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Ribbon cutting for LouMae & Ash retail location

The ribbons were cut, and the doors were opened at the new LouMae & Ash retail location inside Village Lines at 139 W. Lincoln Avenue in Lincoln with the Chamber's official ribbon cutting Saturday, November 9.

Owner Heather Steen has created a warm and cozy atmosphere in her new retail location, with interesting display pieces and several added items.

"There are seven other artists/craftsmen offering merchandise in the shop," Steen said, including hats, cups and other printables, jewelry, and other things. Steen's merchandise is most prevalent in the shop.

LouMae & Ash will continue to do their customs printing in their print shop at W. Lincoln Avenue and 7th Streets.

Store hours are 11 a.m. to 4:00 p.m. Monday through Saturday.



Community members gather outside for the ribbon-cutting ceremony as the new LouMae & Ash retail location opens inside Village Lines at 139 W. Lincoln Avenue in Lincoln. Owner Heather Steen has crafted a warm, inviting space featuring unique displays and a variety of items from seven local artists and craftsmen, including hats, jewelry, and other handmade goods. (Courtesy photo)

Post Rock Community Foundation awards over \$65,000 in fall grants

During the fall grant cycle, the Post Rock Community Foundation (PRCF) awarded over \$65,000 to 16 projects throughout Lincoln County and the communities served by Unified School Districts #298 and #299.

USD #298 received \$1,383.90 to help fund the purchase of a hearing machine for the district and school nurse in order to provide hearing screenings for the students; \$279.99 for the purchase of a sand tray therapy kit for counseling students at USD 298; \$2,790.86 for a Newline smart board and stand, as well as literary books and resources; \$1,972.90 to purchase indoor and outdoor play equipment to be used on a daily basis; \$1,924.74 for the purchase of six Pocketaalk portable voice translators with covers and screen protectors to assist ESOL students in the classroom and communication in the Lincoln Elementary

Office; \$7,500 for the purchase of four Legacy Half-Racks that will be customized for Lincoln and used immediately in the weight room; \$2,491.94 to purchase a MacBook Pro laptop and books for the first grade



classroom; \$3,317 to purchase a drone and extra batteries for flying time, for a total award of \$21,661.33.

USD #299 was awarded \$5,216.99 to purchase a Saw-Stop table saw; \$8,000 to purchase a gym divider, needed fixtures and equipment to install at the Lucas Unified High school gym; \$3,300 for

the purchase of a large vinyl poster printer; \$11,700 for the purchase of a high jump mat, for a total award of \$29,805.95. Additionally, the Luray Community Foundation was awarded \$3,400 to purchase a

new fan, motor and shroud for the kitchen at the Luray Activity Center; the Lucas Historical Society was awarded \$8,000 to fund the guttering replacement and update the plumbing for an ADA restroom installation; Lucas Public Library received \$3,600 to provide at least three events per month including children's story

hours, classes, summer reading programs, etc.,

This round of grants was made possible by six funds at the community foundation including the Post Rock Community Action Fund, the Dane G. Hansen Community Grant Fund, the Patterson Family Foundation Fund and the Sylvan Area Fund, all of which focus on improving quality of life throughout the PRCF service area. The remaining funds - Kansas Health Foundation Fund for Post Rock and the Post Rock Healthy Living Fund support the public health of Lincoln County and communities serviced by USE #298 and #299. The foundation's next grant cycle opens March 1, with online applications due May 1, 2025. For more information visit <https://postrockcf.org/grants/>.

LJSHS Theatre Presents: Altar Egos: Dos and Don'ts of an American Wedding

Set your calendars for November 16 for one of the most entertaining evenings of the school year when Lincoln Junior/Senior High students present Altar Egos: The Dos and Don'ts of an American Wedding.

A young couple becomes engaged, dreaming of a simple wedding. That is, before the families get involved. You'll meet Mark and Colleen, the young lovers, and the McMaster and Frobisher families. The McMasters think the Frobishers are a bunch of snooty dudes, and the Frobishers picture the McMasters as a band of hillbillies.

Everyone from the dueling mothers to the bride's father and even the bride's kid sister get into the act that eventually turns chaotic, especially once you throw in a few football referees, tailors, circus ringmasters, caterers and an interpreter.

The performances are on Saturday, November 16 at 7:00 p.m. and Sunday, November 17 at 3:00 p.m. Admission is \$5 for adults, students (including college students) are \$3.00, and children five and under are free.



Book signing for local writer November 22

If you have never had an opportunity to read any of local writer Bev Nelson's essays about growing up in rural north-central Kansas, you have, up to this point, missed delightful memories told with a flare that brings the scenes to life. Her stories are easy to read, easy to envision and easily invoke memories of the readers' own.

You now have the opportunity to enjoy her essays in her recently released book "Tales from Trail Creek." Nelson will be on site at Village Lines from 1:30 p.m. to 3:00 p.m. to read selections from her book and autograph any for those who wish to purchase. Books will be available to purchase from Village Lines.

The event, sponsored by the Denmark Preservation Foundation, includes refreshments of Danish coffee and peppernut cookies. Village Lines also offers Danish Christmas decorations and a multitude of unique gift ideas.

History students hear the "real" stories

By Jyll Phillips, Lincoln-Sentinel

LJSHS History and Government classes spent the day at the Lincoln County Historical Museum recently in commemoration of Veterans Day and a chance for a "real-life" learning experience.

The students toured the military exhibits at the museum, seeing things they had only seen in movies up to that point - like a burka hijab from Iraq, uniforms from all branches of service during WWI and WWII, and scrapbooks and diaries kept by the soldiers in the battlefields so far from home.

The students also had the opportunity to hear per-

sonal stories of their time in the military from members of Lincoln Post #7928 of the Veterans of Foreign Wars. The veterans discussed their memories from their military days and fielded questions from the students.

While at the museum the students also had the opportunity to explore the museum complex and the artifacts on display including relics from the Indian Raids of 1869.

Thanks to their teacher, Mr. Cody Wolting, the students were able to view history from a different vantage point as the museum volunteers and local veterans brought history to life for them.



Local veterans from Lincoln Post #7928 of the Veterans of Foreign Wars share personal stories and memories with students from LJSHS History and Government classes. (Courtesy photo)

Family game night November 15



Lincoln Elementary is sponsoring a "Family Game Night" on November 15 from 6:30 p.m. to 7:45 p.m. A wide variety of games for all ages of kids will be available, creating a great opportunity to play some different games and get several ideas for holiday gifts. Families are also welcome to bring their own family favorites if they choose. This is an opportunity for quality family time as well as socialization.

