 7:00 pm	LINCOLN UNITED METHODIST Pastors Kaye & Jeff Metzler Worship Service @ 10:30 am
BETHLEHEM LUTHERAN CHURCH LC-MS Pastor Christopher Craig Sylvan Grove, Kansas Sunday School @ 9:00 am Sunday Worship @ 10:00 am	PRESBYTERIAN CHURCH Sylvan Grove, Kansas Sunday School @ 10:00 am Church @ 11:00 am
BEVERLY COMMUNITY CHURCH www.beverlycommunitychurch.org Pastor Toby Flaming Sunday School @ 9:30 am Morning Worship @ 10:45 am Wednesday Service @ 7:00 pm Youth Mtg., Sun. eve. @ 6:30 pm	ST. JOHN LUTHERAN CHURCH Pastor Don Haselhuhn Lincoln, Kansas Two and one-half miles south of Lincoln on Highway 14 Sunday/Bible School...9:30 am Worship Service.....10:30 am
BEVERLY UNITED METHODIST Pastors Kaye & Jeff Metzler Church Service @ 9:00 am	ST. PATRICK'S CATHOLIC CHURCH Father Mark Wesely, Lincoln Rectory phone: 785-524-4823 Email: stpat327@gmail.com Sunday Mass @ 11:00 am Sunday CCD Classes @ 9:45 am Weekday Mass: Mondays - 3:30 pm
CENTRAL CHRISTIAN CHURCH Pastor, Chris Hall Sunday School @ 9:15 am Worship Service @ 10:30 am Find us on Facebook Children are welcome!	ST. PAUL'S LUTHERAN CHURCH LCMS Pastor Don Haselhuhn Six and one-half miles south and 4 miles east of Lincoln Worship Service @ 9:00 am
CULVER METHODIST CHURCH Pastor Demerle Eckart 401 Main Street, Culver, Ks Sunday Worship @ 9:30 am Saturday Coffee @ 8-10 am	ST. PAUL'S LUTHERAN CHURCH, ELCA Pastor Rod Thompson, Tescott Worship Service @ 9:00 am
DENMARK EVANGELICAL LUTHERAN COMMUNITY CHURCH, ELCA Pastor Angie Sundell Worship Service @ 10:30 am	TESCOTT UNITED METHODIST CHURCH Pastor Demerle Eckart Sunday School @ 10:00 am Worship @ 11:00 am
FAITH BAPTIST CHURCH Pastor Jonathan Schale Lincoln Park Manor @ 9:30 am Bible Study @10:30 am Worship Hour @ 11:15 am Evening Worship @ 6:00 pm Wed. Bible Study @ 7:00 pm	TRINITY LUTHERAN CHURCH, HUNTER Pastor Matthew Schneider Hunter, Kansas Sunday School @ 9:00 am Worship Service @10:00 am Midweek/Confirmation Wednesdays @ 4:30 to 5:45
FIRST BAPTIST CHURCH Pastor Carolyn Allen, Barnard Morning Worship @11:00 pm	
GRACE CHAPEL-HUNTER Pastors Kaye & Jeff Metzler Worship Service @ 9:00 am	
LINCOLN COMMUNITY CHURCH www.lincolncommunitychurch.org Pastor Adam Boyd Sunday School @ 9:30 am Worship Service @ 10:30 am Ladies Prayer Group.Wed. @ 5 pm Awana @ Cube Wed. @ 6:30 pm "Teens for Christ" Sun. @ 7:00 pm Michael Pickering 785-488-7049	

St. John Lutheran Church

Two and 1/2 miles south of Lincoln on Highway 14
Pastor Don Haselhuhn.

Service Times:
Sunday School: 9:30 a.m.
Morning Worship: 10:30 a.m.

Church schedules are made possible by the following sponsors:

St. John Lutheran Church

St. Paul's Lutheran Church

The Post Rock Cluster of the United Methodist Church
Barnard - Beverly - Hunter - Lincoln

If you would like to sponsor these area churches, please contact the Lincoln Sentinel at 785-524-4200.

Attention Kansas Voters:

A presidential preference primary election will be conducted in Kansas this year. The date of the election, along with the names of the candidates for the office of President will be available on the Secretary of State's website at VoteKansas.gov or visit your local county election office for more information.

WINTER GALLERY AUCTION

Featuring Paintings and Prints by Birger Sandzen and Other Prairie Printmakers.

Saturday, February 24th
Lone Jack, Missouri

SOULIS

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Ladies Spring Banquet

Sponsored by Beverly Community Church

Friday, March 8, 2024
6:30 p.m.

Beverly Community Church, Beverly, KS

Speaker: Laurie Larson of Clay Center, KS

Theme: At His Feet

What to Bring: Salad and a friend

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Guest Editorial

For those with disabilities, finding housing to live independently makes all the difference

I am frequently reminded of the movie “The Wizard of Oz,” in which Dorothy says over and over “There’s no place like home.”

I have a wonderful condo where I have lived for more than nine years, and I frequently think to myself as I sit in my living room drinking my morning coffee, “There’s no place like home.”

Now, I may not be Dorothy, but I believe a lot of folks can relate to her. She went through trauma to get to back to her family and cozy room, in a home where she felt like she was loved and cared for. She had been on her adventures, and now she just wanted peace.

Individuals experiencing a disability, whether that be a developmental or intellectual disability, a mental illness or other type of disability, need a peaceful and safe place to call home, too. However, too many times the opposite is happening. They are in abusive group homes, nursing homes or institutions where they are not provided with the care and support they need.

In the historic legal decision known as the Olmstead case, Lois Curtis and Elaine Wilson — who both had mental health conditions and intellectual disabilities — were living in a Georgia institution where they felt they had no freedom. In 1995, the Atlanta Legal Aid Society brought the Olmstead case to fight for their independence and to give them support in the community rather than an institution.

