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LOST CHAINSAW

Lost Jonsered 670 Super Chainsaw on November 11 @ 6:30 pm between North St. and High Rise

REWARD OFFERED

Call James Nelson - 785-531-2478

Lost Bluetooth Speaker

Verizon Bluetooth Speaker, black, 10" x 3"

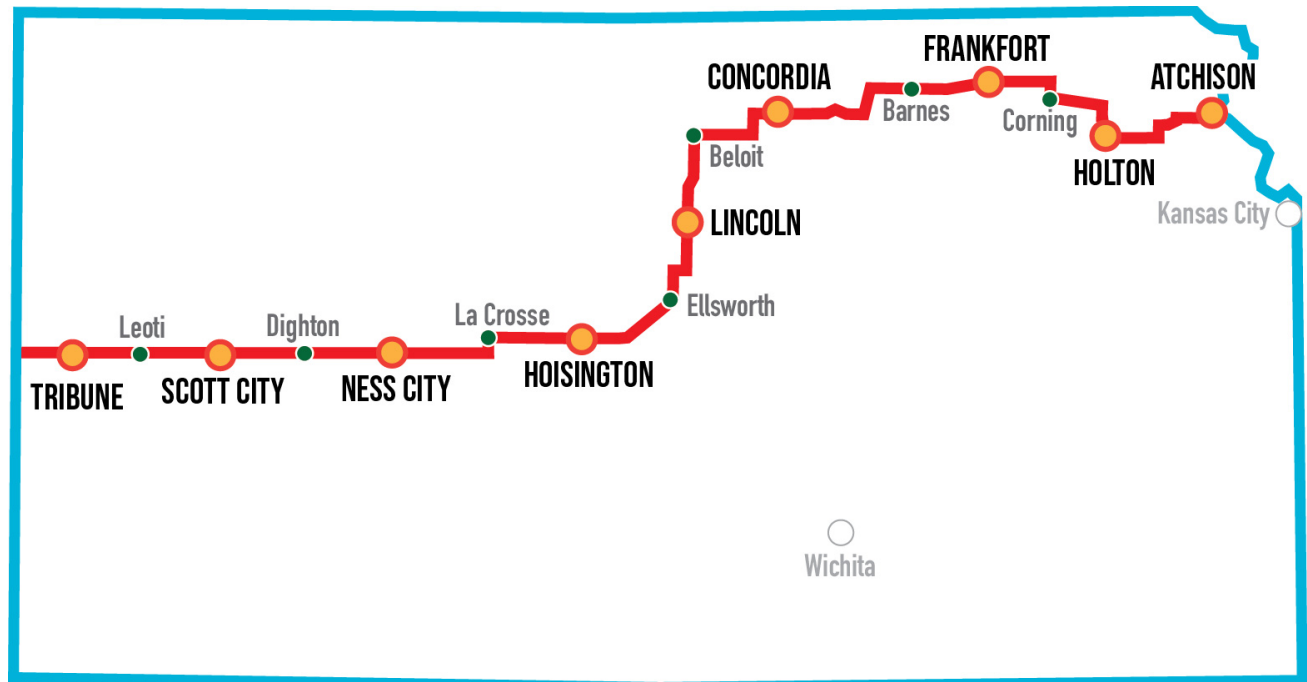
Lost at December Vesper Craft Show

REWARD OFFERED

Contact Ron Rathbun - 785-531-0737

Touring is the talk of the town for 2024

Bike Across Kansas scheduled June 8-15, 2024



Biking Across Kansas began in June 1975 and has been an annual event ever since, with the exception of 2020. BAK is the second longest-running, statewide bicycle tour in the U.S. This will be the 50th anniversary of the event, and the third time Lincoln has been an overnight spot. (Courtesy Photo)

By Jyll Phillips, Lincoln-Sentinel

Much has been said about the upcoming Big Kansas Road Trip (BKRT) and many projects meant to brighten the county and bring a sparkle of life back into historical buildings left to crumble have been noted, tackled and many completed. Everything is looking spiffy in preparation for BKRT.

The counties of Ellsworth and Lincoln, and the community of Lucas (in Russell County) will host the participants in the Big Kansas Road Trip as this tourism takes off in Ellsworth, propels itself through Lincoln and culminates in the prairie version of an artists' haven Lucas, KS.

Join the merriment May 2-5, 2024, in the post rock counties of Ellsworth and Lincoln + the community of Lucas (located in Russell County). Since this is still a

new event, there are questions about how it works. FYI...You are part of this historic and adventurous experiment. Thank you for taking part in the fun! This is how you do it: jump in your



car and start exploring. Really. That's it. Create your own adventure. Do what you want when you want. Go with friends or head out on your own. There is no organized tour. You'll bump into other Kansas explorers throughout the three coun-

ties. Enjoy each other. "When we pitched this new event to the three counties, we told them all they had to do was just be the best they could be at being themselves," Rowe said on

published in the "official" program guide, so new ones have been added to an Updated Schedule (available at Information Centers) and bigkansaroadtrip.com." Choose events, attractions, shops, stores and restaurants you would enjoy. (A print and digital version will be available by early April) It won't be an easy task but choose the activities you would like to see and start plotting your course on the official map. Look for the BKRT logo on yard signs throughout the towns and countryside to indicate participating places or to show you directions.

Remember, everyone does not have to travel together or even on the same dates. The BKRT is not a caravan. The idea is to go on your own, wherever you want, whenever you want.

Sage advice before start-

See "Tour" page 6

Liggett retires from 50 years of banking



Kansas Banking Association's Alex Greig, President of KBA Insurance, Inc., and Cole Thompson, AVP of KBA Insurance, Inc. visited Citizens State Bank & Trust Co. in Lincoln January 16 to present Galen "Digger" Liggett with his 50-Year Club Award. (Courtesy Photo)

By Jyll Phillips, Lincoln-Sentinel

Galen "Digger" Liggett, a face we've seen at Citizen's State Bank since 1973, has hung up his calculator after half a century in one industry, one business and one location.

Imagine the changes in the financial world in the last 50 years! Half a century ago, many companies still kept manual records. In 1973 the only way we knew our account balances was to have kept good records in the little book register that came with the checks. Everyone balanced their check books. We looked for pennies or moved decimal points. We had to write our digits carefully so we could tell an 8 from a 3 or a 5 from a 2.

Now, many folks don't bother with keeping a checkbook register up to date more than once a month if that. They have on-line banking so they can watch the fluctuations in their accounts. Online banking also allows us to download all the information and sort it in the most useful way. The questions bankers like Liggett answered daily now require no banker/client contact. That doesn't mean the job got easier. It just means it changed into something different.

Changing methods brought on a change in processes which led to bigger and more powerful computers, which meant more information could be found at our fingertips. Both of those things spurred the need for learning new skills, changing the way we think and shifting our focus.