Cash Grain

Corn.....	\$4.05
Milo.....	\$3.90
Soybeans.....	\$9.53
Wheat.....	\$5.13

Cash prices courtesy of Ag Mark

Community Calendar

Thursday, November 14

USD 298: 4pm - LJH Basketball vs Pike Valley
 USD 299: Great Plains Manufactory Day @ Salina
 10:20 to 4; HS Scholar Bowl @ Sylvan; 6:30 pm JH
 BB Tescott Tourney @ Tescott

Friday, November 15

USD 298: No Preschool - PBIS Training; 1:45
 pm School Play Dress Rehearsal 6-12 grades
 watch; 6pm - LES Family Game Night

Saturday, November 16

USD 298: 7pm - LHS Musical/Play
 USD 299: Lincoln Rec Basketball Camp at
 Sylvan

Sunday, November 17

USD 298: 3pm - LHS Musical/Play

Monday, November 18

USD 298: 7pm - USD 298 Education Foundation
 Mtg
 USD 299: 4pm JH BB @ La Crosse

Tuesday, November 19

Lincoln: Storytime @ Lincoln Library; 1:30
 pm Engineering a Sustainable Kansas -
 K-State Community Visit @ Finch Theatre
 USD 298: 4pm - LJH Basketball vs Lakeside
 USD 299: 6 pm Booster Club

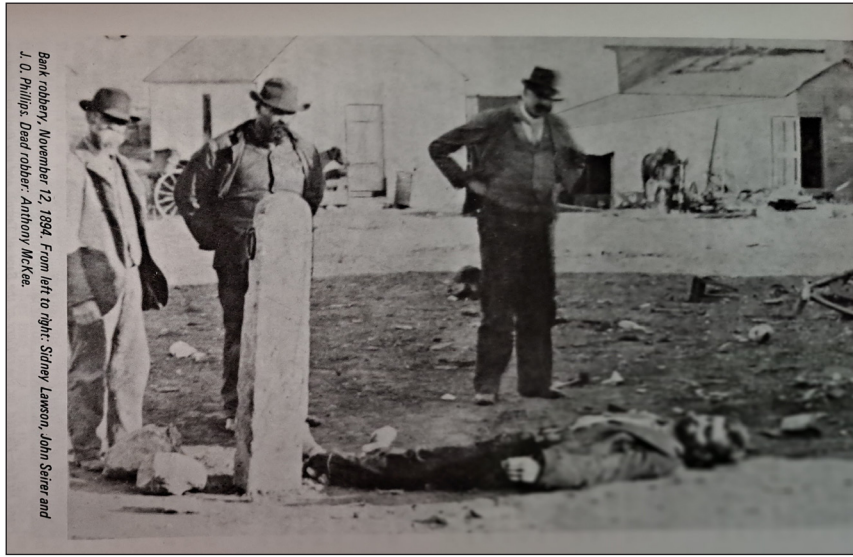
Wednesday, November 20

USD 298: 4th/5th grades to Ameritowne @
 Lenora; 6:30pm - LES/LJSHS Site Council
 USD 299: FFA Meats @ Abilene; HS Band in
 Seminar

Commodity Distribution held the third Wednesday
 every other month at the Lincoln Senior Center.
 (September, November, January, March, May, July)

Lincoln County Historical Society meets third Wednesday of each month @ 5 p.m.;
 Lincoln County Historical Museum is open Thursdays, Fridays, Saturdays. Call
 202.744.9041.
 LCEDF meets the second Wednesday of each month in the Courthouse basement. Call
 524-8954 for meeting time.
 The Lincoln County Commission meets each Monday, and the last working day of the
 month, at the courthouse.

Sylvan Grove Bank Robbery



Part 2 of 3
 by Terry Lilak, Sylvan Historical Society

November 12, 2024, marks the 130th anniversary of the Sylvan State Bank Robbery. This story investigates the facts and myths surrounding the McKee Gang and the man who ended its crime spree.

When Will D. Schermerhorn, 23, reported for work at the Sylvan State Bank on Monday, November 12, 1894, little did he know how the events of that day would change his life.

Will grew up in Elkhorn Township, southern Lincoln County, Kansas, where his father, Frank, owned the Schermerhorn Ranch and operated a general store. Will had been a student at Kansas Wesleyan University in Salina, Kansas, for two years. "He was a forcible and eloquent orator and ranked high in all of his classes...a trifle over six feet tall and 175 pounds, was able to outrank the majority of his fellow students in all athletic exercises." (Find-a-Grave, Rev. William David Schermerhorn)

Will's uncle, E.D. Schermerhorn, was on the board of Sylvan State Bank and owned dry goods stores in both Wilson (Schermerhorn & Lang) and Sylvan Grove (Schermerhorn & Co.). Through these connections and his job as assistant cashier at the Sylvan State Bank, Will was a familiar face in Sylvan. When bank cashier John Calene was called out of town on business that day, Will was left in charge of the bank.

About mid-afternoon that sleepy

Autumn day, three strangers on horseback approached Bill Osterfund, the owner of the Sylvan Meat Market, as he was headed on horseback to his farm. They asked for details about the town and were particularly interested in the bank. Osterfund gave them a "Chamber of Commerce" pitch about Sylvan, only to realize later that he had helped them case the town for their next bank robbery! (William Urban, "Sylvan Grove Bank Robbery," Old West, Fall 1973, pp. 24-25, 38).

The bank and the streets of Sylvan were nearly empty when the trio arrived in town. Two stayed on their horses in the street, making small talk with locals to take attention away from the bank, a small one-story wood frame building at the southwest corner of 1st & Main Street. The third man, described as having a heavy red mustache and scruffy beard, tethered his horse to a hitching post behind the bank near the blacksmith shop. He entered the bank through the front door on the east. Alone with Schermerhorn, he asked for some change for a dollar and commented about the lack of change available. He then asked for another dollar's worth of change, but did not offer Schermerhorn any money in exchange. He turned his back to the counter, and when Schermerhorn asked for the second bill, the robber quickly spun around and placed a gun at the clerk's head and yelled "Don't holler, or G-- D--- you, I'll blow your brains out!"

The outlaw then ordered the young clerk to fill a canvas bag with money from the safe. When

Schermerhorn refused, he was struck on the head by the outlaw's revolver. Not severely harmed, he feigned injury and fell to the floor where he happened to land atop an old rifle lying by the counter. The robber hurriedly scooped cash into the bag. Schermerhorn was ordered to unlock the back door and was cautioned to stay quiet for 10 minutes or he would be "shot full of holes." He obediently followed instructions, and the robber headed for his horse waiting in the alley.

Aware that the crook had not seen the rifle on the floor, Schermerhorn grabbed it up and headed out the front door. Peering around the corner to the west, he could see the outlaw mounting his horse. Schermerhorn took careful aim and fired a single blast that hit its mark, instantly sending the man into the great unknown.

The two startled accomplices fired back at Schermerhorn, leaving bullet holes in the bank. He attempted to return fire, but the old muzzle-loading Sharps rifle had fired its only shot. Not wishing to let them know he was out of ammo, he continued to duck back and forth around the corner as if to shoot again, possibly frustrating their efforts to retrieve the stolen money bag hanging on the robber's saddle horn. Simultaneously, the gents at the livery stable to the north and Karlowski's blacksmith shop to the west engaged in the fray. They undoubtedly saved Schermerhorn's life, but missed hitting the two fleeing horsemen who, in desperation, had fired some parting shots in the direction of their fallen comrade, either to shoot the reins of his horse free or to ensure "dead men tell no tales." (Marge Lawson, Honoring Our Heritage, 2001, pp. 39-44).