The case was brought before the U.S. Supreme Court, and they won.

Former Supreme Court Justice Ruth Bader Ginsburg authored the 6-3 landmark opinion, stating that the Americans with Disabilities Act prohibits the segregation of individuals with disabilities. Isolating these people is a form of discrimination based on disability.

The two ladies won their freedom and moved into their own independent living situation, where they were happy.

The Bazelon Center for Mental Health Law helps people with mental illness live their best lives. They take on cases where stigma and discrimination are rampant. They are instrumental in helping people find freedom. Other places in Kansas, such as Valeo Behavioral Healthcare and Breakthrough House in Topeka, try to help individuals living with mental illness transition into independent living from mental health nursing homes. Valeo CEO Bill Persinger truly cares about the housing needs of people who are just trying to survive.

There is an effort now in Kansas to try to get people out of mental health nursing homes, but that’s not easy. The physical and mental needs of folks in these places are complex, challenging and complicated. Sometimes, their families don’t want them to leave because it would mean more work for the family, especially if members serve as guardians or conservators.

Breakthrough House in Topeka has great group homes for folks experiencing mental illness, and

See “Guest” page 6

PRAIRIE DOC - BY ANDREW ELLSWORTH, MD

No Man is an Island

“No man is an island, entire of itself, every man is a piece of the continent, a part of the main.” This is the beginning of a poem from 1624. In it, the poet John Donne appreciates how humans are all connected. Indeed, humans are social beings, and social connection is a factor in our health.

We all know the importance of a healthy diet and exercise for our health. We are getting better at understanding the importance of mental health. One thing we do not discuss much, however, are the benefits of social connection.

Our relationships with family, friends, people at work and in the community have a major impact on our health and well-being. Those who are socially connected and have stable and supportive relationships can more easily make healthy choices and have better mental and physical health outcomes. Social connections can help us cope with stress, anxiety, depression, and hard times. Rates of most any disease are lower for those that feel a high sense of community. This includes lower rates of heart disease, strokes, dementia, depression, and anxiety. Social connection with

others can improve sleep, decrease your risk of death, and reduce your risk of violence and suicide.

Similarly, marriage decreases your risk of disease. While you may not need to get married to have a life-long partner, the benefits of a long-term relationship are well established. Marriage has been found to help with lower rates of cancer, dementia, and increases your chances of surviving a heart attack.

Loneliness is becoming more rampant even as cities grow larger and transportation faster. We seem to have everything right on our phones to keep us company. Somehow, despite all these advances in technology, or perhaps because of them, people can feel ever more isolated and alone.

So how do we build community? How do we foster social connections? One way is to encourage face to face contact, to get people together. Schools, sporting events, churches, grocery stores, coffee shops, parks, concerts, festivals, and more all help to build community. Civic organizations and volunteering can help foster social connections and help us

find meaning and purpose.

You can improve your social connections right now. You could call someone. You could consider going to a local basketball game, visiting someone alone in their home, or seek out a volunteer opportunity. When you increase your sense of social connection and community, you can improve your health. When you brighten up someone else’s day, you often brighten your own.

John Donne’s famous poem “No Man is an Island” ends with a warning: “Any man’s death diminishes me, because I am involved in mankind. And therefore never send to know for whom the bell tolls; it tolls for thee.”

Andrew Ellsworth, M.D. is part of The Prairie Doc® team of physicians and currently practices family medicine in Brookings, South Dakota. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook and Instagram featuring On Call with the Prairie Doc® a medical Q&A show celebrating its 22nd season of health information based on science, built on trust, streaming live on Facebook and SDPB most Thursdays at 7 p.m. central.

SPICE UP YOUR LIFE - LINDSAY YOUNG

Don't have time to get 'round to dinner? Make meatball soup.



quite a bit from the original, adding quite a few ingredients to my version.

Italian Meatball Soup
Ingredients

- 4 cups chicken broth
- 14.5 ounce can diced tomatoes
- 24 ounces marinara sauce (I used a roasted garlic version)
- 26 ounces frozen Italian-style meatballs
- 8 ounces fusilli pasta
- 2 teaspoons dried parsley
- 2 teaspoons dried oregano
- 2 teaspoons dried basil
- 2 teaspoons paprika
- 2 teaspoons onion powder
- 2 teaspoons garlic powder
- 1 teaspoon red pepper flakes, optional
- salt and pepper, to taste
- grated parmesan cheese, for serving

Directions

In a large pot with a lid, add the broth, diced tomatoes (don’t drain them) and marinara sauce, over high heat.

Stir to combine the ingredients, and when they come to a boil, stir in the meatballs. Once the mixture comes back to a boil, add the pasta, parsley, oregano, basil, paprika, onion powder, garlic powder, red pepper flakes, salt and pepper, and stir well.

Turn the heat to medium and place the lid on the pot, letting it simmer for five minutes.

Remove the lid and stir, and continue to let the soup cook at a slow boil for six to seven minutes or until the noodles are cooked to your liking.

If the soup is too thick, add additional broth or water until the soup reaches your desired consistency. When the soup is heated back through, serve topped with parmesan.

This turned out really well. It was thick, hearty and full of great Italian flavor. It was perfect for dinner, but it would have been a great option for lunch with a small cup of soup alongside a grilled cheese sandwich or a big slice of garlic bread, too.

I ended up leaving my soup a bit on the thick side, and as it cooled, it turned into more of a pasta sauce than a soup, so my leftovers will be getting more liquid when I reheat them.

But the main thing is that I managed to quickly get a hot meal on the table that we both enjoyed, even while I kept tossing improvised ingredients into the pot. Sometimes being in a hurry means eating something terrible for dinner, but every once in awhile, it makes for a great meal.

