

Impulse Handyman Services

- Tree Cutting • Trash Removal
- Yard Cleanup and more!

Eric Wolgamot • 785-914-6215

LOST CHAINSAW

Lost Jonsered 670 Super Chainsaw on November 11 @ 6:30 pm between North St. and High Rise

REWARD OFFERED

Call James Nelson - 785-531-2478

Lost Bluetooth Speaker

Verizon Bluetooth Speaker, black, 10" x 3"

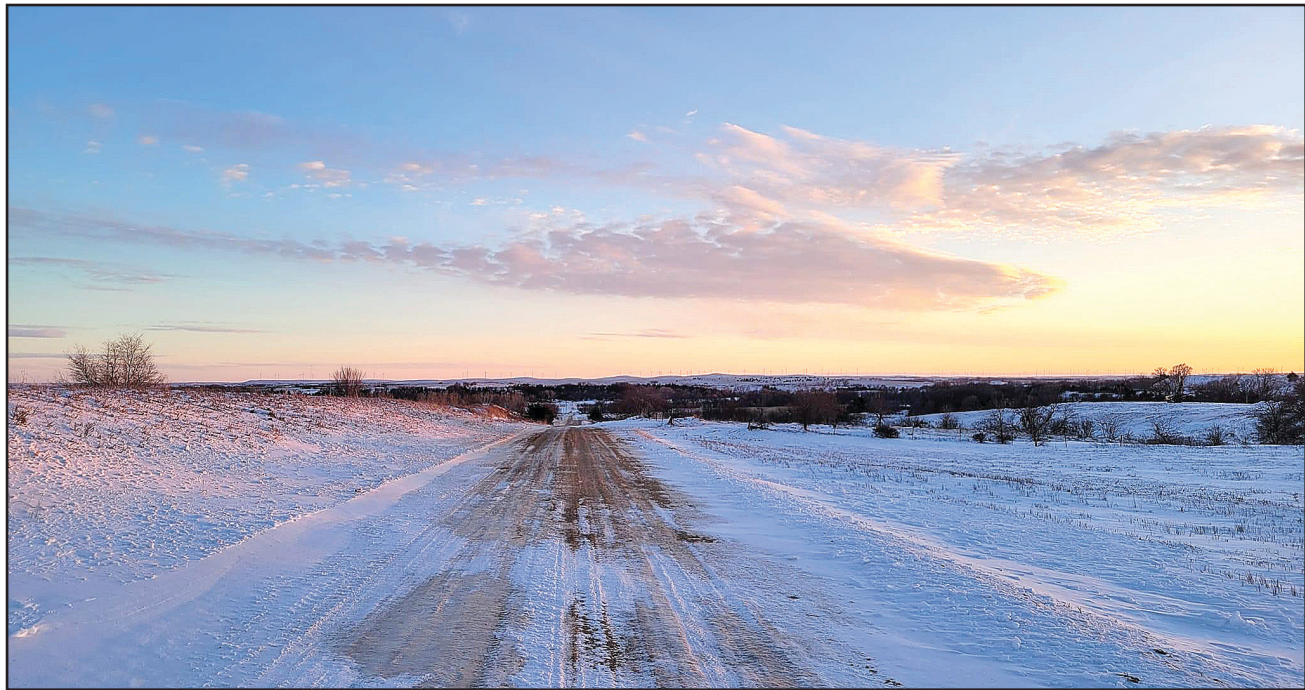
Lost at December Vesper Craft Show

REWARD OFFERED

Contact Ron Rathbun - 785-531-0737

Snow and ice
slow down the county

Winter storm arrived in Lincoln County



Do not be fooled by the beauty of this winter photo, the last few days in Lincoln County have been treacherous with the snowfall, wind and temperature. (Photo by Kris Heinze)

By Jyll Phillips, Lincoln-Sentinel

Two big snows in as many weeks have Lincoln County reeling. With some areas of the county checking in with up to nine inches of snow from the January 9 storm, we have had just enough since then to keep the ground covered.

Snow is not the issue in Lincoln County and much of the country. The actual temperatures are as low as we've seen them for quite some time. Factor in the wind chill and it is colder than places we expect to be cold. When the low in Lincoln County is -11 and the high is 5+ and the low in Juneau, AK is 23 with a high of 29, there is definitely something wrong here. It could be worse. Seriously. You could be in Bismarck, ND where the high is -9 with a wind chill value as low as -30.

What is happening is a blast of arctic cold air is plunging into the U.S., threatening to

smash several cold records during January.

If that weren't enough, dangerously cold wind chills are also beginning to creep in, especially in the Northern Plains and Rockies. Montana saw a wind chill of -43 on Friday, Jan. 12, and Dickinson, ND registered a -66-degree wind chill early Saturday (Jan. 13) morning. Further away from home, Lupin, in Canada's Northwest Territories measured a wind chill Saturday morning of -77, with a 40-mph wind accompanying temperatures in the -30s. and even more brutal temperatures plagued Dickinson, ND.

These temperatures are expected to continue through the last full week of January, and into February. Another blast of frigid air is anticipated Jan. 20-21 so button up your overcoat and get ready for a few more weeks of these lower temperatures.

Here are a few tips to prevent the cold from taking over your life.

Leave your indoor water

pipes, both hot and cold, on in a light stream. The suction will help prevent the pipes from freezing. Opening both valves will help avoid pipe bursting.

Bring any articles left in your vehicle indoors. Musical instruments, especially those made of wood, should not be left in the vehicle. The wood can warp, crack or split and the strings can tighten or snap. Repairs could be costly, and sometimes the damage is fatal to the instrument.

A standard 16.9-ounce bottle of water can freeze in 30 to 45 minutes when the temperature drops to 32 degrees Fahrenheit, and it can freeze even faster at lower temperatures. The water expands as it turns to ice and can crack the plastic bottle, leaving you with a wet mess to clean up when it melts. Imagine if you kept a case of water in your car!

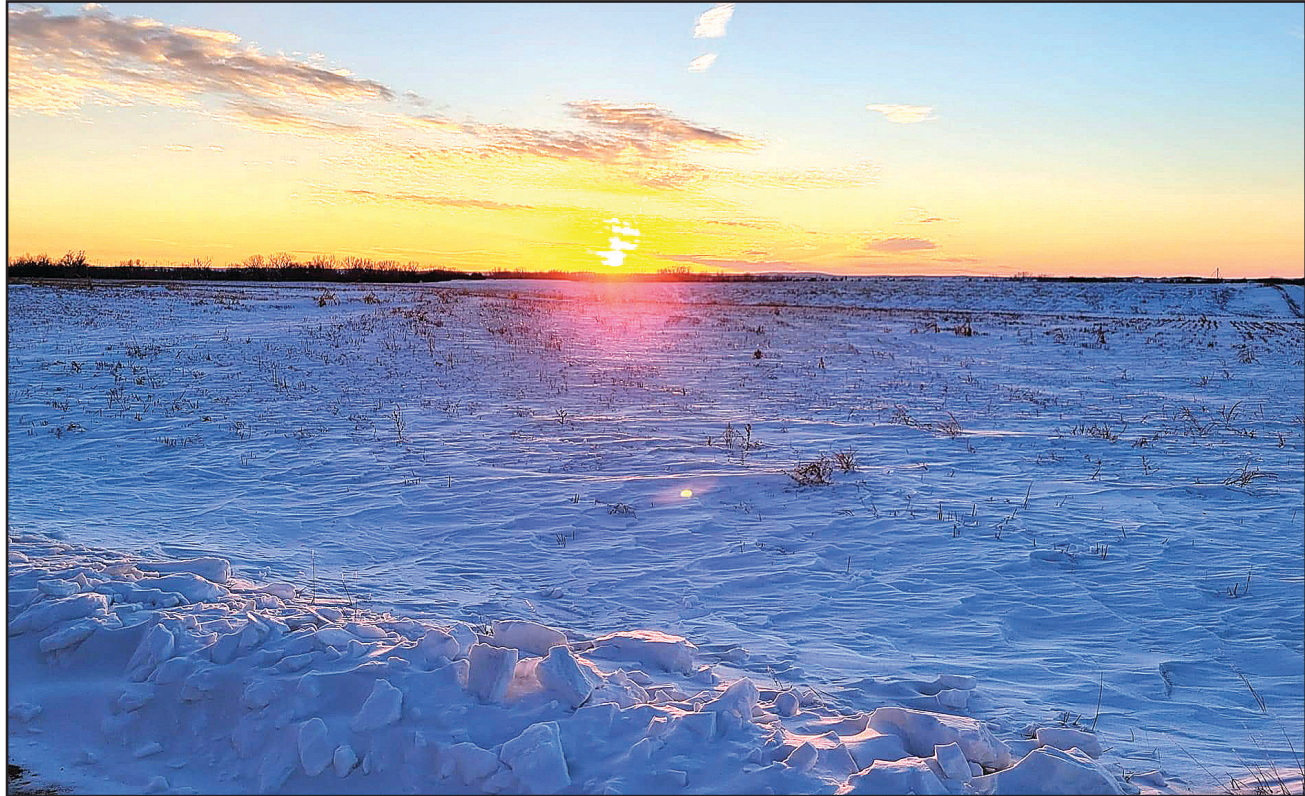
Canned soda is mostly water, so it poses the same risk as a frozen bottle of water. That said, a can or bottle

of soda can withstand cold temperatures for a bit longer than water because the sugar content lowers the freezing point. But if the container cracks or bursts, it will cause an even bigger—and stickier—mess.