When the dust settled, left behind were \$1,734 in cash and the body of the bank robber. The unknown man was armed with ammo and medicine, "fixed to fight, to take care of his own wounds." (Lincoln Beacon, 11-15-1894). The photo shows (l-r) Sidney Lawson, John Seirer and J.O. Phillips looking over the body shortly after the shooting. This photo was later imprinted on postcards that were sold as souvenirs for 25 cents (Beverly Star, 12-28-1894).

- Monday, November 18**
Chicken Fried Steak, Potatoes & Gravy, Corn, Fruit & Bread
- Tuesday, November 19**
Turkey & Noodles, Steamed Veggies, Harvard Beets, Fruit Cocktail, Cookie, Roll & Milk
- Wednesday, November 20**
Chili w/Crackers, Coleslaw, Aplesauce, Cinnamon Rolls & Milk
- Thursday, November 21**
Oven Fried Chicken, Potatoes & Gravy, Green Beans, Strawberry Shortcake, Rolls & Milk
- Friday, November 22**
Salmon Patty, Potato Wedges, Creamed Peas, Cinnamon Baked Apples, Bread & Milk

Menu is subject to change.
 Call 785-524-4738 before 9:30 a.m. to reserve a lunch.
 The suggested donation for people over 60 or with current paperwork \$4.00. For people without paperwork or under 60, meals are \$7.00, mandatory.

Holiday events you won't want to miss

This time of year, it is so busy life may seem chaotic. School sports are in full swing, retail outlets are beginning their holiday marketing, we have to think about Thanksgiving, holiday gift giving and the kind of events that are only offered at one particular time of year. That time is now.

Here are a few early notices of things you might be able to squeeze into your holiday schedule as you shop.

LHS cheerleaders are selling fresh winter greenery as their holiday fundraiser. A variety of offerings from Lynch Creek Farm are available in-

cluding wreaths, centerpieces, garland and more. See the full product line at lunchcreekfundraising.com/campaigns/795424. Click the green Shop button next to a teammate and you're ready to roll. The cheerleaders will earn 15% of any eligible purchase. This is a terrific way to decorate and do something for your community at the same time.

You can't miss the Christmas Craft Fest at the Barn at the Midland Railroad Hotel, 414 26th St., Wilson, KS. The event is scheduled for November 16 from 10 a.m. to 4 p.m.

The first notification of the possible

appearance of Santa has been received by the Sentinel staff. On Saturday, December 7 from 8 - 10 a.m., at the Westfall Community Center, 2634 E. Elk Dr., Westfall, KS. Our reliable sources tell us Santa will be there to meet with kids and take pictures! Volunteers will also be serving biscuits and gravy, eggs, pancakes, fruit, coffee and hot chocolate! In the spirit of the holidays, the meals are all donated, and all donations will be used to fund the community improvements efforts. This may be your first Santa-sighting of the year, so don't miss out!

Letters to Santa

Drop letters to Santa in the box outside of the Lincoln Chamber office (144 E Lincoln Ave). Santa will pick up the letters when he comes to visit for the lighted parade Saturday, Dec. 14! The box is available Nov. 18 to Dec.

Make sure to include a return address so that Santa's elves can write back.



Salina
 809 Elmhurst Blvd (Main Office)

Abilene 420 NE 10th St
Ellsworth 1602 Aylward Ave
Lincoln 114 W Court St
Minneapolis 817 A Argyle Ave

CKMHC Crisis Services Available 24/7
 785-823-6322 or 800-794-8281

Help whenever you need it.

<p>988 Suicide and Crisis Lifeline</p> <p>If you or someone you know needs support now Call or text 988 Chat: 988lifeline.org</p>	<p>Crisis Text Line</p> <p>Serves anyone, in any type of crisis. Text "HOME" to 741741 Chat: crisistextline.org or connect on WhatsApp</p>
<p>Farm Aid Hotline (English or Español)</p> <p>If you or a loved one in the farming/ag community is struggling please reach out Call: 1-800-327-6243 or call/text 988</p>	<p>The Trevor Project</p> <p>Crisis Support Services for LGBTQ youth in need. Text "START" to 678678</p>
<p>Veterans Crisis Line</p> <p>A free, confidential resource for all service members. Call 988 and press 1</p>	<p>National Domestic Violence Hotline</p> <p>Text "START" to 88788 Chat: thehotline.org Call: 1-800-799-7233 (SAFE)</p>

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is seeking a part time outside sales person for our publications. Good Computer and Tech Skills are necessary for this position.

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Tim Schroeder
 Retirement Open House

November 13th • Wilson State Bank
 Beverly, Kansas

WILSON STATE BANK

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Monday Closed for Production	Tuesday 2 pm to 6 pm	Wednesday Noon to 6 pm	Thursday Noon to 6 pm	Friday Noon to 6 pm	Saturday/Sunday Closed
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How to have Your Thanksgiving pie and eat it too

By Jamie Rathbun

Family and Community Wellness Agent

The holidays are a fantastic time. We have family, we have friends, we have food...but how do we keep ourselves from overindulging in the oh-so-tantalizing holiday foods?

So many times, at Thanksgiving we see lists of tips on how to lighten up Thanksgiving foods. And initially that is what I thought about focusing on for this month's column- simple recipe modifications to make traditional holiday foods healthier.

But let's be honest, part of what many of us (myself included) are thankful for is that traditional turkey and gravy, those homemade mashed potatoes, the stuffing and of course ... the pie! With a little planning, you can enjoy that piece of pumpkin (or pecan or cherry or apple) pie and not feel overstuffed. Feeling uncomfortable due to overeating leads to a less enjoyable time with friends and family. Try these tips:

1. Don't skip on meals earlier in the day. Forgoing other meals because we want to savor food during the main meal leads to overeating and eventually feeling miserable. Plan to eat a healthy breakfast, and if the gathering is in the evening, eat a salad or healthy lunch before you go to the main event. It is also important to stay hydrated

throughout the day.

2. Downsize your plate size. Use smaller plates when possible for the meal and the pie. Your portions will automatically become smaller. Yet, they will still fill the plate, giving the impression of a larger and still satisfying meal.

3. Browse the buffet. Check out all the food before loading up on lesser-liked items.

4. Divide and conquer. Start out with half the food you want the first time it is passed, or when you serve yourself from a buffet. This also will force you to eat slower and give your stomach time to begin feeling full before you fill your plate with more food.

5. Make fruit and veggies a part of your plate. Serve a vegetable tray so there are some lower calorie choices or select these from a Thanksgiving buffet. If you're bringing a dish, bring some fresh fruit or vegetable salad.

6. Serve some foods separately. Rather than heaping the whipped cream on the pie for guests or mixing in the salad dressing, pass these higher calorie items and let people serve themselves. Also, include a lower calorie salad dressing choice.