Spice Up Your Life is a weekly recipe column by Lindsey Young, who describes herself as an enthusiastic amateur cook and can be reached through her website at spiceupkitchen.net.

Post Rock Extension District - BY SANDRA L. WICK

K-STATE RESEARCH AND EXTENSION-POST ROCK DISTRICT CROP PRODUCTION AGENT

Do you know the health of your soil?

How many farmers know about the health and condition of their soil? Considering that the soil is the foundation of the entire farming operation, it is not surprising that our most successful farmers, those who consistently produce high yields, are focused on growing the soil!

All farmers know or have heard many times the importance of growing the soil, improving soil health, and increasing soil organic matter. Soil management practices can have a significant effect on organic matter levels in the soil. Soil organic matter affects both the chemical and physical properties of the soil and its overall health. The composition and breakdown rate of soil organic matter affects the diversity and biological activity of soil organisms, plant nutrient availability, soil structure and porosity, water infiltration rate, and water holding capacity. Building organic matter in a soil system is a function of numerous factors: 1) organic matter inputs (above-ground residues and roots), 2) climate (rainfall and temperature), 3) physical and chemical properties of the soil, and 4) land use and management.

Building soil organic matter through appropriate farming practices may take

several years, especially in dryland areas where limited moisture reduces biomass production and soil biological activity. Identifying soil management practices that promote soil organic matter formation and moisture retention, and that ensure productivity and profitability for farmers in the short-term can be very difficult.

Contrary to the two points above, it is not impossible to build soil organic matter, although it might be difficult and require some change in farming practices over several years. Cover crops, use of manure, and no-till are good starting points for anyone interested in building soil organic matter. In taking steps to build soil organic matter, don’t forget that regardless of the practice used, green growing material does not build organic matter, but brown dead material does.

Increasing the organic matter in the soil can increase both the amount of water the soil can absorb, and the amount of water available to the plant. It has been estimated that for every 1 percent increase in organic matter in the soil, the plant-available water in the soil increases by 25,000 gallons per acre. Increased microbial activity in the soil also enhances the plants ability to absorb needed nutrients.

Changes in management practices can improve soil health, and ultimately productivity and profitability.

Distribution of soil organic matter by soil depth is important for various reasons. The soil organic matter in the upper inches of soil is important to crops for soil aggregation, porosity, microbial biomass and activity and nutrient availability. Surface organic matter can be easily lost to erosion, but is also more easily increased by reducing tillage, keeping more crop residue on the surface and applying organic inputs. Crop residue retention is important to soil organic matter especially in eroding cropland along with controlling wind and water erosion.

Diversity of crop rotations can also have a significant effect on increasing soil organic matter levels. Crop productivity and soil organic matter are related; as one increases the other one is likely to increase as well. Increasing crop productivity is likely to increase root growth with a likely increase in soil microbial biomass and therefore an increase in soil organic matter.

In summary, it may be time to start thinking about “growing your soil” as well as your crop. You can start evaluating your soil by monitoring soil or-

See “POST” page 6

We could use your help!

The hospital has an opportunity to acquire new equipment to improve care for our community.

- Install a C-arm for our radiology department which is used for pain management injections
- New hospital beds, including larger and longer options for patient comfort

Our hospital is applying for the Kansas Community Service Tax Credit grant which would not only help the hospital obtain this equipment but also provide qualified donors a 70% tax credit on their state income taxes. To ensure success we need to obtain non-binding support pledges.

Can you help?

If you can make a pledge or have questions, please call Tawnya Seitz, CEO at 785-524-4403. Thank you!



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SHOP KANSAS FARMS BY RICK McNARY

Veterans and Farmers Come Together on SAVE Farm

“What do you hear,” Major General Tod Bunting, CEO of SAVE Farm asked me.

“Nothing but nature,” I replied as I stood on a hill overlooking a timber-lined valley of the Flint Hills, north of Manhattan. Red Angus cattle grazed on a distant hill as a meadowlark sang from a fencepost. “Just the breeze blowing through prairie grass and an occasional moo from that herd over there.”

“That’s what makes this a healing place,” Bunting says. “This land looks like it did 150 years ago and our veterans love to get out here and enjoy nature and learn how agriculture works. This place is a pathway to farming and healing.”

Bunting was giving me a tour of SAVE Farm northwest of Manhattan. SAVE Farm (Servicemember Agricultural Vocation Education), is a place and a program for service men and women to transition from military service to a civilian life. There, nestled in the tallgrass prairie and rich farmland, the two great pillars of America – soldiers and farmers – join ranks to provide solutions to both groups.

“The original idea came about 10 years ago to (Colonel) Gary LeGrange,” Bunting says. “He was the division commander at Fort Riley and he and his daughter, Sarah, were involved in beekeeping. She was a clinical psychologist and suggested they start a training program that combined beekeeping with therapy for veterans with PTSD. They saw the success of their program for soldiers, so they formed a group to start a nonprofit.”

Connecting Veterans and Farming

The United States Department of Agriculture (USDA) and a variety of veteran agencies and organizations see a natural connection between veterans and agriculture. These groups are increasing the number of resources for veterans to engage in agriculture because they believe few relationships align more closely than that of veterans and farmers. The skills learned in military service are the same ones needed to be successful on a farm; a sense of duty, being organized, accustomed to adhering to rules, working with tight schedules, common sense to solve problems adaptively and a strong work ethic.

Recent census data reveals that the number of U.S. farms has declined 4 percent since 2007 and the average age of the owner/operator, or CEO, of a family farm is 58 years old. Family farms make up 97 percent of the 2 million farms in America and many of them are fourth and fifth generations family farms often dating back to their ancestors claiming original parcels of land in the Homestead Act signed by

President Lincoln. However, 63 percent of farms are in their last generation of family ownership.