Bring your computers and chargers to the house with you. It's bad enough that someone might break into your car to steal your electronic devices, but the cold can be almost as devastating. That's because many of today's gadgets contain lithium-ion batteries, which aren't designed to endure the cold. Repeated freezing and thawing can cause condensation inside the unit, shortening its lifespan and potentially voiding your warranty. It's ok, however, to leave your phone charging cable plugged in.

Many prescription drugs and over-the-counter medications lose their effectiveness when frozen. Take care not to leave medications in a cold car, especially insulin

See "Winter" page 6



Snow is blanketing the county, with some rural areas reporting up to 12" with drifts up to six feet high. (Photo by Kris Heinze)

Kobbeman retires
after 38 years

By Jyll Phillips, Lincoln-Sentinel

When you think of St. John Lutheran Church and their music offerings, you can't help but think of Sonja Kobbeman. Kobbeman is the Director of Christian Education at the church. She plays organ and piano for services held at the church, weddings, funerals, or even for pleasure.

In honor of her years of service to St. John and the community, the church is planning a celebration of her commitment and dedication on Sunday, January 28. Beginning with the regular worship service at 10:30 a.m. followed by a potluck meal for all, with the meal provided.

With 38 years of service under her belt, there will be plenty of memories to be shared, and following the potluck meal, friends, neighbors will have an opportunity to share some of those memories.

Those who have memories they would like to share, can jot those down and mail them to the church at 966 N. Highway 14, Lincoln, 67455.



Sonja Kobbeman retires after 38 years as the Director of Christian Education. (Courtesy Photo)

Esposito receives
medical scholarship



By Jyll Phillips, Lincoln-Sentinel

Noah Esposito, a 2023 graduate of Lincoln Jr/Sr High School is currently a first-year student at Bethany College in Lindsborg. Besides playing football for the Swedes, Noah is studying biology during his undergraduate years and plans to move into a medical profession in his post-graduation education.

Esposito received an invitation to attend, as well as a scholarship to attend the Congress of Future Medical Leaders in Lowell, MA.

The event is a three-day honors program for high-achieving high school students who aspire for a career as a physician (M.D.) or medical scientist (Ph.D.), including as a biologist, engineer, software or hardware technologist, or mathematician.

To be eligible to attend, students must have a 3.5 or higher GPA (either current or cumulative). Verification of the students' GPA will be required

Students who are accepted as a Delegate to the Congress will be mentored by the very greatest minds in medicine and view a complete surgery while asking the surgeon questions in real time. Following the end of the Congress, students will be presented with the Congress of Future Medical Leaders Award of Excellence, signed and certified by Dr. Mario Capecchi, Nobel Prize Winner and Science Director of the

See "Esposito" page 3

Universal Letter Writing Week - January 14-20, 2024

Universal Letter Writing Week takes place every year during the second full week of January, and it encourages us all to pick up a pen and paper and write to someone. This year, it takes place from January 14 to 20. It's perhaps no surprise that letter writing and handwriting are soon becoming lost talents in our increasingly high-tech society. Text, instant messages, and email are fantastic for their ease, convenience, and speed. But nothing beats the thrill of receiving a letter or a handwritten greeting card in the mail.

Cash Grain

Wheat.....	\$5.82
Corn	\$4.72
Sorghum.....	\$4.37
Soybeans.....	\$11.62

Cash prices courtesy of bankoftescott.com

Community Calendar

Thursday, January 18

USD 298: 4 pm JH BB @ St. John’s-Tipton (Tipton)

USD 299: HS Scholar Bowl @ Osborne; 4 pm JH BB @ Tescott

Friday, January 19

USD 298: School Dismissed @ 2 pm; 3 pm HS BB NPL Tournament @ Lincoln & Sylvan

USD 299: HS NPL BB Tournament @ Lincoln/ Sylvan; 2:30 pm Wrestling Tournament @ Hays

Saturday, January 20

USD 299: HS NPL BB Tournament @ Lincoln/ Sylvan

Sunday, January 21

Monday, January 22

USD 298: 4 pm JH Basketball @ Natoma

USD 299: Kevin Honeycutt Presentation; 6pm HS BB vs. Natoma

Tuesday, January 23

USD 298: 4 pm HS BB vs Lakeside

USD 299: 4 pm HS BB @ Southern Cloud; 6 pm Lincoln Co. Sheriff Training @ HS

Wednesday, January 24

USD 298: 1:30 pm HS NPL League Scholars Bowl @ Natoma

USD 299: 1:30 pm HS NPL Scholars Bowl @ Natoma

Commodity Distribution held the third Wednesday every other month at the Lincoln Senior Center. (September, November, January, March, May, July)

Lincoln County Historical Society meets second Monday of each month @ 6 p.m.; Lincoln County Historical Museum is open Thursdays, Fridays, Saturdays. Call 202.744.9041.

LCEDF meets the second Wednesday of each month in the Courthouse basement. Call 524-8954 for meeting time.

The Lincoln County Commission meets each Monday, and the last working day of the month, at the courthouse.

Lincoln Senior Center

MENU

Monday, January 22

Tuna Casserole, Peas, Fruit & Roll

Tuesday, January 23

Smothered Chicken Breast, Hashbrowns, Peas & Carrots, Fruit Cobbler & Roll

Wednesday, January 24

Hot Turkey Sandwich, Mashed Potatoes & Gravy, Beets, Mandarin Oranges & Cookie

Thursday, January 25

Chili, Crackers, Waffle Fries, Pineapple & Cinnamon Roll

Friday, January 26

Bierock, Glazed Carrots, Strawberries & Peaches, & Cake

Menu is subject to change.

Call 785-524-4738 before 9:30 a.m. to reserve a lunch.

The suggested donation for people over 60 or with current paperwork \$4.00. For people without paperwork or under 60, meals are \$7.00, mandatory.

RETIREMENT CELEBRATION

Honoring –

SONJA KOBBERMAN

Sunday, January 28, 2024

St. John Lutheran Church • Lincoln

Church Service 10:30 am • Pot-luck meal 11:45 am (Meat will be provided)

A time of sharing will follow the meal.

All are welcome to come share their memories and show Sonja appreciation for the 38 years she served St. John as DCE.

If you would like to send a memory please do so.

You can send it to: St. John Lutheran Church

966 N HWY 14, Lincoln, KS

New audio installed

Recently a digital carillon system was installed for Bethlehem Lutheran Church in Sylvan Grove KS. This system, Chime Master® LX, is a stand-alone professional audio component, designed and built specifically for the purpose of automatic church bell ringing. It is completely solid state with no moving parts. All church bell ringing and music is stored as digital audio in a reliable FLASH memory. There is a battery back-up memory that will automatically correct after power failures as well as for spring and fall time changes. It comes with the ability to sound the Westminster Chime and Hour Strike every 15 minutes of the day and is fully programmable. Also included are seasonally appropriate hymns which will play in the proper season when programmed without having to change libraries. It is hoped that this system will be heard across the community of Sylvan Grove and the surrounding area. It is hoped that it will bring a sense of peace to all those who hear it and a reminder to the community that Bethlehem is here and welcomes them all.