7. Make your first bites of pie your best bites. According to psychologists, your first bites of food taste best. If you slow down when eating dessert, you'll


enjoy the taste more and can be satisfied with a smaller amount. Swallow each mouthful before taking the next bite! If you are becoming full, take the remaining pie home so you can enjoy it tomorrow.

8. Provide take-home containers for guests. Send extra food, or food people feel too full to eat that day, home with guests. Buy some inexpensive plastic containers or other take-home boxes. Avoid letting food sit out after a meal. Perishable food shouldn't be left at room temperature more than 2 hours.

9. Be mindful during the holidays. The average person may gain a pound between Thanksgiving and New Year's. That doesn't sound so bad; however, people don't tend to lose all this weight and it adds up over the years. There are usually plenty of opportunities to partake in higher-calorie foods throughout the holiday season. Plan ahead and check to see how hungry you are before you take your first bite.

The Post Rock District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith Counties. Contact Jamie Rathbun at jrathbun@ksu.edu or by calling 785-524-4432. Stay connected with "Post Rock Extension" on Facebook, Twitter, Instagram, and YouTube. Our website is www.postrock.ksu.edu.



BARNARD UNITED METHODIST Pastors Kaye & Jeff Metzler Adult Sunday School @ 10:00 am Morning Worship @ 11:00 am	LINCOLN PARK MANOR CHAPEL Morning Worship @ 9:30 am Afternoon Worship @ 2:30 pm
BETHANY CHURCH Eight miles north, six miles west and one mile north of Lincoln Sunday School @ 9:45 am Worship Service @ 11:00 am Evening Service @ 7:00 pm	LINCOLN UNITED METHODIST Pastors Kaye & Jeff Metzler Worship Service @ 10:30 am
BETHLEHEM LUTHERAN CHURCH LC-MS Pastor Christopher Craig Sylvan Grove, Kansas Sunday School following Worship Sunday Worship @ 10:00 am	PRESBYTERIAN CHURCH Sylvan Grove, Kansas Sunday School @ 10:00 am Church @ 11:00 am
BEVERLY COMMUNITY CHURCH www.beverlycommunitychurch.org Pastor Toby Flaming Sunday School @ 9:30 am Morning Worship @ 10:45 am	ST. JOHN LUTHERAN CHURCH Pastor Don Haselhuhn Lincoln, Kansas Two and one-half miles south of Lincoln on Highway 14 Sunday/Bible School...9:30 am Worship Service.....10:30 am
BEVERLY UNITED METHODIST Pastors Kaye & Jeff Metzler Church Service @ 9:00 am	ST. PATRICK'S CATHOLIC CHURCH Father Mark Wesely, Lincoln Rectory phone: 785-524-4823 Email: stpat327@gmail.com Sunday Mass @ 11:00 am Sunday CCD Classes @ 9:45 am Weekday Mass: Mondays - 3:30 pm
CENTRAL CHRISTIAN CHURCH Pastor, Chris Hall Sunday School @ 9:30 am Worship Service @ 10:30 am Nursery available during service Light Keepers Wed. @ 6:30 grades 6-12	ST. PAUL'S LUTHERAN CHURCH LCMS Pastor Don Haselhuhn Six and one-half miles south and 4 miles east of Lincoln Worship Service @ 9:00 am
CULVER METHODIST CHURCH Pastor Demerle Eckart 401 Main Street, Culver, Ks Sunday Worship @ 9:30 am Saturday Coffee @ 8-10 am	ST. PAUL'S LUTHERAN CHURCH, ELCA Pastor Rod Thompson, Tescott Worship Service @ 9:00 am
DENMARK EVANGELICAL LUTHERAN COMMUNITY CHURCH, ELCA Worship Service @ 10:30 am	TESCOTT UNITED METHODIST CHURCH Pastor Demerle Eckart Sunday School @ 10:00 am Worship @ 11:00 am
FAITH BAPTIST CHURCH Pastor Jonathan Schale Lincoln Park Manor @ 9:30 am Bible Study @ 10:30 am Worship Hour @ 11:00 am Afternoon Worship @ 2:00 pm Wed. Bible Study @ 7:00 pm	TRINITY LUTHERAN CHURCH, HUNTER Pastor Matthew Schneider Hunter, Kansas Sunday School @ 9:00 am Worship Service @ 10:00 am Midweek/Confirmation Wednesdays @ 4:30 to 5:45
FIRST BAPTIST CHURCH Pastor Carolyn Allen, Barnard Morning Worship @ 11:00 pm GRACE CHAPEL-HUNTER Pastors Kaye & Jeff Metzler Worship Service @ 9:00 am	St. John Lutheran Church  Two and 1/2 miles south of Lincoln on Highway 14 Pastor Don Haselhuhn. Service Times: Sunday School: 9:30 a.m. Morning Worship: 10:30 a.m.
LINCOLN COMMUNITY CHURCH www.lincolncommunitychurch.org Pastor Steven Rohn Sunday School @ 9:30 am Worship Service @ 10:30 am Ladies Prayer Group, Wed. @ 5 pm Awana @ Cube Wed. @ 6:30 pm "Teens for Christ" Sun. @ 7:00 pm Michael Pickering 785-488-7049	

Students selected for Honor Choir

The Sylvan-Lucas Unified High School Music Vocal Department is proud to announce that the following students were selected, by live audition, to the Northwest District Kansas Music Educators Honor Choir: Hannah Pahls, Mina Pahls, Maci Ortiz, Lexi McCarter, Lydia Heffel and Leila Stone.

Also auditioning on November 2, at Hays High School, were Aubrelle Hurlbut and Kadence Palmer. The audition for the District Honor Choir is also the audition for the State KMEA Mixed and Treble Choirs which will perform at the State Music Educators Convention, held in Wichita, Kansas, at the

Century II Convention Center in February 2025. Both Hannah and Maci were selected to these State Honor Groups last year.

The Northwest District Honor Choir will perform, along with the High School Honor Band and Honor Orchestra, on Saturday, December 7, 2024 at Beach/Schmidt Auditorium on the campus of Fort Hays State University in Hays, Kansas. The concert is at 3:30 and the admission fee is \$5.00, with students getting in free.

The Elementary Honor Choir will also perform on the same day at 12:30 p.m. in Beach/Schmidt Auditorium. Those students include

Briggs Seehafer, Micah Agler, Benton Barta, Ronni Stoppel, Emerald Ugboc and Cassidy Siebert.

The High School Honor Choir clinician and director is Troy Robertson, the Assistant Professor of Music and Director of Choral Activities at Bethany College in Lindsborg, Kansas. He is also the Artistic Director of the Messiah Festival, held in Presser Hall, which is the longest running performance of the "Messiah" in North America.

Troy Robertson received degrees in education, vocal performance and conducting from Missouri State University and UCLA.



COMMISSION MEETING MINUTES

October 28, 2024

The Lincoln County Board of Commissioners met in the courthouse commission meeting room on Monday, October 28, 2024. Chairman Dennis Ray called the meeting to order at 8:30 a.m. with Vice-Chairman Debora Smith present and Member Ryley Hembry absent. County Clerk Dawn Harlow was in attendance as recording secretary.