The challenge to pass the family farm on to the next generation is increasingly difficult. Meanwhile, labor shortages on the farm are increasing which leaves farms faced with the challenge of finding and retaining a dependable, knowledgeable workforce.

There are approximately 19 million veterans in America, 89 percent of which are men and 11 percent women. Projections indicate there will be a declining population of veterans by 2046, and that the veteran population will become slightly younger, with 33% of veterans being younger than 50 in 2046 compared with 27% in 2021, even as the overall U.S. population continues to age.

SAVE Farm addresses both needs: Soldiers seeking a healing occupation, and farmers needing a new generation of successors and trained farm hands.

While service members are trained to keep our country safe, the transition of them into agricultural also provides a group of people committed to keeping our food supply safe.

Education and business planning

SAVE Farm works closely with Kansas State University’s College of Agriculture and their broad spectrum of studies and disciplines. There is a 440-hour Kansas Board of Regents Certification program that spans the course of 12 months and is designed to give an overall view of the agricultural industry with detail to plant and animal science.

SAVE board member, Erick Peck, builds on this idea of diversification. “We want to expose them to the broad spectrum of agribusiness and the farming industry. We introduce them to farming, but also to the vast industry that it takes to support farming. Part of the curriculum is to create a business plan which they must do to graduate; we teach them the business of farming.”

In addition to providing a well-rounded overview of farming, the intent of SAVE leaders is to ignite a spark within each veteran that connects them to a particular part of farming. To their surprise, they are finding more interest in plant science than animal science, evidence that the lack of access to large tracts of land causes veterans to think more about small scale, even urban gardening, and vertical farming. Another reason is that many enjoy the simplicity of working in dirt to grow something useful.

One such student, Carl Reid who was born in Florida but grew up on his grandmother’s small holder farm in Jamaica, is interested in growing microgreens in vertical gardening using

hydroponics.

“You get a good sense here for how all of the parts of farming fit,” Reid says. “Then they help you find what interests you and help you build a plan around it. I’m learning to write a business plan which is part of the curriculum; it must make good business sense for it to be sustainable.”

Old MacDonald’s Farm

“We are here to help our members figure out what they want to do,” Bunting says. “We’re kind of like Old MacDonald’s farm; we have a variety of plant and animal programs available and, if a new member is interested in something we don’t have, we figure out ways to help them connect to those who do. We take them on farm tours around the region to introduce them to things we don’t or can’t do here at SAVE.”

In addition to providing access to veterans, SAVE opens the doors for their spouses and family. One such family is Joe and Jen Graham and their 8-year-old son, Alex. Joe did two tours in Afghanistan.

“Coming from a military background, there’s a lot of things we endure, and it makes it hard to come back to society and fit in,” Joe says. “This is a great place to find the purpose in your life and for your life. It’s also a great place to spend time with my wife and son and do it together. This place has helped my anxiety and depression. It’s a good place to start a new life.”

Acquiring the Farm

Along the way, SAVE Farm has formed strategic partnerships with provided them the resources to purchase a 308-acre farm northwest of Manhattan. Organizations like the Nature Conservancy and the Conservation Fund, along with corporations like John Deere’s donation of \$200,000, gave them the means to purchase the farm in 2020 and begin to further build out their training programs.

The pandemic of 2020 impacted the farm’s ability to develop the hands-on program training, yet board members and key staff continued their strategic planning so once they could return to their program, they would be able to offer additional services. Now, in addition to the 440-hour certification program, they will offer a variety of week-long classes to veterans and the public, once again making an easier transition for veterans back into society as they learn and work side-by-side.

Restoring a sense of belonging and purpose

People in the military have a unique sense of belonging that few civilians understand. From their first moments in boot camp until the day they retire or are

See “FARM” page 6

With resurgence of endangered black-footed ferret, a reason to cheer in Kansas

Shawna Bethell
kansasreflector.com

As op-ed writers, we often find ourselves writing about something negative, trying to inform the public about a problem that needs fixing. But I wanted to start 2024 with a win, to find a story to be hopeful about in the coming year.

So I looked to a swath of privately owned ranchland in the western part of the state, where this past November a cadre of volunteers including biologists, veterinarians, students, and zoo personnel headed into the dark of night looking for the “eye-shine” of one of North America’s most endangered mammals.

The black-footed ferret is a bit of a mystery. Members of the weasel family, they are a slender bundle of both endearingly playful antics and black-masked ferocity. They are predators, nocturnal, and live most of their lives underground, so they are difficult to find and even more difficult to study. Much of what is known about them is learned in captive breeding centers, which the species has been dependent upon for survival because not once, but twice, has the animal been considered extinct, a victim to its own vulnerability to disease, the systematic eradication of its primary food source and loss of its prairie habitat.

When biologists noted a decline in the last known wild population of black-footed ferrets — rediscovered in Wyoming in 1981 thanks to a roaming ranch dog named Shep — they trapped several animals and began a captive breeding program. Today, thanks to the collaborative efforts of the U.S. Fish and Wildlife Service, multiple American Indian tribes, zoos, conservation groups and private landowners across the West, these captivating little creatures have a fighting chance.

“We are very optimistic,” said

Marty Woolard Birrell, who has been involved with the recovery of the black-footed ferret in Kansas since it began in 2008.

According to Birrell, the first and second generations of reintroduced ferrets are surviving through natural selection, and volunteers have seen consistent reproduction and good population densities across the entire reintroduction site.

They’re “wilding up,” she said of the ferrets, which are becoming more adept at surviving in their natural habitat. She says much of the credit for the success story goes to the multi-generational ranching family that owns the land.

“Their excellent ecological grazing practices have kept the prairie healthy, and healthy habitat is key to healthy ferret populations,” Birrell said.