This project was funded in part by a Placemaking Grant from the Lincoln County Economic Development Foundation. The remaining funds were awarded through a grant from Post Rock Community Foundation. Bethlehem Lutheran is grateful for being awarded both of these grants to bring this project to fruition.

A Lincoln County Economic Development Foundation “Placemaking” project is described as one that creates or improves public spaces or recreation areas where people enjoy gathering such as downtowns, parks, or neighborhoods. These projects demonstrate pride and a commitment towards making our communities better for future generations.

Since 2010 Post Rock Community Foundation has built stronger communities and helped donors make a difference through charitable giving in the Lincoln County community and those served by USD 298 and USD 299. Each year, the foundation distributes thousands of dollars back to our region through community grants.

KSU NC/NW Soil Fertility Schools

There is still time to register for one of the four regional K-State Research and Extension Soil Fertility Schools during the month of January 2024. These schools have been designed to help producers understand the fertilizer soil relationships to achieve a greater return from an investment in fertilizer especially in this farm environment.

The meetings schedule is the following:

January 23 – Smith Center – 9:30 a.m. to NOON – First Christian Church

January 23 – Ellsworth – 5:00 p.m. to 7:30 p.m.– Recreational Center Meeting Room

January 25 – Goodland – 9:30 a.m. to NOON (MT) – 4-H Building

January 25 – Jennings – 3:00 p.m. to 5:30 p.m. – Community Building (main floor)

The schools will be presented by Dr. Lucas Haag, KSU NW Region agronomist and Dr. Dorivar Ruiz Diaz, KSU Fertility specialist along with local District Extension Agents. Topics will include KSU research updates, Soil sampling, Using biologicals in your fertility program, Fertilizer placement, N and P management updates along with drought impacts and a question and answer session. So be sure and bring all your questions with you! 2.5 CCA credits have been applied for.

There is no cost for the schools, however, pre-registration is requested by Friday, January 19, for all schools either online, https://kstate.qualtrics.com/jfe/form/SV_cMDQEWUMUu4LP6e, or at any of our Post Rock Extension District Offices in Beloit, Lincoln, Mankato, Osborne or Smith Center. Thanks to sponsors Applequist Mfg, Inc. and Farmada for sponsoring the lunch for the Smith Center location. If you have further questions, contact Sandra Wick, Crop Production Agent, at 785-282-6823. A minimum of 10 pre-registered producers are needed to hold each of the schools.

Salina Rescue Mission Needs List January 2024

Items needed at the Salina Rescue Mission this month include:

Powdered Milk

Cough Drops

Cold and Flu Medicines (tablets/capsules preferred, liquids must be Alcohol-free)

Tylenol

Deodorant

Donations may be delivered seven days a week between 8 a.m. and 8 p.m. The Mission is located at 1716 Summers Road in Salina.

Student Achievements

Kansas State University

More than 4,480 Kansas State University students have earned semester honors for their academic performance in the fall 2023 semester.

Students earning a grade point average for the semester of 3.75 or above on at least 12 graded credit hours receive semester honors along with commendations from their deans. The honors are also recorded on their permanent academic records.

Barnard:

Lincoln:

Sylvan Grove:

Van Byarlay-McQueen

Jillian Canterbury

Gabriel Jonsson

Carson Walter

Brooke Wehrman

Post Rock REPUBLICAN WOMEN

Post Rock Republican Women of Lincoln and Mitchell County will hold the January meeting on Saturday, January 20th, at 1 pm, in the Beloit at Pizza Hut.

Guest Speakers Representative Susan Concannon and Senator Elaine Bowers will be speaking on why they got into politics, what is going on at theState Capitol for 2024 and what Republicans can do to help.

The group believes, as Republican Women, they can make differences in their communities, become(and help others to become) better and more informed voters by following the National and Kansas Federation of Republican Women Groups.

Pizza and drinks will be ordered, and \$5 requested to help pay for the meal.

Meetings are held the 3rd Saturday of every month.

Please contact Denah Jensen, President, at 785-342-6633

Nearly \$14 million to be distributed to Kansas Families

Supplemental P-EBT auto-issuance begins next week

Kansas families with school-aged children will receive a one-time benefit of \$120 per child as part of the Supplemental Pandemic Electronic Benefit (P-EBT) program. A total of \$13.6 million will be distributed to approximately 114,000 school-aged children in January.

“The Supplemental P-EBT program helps parents and care providers access nutritious food for their families,” said Laura Howard, Secretary Kansas Department for Children and Families. “I am pleased that we are able to provide this benefit to Kansas children to reduce food insecurity for our youngest citizens.”

Supplemental P-EBT, a result of the COVID-19 pandemic and the American Rescue Plan Act, is designed to benefit school-aged children who received free or reduced-price school meals through the National School Lunch Program during the 2022-23 school year. Due to the complexity of gathering the data, the benefit is for the summer months of June, July, and August of 2023.

The benefit distribution will be auto-issued through a direct certification process Jan. 17-26. Parents and guardians who believe their children are eligible, but do not receive a benefit in January may request the Supplemental benefit using the DCF Self-Service Portal Feb. 1-29, 2024.

Recipients may use their P-EBT funds to purchase eligible foods from approved retailers that accept Food Assistance benefits like grocery stores and online at Aldi, Amazon, or Walmart. For additional information visit www.dcf.ks.gov, Food Assistance.

#The Kansas Department for Children and Families (DCF) mission to protect children, strengthen families and promote adult self-sufficiency. DCF’s more than 35 service centers across the state offers a wide range of support services including food, utility, and child care assistance, child support services, and employment education and training. DCF also partners with grantees to provide foster care services to children including case planning, placement, life skills, and foster parent recruitment and training. DCF works in partnership with organizations, communities and other agencies to support families, children and vulnerable adults connecting them with resources, supports and networks in their home communities.

“Old Hollywood Glamour”

Escape for an evening celebrating the glitz and glamour of Old Hollywood at the Salina Symphony Gala Saturday, February 17, at the Salina Country Club. The elegant evening will include signature cocktails, a delectable dinner, and captivating music.

The highlight of the evening will be a concert featuring music from the Golden Age of Hollywood performed by the Salina Symphony under the direction of Music Director Yaniv Segal. Three local vocalists – Michelle Cardinal Dolan, Jacob Corman, and Grace Corman – will join the Symphony in celebrating music from Hollywood film classics made famous by Fred Astaire, Audrey Hepburn, and Judy Garland.

Doors will open at 5:30 p.m. for cocktail hour and silent auction bidding. Dinner will be served at 7:00 p.m., followed by the live auction and concert.

Make your reservations for this unforgettable evening by Feb. 2. Tickets are \$75 per person and may be purchased at the Symphony Office or by calling 785-823-8309. Proceeds will benefit the Symphony and Youth Education Program.

The Salina Symphony is dedicated to enriching lives through artistic music performance and education. For more information, contact Adrienne Allen at (785) 823-8309 or visit salinasymphony.org.

Esposito/ from page 1 ____

National Academy of Future Physicians and Medical Scientists.

As stated above, Noah received a scholarship, he is still responsible for his own transportation, hotel and food while there. He has estimated it would take just over \$2,000 for him to attend the event. He is now searching for sponsors to help with his expenses. Esposito has multiple ideas for fundraising including providing intern hours for a medical professional in exchange for a contribution to his expenses.

“I am excited and looking forward to medical school and becoming a doctor but haven’t decided on what exact kind of doctor I want to be,” Esposito said. “I feel this conference will help me learn more about different medical fields, talk with doctors of various backgrounds and possibly help me make the hard decision so I can focus on taking the right classes in the future. I am hoping to find sponsors that would like to help me get to Boston, attend this event and be a part of this great opportunity!”

Donations may be sent to Noah Esposito, 944 N. 200th Road, Lincoln, KS 67455.