Others present for portions of the meeting: Jesse Knight, Dustin Florence, Joseph Baker, Tami Kerth, Marc Lovin, David Gerstmann, Elizabeth Sheldon, Dale Hlad, Tanya Paul, Leann Bishop, Mary Ann Stertz, and Felicia Strahm.

Correspondence: Resolution 2024-26; bills for Lincoln Park Manor; and

voting delegate forms for KCAMP and KAC.

Dennis Ray moved to approve Resolution 2024-26, enacting a burn ban effective today, seconded by Debora Smith. Motion carried. Dennis Ray moved to appoint Dawn Harlow as the voting delegate for KCAMP, KWORCC and KAC at the annual KAC conference, seconded by Debora Smith. Motion carried. Commissioner Ray related that a company had contacted him inquiring if the County planned to install lights in the newly built recycling center lean-to. No decision was made on this date.

Sylvan Grove Rural Fire Chief Marc Lovin presented Lincoln County Dispatcher Joseph Baker with a Certificate of Recognition for exceptional

performance during a high-stress incident on August 24, 2024.

Debora Smith moved to approve submitting an application to the Heritage Trust Fund for repairing and repainting the exterior wood windows and decorative metal on the south side of the courthouse, wrapping around the west and east sides to include all windows in rooms that have south windows, installing new storm windows at repaired windows, and repainting the clocktower, for Kelly Gourley to serve as grant administrator, and to commit to matching funds, seconded by Dennis Ray. Motion carried.

Hospital Board of Trustees Chairman David Gerstmann notified the board that the Lincoln County

Hospital & Health Care Foundation is donating the property located at 601 N 2nd St to the Lincoln County Hospital. Gerstmann requested the board pass a resolution to acquire the property on behalf of the hospital and meet at the hospital to take a picture in front of the property memorializing the donation.

Commissioner Hembry arrived at the meeting at 9:05 a.m. via telephone.

Health Nurse Administrator Elizabeth Sheldon provided an update on department activities, including flu shot clinics. Staff is completing training to conduct a diabetes prevention program. Sheldon related that she has been requested to teach a CNA class for Salina Tech at USD 298

See "Commission" page 6

Church schedules are made possible by the following sponsors:



St. John Lutheran Church

St. Paul's Lutheran Church



The Post Rock Cluster of the United Methodist Church
Barnard - Beverly - Hunter - Lincoln

If you would like to sponsor these area churches, please contact the Lincoln Sentinel at 785-524-4200.

Attention Lincoln Readers

In the foyer of the newspaper office at 141 W Lincoln Ave there is a blue drop box into which you can place payments, ads, etc.

There are also papers in the foyer available for purchase. If for any reason you don't receive your paper with your mail delivery, please feel free to pick one up at the office.

Guest Editorial Second Saturdays

Outside of holidays, the most important date on the calendar when I was growing up was always the second Saturday of November or the traditional opening of pheasant and quail seasons. While I did plenty of quail hunting in east Kansas, we always headed west for the opening day to chase ring-necked pheasants.

While life has interrupted my participation for the last several opening weekends, including this year's, the memories of past hunts are always on my mind when the time rolls around. Provided we were heading to the far western frontier, pheasant hunting remains the only reason I was ever permitted to leave school early without suffering a dire illness.

Leaving in the early afternoon still meant hours of driving after dark until we arrived at our destination. We'd scroll through AM radio stations and listen to high school football games we didn't have a rooting interest in.

Lodging arrangements varied from hotels to the spare bedrooms and basement couches of friends and extended families. I still smile when I check in to a hotel that prominently asks guests to refrain from cleaning birds in the rooms. I've never done that, but I understand why the signs are there.

We'd rise well before daybreak to make it to the fields, stopping for a quick bite at some breakfast fundraiser held in either a church basement or VFW hall. The food was always good and fellow diners included a large number of people in orange coats and vests taking part in the same ritual.

After fueling up, it was on to the hunt, which consisted of walking down rows of harvested corn and milo fields hoping to flush a rooster close enough to get a shot off. On a good field you could see birds running down the rows. Blockers at the end of the field helped hold the pheasant until those walking the fields and the dogs could arrive.

Ideally the dogs would assist in the hunt by helping push the birds or go on point and calmly wait for someone to get close by before flushing the bird. In reality, the mix of labs and German shorthairs our group hunted with were as likely to charge ahead with wild abandon as they were to stay on point.

When everything went to plan, there's nothing that can replicate the rush of a pheasant taking off in front of you. The rustle of wings against the crop stubble followed by seeing a bright green head contrasted against a rooster's coppery body gets your heart pumping.

Under the best of circumstances, the pheasants would fly against a blue sky, but we also hunted in some truly miserable conditions. Only once can I remember quitting early. It was late in the afternoon of a perfect November Saturday and we stopped to hear Greg Sharpe call the fourth quarter of a K-State-Nebraska game.

That was a good year for pheasants and football. This year's crop of ringnecks is looking good according to roadside surveys. The 100,000-plus hunters who will chase them from now until the end of January should have plenty of opportunity.

I hope to be among them at some point over the next few weeks. Even though it won't be quite the same as all those hunts that began on the second Saturday of November.

- Greg Doering, Kansas Farm Bureau "Insight" is a weekly column published by Kansas Farm Bureau, the state's largest farm organization whose mission is to strengthen agriculture and the lives of Kansans through advocacy, education and service.

CONTACT HOURS

Our phones for JLS Group, comprised of The Hill City Times, Dickinson County News-Times, and Lincoln Sentinel-Republican will be answered Tuesday - Friday from 12 pm to 6 pm CST. 785-524-4200

Voicemails outside of those hours will be returned as we are able. If you can text or email lincolnksnews@gmail.com that would be best for Kess.

Please leave a voicemail as calls without them will not be returned due to an increase in spam calls.

Thank you and we look forward to hearing from you!

PRAIRIE DOC - BY CHRISTINA YOUNG, DIRECTOR FOR THE CENTER FOR THE PREVENTION OF CHILD MALTREATMENT

Protecting Children from Online Harms

With the rapid rise in internet use among children, the dangers of online exploitation have grown alarmingly. Children's access to the internet has become nearly ubiquitous, especially following the COVID-19 pandemic. Remote learning, online gaming, and social media are now integral to daily life, meaning more children, even preschool-age children, are regularly online, often unsupervised and unprotected. This new reality demands that we consider not only physical safety for our children, but also the dangers they are facing online.

The Scope of the Issue

In 2022, the National Center for Missing & Exploited Children received almost 32 million reports of suspected child sexual abuse materials (CSAM), representing 88.3 million files. In 2023, more than 100 million such files were reported. There has also been an increase in "self-generated" content (children taking pictures of themselves and sharing it with others online), involving children as young as seven, shows how manipu-

lation and grooming by online predators are impacting younger children.