This is important because Kansas, like most states in the West, has not had a particularly positive relationship with its prairie wildlife. In 1903, the state added a law to the books (which remains and is acted upon today) that required communities and ranchers to kill

prairie dogs because the rodents were seen to be competitors for the prairie grasses that feed cattle. With great vehemence, the state attempted to eradicate the prairie dog, much to the detriment of the prairie ecosystem.

As a keystone species, the role of the prairie dog cannot be underestimated. The rodent is the primary food source of the black-footed ferret, and ferrets make their homes in abandoned prairie dog burrows. But it is not only the ferret that is endangered by the extirpation of the prairie dog. Burrowing owls, swift foxes, golden eagles and a multitude of other species also rely on the animal’s existence. When poisons are used against prairie dogs, not only do their populations decline but the many species that feed on them become collateral damage.

But things are — albeit slowly — changing.

Landowners are beginning to recognize, especially in the face of drought, that it is financially beneficial to graze livestock in more sustainable ways, allowing

the natural cycle of nutrient-rich grasslands to progress. Recent studies show that the presence of prairie dogs can enhance the quality of those grasslands, short-grass prairie in particular. By supporting a balanced ecosystem on their land, many ranchers are finding that while the prairie dogs do compete to a degree for forage, the quality of the forage is greatly improved.

Allowing the keystone species to remain can be a benefit to the rancher and in turn, to one of the state’s most endangered native species: the black-footed ferret.

Currently, Kansas’s recovery program is hoping to find two additional properties where it can release ferrets. Birrell is hopeful. She sees a shift in attitudes, especially in younger generations of ranchers. Kansans in general are asking for better conservation efforts for the state’s wildlife and wildlands.

So that is a win to begin the year, at least in my book.

Shawna Bethell is a freelance essayist and journalist covering the people and places of Kansas, Nebraska and Missouri.



Two black-footed ferrets look out from their burrow. The species is both endangered and curious. (Kimberly Fraser/USFWS)

Insight - Kansas Farm Bureau

Proposing policy

Glenn Brunkow
Pottawatomie County farmer and rancher

In the next couple of weeks each of Kansas Farm Bureau’s 10 districts will be holding their issue surfacing meetings. I am a little late with this for a couple of districts, and I apologize to the 2nd and 4th districts. Good timing has never been my thing. This is the beginning of our policy development process and something I would hope each member is involved in.

The fact that Kansas Farm Bureau’s (KFB) policy is completely developed from members bringing their issues forward is what gives our organization its influence. Legislators know each of our policy items were important enough to an individual to speak up and a majority of all our members felt it was worth addressing through policy.

If you are not familiar with our issue surfacing meeting, it is an opportunity for members to bring issues and concerns to KFB’s Resolutions Committee for further discussion and study. Often the committee members, district board member and KFB staff will have speakers to provide timely education.

The best part about this process is it often sparks a discussion by other members at the meeting which can awareness of an issue. It also is a time when we can see if the issue is one of greater concern or more localized in nature.

I would encourage you to find out when and where your district’s issue surfacing meeting is. They are all scheduled for the next month. If you are in a district that has already met, or you will not be able to attend your district’s meeting you can submit an issue at www.kfb.org/advocacy.

Issues raised will be considered by the resolutions committee at its spring meeting. That topic will be discussed and, depending on committee action, preliminary policy may be developed throughout the spring and summer.

Other issues may be referred to the board of directors or sent to staff for further study. The results of the committee’s work will be the subject of our Listening Post meetings in every district this fall. Based on the results of those discussions the final policy recommendations will be made.

Then in December at Kansas Farm Bureau’s Annual Meeting the delegates will discuss and vote on the final policy recommendations that will go into our policy book and will be the road map for our time working with legislators in Topeka and Washington D.C.

This is a long and sometimes tedious process, but it does result in policy that is relevant and well thought out. Each and every policy begins with r members across Kansas brining an issue forward and having it supported by their peers. This system powers KFB’s advocacy in Topeka, which has led to many, many beneficial laws like our use-value property tax, protecting property rights and even the creation of KFB Health Plans.

I hope you will find out when your issue surfacing meeting is in your district and take the time to attend. I know everyone is busy, but I promise this will be time well spent.



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ACCEPTING NOMINATIONS

Lincoln County Economic Development Foundation (LCEDF)

Board of Trustees - Districts 1, 2 & 3

The LCEDF is accepting nominations for three positions on the Board of Trustees representing District 1, 2 & 3. To be eligible, nominees must be a registered voter with the Lincoln County Clerk and must reside in the district which they would serve. Nominees may be self-nominated or nominated by another voting member who lives in the district. Nomination forms are available in the LCEDF office located in the county courthouse basement at 216 E Lincoln Avenue, Lincoln.

Nominations are due in the LCEDF office by 4:30 pm on Wednesday, March 13, 2024.

NOTICE OF UPCOMING ELECTIONS

To be eligible to vote in the election, voters must be a registered voter with the Lincoln County Clerk and must live in the district up for election. Voters may cast their ballot at the LCEDF office between Wednesday, March 20, and Wednesday, March 27 during regular office hours.

QUESTIONS?

Contact the LCEDF at 785-524-8954 or LcedfDirector@Outlook.com

Cedron	Orange	Battle Creek	Scott	Salt Creek
Hanover	Grant	Marion	Beaver	Logan
Pleasant	Vesper	Indiana	Elkhorn	Colorado
Highland	Golden Belt	Valley	Franklin	Madison

District 1

District 2

District 3

Board of Trustees' Districts



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UPCOMING AUCTION

***February 15th - 312 Ac +/-** Mixed Use Farm South of Lincoln. **Call Clint!**

AG LAND

***999 Head Feedyard on 80 Ac +/-** w/ Outbuildings, Well, Scales @ Ada. **Call Derek!**

***Investment Opportunity! 110 Ac +/-** Tillable. Operator would like to sell & lease back. Glasco Area. **Call Ray!**

COMMERCIAL

***6000 Sq Ft Bldg** w/ Showroom @ Minneapolis, KS

***28,000 Sq Ft Warehouse** for Lease @ Enterprise.

Call for Details!