OBITUARY



A. Laverne Brockway
Jan. 28, 1931 - Jan. 7, 2024

A. Laverne Brockway, 92, of Salina,

Kansas, passed away Sunday, January 7th, at 2024.
Laverne was born in Cloud County, Kansas on January 28, 1931, a son of Zelma M. (Bellows) and Archie E. Brockway.
He started at the Salina Fire Department in 1957, worked his way through the ranks, and retired in 1982 as acting Fire Chief.
On June 12, 1949, Laverne married Joan Loy in Barnard, Kansas.
Survivors include two daughters, Sheryl Howard (Clare), of Salina, Kansas, Cindy Altman (Ron), of Winfield, Kansas; son, Gregory W. (Cindy) Brockway, of Salina, Kansas; and sister-in-law, Jolene Brockway, of Barnard, Kansas.
He is preceded in death by his parents; wife, Joan Brockway; brother, Gary Brockway, Charles Brockway; and sister, Joyce Early.
A Memorial Service will be held at 10:00 am, Wednesday, January 17th at First Covenant Church in Salina with Pastor Doug McHenry officiating.
Donations may be made to Barnard Community Center or First Covenant Church, in care of Carlson-Geisendorf Funeral Home, 500 S. Ohio St., Salina, Kansas.
To send an online condolence, visit www.carlsonfh.net or on Facebook.

Applications for 2024 Boys State of Kansas session open

The American Legion Boys State of Kansas is accepting applications for its 2024 session. The event is set to be held Sunday, June 2, through Saturday, June 8, at Kansas State University in Manhattan. This will be the program's 32nd consecutive session at KSU and 86th overall.
Traditionally, Kansas Boys State is for individuals who will complete their junior year of high school in the spring just prior to the start of each session. However, the ALBSK program will again expand the pool of applicants for this year's session to include those who will complete their sophomore year of high school this spring.
The American Legion Boys State of Kansas program provides a relevant, interactive, problem-solving experience in leadership and teamwork that develops self-identity, promotes mutual respect and instills civic responsibility to inculcate a sense of individual obligation to community, state and nation. Boys State is a "learning by doing" political exercise that simulates elections, political parties and government at the state, county and local levels, providing opportunities to lead under pressure, showcasing character and working effectively within a team. It's also an opportunity to gain pride and respect for government, and the price paid by members of the military to preserve democracy.
The cost to attend the Boys State of Kansas program is \$375; however, in many instances, sponsors pay the majority of the fees, with the delegate or his family paying \$50. Those wishing to attend the 2024 session should visit ksbstate.org to apply. The deadline to apply for the 2024 program is Tuesday, April 30; applications are accepted after that date, but on a space-available basis.
Potential sponsors, such as American Legion posts, civic organizations, businesses, clubs and interested individuals should visit ksbstate.org/sponsor-a-delegate. Questions? Contact the ALBSK at info@ksbstate.org or (785) 550-6492.
For information about the 2024 American Legion Auxiliary Sunflower Girls State, which will be held Sunday, June 2, through Friday, June 8, at the University of Kansas in Lawrence, visit ks-girlsstate.org.
About KS Boys State
The American Legion Boys State of Kansas is an interactive simulation that teaches high school seniors-to-be the value of democracy and civic duty. Participants form mock governments and campaign for positions at the city, county and state levels. After the elections, participants find out firsthand the difficult decisions made daily by those in government through a series of challenging simulations. Delegates, nominated to attend by their high school counselors and other influential people in their lives, are sponsored by American Legion posts and various civic organizations from across the state. All delegates demonstrate outstanding leadership qualities in student government, athletics and/or other activities.
The Boys State program was founded by Legionnaires Hayes Kennedy and Harold Card in Illinois in 1935, and was first held in Kansas two years later in Wichita. The Kansas program moved to the University of Kansas in Lawrence in 1963 and remained there until 1991. The following year, it moved to its current location at Kansas State University in Manhattan. For more information about the American Legion Boys State of Kansas, visit ksbstate.org.

SHPBA Prescribed Fire Management

Hey Smokey the Bear, you and your slogan "only you can prevent wildfires" are being replaced with Burnie the Bobcat "let's start good fires"! Prescribed fire is a management tool that has been used for centuries to maintain healthy rangelands. Burnie the Bobcat encourages controlled application of fire to a specific area to achieve specific management objectives. The Smoky Hills Prescribed Burn Association annual meeting is January 29th at the Rolling Hills Zoo Conference Center with doors opening at 6pm. Attend the meeting to learn more about increasing prescribed fires in the Smoky Hills.
Prescribed fire management must consider the landowners goals and the season. The fire must be conducted under specific weather conditions, such as wind speed, humidity, and temperature, to ensure that the fire is safe and effective. The fire must also be conducted under specific fuel conditions, such as fuel moisture content and fuel load, to ensure that the fire is not too intense and does not damage the soil. All these issues are addressed in a properly designed prescribed burn plan. Membership in the SHPBA provides landowners the shared labor, shared equipment, shared knowledge and a burn plan to decrease the fear and concerns of fire on the land. In addition to prescribed fire, mixed animal grazing can also be used to promote forage growth. Over thousands of years, fire and mixed animal grazing helped shape the Smoky Hills, which cover millions of acres across portions of 20 Kansas counties. Prescribed fire management utilizes controlled patch burns to promote forage growth. Research has shown a wide range of benefits from using prescribed fire to minimize wildfire fuel (Fighting Fire with Fire) and to create ecologic biodiversity that supports wildlife and livestock operations.
Prescribed burning improves rangeland health by increasing forage productivity and protein content, reducing invasive plant species and the epidemic of encroaching red cedar, and making forage available earlier in the year. It also improves plant diversity and maintains native species. Perennial grasses and forbs can start to regenerate with less pressure from competing annuals. Nutrients can be made more available to plants as well. With the improved soil and rangeland vegetation comes better wildlife habitat and nesting. The increase in crude plant protein is a benefit for both livestock and wildlife grazers.
There are two types of prescribed burns: cool-season burns, and warm-season burns. Cool-season burns are conducted during the dormant season when the grasses are not actively growing. Warm-season burns are conducted during the growing season when the grasses are actively growing. Burning can occur anytime during the year and the timing of the burn is critical to achieving the desired management objectives. SHPBA is encouraging landowners to utilize warm season burns because of the benefits and increased control. SHPBA has learned that back burns during the first half of August help to control the invasion of Old World Blue-stems. Come to the annual meeting to learn more.
Prescribed fire is an important management tool for maintaining healthy rangelands in the Smoky Hills. The Smoky Hills PBA is working to increase the burned acres in Saline and surrounding counties. Research has shown a wide range of benefits from using prescribed fire to minimize wildfire fuel and to create ecologic biodiversity that supports wildlife and agricultural operations. Attend the SHPBA annual meeting to learn more on how joining the cooperative will help to improve rangeland health in the Smoky Hills.

USD 298 BOARD OF EDUCATION

November 13, 2023
Board Members: J. Buttenhoff, J. Coover, J. Eckhart, J. Kobbeman, B. McReynolds-Baetz
Others: Scott Crenshaw, Superintendent, Greta Obermueller, Clerk, Nikki Flinn, Sharon Luck, Becky Good, Felicia Heller, Lisa Felkdamp, Breanna Brown, Deb Smith, Dan and Traci Bates
The Resident Capacity Hearing was called to order at 6:45 p.m. by President, John Buttenhoff.
Motion by Jeana Eckhart, seconded by Jason Coover, to adopt the agenda. Aye-5 No-0
John Buttenhoff, President, stated that in order to comply with state legislated mandates of resident capacity, the Board of Education must hold this hearing prior to the Regular Board of Education meeting. Board of Education members will take action on setting the student enrollment number for capacity for the 2024-25 year in the Regular Board of Education meeting at 7:00 p.m. He announced that this hearing enables patron input on district enrollment numbers for the upcoming year. With no questions or discussion, the President called for adjournment.
6:50 p.m. Dale Romesburg arrived. Motion by Bree McReynolds-Baetz, seconded by Jessica Kobbeman, that the hearing be adjourned. Aye-6 No-0
Time: 6:53 p.m.