Another concern is how easily children can access harmful content—often unintentionally. One study found that 15% of children encounter pornographic material before age 10, often due to algorithms or suggested content. This early exposure to harmful content can initiate a cycle of curiosity and risky behavior online. Over time, children can become desensitized and seek more extreme material, a phenomenon known as "content escalation." This can distort their understanding of healthy relationships and boundaries which could lead to long-term psychological and social risks that complicate their ability to form safe, meaningful connections.

Understanding Risk Factors

Every time a child accesses the internet, they face potential risks. Children with low self-esteem, developmental challenges, or mental health struggles are particularly vulnerable to manipulation. Sensation-seeking

behaviors and inadequate supervision heighten this risk, as children venture into digital spaces that leave them exposed to harm.

How Technology Compounds the Problem

Artificial intelligence (AI) and social media are significant drivers of online exploitation. AI enables the creation of "deep fakes," complicating victim identification and creating new avenues for child exploitation. Meanwhile, social media algorithms frequently push harmful content to young users, and data privacy concerns remain largely unaddressed. Platforms designed for engagement can lead to addictive behaviors, making children even more vulnerable.

The Path Forward: What We Can Do

We have a shared responsibility to protect children. Here are essential steps we can take:

Legislative Advocacy: State and federal laws should require paren-

See "Doc" page 6

POST ROCK EXTENSION DISTRICT

Time to Round Up Your Gardening Tools

By Cassie Thiessen
K-State Research and Extension Post Rock District Horticulture Agent

With the cooler temperatures and longer nights, our gardens have come to an end. That means it is time to round up our gardening tools and tuck them safely away for next year. It is important to take care of your favorite gardening tools, lawnmower, and garden hoses by bringing them inside for the winter. A few extra minutes on a nice fall day can help preserve your tools and keep them in top shape for years to come.

Once you are done mowing for the year, be sure to service your lawn mower before putting it away. For gasoline-powered engines, drain the gas tank or use a gasoline stabilizer. Untreated gasoline can become thick and gummy. After removing the spark plug, squirt a few drops of oil inside the spark plug hole to help lubricate the cylinder. While you have the sparkplug removed, replace it with a new one. If your equipment has a battery, clean the battery terminals with a wire-bristled brush to prevent cor-

rosion in the off-season. The battery can then be removed or connected to a battery monitor that will keep it charged over winter. If you remove the battery, be sure to store it in a protected location for the winter, such as a cool basement. Now is also an excellent time to sharpen mower blades so they'll be ready next spring.

Shovels, hoes and other common garden tools often have wooden handles that can deteriorate over time. Storing tools in a protected location can slow that process, but normal use will still expose the tools to the elements. The end of the season is a good time to clean up and protect the handles so they will last for many years. Weathering can raise the grain of wood, resulting in splinters. A light sanding can smooth the handle. Follow sanding with a light application of wood preservative, linseed oil, or polyurethane to protect the wood. Wipe off any excess coating after a few minutes since oil-based products can attract dirt. Clean any dirt off metal parts and coat with a light application of oil to prevent rust.

Hoses and shallow irrigation lines

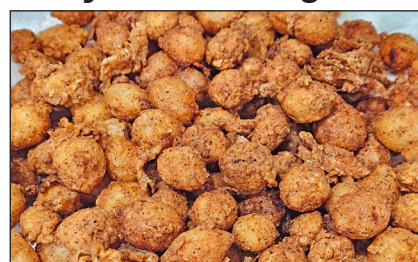
may be damaged over the winter if water is not drained from them. If there is a main shut-off valve for the irrigation system, close it; then run through the zones to make sure any pressure has a chance to bleed off. Lawn irrigation systems usually have shallow lines. Though some lines may be self-draining, check to make sure there are no manual drains. If manual drains are present, they should be opened. Be sure to make a note and map them so you remember to close them next spring before the system is pressurized. Drain hoses by stretching them out and coiling them for storage. Water will drain as you pull the hose toward you for coiling. Store hoses in a protected place. UV light from the sun can make hoses brittle over time.

If you have any questions on how to prepare your equipment for the winter season, contact any Post Rock District Extension Office.

Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Cassie may be contacted at cchiessen@ksu.edu or by calling Beloit (785-738-3597).

SPICE UP YOUR LIFE - LINDSAY YOUNG

Get your snack game in full bloom this week



Mini blooming onions are pearl onions that are battered and fried to create the same great flavor as the classic carnival dish without all the effort and mess.

We were enjoying some time with friends at the Kansas State Fair one year, when I told Joey I was in the mood for a blooming onion and was going to go around the corner to buy one.

I asked if he wanted his own, and he looked at me like I had two heads. "No. I'm good to share. That's a lot of fried onion," he told me. Fair enough.

While I was waiting for my onion, two ladies in front of me received theirs. They immediately turned around and said, "Hey, while we were waiting, we decided we don't want this. Do you want it?" I figured, "Why not?"

When I showed up back to our friends with two blooming onions in tow, I felt like the universe had spoken, but I'm pretty sure Joey thought I made up the whole story just so I wouldn't have to share with him.

That's why this week's recipe really appealed to me. It was a good way to get the flavors of a blooming onion in a small, easy-to-make version.

This recipe, from Trisha Haas, comes

from the blog "Salty Side Dish." You can find the original post at <https://www.saltysidedish.com/fried-pearl-onions/>. I doubled the seasonings in my version (except the salt). Also, if you want to use an air fryer for this, see her recipe for the directions.

Mini Blooming Onions

Ingredients

- 12 ounces frozen pearl onions, thawed and drained well
- 2 eggs
- 1 cup flour
- 2 teaspoons cayenne pepper
- 2 teaspoons paprika
- 2 teaspoons onion powder
- 2 teaspoons garlic powder
- 1 teaspoon black pepper
- 1 teaspoon salt
- Vegetable or canola oil for frying (I used about 1 cup)

Directions

Drain the thawed pearl onions well, and lay them on some paper towels to help dry them as much as possible.

In a bowl, beat the eggs, and set it aside. In another bowl, stir the flour and seasonings together and set it aside.

Add oil to a skillet (I used a six-inch pan and fried in batches) to about one inch in depth. Heat it over medium-low heat until the oil registers 370 to 400 degrees on a candy thermometer.

Prepare a plate by lining it with paper towels, and set it aside.

Coat the onions in the beaten eggs, and then transfer them to the bowl with the flour, tossing to coat them

completely.

Tap off any extra flour and carefully drop the coated onions into the hot oil. Let them fry for five to eight minutes or until the onions reach a deep brown color to your liking.

Remove the fried onions from the oil with a slotted spoon and place them on the lined plate to drain.

Serve the onions while hot, along with your favorite dipping sauce.

These were really tasty. I will say that the cayenne pepper made them have just a slight, lingering spiciness, so if that's really not your cup of tea, I would leave that out of the mix.

The unfortunate side effect is that our house smelled like the midway at the fair for a bit, though, so be warned. You won't be able to sneakily give this recipe a try. Everyone will know you made it.

But if you like a blooming onion like I do, this was so much easier to make, and it was less work and mess than even onion rings, which I also appreciated.