Changes in the nation's political landscape also affect the banking industry as rules and regulations change to suit the powers in charge.

All of those changes meant 50 years of on-the-job training for Liggett as he came into the business before computers became a household appliance.

Liggett was hired by John McReynolds, manager of Farmers National Bank, and the father of his classmate and friend, Steve McReynolds, on December 17, 1973. Since that time, he has also worked at Midwest Community Bank and Citizens State Bank & Trust, yet never changed employers or jobs.

A one-industry one-bank one-location for 50 years (and 30 days, exactly) career is a career one can be proud of.

Area college receives generous gift

By Jyll Phillips, Lincoln-Sentinel

Nearly anyone can choose to go nearly anywhere in the world for their post-secondary education. Our area graduates commonly choose to stay fairly close to home – at least within the state. One of the colleges and universities our students choose is Bethany College in Lindsborg. They just received a huge gift that could possibly benefit future Lincoln, Sylvan or Tescott graduates.

Steve Eckman, interim president of the college, announced the gift on January 12 from longtime supporters of Bethany College, Roy and Donice Applequists.

Bethany College, located in Lindsborg, will receive \$10 million over the next 10 years in a historic gift from the former owner of Great

Plains Manufacturing. "Our family is proud to support Bethany College as the institution plots its course into the future," the

Applequists said in a statement. "This gift represents our love and commitment to Bethany, its students, faculty, staff, alumni, friends and the region."

The Applequists said they want their gift to be an inspiration to others in the community to help support the college.

"We hope other donors of any giving ability might also

support Bethany to ensure its current and future success," the Applequists said.

Eckman, who only recently began his time at Bethany,

said this gift is an example of the support that the community has for the college.

"Seldom in my experience in private higher education have I encountered the support that Bethany College is blessed to have," Eckman said. "The generous gift that Roy and Donice Applequist are providing is certainly a concrete illustration of that

fact. The Applequist gift will allow Bethany to fulfill its mission and propel it into a bright and successful future."

The college said this is one of the largest single gifts it has received to date.

Jacob Spilker, vice president of advancement at Bethany, also relayed his excitement about this gift.

"I extend my deepest thanks to the Applequists for their generosity," Spilker said. "Their commitment to advancing education, supporting each person who makes Bethany College special, along with fostering the wellbeing of our community is remarkable. The Applequists gift will lead us into the future, ensuring that Bethany College remains a vibrant and cherished institution of higher learning."

Save the Date


Vesper Farm Show February 17th

The annual Farm Show is happening in Vesper on Saturday, February 17, from 9:30 am to 2 pm at 1247 N 120th Rd, Lincoln KS 67455.

There will be lots of agricultural and financial exhibitors and some new displays this year. Free admission. Great freebies, door prizes and free vendor raffles. Hundreds of dollars in wonderful merchandise and gift cards will be given away to lucky winners. Delicious food will be available for sale in the concession stand for breakfast, brunch and lunch. Vendors can sign up at <https://vespercc.org/vesper-farm-show/#farmshowsignup> and download a booth contract at <https://vespercc.org/vesper-farm-show/>

The community center is supported by grants from the Dane G Hansen and Post Rock Community Foundations, the Lincoln County Economic Development Foundation and Wind Economic Benefit (WEB) fund and the Kansas Department of Commerce. Financial support is also provided from local businesses, so be sure to thank the Bank of Tescott, Strategic Farm Solutions, Lincoln Building Supply, S&S Auto service and towing, Bennington State Bank, Kansas Homes and Movers, Seirer's Clothing, Pioneer Hi-Bred Seed of Sylvan Grove, Citizens State Bank & Trust and Meyer Tire and Lube.

National Spouses Day



National Spouses Day is celebrated on January 26. While similar to Valentine's Day, this holiday is mainly dedicated to married couples and lifelong partners. It is an opportunity for couples to spoil and show their appreciation for each other even after being together for years. Sometimes couples get caught in the busyness of life, jobs, and families, so this day reminds them to stop and take some time for each other, go on a date, talk, and be romantic.

Cash Grain

Wheat.....	\$5.83
Corn.....	\$4.62
Sorghum.....	\$4.27
Soybeans.....	\$11.49

Cash prices courtesy of bankoftescott.com

Community Calendar

Thursday, January 25

USD 298: 4 pm JH BB @ Southern Cloud (Glasco)

USD 299: 4 pm JH BB @ Lakeside

Friday, January 26

USD 298: 6 pm HS BB @ Natoma

USD 299: 1 pm Wrestling MCL Tourney @ Ellis; 4 pm HS BB @ Otis-Bison

Saturday, January 27

USD 298: PTCO Father/Daughter Dance @ LJSHS Commons - Time TBD

USD 299: Speech Tournament at Republic County

Sunday, January 28

Lincoln: Retirement Celebration honoring Sonja Kobbeman @ St. John Lutheran Church

USD 299: Free Throw Contest @ Sylvan HS Doors open at noon

Monday, January 29

USD 298: JH BB PTL Tournament @ Osborne; 7 pm BOE Meeting

USD 299: JH BB PTL Tourney @ TBD

Tuesday, January 30

USD 298: 4 pm HS BB @ Stockton

USD 299: Kay Club Mtg-Seminar; 4 pm HS BB @ Rock Hills

Wednesday, January 31

Commodity Distribution held the third Wednesday every other month at the Lincoln Senior Center. (September, November, January, March, May, July)

Lincoln County Historical Society meets second Monday of each month @ 6 p.m.; Lincoln County Historical Museum is open Thursdays, Fridays, Saturdays. Call 202.744.9041.

LCEDF meets the second Wednesday of each month in the Courthouse basement. Call 524-8954 for meeting time.

The Lincoln County Commission meets each Monday, and the last working day of the month, at the courthouse.

Lincoln Senior Center

MENU

Monday, January 29

Ham & Beans, Cottage Cheese, Apricots & Cornbread

Tuesday, January 30

Penne Polish Sausage Bake, Mixed Veggies, Mandarin Oranges & Roll

Wednesday, January 31

Chicken Fried Steak, Mashed Potatoes & Gravy, Corn, Fruit & Roll

Thursday, February 1

To be determined

Friday, February 2

To be determined

Menu is subject to change.

Call 785-524-4738 before 9:30 a.m. to reserve a lunch.

The suggested donation for people over 60 or with current paperwork \$4.00. For people without paperwork or under 60, meals are \$7.00, mandatory.