CONTACT INFORMATION

Ray Swearingen - Broker/Owner (785) 452-8498
Clint Heller - Sales Agent (785) 545-5737



Farmers & Ranchers Livestock Commission Co.

Total for the Week - Cattle - 5,371 Hogs - 148
Bulls - \$130.00 - \$143.50 Cows - \$105.00 - \$117.00

Strs		Hfrs	
300-400	NO TEST	300-400	\$285.00-297.50
400-500	\$325.00-337.00	400-500	\$275.00-287.50
500-600	\$320.00-330.00	500-600	\$280.00-292.00
600-700	\$302.00-313.50	600-700	\$255.00-265.50
700-800	\$255.00-264.00	700-800	\$225.00-235.00
800-900	\$235.00-247.50	800-900	\$210.00-219.50
900-1000	\$218.00-229.50	900-1000	\$199.00-210.00

**Early Consignments for
Thursday February 22th:**

75 black steers & heifers, 750-800, home raised, 2 round vaccinations, wean November; 44 heifers, 700-850, home raise, long time weaned; 39 50% black steers & heifers, 700-850; 50 red steers & heifers, 500-700, wean December 1, fall vaccinations, open; plus more by sale time.

**- Spring Spectacular Horse Sale
- May 18, 2024**

**- Get your horses consigned today!!
- Deadline is March 1st!!**

Upcoming Special Sales

- Cow Sales

- March 19 - April 16 - May 7

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Kyle Elwood, Brandon Hamel, and Garren Walrod

Legal Notice

(First Published in Lincoln Sentinel-Republican on Wednesday, February 21, 2024)

ORDINANCE NO. 746

AN ORDINANCE AMENDING ORDINANCE NO. 715 AND ARTICLE 3, Section 1-315 OF THE CODE OF THE CITY OF LINCOLN CENTER, KANSAS, SPECIFYING THE COMPENSATION OF THE OFFICE HOLDERS OF THE CITY OF LINCOLN CENTER, KANSAS.

Be it Ordained by the Governing Body of the City of Lincoln Center, Kansas:

The following amendments are made to Ordinance No. 715 of the City of Lincoln Center, Kansas (Chapter I, Article 3 of the City Code of Lincoln Center, Kansas). All other provisions of Ordinance No. 715 not expressly amended by this ordinance are hereby ratified and affirmed.

Article 3, Section 1-315 is hereby amended as follows:

1-315. COMPENSATION. Pursuant to K.S.A 14-201 the council of the City of Lincoln Center hereby establishes the compensation of the office holders of the City of Lincoln Center, Kansas. The following officer holders of the City of Lincoln Center, Kansas, shall receive compensation for their services the amount set opposite the office held:

Mayor:	\$200-\$2,000 per month
Council Members:	\$50-\$500 per meeting
City Treasurer:	\$185-\$1,500 per month
Municipal Judge:	\$185-\$1,500 month
City Clerk:	\$3,400-\$10,000 per month
Deputy City Clerk:	\$14-\$35 per hour
City Attorney:	\$100.00 per month (plus additional time as billed)
Fire Chief:	\$85-\$2,000 per month

Legal Notice

(First Published in Lincoln Sentinel-Republican on Wednesday, February 21, 2024)