Joey shared this plate with me as a nice side to a meal, and I opted not to remind him of the free blooming onion story. I'm still not totally sure he believes my version of the tale. Regardless, I would also like to state for the record that he didn't end up complaining about getting to indulge in some fried, onion-y goodness, either.

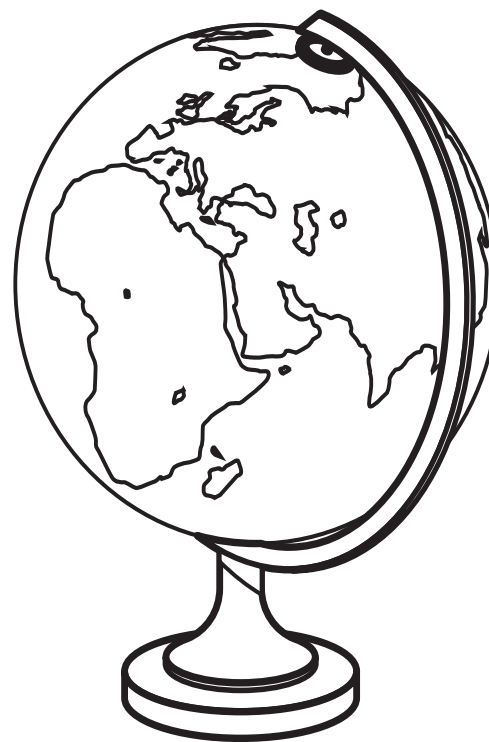
Spice Up Your Life is a weekly recipe column by Lindsey Young, who describes herself as an enthusiastic amateur cook and can be reached through her website at spiceupkitchen.net.

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Creative Coloring

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THIS DAY IN HISTORY



332 BC: Alexander the Great is crowned pharaoh of Egypt.

1889: Journalist Nellie Bly begins a successful attempt to travel around the world in fewer than 80 days.

1960: Ruby Bridges is the first black child to attend an all-white school in Louisiana.

World FACT:

This is the study of the physical features of the earth and its atmosphere.

Answer: Geography

Double Word Puzzle

Unscramble the words to reveal the sentence.

RTAEH
1 2 3 4

GOEBL
5 6

DITSSEU
7

RWKO
8

X P L
1 6 2 1 3 4 1 8 6 2 5 7

Answer: Explore the world

NEW WORD

TERRAIN

a stretch of land, particularly in regard to its physical features

How they say that in...

- English:** Soil
- Spanish:** Tierra
- Italian:** Terra
- French:** Terre
- German:** Erde

Did You Know?

Asia is the largest continent in the world by area. It stretches from the Mediterranean Sea to the Pacific Ocean.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Antique map

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Weekly Temps

	High	Low	Rain
11-5	56	44	.31
11-6	60	37	
11-7	62	37	
11-8	57	44	.36
11-9	49	38	1.15
11-10	57	39	
11-11	66	36	

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Farmers & Ranchers Livestock Commission Co.

Total for the Week - Cattle - 3986

Bulls - \$149.50 - \$162.00 Cows - \$120.00 - \$147.00

Strs	Hfhrs
300-400 \$360.00-375.00	300-400 \$340.00-362.00
400-500 \$370.00-385.00	400-500 \$310.00-326.00
500-600 \$300.00-321.00	500-600 \$270.00-292.00
600-700 \$285.00-305.00	600-700 \$252.00-270.00
700-800 \$260.00-273.00	700-800 \$230.00-248.00
800-900 \$240.00-257.50	800-900 \$226.00-239.50
900-1000 \$230.00-249.50	900-1000

Early Consignments for Thursday, November 14th:

147 blk s&h 600-750 home raised, weaned Sept; 50 blk str 600-650 home raised, fall vacc, no implants; 16 s&h 600-700; 8 blk s&h 800 home raised, long weaned; 60 str 875 no sort; 200 s&h 500-600 spring vacc; 65 blk str 550-675 spring vacc, Don Johnson sired plus more by sale time.

Early Consignments for Tuesday November 19th Cow Sale-11 a.m start time

Bulls: 7 red & char bulls semen checked; 1 18 mo old blk virgin bull semen checked, 6 charolais yearling to 3 yr olds semen & trich tested

Bred Hfhrs: 4 blk & char hfhrs; 275 blk hfhrs off Montana Prison (Sitz Angus) bred to Stucky Angus (kingman)LBW sons of Conneally Consensours start Jan 20 for 75 days; 80 blk hfhrs; 45 blk hfhrs 1050# start Jan 22 for 60 days bred blk; 15 sim/ang hfhrs 1100# bred to B&D lbw angus bulls fancy

Cows: 100 blk/red angus pairs 3-5 yrs; 35 pairs all ages; 70 blk/red angus 3-5 yrs bred blk/red angus bulls sons of Heavy Hitter; 150 blk/red angus cows 3-5 yrs spring calvers; 48 bwf 3 yr old cows bred sim/angus; 35 blk cows 3-5 yrs bred char; 125 blk cows 3-5 yrs bred blk spring calvers; 50 blk/red cows 3-5 yrs spring calvers; 35 blk/red cows 3-5 yrs heavy bred; 160 blk cows 7-8 yrs Jan-Feb calvers bred to Don Johnson bulls; 20 older red angus cows bred red angus Feb calvers; 45 sim/angus cows bred sim/angus 3-10 mostly younger start Feb 10th; 40 blk/red angus pairs 3-5 yrs; 80 mostly blk cows 3-5 yrs bred blk or red; 32 blk/bwf/red angus 4 to older bred red angus start Jan 25th; 55 red angus cows few pairs 4-6 yrs Harms genetics bred Harms red angus bulls (complete dispersal) plus many more. For a complete listing please visit our website

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Crop Pest Management Schools

K-State Research & Extension - NC/NW Region

K-State Research and Extension, NW Region Extension Counties/Districts are hosting two Crop Pest Management Schools, November 19, in Beloit at the Methodist Church (801 N. Bell Street) and November 20 in Dighton at the United Methodist Church (140 E. Vine Street) starting at 7:45 a.m. with registration and concluding at 5:00 PM. Join us to learn about how to control the latest pests – weeds, insects, and diseases – effecting all crops in

central and western Kansas! Commercial Applicators will earn 1 Core Hour & 7 Hours for 1A, certified by Kansas Department of AG. Certified Crop Advisors (CCA) will also earn 8 Pest Management Credits. These schools would also be an excellent educational opportunity for producers as well! The cost to participate is \$50 if registered by November 11, after that date the fee is \$75. Those wishing to participate are asked to

register by Monday, November 11, by midnight. Simply go to: <http://www.northwest.k-state.edu/events/crop-pest-management-school> or to any Extension Office website in the NC/NW region or call Jeanne Falk-Jones, K-State Research and Extension, Multi-County Agronomist, 785-462-6281 or Lacey Norderman, Walnut Creek Extension District, 877-798-3921 or Sandra Wick, Post Rock Extension District, 785-282-6823.