BARNARD UNITED METHODIST Pastors Kaye & Jeff Metzler Adult Sunday School @ 10:00 am Morning Worship @ 11:00 am	LINCOLN PARK MANOR CHAPEL Morning Worship @ 9:30 am Afternoon Worship @ 2:30 pm
BETHANY CHURCH Eight miles north, six miles west and one mile north of Lincoln Sunday School @ 9:45 am Worship Service @ 11:00 am Evening Service @ 7:00 pm	LINCOLN UNITED METHODIST Pastors Kaye & Jeff Metzler Worship Service @ 10:30 am
BETHLEHEM LUTHERAN CHURCH LC-MS Pastor Christopher Craig Sylvan Grove, Kansas Sunday School @ 9:00 am Sunday Worship @ 10:00 am	PRESBYTERIAN CHURCH Sylvan Grove, Kansas Sunday School @ 10:00 am Church @ 11:00 am
BEVERLY COMMUNITY CHURCH www.beverlycommunitychurch.org Pastor Toby Flaming Sunday School @ 9:30 am Morning Worship @ 10:45 am Wednesday Service @ 7:00 pm Youth Mtg., Sun. eve. @ 6:30 pm	ST. JOHN LUTHERAN CHURCH Pastor Don Haselhuhn Lincoln, Kansas Two and one-half miles south of Lincoln on Highway 14 Sunday/Bible School...9:30 am Worship Service.....10:30 am
BEVERLY UNITED METHODIST Pastors Kaye & Jeff Metzler Church Service @ 9:00 am	ST. PATRICK'S CATHOLIC CHURCH Father Mark Wesely, Lincoln Rectory phone: 785-524-4823 Email: spat327@gmail.com Sunday Mass @ 11:00 am Sunday CCD Classes @ 9:45 am Weekday Mass: Mondays - 3:30 pm
CENTRAL CHRISTIAN CHURCH Pastor, Chris Hall Sunday School @ 9:15 am Worship Service @ 10:30 am Find us on Facebook Children are welcome!	ST. PAUL'S LUTHERAN CHURCH LCMS Pastor Don Haselhuhn Six and one-half miles south and 4 miles east of Lincoln Worship Service @ 9:00 am
CULVER METHODIST CHURCH Pastor Demele Eckart 401 Main Street, Culver, Ks Sunday Worship @ 9:30 am Saturday Coffee @ 8-10 am	ST. PAUL'S LUTHERAN CHURCH, ELCA Pastor Rod Thompson, Tescott Worship Service @ 9:00 am
DENMARK EVANGELICAL LUTHERAN COMMUNITY CHURCH, ELCA Pastor Angie Sundell Worship Service @ 10:30 am	TESCOTT UNITED METHODIST CHURCH Pastor Demele Eckart Sunday School @ 10:00 am Worship @ 11:00 am
FAITH BAPTIST CHURCH Pastor Jonathan Schale Lincoln Park Manor @ 9:30 am Bible Study @ 10:30 am Worship Hour @ 11:15 am Evening Worship @ 6:00 pm Wed. Bible Study @ 7:00 pm	TRINITY LUTHERAN CHURCH, HUNTER Pastor Matthew Schneider Hunter, Kansas Sunday School @ 9:00 am Worship Service @ 10:00 am Midweek/Confirmation Wednesdays @ 4:30 to 5:45
FIRST BAPTIST CHURCH Pastor Carolyn Allen, Barnard Morning Worship @ 11:00 pm	
GRACE CHAPEL-HUNTER Pastors Kaye & Jeff Metzler Worship Service @ 9:00 am	
LINCOLN COMMUNITY CHURCH www.lincolncommunitychurch.org Pastor Adam Boyd Sunday School @ 9:30 am Worship Service @ 10:30 am Ladies Prayer Group.Wed. @ 5 pm Awana @ Cube Wed. @ 6:30 pm "Teens for Christ" Sun. @ 7:00 pm Jill King - 785-979-2655	

Church schedules are made possible by the following sponsors:



St. John Lutheran Church



St. Paul's Lutheran Church



The Post Rock Cluster of the United Methodist Church
Barnard - Beverly - Hunter - Lincoln

If you would like to sponsor these area churches, please contact the Lincoln Sentinel at 785-524-4200.



MEMORIAL ART COMPANY
Ottawa County's Monument Professionals
300 W. 2nd ST
Minneapolis, KS 67467
(785) 392-3097

Coming Soon -

a newly designed showroom,

offering Memorial Gifts, Collectibles,

inspirational keepsakes, plants,

pet memorials, grief materials

cremation jewelry & urns,

handmade crafts by local families and

artisans, something for everyone!

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to better serve your family

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Guest Editorial

Life’s funny that way

On a cold and soggy Saturday and not feeling 100 percent, I decided to spend the day cocooned in my pajamas, snuggling with my Kit-Cat on the couch. My restful day was interrupted when Marc called to inform me my “cowgirl” services were needed.

This is his way of telling me he needs help with something and I am his only option. My response is always, “No. 1 cowgirl at your service!” To be a bit cheeky I asked, “What kind of pants should I wear?” As ridiculous as it sounds fashion questions usually get me the best information about what will be expected of me during our outing.

This day the instructions were “dress very warm” meaning we were going to be outside fixing something that might take a while. I suited up appropriately in my fleece lined jeans, plus several layers of shirts, a Carhartt jacket, thick wool socks, rubber mud boots, neck gaiter, heavy hat and insulated gloves.

Five minutes later, which is generous as I usually get a one-minute warning, we were headed out. The water well where the cows are currently grazing on milo stocks had a low flow and we were going to try to fix it. This particular well is only used every few years and has been a headache over the few months cows have been grazing there. After numerous repair jobs and visits from a well service, it still wasn’t working properly.

Farmers are relentless fixers, lifelong learners and creative problem solvers because their work demands it. It feels strange to fix the same thing over and over, but there is not really a good alternative. A new well would likely be a waste of money as this one has plenty of water it just isn’t pumping efficiently. Not using the pump means hauling truckloads of water to the field every day, which is time consuming and inefficient. The most logical and effective way forward has been troubleshooting the pump piece by piece to find a solution that sticks.

Over the next few hours wetackled the tedious task of dismantling partsof the pumping system without losing anything down the well shaft. After everything was dismantled, parts were changed and we decided to prime the well to get ready for reassembly. It only took a few minutes to get this set and it was to roll.

We should have known what was coming next but it seemed to catch us by surprise. Seconds after sending air into the well, water erupted like it Old Faithful — soaking everything around including us. After hours in the cold, slippery conditions we were now soaking wet.

Instead of being angry we both broke out into laughter like kids playing in a sprinkler. After a moment or two more laughter, I made a wise-crack about the irony of the geyser not happening in the summer heat.

With clear evidence of available water, it was time to put everything back together. It only took a fraction of the time and we were able to restart the pump to check our handiwork. Unfortunately, water was once again trickling instead of gushing, our attempt at a fix didn’t work.

Life is funny that way. Sometimes hard work, doesn’t work. A task can be unpleasant and still leave you with more joy than when you started, especially if you have someone to share the burden with. Remembering frustration and defeat are just one part of living can be all the perspective it takes to give you the determination to try again tomorrow.

- Jackie Mundt, Pratt County farmer and rancher, for ‘Insight’ Kansas Farm Bureau

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PRAIRIE DOC - BY DEBRA JOHNSON, M.D.

Sleep Interrupted: Sleep Apnea

The Threat in Your Bedroom

My family has a fondness for crime dramas and thrillers. It isn't uncommon to watch a scene in which a peacefully sleeping individual wakes when a shadowy figure approaches their bedside with a pillow. Predictably, the assailant calmly presses that pillow over the face of their victim and waits until the struggling stops.

For millions of us, the threat in our bedrooms isn't some malevolent other, but rather our own bodies and brains. We may get our next breath, but for those with sleep apnea, it can be a struggle.

Sleep apnea has two basic types. In the most common, obstructive sleep apnea, the relaxation of sleep causes some part of the airway to essentially collapse, blocking off airflow. Those afflicted may come to medical attention because their partners complain about their snoring and have to nudge them to prompt that next breath. Their brains have to wake up enough to restore that muscle tone, opening the airway, and allowing them to breathe. This happens repeatedly throughout the night, multiple times an hour. In central sleep apnea, there are problems with the brain sending the instruction

to breathe. Some people experience episodes related to both types of apnea, especially as they adjust to treatment for their obstructive sleep apnea, and some people have other types of sleep-disordered breathing.

Sleep apnea is a serious condition. It is linked to many other health problems, among them high blood pressure, diabetes, coronary artery disease, heart rhythm abnormalities, heart failure, strokes, depression, and dementia. Even when statistically subtracting out the risk factors that may be common to both sleep apnea and these other conditions, the relationship remains. Of course, there is the obvious risk of accidents caused by dosing off behind the wheel, or in other perilous situations. Then there is the less quantifiable cost, of couples who want to share a bedroom but don't, because the snoring of one partner, or anxiety about that next breath, means neither really sleep.