Student Achievements

Cloud County Community College

Cloud County Community has announced the names of students on the Fall 2023 Honor Roll. To be named to this honor roll, students must be enrolled in a minimum of 12 hours of college coursework and earned a semester grade point average of 3.66-3.899. Area students on the list are:
Carter Rathbun, Barnard
Lilly Sinclair, Lincoln
Marley Madsen, Lincoln

NAPA

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Honors Student Spotlight

Lincoln Junior & Senior High
1st Semester Honor Roll

A Honor Roll

2024: Tyanna Burnett-Porter, Isaac King, Carisa McBride, Mia Rogers,
2026: Alyssa Lopez
2027: Benjamin Bell
2028: Chloe Helus, Anna Koster, Kaylee Obermueller, Cole Schneider, Teryn Spear
2029: Juliette Good, Alison Rosebrook
2030: Dane Bates, Titus Bell, Gavin Lopez, Sloan McReynolds-Baetz, Marissa Rosebrook, Kaley Schneider, Ethan Wolting

A-B Honor Roll

2024: Austin Baird, Jasmine Fenn, Keir McClean, Maryn Schmidt, Bentley Smith, Maximus Squires, Michael White
2025: Maria Aurboonyawat, Levi Bates

Colton Brummer, Olivia Moler, Cooper Rathbun, Gabriella Rosado, Elijah Suelter, Braxton Veal
2026: Austin Ahring, Jonathan Bell, Kimberly Helus, Josee Hillegeist, Rose Koster, Aprilia Suiter
2027: Clay Bates, Christopher Boucher, Olivia Dail, Gabriella Esterl, Karen Hoffman, Noah Krueger, Ayden McBride, Mckayla Meier, Alannah Polly, Kadin Schneider, Ethney Sheldon
2028: Lily Behrens, Olivia Budreau, Izabell Dail, Tennyson Donley, Mallie Florence, Emily Romesburg, Ivey Sheldon, Camden Weber
2029: Tenley Buttenhoff, Keynan Flinn, Alexis Hoffman, Jahdiel Miller, Hadley Wiebke
2030: Emmalee Dail, Kimber Gardner, Kaitlyn Heinze, Emily King

Lincoln Junior & Senior High
2nd Quarter Honor Roll

A Honor Roll

2024: Tyanna Burnett-Porter, Isaac King, Carisa McBride, Mia Rogers
2026: Alyssa Lopez
2027: Benjamin Bell
2028: Cole Schneider, Teryn Spear
2029: Juliette Good, Alison Rosebrook
2030: Titus Bell, Gavin Lopez, Sloan McReynolds-Baetz, Marissa Rosebrook, Kaley Schneider, Ethan Wolting

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2029: Tenley Buttenhoff, Keynan Flinn, Alexis Hoffman, Jahdiel Miller, Hadley Wiebke
2030: Dane Bates, Emmalee Dail, Kimber Gardner, Kaitlyn Heinze, Emily King

Lucas-Sylvan Junior & Senior High
2nd Quarter Honor Roll

High School
4.0 GPA Honor Roll

12th: Emma Cline, Brooklyn Gosvener, Sydney Heller
11th: Emily Cheek, Anna Feldkamp, Maggie Labertew, Harlan Pancost, Hallie Thielen
10th: Vance Dohl, Breckyn Gosvener, Molly Heller, Angelynn Ortiz, Josie Svaty
9th: Abigail Feldkamp, Saydee Goss, Codie Huehl

3.5-3.99 GPA Honor Roll

12th: Brody Batchman, Colin Connell, Elsie Finkenbinder, Emma Finkenbinder, Kaila Goss, Lucile Harp, Lane Homewood, Gunner Hulse, Matthew Lawson, McKaylee

Junior High
4.0 GPA Honor Roll

8th: Lane Brokes, Cody Charvat, Dominique Davidson, Caleb Dlabal, Gabriel Esposito, Cooper Johnson, Landon McCarter, Caleb Meier, Jayden Meitler, Lilyanna Pancost, Brooklyn Thielen
7th: Aeris Brock, Benjamin Feldkamp, Samuel Heller

Maupin, Kolton Palmer, Casey Sigle, Drayse Walter
11th: Connor Charvat, Abigail Dlabal, Anneliese Drees, Alec Huck, Alivia Koch, Alexis McCarter, Izack Schulmeister, Serenity Steinike, Tage Woodmansee
10th: Ashton Bennison, Layne Buttenhoff, Olivia Crawford, Montana Griffiths, Aubrelle Hurlbut, Carter Johnson, Tristan Keith, Elijah McCoy, Gage Meier, Harlee Nelson, Kristyn Nimz, Chase Palmer, LeeAllie Wacker, Mad-den Esposito
9th: Morgan Finkenbinder, Kenzley Frederking, Braelyn Maupin, Delaney McCollum, Kadence Palmer

Lucas-Sylvan Elementary
2nd Quarter Honor Roll

4.0 GPA Honor Roll

6th: Cason Hlad, Jaxson Meitler
5th: Kierstin Baker, Kai Frederking, Jacob Gosvener, Ava Graf, Chloey McCollum, Caleb Pritchett, Briggs Seehafer, Cassidy Siebert, Ronni Stoppel, Emerald Ugboc.
4th: Treyvonn Clark, Logan Koehn, Trey Meitler, Acee Schneider, Ryler Wacker, Marytt Woodard.
3rd: Emma Agler, Rylee Bradshaw, Treveah Clark, Alex Cline, Andrew Cline, Sebastian Geustyn, Camden Hlad, Joseph Kratky, Aydon Luallin, Benjamin Meyer, Chase Nielsen, John Oltean, Kamryn Palmer, Bentley Raile, Lennox Seehafer, Cash Sonnier-

Rowe, Sophia Stone, Ray Stoppel, Macynn Woodard

3.5-3.99 GPA Honor Roll

6th: Callyn Brummer, Tayleigh Denning, Peyton Nielsen, Nicholas Oltean, Kenneth Pahls, Keira Palmer, Rio Siebert, Liam Stone
5th: Micah Agler, Benton Barta, Adriaan Geustyn, Tara Mueller, Wyatt Mullender
4th: Maleah Beatty, Emery Berg, Jazlyn Blazier, Leann Lamb, Annabelle McCoy, Jesse Pahls
3rd: Irish Bailey, Kaylee Jackson, Abel Kirgis

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Seirer's Clothing
Susan Marshall, Attorney
The Bank of Tescott
USD #298, Lincoln
USD #299, Sylvan-Lucas Unified
Viv's Liquor
Wilson Communications

Congratulations

Guest Editorial
A blast of bitterness and cold

Despite living my entire life in Kansas, I've never fully acclimated to the blasts of polar weather we occasionally receive. I'm fully prepared for cabin fever to set in these next few days as another round of bone-chilling cold sweeps across the landscape.

Thankfully for wheat and other plants trying to survive the Arctic air, there's a warm blanket of snow to provide some protection. Of course, warm is a relative term when actual temperatures are below zero.