**Lincoln County, Kansas, Treasurer’s Quarterly Report
as of January 31, 2024**

Fund	Fund Balance
General Fund	\$ 1,207,854.90
Road and Bridge (Highway)	927,171.84
Special Bridge	309,316.53
Special County Road	75,277.81
Special Machinery	178,549.33
Refuse	179,517.81
Ambulance CPR	1,144.24
Ambulance Fund	199,737.39
Ambulance Fund-Capital Outlay	59,180.94
Capital Improvement Fund- Co General	1,198,353.77
Equipment Reserve	50,000.00
Lincoln County 911 Fund	156,938.08
Employee Benefit Fund	1,257,847.16
Health Insurance Claim Fund	849,362.76
Emerg Mngt Cert Grant	151.07
Covid-19 Grant Funds	32,596.82
County Health Fund	53,652.74
County Health-Capital Outlay	105,951.69
Home For Aged-Emergency & Repair	102,067.32
Law Enforcement Fund	38,842.83
Noxious Weed-General	87,827.17
Noxious Weed-Capital Outlay	69,729.25
Reappraisal-Capital Outlay	17,976.09
Rescue Squad Fund	90,039.47
Repeater Board Fund	8,351.00
Transportation Bus Fund	2,458.97
Barnard RFD-Special Equipment	60,030.80
Beverly RFD-Special Equipment	46,641.16
First RFD-Special Equipment	96,429.59
Hunter RFD-Special Equipment	52,693.75
Sylvan Grove RFD-Special Equipment	66,582.58
Barnard RFD-General	18,619.89
Beverly RFD-General	25,381.90
First RFD-General	32,838.10
Hunter RFD-General	26,066.03
Sylvan Grove RFD-General	20,244.05
Sylvan RFD-No fund warrants	99.79
Ambulance Memorial Fund	1,645.35
Rescue Squad Fund	2,490.00
First Rural Fire Dept Memorial	1,292.50
County Health Memorial	467.97
Asset Forfeiture-Suspense	1,168.00
LEPC- Emergency planning	527.79
Delia Pittard Bequest Fund	579,652.40
LC Childrens Health Care Endowment	292,424.46
Wildlife and Park Fees	3,325.54
Beverly RFD Memorial Fund	2,500.00
Windpower Capital Improvement	172,852.08
Rural Opportunity Zone	7,242.96
Windpower Economic Benefit	5,675,476.42
Windpower -Interest earned	139,795.95
Drivers License	29.00
American Rescue Plan	495,854.56
LACTF	90,020.00
Emergency Management	78.16
DARE Fund	303.74
Crime Victims Restitution	26,462.68
Law Enforcement Trust Fund	11,628.05
Spec Prosecutors Div Fund	210.00
PATF	1,913.15
Reappraisal Consultant Fund	2,134.88
Water Recovery Team	2,638.99
Treasurers-Technology Fund	9,692.41
Clerks-Technology Fund	9,969.51
Reg Deeds-Technology Fund	21,189.26
Sheriffs Opioid Fund	3,047.76
Sheriffs Concealed Carry	1,480.00
Sheriffs Regis Offender	513.25
Treas Motor Vehicle Fund	38,985.39
Motor Vehicle Advance Payment Fund	6,478.66
Commercial Vehicle Fund	87.00
Advance Tax Account	2,242.63
Current Tax	107,295.15
Personal Property Warrants	894.52
Real Estate Redemptions-Prior Yrs	2,149.70
Tax Overpayment	(195.10)
CMV Tax	3,601.44
Motor Vehicle Tax Account	12,017.33
RV Tax Account	133.00
Tax Foreclosure Sale	50.64
Insufficient Funds Checks	(1,428.88)
Salt Creek Watershed	35,601.50
Spillman Creek Watershed	2,118.38
VIN Inspection Fund	3,854.25
Barnard City-No fund Warrants	1,465.00
State Heritage Trust Fund	36.42
Long and Short	0.09
Total All Funds	\$ 15,478,938.56
State of Kansas, Lincoln County)ss.	
I do solemnly swear that the above statement is complete, true, and correct to the best of my knowledge and belief, so help me God.	
Leann Bishop, County Treasurer, Lincoln County, Kansas	
SUBSCRIBED AND SWORN TO before me this 8th of June, 2023.	
Mary Ann Stertz, Notary Public	
My commission expires May 24, 2025.	

Quilt/

from page 1

With 75 shops within six regions included in the All Kansas and Nebraska regional event, it provides an opportunity for smaller shop owners to gain new customers from outside their typical customer base.

Participants purchase a magazine which includes an event “passport.” They will present these passports to each shop they visit where they will be stamped, proving they visited. Later these passports will be redeemed for prizes. Participants will also receive a block pattern for a specific quilt at each shop. If they are able to visit every shop, they will have patterns for the full quilt.

“Very few participants get to every shop,” Lyne said.

Quilts have been a part of our lives for centuries, quietly becoming the backbone of our human history. While once used only as bedding for warmth, quilts now have a home in art and history museums. Both beautiful and practical, quilting has experienced an upsurge of interest in recent decades, along with a renewed interest in hand-crafted, lovingly made objects. The trend in repurposing has also brought about a new love for old quilts and learning the skills required to make one. The many intricately colorful styles, fabrics and patterns that have adorned quilts from all around the world are part of a wonderfully rich and complex history, telling powerful stories about rites of passage, community and survival.

Besides hieroglyphics and pottery, quilting may be one of the oldest art forms in the world. Its history is traced to ancient Egypt, where an ivory carving from the temple of Osiris at Abydos featured king of the Egyptian Dynasty wearing a quilted cloak. In medieval times, quilting techniques emerged from Europe, India and East Asia. Many of these early quilts became bed covers, so beautifully designed and made that they became adored, prized heirlooms shared amongst families as a symbol of generational love. This practice continues today.

The technique of quilting was taught from one generation to another, making it a vitally important strand of family tradition. Today, we are happy to have experts who can teach us these skills. Quilting also appeared in medieval clothing, particularly in items made for warmth such as padding under armor, or as a top layer for those who couldn’t afford the full metal garb. Today quilting is seen in all types of clothing, toys and household items. Anything that starts with fabric has the possibility of becoming a quilt.

These traditions were carried by early settlers into America, where quilting truly came into its own; even today this era is still most famously associated with the historical tradition of quilting. Money was scarce but communities were strong; groups would often gather to make quilts together – one popular pastime was the quilt making ‘bee,’ where women would gather together and stitch a quilt for a bride-to-be in just a single day. Quilting also took on political connotations in early America. Blankets were sold to raise money during the Civil War, often containing anti-slavery stories or poems carefully woven in. Applied panels were hung outside certain safe houses to show slaves where to hide. Makers from this era, and throughout the wide history of quilting, have explored how the medium can weave together intimately personal stories of struggle and survival with a uniquely visceral, hand-made quality.

All Kansas and Nebraska Shop Hop runs April 1 – May 31, 2024. Visit with Deb Lyne at KC Quilting Company or visit <https://allkansasnebraskashophop.com> for more information.

Guest/

from page 4

they are managed by Marcie Wainright and Sehera Hays. Living with others can be challenging but if it’s a positive situation everyone benefits.

Rental prices are so high that trying to find an apartment for someone with a disability can prove downright impossible. Rent is high enough for the average Joe, but finding housing for those with special needs is daunting to say the least.

The time is now to work on housing for folks with disabilities. Everyone wants to have freedom, where they have their own key and can come and go as they please. The disabled have a rough road, but we can help. Advocates need to reach out, and so does everyone who has a heart to help.

After all, home is a place where happiness abides.
-Rebecca Lyn Phillips is a published author, speaker and mental health advocate

Post/

from page 4

ganic matter. More important may be to reduce soil organic matter loss through erosion control. If erosion is controlled, practices that increase root biomass are certainly at the top of the list as well.