The first step to diagnosing sleep apnea is to visit with your primary care provider. They can determine if you qualify for a home sleep study, or if you might be better off having a test done in a sleep lab, where more monitoring is possible and more complex problems can be detected. Once the diagno-

sis is confirmed, treatment options can be explored. Most people receive some form of breathing support overnight. This is usually considered the gold standard and is suitable for all forms of sleep apnea. Many of my patients are surprised at just how easily they adjust to using it, and tell me that their partners often will wake them up to put it on if they doze off without it. Many of those who initially struggle with their CPAP can overcome the problems with a dose of determination and the help of a talented sleep therapist. For some people, dental appliances and various surgical procedures are possibilities.

I like to remind my patients that sleep deprivation is considered by the UN to be a form of torture. Don't let it be part of your bedtime routine.

Debra Johnson, M.D. is part of The Prairie Doc® team of physicians and currently practices family medicine in Brookings, South Dakota. Follow The Prairie Doc® at www.prairedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show providing health information based on science, built on trust for 22 Seasons, streaming live on Facebook most Thursdays at 7 p.m. central.

SPICE UP YOUR LIFE - LINDSAY YOUNG

Roll through your cinnamon cravings with a simple cake



A cinnamon roll cake is an easy way to accomplish the great flavor of homemade cinnamon rolls without all the work.

Do you have those friends in your life where you have to try several times to plan a get-together before you can actually find a date on the calendar that works?

This past weekend, the stars aligned for us to finally spend an evening with just such a pair. They were gracious enough to invite us to their home, where they had a delicious bowl of chili and fresh cornbread waiting for us.

Knowing that chili was on the menu, I started to wrack my brain earlier in the day about what kind of dessert goes with it, and my mind just kept going back to cinnamon rolls.

I mean, yeah, cinnamon rolls are a perfect compliment to a big bowl of chili, but they're also generally pretty time consuming, and time was not on my side that afternoon.

Thank goodness I found a recipe for a cinnamon roll cake that came to my rescue instead, and I was pretty happy with how it turned out.

This comes from the blog “The

Country Cook” by Brandie Skibinski. You can find the original post at <https://www.thecountrycook.net/cinnamon-roll-cake/>. I doubled the vanilla and quadrupled the cinnamon in my version.

- Cinnamon Roll Cake Cake Ingredients**
- 3 cups flour
 - 1 cup sugar
 - 4 teaspoons baking powder
 - 2 eggs
 - 4 teaspoons vanilla extract
 - 1 1/2 cups milk (I used skim)
 - 1/2 cup butter, melted
- Filling Ingredients**
- 3/4 cup butter, softened
 - 1 cup brown sugar
 - 2 tablespoons flour
 - 4 tablespoons cinnamon
- Glaze Ingredients**
- 2 cups powdered sugar
 - 5 tablespoons milk (I used skim)
 - 2 teaspoons vanilla

Directions

Preheat the oven to 350 degrees. Prepare a nine-by-13-inch baking pan by spraying it with cooking spray. Set it aside.

For the cake, in a mixing bowl, beat the flour, sugar, baking powder, eggs, vanilla and milk until everything is smooth and well combined.

Hand stir in the butter, and then spread the batter evenly into your prepared pan.

For the filling, in another mixing bowl, beat together all of the filling ingredients until it forms a smooth paste.

Drop the cinnamon mixture by the tablespoonful onto the cake batter, and then swirl it into the batter using a knife.

Bake the cake for 35 to 40 minutes or until a toothpick inserted in the center comes out clean.

When the cake comes out of the oven, whisk the glaze ingredients until it is smooth. If you want a thicker glaze, add a little more powdered sugar. If you want it thinner, add a little more milk.

Pour the glaze over the cake and serve warm. Store any leftovers in an airtight container.

This was very much like if a coffee cake married a cinnamon roll. The main difference is because you put the glaze on the cake while it's still warm, it melts into the cake instead of staying visibly on top like a normal cinnamon roll. If you'd rather have that look and texture, I'd recommend letting the cake cool completely before glazing and making a bit of a thicker glaze.

I ended up making an eight-by-eight pan of this by halving the recipe. There was only going to be four of us, and I really didn't need the leftovers in my kitchen all week, so that made it perfect.

Even better, we had an excellent meal with excellent people. Being able to spend time with friends, cinnamon rolls or not, is so, so sweet.

Spice Up Your Life is a weekly recipe column by Lindsey Young, who describes herself as an enthusiastic amateur cook and can be reached through her website at spiceupkitchen.net.

POST ROCK EXTENSION DISTRICT - BY BLAIRE TODD
K-STATE RESEARCH AND EXTENSION-POST ROCK DISTRICT LIVESTOCK PRODUCTION AGENT

Preparing for Winter Weather Extremes

It is hard to prepare for extreme winter weather when December in Kansas may be one of the warmest on record. However, variability seems to be a characteristic of our weather lately and a drop in temperature with or without above normal precipitation could create some very stressful conditions for livestock. Animals adapt to colder weather as we go through the fall into winter, but if there is an abrupt change, without acclimation, the stress is compounded. Planning ahead can lessen some of the challenges.

Many of us are all too aware of the impact wind has on what it takes to keep warm in the winter. Wind speed along with temperature, humidity, and solar radiation have been combined into an animal comfort index that can be used to classify the level of weather-related stress for cattle. The K-State Mesonet now provides both current conditions and a 7-day forecast of the Animal Comfort Index that producers can use for planning. During extreme cold, cattle need more energy just to maintain body heat. Windbreaks are a key tool in helping livestock cope with cold stress and reduce the amount of energy, and in effect cost, to maintain weight. Some of the best windbreaks

are multiple rows of established trees, but they take years to develop and serve a fixed location. If building a portable windbreak or a windbreak fence, the most effective for wind protection is 75 to 80% solid to reduce wind speed but prevent snow drifting. An opening of 4 to 6” at the base will promote drying and drainage.

Bedding is another tool to help livestock manage cold stress. Bedding provides insulation from mud and frozen ground and helps keep cattle clean. Shelter and bedded areas only calves can access will help young calves better cope with the winter weather. Bulls can be overlooked during the winter months however frostbite of the scrotum can cause anywhere from short-term to permanent damage to sperm production. Windbreaks and bedding are great tools to protect your investment in bulls and their genetics.

Drought has impacted forage availability in parts of the state and may make it harder to find sources of bedding. If needed, unrolling large round bales of good quality feed can do double duty as feed and bedding for a short-term solution. Feedlot calves that received bedding (4 lbs per head per day) during a particularly cold Janu-

ary gained 3.33 lbs per day compared to 2.25 lbs/day for un-bedded calves. For young or already stressed calves, bedding may minimize negative health impacts from the combined stressors. When cold stress occurs, feeding cattle late in the day can help cattle cope with night-time temperature declines as the heat of fermentation in the rumen will peak about 6 hours after consumption. Planning in advance for extreme weather will minimize stress on livestock and people. Plan for the worst but hope for the best.

Thanks to Sandy Johnson, Extension Beef Specialist, for sharing information related to preparing cattle for winter weather and for further information, contact me at any Post Rock Extension District Offices in Beloit, Lincoln, Mankato, Osborne, or Smith Center.

Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Blaire may be contacted at blairet@ksu.edu or by calling Beloit 738-3597, Smith Center 282-6823, Lincoln 524-4432, Mankato 378-3174, or Osborne 346-2521. Join us on Facebook at “Post Rock Extension” along with our website www.postrock.k-state.edu.