Brief bouts with the cold are expected in winter, which is also why January trails only February as the worst month in Kansas. The heat and humidity of August ranks it a distant third. I'd much rather deal with sweating when walking outside than the routine of bundling up and still feeling the cold seep in.

Maybe I'm still slightly miffed about not being able to sleep in and watch "The Price is Right" on snow days when I hit high school. On the days it was too dangerous to drive 2 miles to school but perfectly acceptable to traverse 6 miles to the ranch.

The work wasn't really the issue, it was the amount of time the cold added to simple tasks. Tractors took longer to start even with block heaters. Gate latches took longer to undo with thick gloves and the frozen hinges took more effort to free. Removing the twine from frozen bales was its own adventure, as was navigating snow-packed gravel roads. The one benefit, if you want to call it that, is there is no mud, but frozen ground is only a slight consolation.

One particular polar event that still stands out didn't involve more than an inch of snow, but it was so cold school was canceled. It was one of those days where the high was negative something and the wind chill was instant frostbite.

As usual the tractor took longer to start, the gates took longer to open and the haybales were frozen solid, but the day didn't end once all the cattle had been fed, with some extra hay for bedding.

The rest of the day was spent checking and rechecking ponds to ensure cattle had access to water. It took about an hour to make the rounds, which included using a double-bit axe to chop holes through the iced-over ponds. We managed to take short breaks in the house between rounds, but we repeated the process four or five times throughout the day to make sure access to open water was always available.

Caring for cattle and other animals doesn't stop because it's cold out. I appreciate all the farmers and ranchers who have endured the recent polar weather. It's understandable to be disgruntled with the cold, but the work must be done.

For those of us who don't have to open gates or chop ice, the freezing temperatures offer an opportunity to get ahead on some work as well, especially inside. Whether it's organizing an overstuffed closet or simply reading a book that's been laying around for too long, being productive can alleviate the cabin fever that comes with being stuck inside.

Whether the weather slows your work or simply forces you inside, this blast of biting air will eventually pass. Until then, I'm looking forward to the relative warmth of normal winter temperatures without being too bitter.

Greg Doering
Kansas Farm Bureau

PRAIRIE DOC - By NICOLA PARK LAC, LPC-MH

Even in darkness you can be found

"I've lost everything...but I just can't stop". "Once I take that first drink that is all I think about". "I use to take the pain away". These are some of the many things you might hear someone who struggles on a daily basis with an addiction say. Addiction is a chronic disease that can physically and mentally change a person from who they once were.

When we hear the word addiction, we might automatically go to the person on the street looking to score their next fix, but these are people who struggle every minute of their day to make the unconscious choice to feed this compulsion without thinking of the consequences of what this might do to them or their family. Addiction doesn't pick and choose, have a 'type' or have a criteria, so anyone from any gender, class, race etc. can fall victim to this disorder. In my time at various jobs, I have heard addiction described as their own worst enemy, their best (and only) friend, or the one thing they wish they could take back from their life. Now don't forget, addiction doesn't just stop at

substances. You will see a wide range including gambling, shopping, eating, pornography and this is only just naming a few that can consume a persons every waking thought.

As hopeless as addiction might feel, the good news is there is hope and recovery is possible. Now there might not be a cure for addiction, but with the right tools, you can certainly make positive changes to help maintain prolonged sobriety. Now, I can sit here and say these words quite easily, but the road is far from that. These words are not said to discourage or make you scared, but to give a real perspective that it takes a lot of work, time, dedication and change, but with that, recovery is possible. Whether you choose treatment, AA/NA (and others), other peer support groups, or taking your recovery into your own hands, there are some core components that need to happen to gain a better chance of being successful. You can start doing this by surrounding yourself with positive supports, changing your playgrounds by not frequenting the same places,

gaining healthy coping skills and taking it one day at a time. To finish, I always tell my patients, make sure you are addressing your mental health as well as your substance use. A beautiful life is waiting for you, but you just need to take that first step in admitting to yourself you have a problem and asking for help.

Nicola Park LAC, LPC-MH is a licensed mental health professional/counselor (LPC-MH) and a licensed addictions counselor (LAC) at Avera Behavioral Health in Sioux Falls. She have been in the counseling field since 2011 and have worked in both inpatient, outpatient, and residential school settings. Ms. Park has a masters in clinical mental health counseling and my bachelors in addictions counseling and psychology. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show providing health information based on science, built on trust, streaming live on Facebook most Thursdays at 7 p.m. central.

SPICE UP YOUR LIFE - LINDSAY YOUNG

You have to try this delicious 'mein' dish tonight



Chicken lo mein is a delicious dinner with tons of flavor and plenty of fresh, sauteed vegetables over yummy Asian noodles.

An article from "Eat This, Not That" by Cheyenne Buckingham breaks down all the differences between Italian and Asian noodles.

I started wondering a bit this week, after I bought a package of lo mein noodles and the finished product really didn't look a whole lot different from spaghetti, so of course, I had to do a deep dive on the subject.

There is a difference, it turns out. Buckingham interviewed Chef Chris Barch, who said ingredients are the main variation.

"For example, soba uses buckwheat, lo mein uses eggs, rice noodles use rice," he said. "Italian pasta essentially has two main pasta doughs: egg dough and non-egg dough."

So, yeah, you totally could use spaghetti instead of lo mein noodles, but you're probably not going to get the full flavor and texture you're looking for. So even if they're a little tougher to find, when you try this week's recipe, I highly recommend traditional

Asian noodles.

The recipe I tried comes from the blog "Dinner then Dessert" by Sabrina Snyder. You can find the original post at <https://dinnerthendessert.com/chicken-lo-mein/>. I added extra garlic in my version and left out the bean sprouts.

Chicken Lo Mein

Ingredients

- 10 ounces lo mein noodles
- 1 teaspoon sesame oil
- 3 tablespoons vegetable or canola oil, divided
- 2 large chicken breasts, cut into thin strips
- 1 red bell pepper, cut into thin strips
- 1 large carrot, cut into thin strips
- 1/2 cup green onions, thinly sliced
- 1 teaspoon fresh ginger, minced
- 4 cloves garlic, minced
- 1/4 cup soy sauce
- 2 tablespoons cornstarch
- 1 tablespoon oyster sauce or fish sauce
- 1/2 cup cabbage, shredded
- sesame seeds and/or green onions, for garnish

Directions

Cook the noodles according to the package instructions; drain them and toss them with the sesame oil. Set aside.

In a large skillet, heat two tablespoons of vegetable oil over medium-high heat.

Saute the chicken in batches, cooking four or five minutes on each side until it is cooked through. Remove the chicken from the pan to a plate for now.

Add the pepper, carrot and green onion to the skillet and saute until they

are cooked through to your liking.

Add the ginger and garlic to the vegetables. Saute for one to two minutes or until the garlic is very lightly browned.