If you have any questions regarding soil health management, contact me at any of our Post Rock Extension District Offices in Beloit, Lincoln, Mankato, Osborne or Smith Center.

(References: K-State Research and Extension; and UNL G2283-Soil Management for Increased Soil Organic Matter.)

Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Sandra may be contacted at swick@ksu.edu or by calling Smith Center, 282-6823, Beloit 738-3597, Lincoln 524-4432, Mankato 378-3174, or Osborne 346-2521. Join us on Facebook at “Post Rock Extension” along with our weekly “Ag News Roundup”. Also remember our website is www.postrock.ksu.edu and my twitter account is @PRDcrops.

Farm/

from page 5

discharged, they are taught to belong to each other and to a noble cause - that of protecting America. They are united through shared experiences, shared risks, and shared purpose. They share a unique and noble trait that sets them apart: they risk their lives to protect American’s freedoms.

However, once they leave active service, for many - especially wounded soldiers and those with PTSD - that sense of belonging disappears creating a void that leaves many struggling.

Virgil Williams is a veteran and the Operation Manager for SAVE.

“When you’re in the military, you build a sense of belonging with people and their families no matter where you go. The hard part is, you know that at a moment’s notice, any of you can get reassigned somewhere else in the world or get deployed and put in harm’s way; you might never see them again. That sense of unease is always there. But here at SAVE, we can get that sense of family again and no one must leave because they’re being deployed.”

Although SAVE Farm is a new concept, it is based upon the two great traditions that built, and maintain, our country: farmers and soldier. Early Americans, even our first President, George Washington, were first farmers, then soldiers, then farmers again after leaving the service.

Although I heard nothing on the hill that day, save the peaceful sounds of nature, I was enveloped with deep sense of respect for two groups I admire more than any other – farmers and soldiers - because I depend on them every day for my freedom and for my food.

SAVE Farm gave me new level of gratitude as I realized that protecting and feeding the ordinary citizen, like myself, is why soldiers and farmers do what they do.

They made me feel like I belong, too.
(This article first appeared in Kansas Living)

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OSBORNE’S HOT SHOOTING TOO MUCH FOR SYLVAN-LUCAS

Girls: Osborne 55, Sylvan-Lucas 31
Boys: Osborne 58, Sylvan-Lucas 31

Written by Erik Stone, krls.com

Gracie Riner scored 20 points as the Osborne Lady Bulldogs took control early and cruised to a 55-31 victory over Sylvan-Lucas Tuesday evening in Northern Plains League action at Jude Stecklein Gymnasium.

Riner and Grace William combined for nine first quarter points as Osborne raced to a 20-5 lead after the first eight minutes. The Lady Bulldogs poured in 14 more points in the second stanza enroute to a 34-11 halftime advantage. Sylvan-Lucas was able to prevent the game from ending with a running clock by forcing some second half turnovers and some hot fourth quarter shooting by Emma Cline but the tenth-ranked Lady Bulldogs kept their distance on their way to the 24-point win.

William added 12 points for Osborne (14-3, 8-1 NPL) while Cline was the lone player in double figures for Sylvan-Lucas (13-4, 8-1 NPL) with 13 points.

In the Boys game, Jonny Hamel knocked down seven-three pointers as part of a game-high 31-point performance as fourth-ranked Osborne trounced Sylvan-Lucas 58-31.

The first quarter was fairly even as Osborne held a 14-9 edge. After that it was all Bulldogs. Osborne erupted for 20 points in the second period and expanded their lead to 34-15 at halftime, then kept the pressure on for the rest of the game. A put-back jumper by Dalton Garman with 3:05 left in the game gave Osborne a 30-point lead to trigger a running clock for the rest of the contest.

Garman joined Hamel in double figures for Osborne (16-1, 9-0 NPL) while Nathan Goheen fell just shy of double figures with nine points as the Bulldogs ran their winning streak to 14 games and solidified their hold on the top spot in both the Northern Plains League and in the standings for the upcoming Rock Hills Sub-State Tournament.

Connor Charvat paced Sylvan-Lucas (11-6, 8-1 NPL) with 12 points while Lane Homewood chipped in with 11 points as the Mustangs’ eight-game winning streak came to an end.

Sylvan-Lucas has another tough challenge in their next games on Friday, February 16 when they hit the road for a doubleheader with St. John’s-Tipton while Osborne will host Stockton on Friday, February 16 and then turn around and host Quinter on Saturday, February 17 to make up another one of the games they lost as as result of the cancellation of the NPL Tournament last month.

Area high school Basketball scores from Friday, Friday, February 16th

GIRLS

Sylvan-Lucas 42, St. John’s-Tipton 41
Solomon 34, Lincoln 22
Tescott 436, Miltonvale 18

BOYS

Sylvan-Lucas 66, St. John’s-Tipton 61
Solomon 57, Lincoln 31
Tescott 46, Miltonvale 44

Lincoln fell to Solomon



Bentley Smith, Lincoln



Jeremiah Miller, Lincoln



Easton Good, Lincoln

Sylvan-Lucas Unified High School girls’ junior varsity basketball team bring home the gold



The Sylvan-Lucas Unified High School girls’ junior varsity basketball team took first place in a tournament at Goessel J/S High School by defeating Goessel and Solomon. Back row (L-R): Alivia Koch, Molly Heller, Anna Feldkamp, Codie Huehl, Kenzley Frederking, Hallie Thielen, and Braelyn Maupin. Front row (L-R): Aubrelle Hurlbut, Abby Dlabal, Morgan Finkenbinder, Harlee Nelson, and LeeAllie Wacker. (Photo courtesy of Mike Nelson)

SCORES: Sylvan-Lucas 39, Goessel 24 and Sylvan-Lucas 42, Solomon 22.