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1-10	28	7	
1-11	40	12	
1-12	28	5	.03 in 1/2" snow
1-13	12	-5	T
1-14	1	-11	T
1-15	4	-14	

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Farmers & Ranchers
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Total for the Week - Cattle - 1,678 Hogs - 43
Bulls - \$110.00 - \$120.00 Cows - \$95.00 - \$106.00

Strs		Hfrs	
300-400	\$310.00-322.00	300-400	NO TEST
400-500	\$295.00-304.00	400-500	\$255.00-265.00
500-600	\$284.00-295.00	500-600	\$255.00-266.00
600-700	\$249.00-260.00	600-700	\$212.00-224.00
700-800	\$225.00-237.50	700-800	\$188.00-199.00
800-900	\$210.00-222.00	800-900	NO TEST
900-1000	NO TEST	900-1000	NO TEST

Early Consignments for
Thursday, January 18th:

130 blk/charX s&h, 350-550, vaccs, off cow; 90 blk/red s&h, 600-700, wean Nov. vaccs; 65 mix hfrs, 750#s, long wean 2 rnd vaccs, open; 8 strs, 800#s, wean Sept., vaccs, dry wintered; 25 blk strs, 500-600, home raise, wean Nov.28, 1 rnd vaccs; 60 mostly blk strs, 900#s; 230 red/blk s&h, home raise, long weaned, vaccs; 17 blk hfrs, 700-800, home raise, long wean, vaccs; 65 blk hfrs, 850#s, PI negative, no sort; 60 blk hfrs, 600#s, wean 120 days, 2 rnd vaccs, wormed; 60 blk strs, 800-950, wean Nov.15, 2 rnd fall vaccs; 15 mostly blk strs, 600-800, home raise, wean 90 days; plus more by sale time.

Note CHANGE of date on wean/vacc Sale!!
Special Wean/Vacc Sale
Tuesday, January 23th:
Start time: 10 am.

9 blk s&h, 500-700, long wean, vaccs, Davison angus; 23 char/Rax strs, 750-800, wean 60 days, 2 rnd vaccs, poured, no implants; 41 blk s&h, 500-700, home raise, 2 rnd vaccs; 39 blk s&h, 550-650, home raise; 54 blk/bwf/rwf s&h, 500-600, wean Oct.1, 2 rnd vaccs, open, banded; 40 blk s&h, 600-700, home raise; 42 hereford/Rax s&h, 650-750, wean Oct.13, 2 rnd vaccs, open; 70 s&h, 600-700, wean Nov.10, home raise, Don Johnson sire; 80 angus/charX s&h, 550-700, running out; 80 blk s&h, 600-700, home raise, wean Nov.1, 2 rnd vaccs; 70 blk s&h, 600#s, Harmes sired; 900 blk s&h, 550-750, Walrod sired; 80 blk s&h, 700-800, home raise, off wheat; 50 blk s&h, 700-800, home raise, off wheat; 50 s&h, 550-750, 2 rnd vaccs; 45 blk s&h, 650-750, wean Oct.15, McCurry sired; 20 blk s&h, 500-525, wean 60 days, fall vaccs; 60 blk strs, 800-900, long wean; 150 blk s&h, 650-800; 40 blk s&h, 500-550, wean Oct.25, 2 rnd vaccs; plus more by sale time.

Note CHANGE of date on Cow Sale!!
Early Consignments for Special Cow Sale
January 30th: Start time: 11am.

Bred Heifers: 120 blk hfrs, ½ Schlessiger origin, rest are home raised, A/d 5/2 to KCF Bennett Exponential & TC Focus In, cleaned up bulls are angus & proven, pulled 7/1, 1100lbs - CVP; 36 blk/red hfrs, AI bred May 17, Reds bred to Kneibel Excellence or Blue Chip, Blacks bred to Connealy Comrade or Endeavor, Schuler clean up bull for 60 days, 1 scour guard shot mid November; 50 blk hfrs, AI to select sires, OCAV, "New Addition" cleaned up with Lyons & Harms angus, 60 days will have scourguard, all shots, home raised or off one ranch; 70 black/bwf, home raised, bred to Post Rock black Balancer or Miettler Hereford, calving 2-7-24 for 60 days, 2 rounds scour guard, very docile; 30 black/bwf heifers, bred Harmes angus proven calving ease bulls, calving Feb.20th for 75 days, 2 round scour guard, dewormed, vira-shield 6 VLF, OCHV'd; 100 black heifers, calving Feb. 15 for 60 days, Gardner angus, Montana origin, OCHV'd, scour guard, vira-shield; plus more by sale time.

Cows: 40 blk cows, 3-4 years, bred angus, early spring calvers; 90 blk/red angus, coming 3 years old, bred Jamison horn Hereford bulls, bulls in May 8, all raised calf, very gentle; 50 black cows, all 3 years old, coming with 2nd calf, bred to McCurry & Hinkson bulls, calving Feb.1st for 60 days or less; 30 red/blk, 3-8 years old; 35 angus cows, solid & older, bred Molitor angus, home raise, heavy bred; 105 red angus/blk cows, 3-7 years, SD & Montana origin, bulls in May 15, bred Judd Ranch Balancer & Lyons angus; 28 blk cows, 3 years old, 2nd calvers, bred Hereford or Optimizer, calving March for 40-50 days; 29 blk cows, solid short & broken mouth, start calving Feb.26, bred Gelbvieh Balancer; 10+10 young pairs; 50 black/bwf cows, 3-4 years old, bred Harmes angus & Gustasan horn hereford, calving Feb.20th; 19 black running age to older, bred black; 50 (40 blk, 10 red) 3 years old, bred black angus, calving Feb.1 for 60 days; 20 (10 blk, 10 red) 4 years old, bred angus, calving Feb.1 for 60 days; 10 blk/red angus cows, bred angus bulls, heavy bred; plus more by sale time.

Upcoming Special Sales

Cow Sales

January 30
February 20
March 19
April 16
May 7

Wean/vacc sales

January 23
February 6

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Kyle Elwood, Brandon Hamel, and Garren Walrod

Winter/ from page 1

or other drugs that are in a liquid suspension, including eye drops and cough syrup. You may have a first-aid kit in your car that contains antibiotics or burn creams. These products may lose effectiveness in extreme cold.

Many household cleaning supplies—including glass cleaners, dish soaps, and multi-surface cleaners—are high in water content, which means that frigid conditions can cause these liquids to swell and crack the bottle in the process. Other types of household cleansers, including laundry detergent and floor cleaners, contain surfactants and polymers that may separate or clump when exposed to the cold, reducing or eliminating their effectiveness. Bleach loses its effectiveness if it is stored at freezing temperatures for extended periods.

Water-based and latex paints should never be stored in freezing temperatures because the ingredients in the paint can freeze, expand, separate, and clump, rendering the paint unusable for your next decorating project.

Most canned vegetables and fruits are water-packed, which makes it just as risky to leave canned corn in the cold car as bottled water. Even if the can remains intact, the seals could break, allowing bacteria to get into the can and spoil the food. When in doubt, toss it out!

You may have heard that the alcohol content in beer and wine will prevent it from freezing. That's not exactly true. Although it takes longer, alcohol will eventually freeze—wine at 23 degrees, and beer at around 21 degrees Fahrenheit. Once that happens, those bottles will be just as prone to cracking and breaking as any other vessel.

Mother Nature designs eggshells to keep harmful bacteria from damaging the precious cargo inside. But

EPCRA PUBLIC NOTICE

(First Published in Lincoln Sentinel-Republican on Wednesday, January 17, 2024)

Accessibility of SARA Title III Hazardous Substance Information:

Section 324 of the Emergency Planning and Community Right to Know Act, also known as SARA Title III (Superfund Amendments and Reauthorization Act of 1986, PL99-499) requires public notice at least once annually informing the public of the means to access information about extremely hazardous substances that are manufactured, stored, and used within our community. Follow-up emergency notices may subsequently be issued.

Accordingly, information concerning LEPC meetings, SARA Title III hazardous materials planning which is included in our Lincoln County Emergency Operations Response Plan, materials safety data sheets (MSDS/SDS), hazardous chemical inventory forms, listing extremely hazardous substances manufactured, stored, or used within Lincoln County can be obtained during normal business hours by contacting Lincoln County Emergency Management at 785-524-5005.

Legal Notice

(First Published in Lincoln Sentinel-Republican on Wednesday, January 17, 2024)

Resolution No. 2024-02

RESOLUTION OF THE BOARD OF LINCOLN COUNTY COMMISSIONERS AUTHORIZING PARTICIPATION IN RURAL OPPORTUNITY ZONE STUDENT LOAN REPAYMENT PROGRAM CALENDAR YEAR 2024

NOW, THEREFORE, BE IT RESOLVED BY THE BOARD OF COUNTY COMMISSIONERS OF LINCOLN COUNTY, KANSAS,

Section 1. Pursuant to K.S.A. 2022 Supp. 74-50223, the Board of County Commissioners expressed its intent to participate in the Rural Opportunity Zone (ROZ) student loan repayment program.