In a small bowl, mix 3/4 cup water, soy sauce, cornstarch, one tablespoon vegetable oil and oyster sauce, and then pour it into the skillet. Also add the cabbage. Let it cook for just a couple minutes, stirring constantly, until the sauce thickens and the cabbage wilts.

Add the chicken and noodles back to the pan, and stir to coat everything in the sauce. Turn the heat to medium-low. Once everything is heated back through, serve, topped with sesame seeds and freshly sliced green onions, if you like.

On her blog, Snyder notes that this is a lot like takeout Chinese food, and I have to agree. It was a fabulous dinner, and then it heated up for leftovers about as well as normal Chinese restaurant leftovers do. We served ours with some fried rice (Joey accused me of stacking carbs), and it made for a great dinner.

When you do this, make sure to thinly cut your vegetables and really try to get a consistent thickness on your slices. That will help everything cook quickly and evenly.

And don't forget to get the right noodles for the job. Spaghetti is great in a lot of applications, but in this case, lo mein is a must.

Spice Up Your Life is a weekly recipe column by Lindsey Young, who describes herself as an enthusiastic amateur cook and can be reached through her website at spiceupkitchen.net.

POST ROCK EXTENSION DISTRICT - By CASSIE THIESSEN

K-STATE RESEARCH AND EXTENSION-POST ROCK DISTRICT HORTICULTURE AGENT

Cloning Apple Trees

Have you ever eaten a really great tasting apple and wished you could have a tree full of them in your backyard? Or, maybe you want to reproduce an old apple tree that was special for some reason (planted by grandparents, great producer, etc.) You might think it would be as simple as saving seeds from that apple and germinating them. There's actually a lot more to the process than you may think. Unfortunately, apples grown from seed will not be like the parent. About 1 in every 80,000 apple trees grown from seed will be as good as the apples we are used to eating. Apple trees grown from seed usually have small and inferior quality fruit.

If you want a tree exactly like the parent, you must propagate that tree vegetatively. In the case of apples, this usually means grafting. Grafting is defined as a special type of plant propagation, in which a part of the plant is joined to another part of the plant and these two parts grow together to form a new plant.

Apple trees are actually quite easy to graft, even for novices. Don't be afraid to try even if you haven't grafted before. The step that needs to be done at this time of year is the choosing

and cutting of scion wood or small branches that will be grafted on top of a rootstock. Scion wood are shoots grown from the previous season, and should be cut with clean shears or a knife and placed immediately into moistened burlap or a plastic bag.

If you don't have an existing tree to graft onto, you will need to plant a rootstock this spring, then be ready to graft the following season (late winter-early spring). Fruit trees are normally grafted (or budded) onto specially selected rootstocks. These rootstocks usually reduce tree size. For example, a tree that normally would reach 25 feet tall will only reach 10 feet if it is grown on a certain rootstock. Dwarfing rootstocks also allow apples to bear fruit a year or two earlier.

Note that rootstock reduces tree size, not fruit size. Therefore, a Golden Delicious tree that only reaches 8 feet tall due to a dwarfing rootstock will bear the same size fruit as a Golden Delicious tree that is 25 feet tall.

A tree on its own roots normally takes 5 to 7 years before it will bear fruit. Semi-dwarf trees bear in 4 to 5 years, and dwarf trees bear in 3 to 4 years. Unfortunately, not all dwarfing rootstocks are well adapted to Kansas conditions.

Semi-dwarf trees usually are a better choice for us. Fully dwarfed trees often are uprooted or break at the graft during high winds. Semi-dwarf trees are usually more than 50% the size of a standard (non-dwarfed) tree.

So, where do you buy rootstocks to graft onto? Most nurseries only sell trees that are already grafted. A company that does sell rootstocks is Raintree Nursery, in Morton, WA. Another is Cummins Nursery, in New York. Go to their websites for more information or to make an order.

Which rootstock is best? There are several choices that should work well in Kansas. An old favorite is Malling-Merton (MM) 111 as it is well-adapted to Kansas conditions and can tolerate heavier soils. Trees will be 80% the size of a "standard" tree. Malling-Merton (MM) 106 is a good choice for well-drained soils. Trees will be about 70% the size of a standard tree. Other rootstocks can be used but make sure they are well-anchored and not described as brittle.

It is also possible to buy a tree from a local nursery and graft your clone onto a side branch. This will give you one tree that produces two different apples.

See "POST" page 6

Who cares about public notices?

YOU SHOULD

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newspapers.org/public-notices

Kansas Press Association, Inc.
SUBSCRIPTION RATES

Single Copy	\$1.25
Print Only (KS)	\$57.00
Print Only (out of state)	\$68.00
Digital Only	\$44.00
(tax included in all prices)	
Periodical's Postage Paid at Lincoln, KS 67455	

The Official Newspaper for Lincoln County Kansas

LINCOLN SENTINEL-REPUBLICAN

TO SUBMIT NEWS: Lincoln Sentinel-Republican welcomes news and will print it as it fits our guidelines. The best way to submit news is e-mail it to lincolnksnews@gmail.com, mail it to 141 W. Lincoln Ave, Lincoln, KS 67455.

TO ADVERTISE: Lincoln Sentinel-Republican offers retail and classified advertising. We can build an ad campaign to fit your budget and reach our loyal readership. For all advertising placements, please email lincolnksnews@gmail.com, call our office, 785-524-4200, or mail it to 141 W Lincoln Ave, Lincoln, KS 67455.

Subscriptions: Questions and updates regarding subscriptions should be sent to lincolnksnews@gmail.com

ADVERTISING AND NEWS DEADLINE - FRIDAYS AT NOON

JS GROUP, LLC

LINCOLN SENTINEL-REPUBLICAN

JYLL PHILLIPS EDITOR EMERITUS ABBY GERLEMAN BUSINESS MANAGER ADVERTISING BECKY RATHBUN DESIGN PAGINATION	ANNA KRISTEK GRAPHIC DESIGN LAUREN HOUCHEMS GRAPHIC DESIGN PAGINATION
--	---



THIS HERDING DOG REGULARLY RANKS AS ONE OF THE MOST INTELLIGENT BREEDS.

ANSWER: BORDER COLLIE

What's the Difference?

There are four differences between Picture A and Picture B. Can you find them all?

A

B

Answers: 1. Dirt on wall 2. Large rip is repaired 3. Missing pottery on rug 4. Photo frame is blank

THIS DAY IN... HISTORY

- 1720: SWEDEN AND PRUSSIA SIGN THE TREATY OF STOCKHOLM.
- 1861: THE AMERICAN CIVIL WAR STARTS AND JEFFERSON DAVIS RESIGNS FROM THE UNITED STATES SENATE.
- 1981: PRODUCTION OF THE DELOREAN SPORTS CAR BEGINS IN NORTHERN IRELAND.

OBEDIENCE

compliance with an order or request

How they SAY that in...

ENGLISH: To train (animal)

SPANISH: Adiestrar

ITALIAN: Addestrare

FRENCH: Dresser

GERMAN: Trainieren

Did You Know?

EXERCISE AND TRAINING CAN HELP A DOG BEHAVE BETTER. WITHOUT TRAINING, THE DOG MAY CHEW OR DESTROY ITEMS OUT OF BOREDOM.

GET THE PICTURE?

Can you guess what the bigger picture is?

ANSWER: DOG WEARING COLLAR

Give your kids a head start!

Open a savings account for them TODAY!

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The Cornerstone of Our Community

785.524.4840

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Lincoln, Kan.

Each depositor insured to at least \$250,000

FDIC

Federal Deposit Insurance Corporation www.fdic.gov

Post/ from page 4

One disadvantage of this method is that it is possible to prune off the special clone by mistake in later years.

This information does not include the details of grafting or budding or subsequent care. The Missouri Extension Service has an excellent publication on grafting, simply Google "MU Extension Grafting".

Grafting can be a fun hobby and a great way to make more plants for your orchard. There are many resources, books, and videos available to learn more. If you have any questions, please call your local Extension office.

Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Cassie may be contacted at cthiessen@ksu.edu or by calling Beloit (785-738-3597).

Farmers & Ranchers
Livestock Commission Co.

Total for the Week - Cattle - 1,724

Strs		Hfrs	
300-400	NO TEST	300-400	\$259.00-270.00
400-500	\$329.00-340.00	400-500	\$259.00-270.00
500-600	\$321.00-333.00	500-600	\$268.00-270.00
600-700	\$280.00-292.00	600-700	\$230.00-241.00
700-800	\$235.00-245.00	700-800	\$205.00-216.50
800-900	\$220.00-231.00	800-900	\$200.00-210.00
900-1000	\$205.00-215.00	900-1000	NO TEST

Early Consignments for
Thursday, January 25th:

100 black s&h, 450-550, wean 55 days, vaccinated; 62 hfrs, 750-800, no sort; 52 blk angus s&h, 650-900, wean Oct. 10, home raise, 2 round vaccination, open; 8 strs, 800#'s, wean Sept, vaccinated, dry wintered; 74 strs, 500-700, home raise, long wean, 2 round vaccinations; 60 s&h, 850-900, home raise, long wean; 30 s&h, 700-800, wean, vaccinated; 74 mostly blk s&h, 550-700, wean 60 days, 2 round vaccination, open; 70 blk s&h, 750-850, home raise, wean 90 days, 2 round vaccination, poured, open; 70 s&h, 600-800, home raise, wean Oct, 2 round vaccination, poured; 65 blk s&h, 750-850, home raise; 130 s&h, 600-800, home raise; 25 strs, 600-700, wean Nov, 2 round vaccinations; 70 blk hfrs, 500-600, wean Sept, 2 round vaccinations, no grain; 20 blk strs, 500-600, wean Sept, 2 round vaccinations, no grain; 43 blk s&h, 700-750, long wean, vaccinated; 150 blk strs, 800-900, no sort; 40 red/blk s&h, 500-750, home raise, long wean, 2 round vaccinations, open; 60 s&h, 750-850; 260 mostly blk s&h, 600-900, long wean, 3 round vaccinations; plus more by sale time.

Note CHANGE of date on Cow Sale!!
Early Consignments for
Special Cow Sale January 30th:
Start time: 11am.

Bred Heifers: 120 blk hfrs, ½ Schlessiger origin, rest are home raised, Al'd 5/2 to KCF Bennett Exponential & TC Focus In, cleaned up bulls are angus & proven, pulled 7/1, 1100lbs - CVP; 36 blk/red hfrs, Al bred May 17, Reds bred to Kneibel Excellence or Blue Chip, Blacks bred to Connealy Comrade or Endeavor, Schuler clean up bull for 60 days, 1 scour guard shot mid November; 50 blk hfrs, Al to select sires, OCAV, "New Addition" cleaned up with Lyons & Harms angus, 60 days- will have scourgaud, all shots, home raised or off one ranch; 30 black/bwf heifers, bred Harmes angus proven calving ease bulls, calving Feb.20th for 75 days, 2 round scour guard, dewormed, vira-shield 6 VLF, OCHV'd; 100 black heifers, calving Feb. 15 for 60 days, Gardner angus, Montana origin, OCHV'd, scour guard, vira-shield; plus more by sale time.

Cows: 40 blk cows, 3-4 years, bred angus, early spring calvers; 90 blk/red angus, coming 3 years old, bred Jamison horn Hereford bulls, bulls in May 8, all raised calf, very gentle; 50 black cows, all 3 years old, coming with 2nd calf, bred to McCurry & Hinkson bulls, calving Feb.1st for 60 days or less; 30 red/blk, 3-8 years old; 35 angus cows, solid & older, bred Molitor angus, home raise, heavy bred; 105 red angus/blk cows, 3-7 years, SD & Montana origin, bulls in May 15, bred Judd Ranch Balancer & Lyons angus; 11 blk/red cows, 3-5 years old, spring bred; 28 blk cows, 3 years old, 2nd calvers, bred Hereford or Optimizer, calving March for 40-50 days; 29 blk cows, solid short & broken mouth, start calving Feb.26, bred Gelbvieh Balancer; 10+10 young pairs; 50 black/bwf cows, 3-4 years old, bred Harmes angus & Gustasan horn hereford, calving Feb.20th; 19 black running age to older, bred black; 50 (40 blk, 10 red) 3 years old, bred black angus, calving Feb.1 for 60 days; 20 (10 blk, 10 red) 4 years old, bred angus, calving Feb.1 for 60 days; 10 blk/red angus cows, bred angus bulls, heavy bred; 46 cows, 4-8 years old, bred blk, bred Post Rock Gelbvieh bulls, 5-6 months bred; plus more by sale time.

Early Consignments Special
Wean/Vacc Sale

February 6th: Start time: 10am.

80 mostly blk s&h, 550-700, wean Nov18, 2 rnd vaccs, home raise; 90 blk/red s&h, 600-800, long wean, vaccs; 85 blk strs, 600-650, long wean, 2 rnd vaccs; 22 s&h, 500-650; 40 blk/charX s&h, 550-700, home raise, 2 rnd vacc, wean Nov1; 25 blk s&h, 500-650; 55 blk/charX s&h; 25 blk/bwf strs, 600#'s wean Oct.1, 2 rnd vaccs; 10 blk sim/angus, 400-600, wean 90 days, vaccs; 175 blk strs, 500-700, home raise, wean Nov/Dec; 250 s&h, 600-750, long wean; 40 s&h, 500-700; 900 blk s&h, Walrod sired; 300 blk strs, 600-850, home raise; 100 blk s&h, 500-700, home raise, wean Nov, vaccs; 90 blk s&h, 500-700, home raise, wean Nov, vaccs; plus more by sale time.