Section 2. Lincoln County has been designated a Rural Opportunity Zone pursuant to K.S.A. 2022 Supp. 74-50222. As of July 1, 2022, the County population was 2,903 as certified by the Kansas Department of Revenue.

Section 3. Lincoln County Commissioners hereby obligate Lincoln County to participate in the ROZ student loan repayment program as provided by K.S.A. 2022 Supp. 74-50223 for a period of five years, which shall be irrevocable.

Section 4. Lincoln County agrees to pay in equal shares with the State of Kansas the outstanding student loan balance of any resident individual for five years if the resident individual meets the terms of qualification provided by the State of Kansas in K.S.A. 2022 Supp. 74-50223, and the appropriate rules and regulations. The number of qualified resident individuals receiving such payments will be subject to the availability of funds.

Section 5. Lincoln County intends to enter into partnerships with Cities, Employers, and Foundations for the direct sponsorship of Rural Opportunity Zone Applicants. Sponsored Applicants must meet all qualifications of the ROZ program. All sponsorships will be subject to ROZ student loan repayment rules and regulations.

Section 6. The maximum student loan balance for each qualified resident individual to be repaid jointly by Lincoln County and the State of Kansas shall be \$15,000 over a term of five years.

Section 7. Lincoln County shall allocate \$6,000 a year for the purpose of matching payments from the State of Kansas to qualified resident individuals. Lincoln County shall revise its ROZ budget on an annual basis submitting a new Resolution to the State of Kansas by January 30th each year. Lincoln County shall submit their obligation in full to the Department of Commerce before the first day of October each year.

BE IT FURTHER RESOLVED that this resolution shall be published once in the official county newspaper and shall be in effect from and after its date of publication.

Adopted this 8th day of January 2024 by the Board of Lincoln County Commissioners, Lincoln County, Kansas.

BOARD OF COUNTY COMMISSIONERS OF LINCOLN COUNTY, KANSAS

Debra Smith, Chairman

Debra Smith, Vice-Chairman

Ryley Mumby, Member

CLERK OF LINCOLN COUNTY

Attest:

Dawn M. Harlow, County Clerk

Legal Notice

(First Published in Lincoln Sentinel-Republican on Wednesday, January 24, 2024)

IN THE DISTRICT COURT OF Lincoln County, KANSAS
CIVIL DEPARTMENT

Colonial Savings, F.A.)
) Case No.LC-23CV7
Plaintiff,)
) Court No.
vs.)
) Title to Real Estate Involved
Roger E Holman, et al.)
) Pursuant to K.S.A. §60
Defendants,)

NOTICE OF SALE

Under and by virtue of an Order of Sale issued to me by the Clerk of the District Court of Lincoln County, Kansas, the undersigned Sheriff of Lincoln County, Kansas, will offer for sale at public auction and sell to the highest bidder for cash in hand at the steps of the Lincoln County Courthouse, Lincoln, Kansas, on February 14, 2024 at the time of 10:00 AM, the following real estate:

LOT TWENTY-THREE (23) AND TWENTY-FOUR (24) IN BLOCK TWENTY (20) IN THE CITY OF SYLVAN GROVE, LINCOLN COUNTY, KANSAS, AS SHOWN BY THE RECORDED PLAT THEREOF, Parcel ID No. 0531561302013002000. Commonly known as 220 N Main St, Sylvan Grove, KS 67481 ("the Property") MS216153

to satisfy the judgment in the above-entitled case. The sale is to be made without appraisal and subject to the redemption period as provided by law, and further subject to the approval of the Court.

Lincoln County Sheriff

By: MILLSAP & SINGER, LLC

Victor B. Finkelstein, #13410
vfinkelstein@msfirm.com
Chad R. Doornink, #23536
cdoornink@msfirm.com
8900 Indian Creek Parkway, Suite 180
Overland Park, KS 66210
(913) 339-9132
(913) 339-9045 (fax)
ATTORNEYS FOR PLAINTIFF
MILLSAP & SINGER, LLC AS ATTORNEYS FOR Colonial Savings, F.A. IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

when eggs freeze, the shells will often crack, allowing germs to enter the eggs and cause them to spoil. Even if the shells do not appear to be cracked, eggs that have been frozen won't look or taste like you're used to—the yolks become thick, and the eggs don't mix well with other ingredients.

Many people think of aerosol cans as fairly indestructible, but these handy containers for hairspray, spray paint, antiperspirant, lubricants, and other household products all come with temperature recommendations listed on the can that indicate that they shouldn't get too cold. Exposure to freezing temperatures can cause aerosol cans to crack and explode, causing damage to the interior of your car and breaking windows. Aerosol cans are best when stored between 45- and 65-degrees Fahrenheit.

Those pricey prescription lenses or stylish shades you just shelled out big bucks for should never be left in a cold car, because the frames and lens are susceptible to cracking and warping when exposed to freezing temperatures (to say nothing of the potential for theft!). Extreme cold also can cause the frames to snap and can shorten the lifespan of any protective coating on the lens.

Can gasoline freeze in a car? If you live where it gets really, really, really cold, you shouldn't carry full gas cans around in your vehicle. Depending on the specific blend of gas and additives, gas will freeze at somewhere around -40 to -180 degrees Fahrenheit. And while you might not live on a ranch in Montana (or in the Arctic Circle), there are further cold weather cautions to consider regarding gasoline.

Keep your car's gas tank filled more than half-full in the winter to prevent the fuel lines from freezing. You also may want to keep an eye on the tire pressure, because a drop of 10 degrees in temperature can cause a 10 percent reduction of the air in your tires. And while you're checking on fluids, make sure you top off the antifreeze and window washer fluids.

Products such as shampoo and conditioner, which have a high-water content, can suffer the same problems as household cleaners and paints. The texture, consistency, and viscosity of products such as foundation or face cream can be significantly altered by freezing and thawing. Additionally, freezing cold can alter enzymes by changing the chemical structures of certain proteins. In other words, that \$100 wrinkle cream may not function as it should if you leave it in your car overnight.

Everyone knows by now how dangerous it is to leave pets in a closed car in the summer, when temperatures can rise to dangerous, even fatal, levels in a matter of minutes. Cold temperatures can be equally dangerous to our furry friends, because the temperature inside a parked car plummets quickly to match ambient temperatures outside the vehicle.

Pets can succumb to hypothermia quickly, collapsing or even sinking into a coma; danger signs include shivering, lethargy, pale or gray gums, stumbling or lack of coordination, fixed and dilated pupils, and low heart and breathing rates.

It should be a no-brainer, but babies, young children, and elderly people should never be left in a cold car. According to the Centers for Disease Control, infants, children, and the elderly are more susceptible to hypothermia, which can quickly cause symptoms including confusion, excessive shivering, exhaustion, heart arrhythmia, and even possibly a coma. Escort your loved ones inside with you.

The lithium-ion batteries in wireless headphones will drain a lot faster in the cold, so don't expect them to fire up if you've left them in the car overnight. With wired headphones, cold temperatures can cause plastic insulation and rubber cables to become brittle and fragile. Solder points inside headphone jacks or USB connectors can break. As with other electronics, moisture condensation is a problem for headphones, too. (Cold weather can cause audio quality issues, as well.)

Keep yourself, you family and your home safe during this crazy winter weather by following these tips.

LAND AUCTION

Thursday, February 15th, 2024 @ 7:00pm
Where: The Finch Theatre, 122 E. Lincoln Ave., Lincoln, KS

311 Acres +/- of the N2 of Section 22
Township 13 Range 07, less RD & 3 acre
homesite, Lincoln County, Ks.

Combination Tillable, Pasture and CRP.
Productive tillable and pasture with spring
fed stock pond.

35 acres in CRP through 2030.
Annual payment \$1,730.00.

91 acres +/- Pasture.
171 acres +/- Tillable
13 acres +/- Waterway

Taxes are \$2,763.36 on 311.9 taxable acres

FSA Information ~ 315.70 Farmland Acres

~ 134.80 Cropland Acres Enrolled in

PLC Base/Yield

PLC ~ Wheat base 86.30/47
Grain Sorghum 48.50/65

Possession upon closing, subject to tenant
rights on pasture and acres planted to wheat.

Online bidding available. Complete
details on website.

SELLER: Lyne Family Farms
Clint Heller - Agent Cell # 785-545-5737
Ray Swearingen - Broker # 785-452-8498