Upcoming Special Sales

- Cow Sales January 30
February 20
March 19
April 16
May 7

- Wean/vacc sales January 23
February 6

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Heavy Duty Round Bale Feeders
Heavy Duty Feed Bunks

For a complete list of cattle for all sales check out our website at: www.fandrive.com

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Office: 785-825-0211 Cell: 785-826-7884
Salina, Kansas

Listen to our markets on KSAL, Salina at 6:45 a.m. Mon. thru Fri.
For more information or to consign cattle call sale barn or:
Fieldman Representatives:
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Lisa Long • Ellsworth, KS • 620-553-2351
Cody Schaefer • 620-381-1050
Auctioneers:
Kyle Elwood, Brandon Hamel, and Garren Walrod

Tour/ from page 1

ing out on your own, bring lawn chairs. Otherwise, you will probably travel with a big family of chiggers. Also, don't sweat it if you don't get to the next checkpoint when you thought you wanted to. Restaurants will serve food until the food is gone. Also, when visiting small towns in Kansas you should put gas in your tank every time you see a pump. Some towns don't have pumps. Last but not least, travel with your own supply of toilet paper and offer it to the businesses that are opening their bathrooms.

Share your pictures on your favorite social media page(s) and use the HASHTAG - #bkrt24. Follow the BKRT Facebook and Instagram pages to share your posts. Don't forget to use the hashtag!

Those who have more energy and are in good health might prefer to take their tour in June, when Bike Across Kansas 2024 stops in Lincoln for an overnight!

Biking Across Kansas (BAK) is an annual, eight-day, bicycle tour across the state of Kansas. To the communities the group visit it is more than a bicycle tour. It's an opportunity to take advantage of a more diverse market, even if just for 24 hours, welcome an increase in foot traffic for a day and a chance to welcome first-timers to different parts of the state. To participants, BAK can be a challenge to less experienced bikers, a personal challenge for old-timers who try to beat their own records, and a fun and not-so-ordinary way for families to vacation together. BAK promotes health and wellness through bicycling, the history and beauty of Kansas, and the warm hospitality of the Kansas towns and people.

Biking Across Kansas began in June 1975 and has been an annual event ever since, with the exception of 2020. BAK is the second longest-running, statewide bicycle tour in the U.S. This will be the 50th anniversary of the event, and the third time Lincoln has been an overnight spot.

The event could bring 850 participants plus support personnel through Lincoln. Participants typically range in age from six to 80+ years old. BAK is an all-age, all-family ride. Children participate as riders or non-riders. The youngest bicyclist is typically around six years old. Like adults, minors should be prepared for all bicycling, weather conditions, etc. on the tour. All persons traveling with BAK must be registered and provide a signed release. For minors, a parent or legal guardian must sign the release.

Many BAK participants are first-time riders. This is a truly diverse group with a good mix of beginners and experienced riders. One suggestion is that you should be able to ride, at minimum, 30 miles in three hours or less. Make sure you can ride 50-80 miles in a day--don't wait to find out when you're on BAK.

While we don't have the mountains of Colorado, new riders learn very quickly that Kansas is not so flat. There are sections of level roads, but there are also many challenging inclines, particularly in the eastern third of the state. Kansas wind can be as challenging as climbing, and it may persist all day. Climbs usually lead to descents that provide breaks in the work; however, wind does not provide built-in breaks unless you change directions.

Answers for Older Kansans (AOK) Seminar Series
Protecting oneself from scams

An Answers for Older Kansans Seminar Series "Scam Scan" hosted by North Central-Flint Hills Area Agency on Aging and Kansas Legal Services to begin soon.

Seminars will begin January 24th and will last through March. Corinne Petrik, managing attorney at Kansas Legal Services, recent Sunflower Fair Presenter, and presenter for this Seminar Series, summed up what to expect should you attend:

"Avoiding Scams: Theft, Fraud, And The Things That Go Bump In The Night!" Getting scammed can happen to anyone. I'm willing to bet that anyone reading this publication has had an email, phone call, or text message today that has attempted to scam them. This presentation is designed to help you recognize common scams in order to avoid falling prey to them. You will learn prevention tips to help keep you, your money, and your information safe!

The first confirmed locations and dates are below:

* January 24th:
Geary County Senior Center at 10:30 am
125 S. Spring Valley Rd.
Junction City, 66441
785-238-4015
* January 24th
Abilene Senior Center at 12:30 pm
100 N. Elm St

Kansas workers
owed more than
\$M- help them find it

More than 1,500 Kansas workers are owed more than \$1M in back wages recovered by the U.S. Department of Labor's Wage and Hour Division .

Yet, a significant portion of that money remains unclaimed because some of the workers due back wages cannot be located. In many cases, the employees change jobs or change addresses and cannot be notified of the money due them. Name changes or an employer's failure to retain contact information can also make it difficult for us to find employees and put back wages recovered into their hands.

The Wage and Hour Division can only hold unclaimed back wages for three years before we are required to turn it over to the Department of the Treasury. Despite our best efforts, too much of this money remains unclaimed.

In an effort to reach out to more workers and help them claim the money they are owed, the agency has developed an online search tool, Workers Owed Wages (WOW) that allows workers to enter information to find out if we are holding back wages on their behalf. The tool provides a quick and easy way for employees to find out if they are owed money and receive it.

The WOW system is currently available in English and a Spanish. Last year, WHD also updated the WOW website to make it more user-friendly and offer ways to search the database, and we enhanced security.

Both the English and Spanish versions of the website allow workers and their advocates to answer a series of questions to determine if they are owed wages and to easily claim them. If there is money to be distributed, workers will be directed to the WHD office that can help them get their check quickly. Calls can be answered, confidentially, in over 200 languages.

If you would like to conduct an interview with a Department of Labor spokesperson to learn more about the program, please contact us at

Allen.scott@dol.gov, or Burke.rhonda@dol.gov. We can conduct interviews in English and Spanish.

For more information visit Workers Owed Wages (<https://www.dol.gov/agencies/whd/wow>) and view additional informational videos.

Legal Notice

(First Published in Lincoln Sentinel-Republican on
Wednesday, January 17, 2024)

IN THE DISTRICT COURT OF Lincoln County, KANSAS
CIVIL DEPARTMENT

Colonial Savings, F.A.)
) Case No.LC-23CV7
Plaintiff,)
) Court No.
vs.)
) Title to Real Estate Involved
Roger E Holman, et al.)
) Pursuant to K.S.A. §60
Defendants,)

NOTICE OF SALE

Under and by virtue of an Order of Sale issued to me by the Clerk of the District Court of Lincoln County, Kansas, the undersigned Sheriff of Lincoln County, Kansas, will offer for sale at public auction and sell to the highest bidder for cash in hand at the steps of the Lincoln County Courthouse, Lincoln, Kansas, on February 14, 2024 at the time of 10:00 AM, the following real estate:

LOT TWENTY-THREE (23) AND TWENTY-FOUR (24) IN BLOCK TWENTY (20) IN THE CITY OF SYLVAN GROVE, LINCOLN COUNTY, KANSAS, AS SHOWN BY THE RECORDED PLAT THEREOF, Parcel ID No. 0531561302013002000. Commonly known as 220 N Main St, Sylvan Grove, KS 67481 ("the Property") MS216153

to satisfy the judgment in the above-entitled case. The sale is to be made without appraisal and subject to the redemption period as provided by law, and further subject to the approval of the Court.

Lincoln County Sheriff

By: MILLSAP & SINGER, LLC

Victor B. Finkelstein, #13410
vfinkelstein@msfirm.com
Chad R. Doornink, #23536
cdoornink@msfirm.com
8900 Indian Creek Parkway, Suite 180
Overland Park, KS 66210
(913) 339-9132
(913) 339-9045 (fax)

ATTORNEYS FOR PLAINTIFF

MILLSAP & SINGER, LLC AS ATTORNEYS FOR Colonial Savings, F.A. IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

LAND AUCTION

Thursday, February 15th, 2024 @ 7:00pm
Where: The Finch Theatre, 122 E. Lincoln Ave., Lincoln, KS

311 Acres +/- of the N2 of Section 22
Township 13 Range 07, less RD & 3 acre
homesite, Lincoln County, Ks.

Combination Tillable, Pasture and CRP.
Productive tillable and pasture with spring
fed stock pond.

35 acres in CRP through 2030.
Annual payment \$1,730.00.

91 acres +/- Pasture.

171 acres +/- Tillable

13 acres +/- Waterway

Taxes are \$2,763.36 on 311.9 taxable acres

FSA Information ~ 315.70 Farmland Acres

~ 134.80 Cropland Acres Enrolled in

PLC Base/Yield

PLC ~ Wheat base 86.30/47

Grain Sorghum 48.50/65

Possession upon closing, subject to tenant
rights on pasture and acres planted to wheat.

Online bidding available. Complete
details on website.

SELLER: Lyne Family Farms
Clint Heller - Agent Cell # 785-545-5737
Ray Swearingen - Broker # 785-452-8498



SCAN ME

HORIZON
FARM & RANCH REALTY, LLC
1-888-825-1199
www.horizonfarmranch.com

NOTICE

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that, to the best of our knowledge, all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll-free at 1-800-424-8590. Equal Housing Opportunity.

Buying? Selling? Trading?
Looking for? Giving away?
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FOR RENT

Looking for a house to rent in Lincoln? Call Todd, at Haring Rentals at 785-524-4331 or 785-556-1827. ---tfn



LOST CHAINSAW

Lost Jonsered 670 Super Chainsaw on November 11 @ 6:30 pm between North St. and High Rise

REWARD OFFERED

Call James Nelson - 785-531-2478

REWARD

\$500 reward for information leading to conviction of a stolen motorcycle that was at 815 N 9th St., Lincoln, KS.

Email lincolnsnews@gmail.com with any information.

Thank you, readers!

HORIZON FARM & RANCH REALTY, LLC

1-888-825-1199 // www.horizonfarmranch.com

UPCOMING AUCTION

*February - 312 Ac +/- Mixed Use Farm South of Lincoln. Call Clint!

AG LAND

*999 Head Feedyard on 80 Ac +/- w/ Outbuildings, Well, Scales @ Ada. Call Derek!
*Investment Opportunity! 110 Ac +/- Tillable. Operator would like to sell & lease back. Glasco Area. Call Ray!
*75 Ac +/- Tillable E. of Tescott. SOLD!
*240 Ac +/- N. of Paradise, KS. SOLD!
*80 Ac +/- Tillable East of Glasco. SOLD!

COMMERCIAL

*28,000 Sq Ft Warehouse for Lease @ Enterprise. Call for Details!

CONTACT INFORMATION

Ray Swearingen - Broker/Owner (785) 452-8498
Clint Heller - Sales Agent (785) 545-5737

Ray/Broker

SCAN ME

Clint

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Mark E. Luce, D.C. Mondays & Saturdays
102 E. Elm Street
Lincoln, KS 67455
Call for an appointment.
785-524-4371

HISTORICAL SOCIETY

Lincoln County Historical Society
Hours: Thurs. - Fri. 11 a.m. - 5 p.m. | Sat. 1 - 4 p.m.
785-524-9997 | lchs@eaglecom.net
facebook.com/lchistoricalmuseum
lincolncohistmuseum.com

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605 N 6th St.
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HOURS: 9am-7pm Mon.-Thurs.
9am-10pm Fri. & Sat.

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208 W. Lincoln, Lincoln, KS
M, W, & Th: 8:00 am-12 noon
Tues. & Fri.: 8:00 am- 5 pm
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Wed.: 7:00 a.m. - 7:00 p.m.
785.524.4474
Sylvan Medical Clinic
Saturday's 8:30 a.m. - 1:00 p.m.
Appointments and Walk-Ins accepted at both Clinics

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Monday 6:30 am until the sale is over
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Weekly Temps

	High	Low	Rain
1-16	3	-16	.04 in 3" of snow
1-17	14	7	
1-18	32	8	
1-19	28	-1	T
1-20	13	-9	
1-21	17	17	
1-22	32	30	

Limited Time Winter SALES EVENT

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Misc
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Call 1-877-589-0093 Have zip code of property ready when calling!

Misc
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Misc
NEED NEW WINDOWS? Drafty rooms? Chipped or damaged frames? Need outside noise reduction? New, energy efficient windows may be the answer! Call for a consultation & FREE quote today. 1-866-766-5558 You will need to have your zip code to connect to the right provider.

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WORD GO

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LINCOLN BOYS DEFEAT ROCK HILLS

Girls: Lincoln 31, Rock Hills 41
Boys: Lincoln 45, Rock Hills 39
(photos by Becky Rathbun and Lori Spear)



BEN BELL (20)
EASTON GOOD (11)



COOPER RATHBUN (0), JEREMIAH MILLER (2)



XAVIER MILLER (24)



HAZEL METZ (10)



CARISA MCBRIDE (30)

LINCOLN JH BATTLE AGAINST ST. JOHN/TIPTON



BROCK HOLMAN (54)



TERYN SPEAR (14), IVEE SHELTON (12)



KALEY SCHNEIDER (20)



COY RATHBUN (52), KEYNAN FLINN (1)