Grant Applications open for 2025 Patrick Leahy Farm to School Program

USDA is excited to continue its support for local foods in schools by opening applications for the 2025 Patrick Leahy Farm to School Grants.

For the first time, USDA is allowing organizations to select the type of Farm to School Grant that best fits their needs by offering three different requests for applications. Each organization can only submit one application for one grant: The Implementation Grant (\$50,000 to \$500,000) supports the establishment or expansion of comprehensive farm to school projects. The State Agency Grant (\$50,000 to \$500,000) helps state-level agencies implement local sourcing and agricultural education activities. The Turnkey Grant (\$5,000 to \$50,000) is for organizations interested in projects related to launching or enhancing farm to school activities; agricultural education; or edible gardens.

Applications are due by January 10, 2025. K-12 schools nationwide serve

meals to about 30 million children every school day. These meals provide critical nutrition to children and the foundation for our nation to have a healthier future. And when local foods are incorporated into school meals, it boosts nutrition, strengthens supply chains, and supports farmers and producers across America.

Earlier this year, USDA awarded the 2024 Farm to School Grants, a record-breaking \$14.3 million for 154 projects in 43 states, the District of Columbia, Guam and Puerto Rico. These investments will help 1.9 million children eat more tasty, nutritious foods in school, while supporting farmers and producers in their local and regional communities.

More About Farm to School While an important part of farm to school is serving local foods, it can also include activities such as growing a school garden, tasting new foods and visiting local farms, which provide experiential learning opportunities for children. The new USDA Farm to School

Census reports that participation in farm to school activities has grown by 14% since the 2019 Farm to School Census. Additionally, school districts with a high percentage of students receiving free or reduced-price meals are as likely to participate in farm to school as lower-need school districts, meaning schools in communities of all income levels are enjoying the benefits of farm to school. Learn more about what's happening with farm to school across the country by visiting the Farm to School Census website at <https://farmtoschoolcensus.fns.usda.gov/>.

Farm to school is also a team effort. A new FNS report, "Bringing Local Foods to Students: Achievements and Learnings from Farm to School Grantees," found that the grants led to higher student participation in school meal programs and more collaboration between school, community and supply chain partners. Learn more about the effectiveness of Farm to School Grants by reading the full report.

KCC is laying the groundwork to make Home Rebates available in Kansas and wants your input

TOPEKA – The Kansas Corporation Commission (KCC) is moving closer to launching the Kansas Home Rebates Program to help Kansas households lower energy costs and improve the comfort of their homes. Under the program, established by the Inflation Reduction Act, Kansas is set to receive \$105.6 million to lower energy costs for low to moderate income households.

The KCC has partnered with HORNE, a nationally recognized

professional services firm, to assist the agency with the program design, application development, and implementation process. As a part of the program planning process, the KCC is scheduling engagement sessions with stakeholders (Kansas utility companies, contractors, other State agencies, and the community) to ensure the Home Rebates program is tailored to meet the Sunflower state's needs.

For Kansans to be able to access the rebates, the U.S. Department

of Energy (DOE) must approve the program design and grant applications, which are due by January 31, 2025. Rebate funding is expected to be accessible to Kansas households in 2025 following the application submission and DOE approval.

In the meantime, Kansans can visit the KCC website for information on how to participate in the engagement sessions, learn more about the Home Rebates program, track the status, and find answers to frequently asked questions.

Commission/from page 3

for the second semester and requested permission. The board approved Sheldon to teach the class and allow a modified work schedule during the work week to accommodate the time she will be absent.

Public Works Director Dale Hlad reported on an issue with an individual who has started to install a fence on county road right-of-way. Hlad provided an update on department activities.

Ambulance Service Director Brandon Cochran provided an update on bookkeeping activities for the department.

Commissioner Hembry departed the meeting at 9:50 a.m.

The board approved signing a letter of support for the Bethlehem Lutheran Church grant application.

Tanya Paul, DVACK, requested that the board proclaim October as Domestic Violence Awareness Month. Dennis Ray moved to declare October 2024 as Domestic Violence Awareness Month, seconded by Debora Smith. Motion carried.

County Treasurer Leann Bishop, Deputy Treasurer Mary Ann Stertz, and Human Resource Officer Felicia Strahm requested approval to employ Serrina Schneider. Debora Smith moved to employ Serrina Schneider, Grade 13 Step 19, \$17.10 per hour as a full-time clerk/secretary in the Treasurer's Office,

effective November 12, 2024, seconded by Dennis Ray. Motion carried. Deputy Treasurer Mary Ann Stertz provided the 3rd quarter 2024 Treasurer Quarterly Interest Earned on Idle Funds report for the board's review.

Terry Heller issued a complaint about offices being closed in the courthouse during business hours.

Felicia Strahm requested an executive session to discuss an employee's status. Dennis Ray moved to recess into executive session for ten minutes for the purpose of discussing noxious weed employees, pursuant to K.S.A. 75-4319(2)(b)(1) to discuss personnel matters of non-elected personnel, to reconvene in the courthouse commission meeting room, with the commission, HR Felicia Strahm, and County Clerk Dawn Harlow, seconded by Debora Smith.

Motion carried. Time in: 10:37 a.m. Time out: 10:47 a.m.

The chairman reconvened the meeting to regular session at 10:47 a.m. with no action taken.

Dennis Ray moved to approve the October 21st minutes as presented, seconded by Debora Smith. Motion carried.

The chairman adjourned the meeting at 10:57 a.m. The next meeting will be in the courthouse commission meeting room at 8:30 a.m. on Friday, October 31, 2024, in front of

the Lincoln County Hospital.

October 31, 2024

The Lincoln County Board of Commissioners met on Thursday, October 31, 2024. Chairman Dennis Ray called the meeting to order at 8:30 a.m. at the hospital to take pictures for the home donated by the Lincoln County Hospital & Health Care Foundation to the Lincoln County Hospital. Vice-Chairman Debora Smith and Member Ryley Hembry were present.

The chairman recessed the meeting to the courthouse commission meeting room at 8:36 a.m. and reconvened the meeting to regular session at 8:42 a.m., with Commissioner Hembry absent. County Clerk Dawn Harlow acted as the recording secretary.

Others present for portions of the meeting: Jim Metz, Tawnya Seitz, and Felicia Strahm.

Dennis Ray moved to approve October payroll in the amount of \$229,470.87, seconded by Debora Smith. Motion carried. Dennis Ray moved to approve accounts payable in the amount of \$349,571.12, seconded by Debora Smith. Motion carried.

The chairman adjourned the meeting at 9:12 a.m. The next meeting will be in the courthouse commission meeting room at 8:30 a.m. on Monday, November 4, 2024.

Doc/from page 4

tal consent and enforce stricter age restrictions on content. Contacting legislators and advocating for child-centered online safety laws is vital.

Community Education: Parents, professionals, and policymakers must recognize the gravity of online risks. Education on privacy settings, content controls, and open dialogue with children can empower families to create safer online spaces.

Utilize Available Resources: Many organizations provide resources and reporting mechanisms. Platforms like the South Dakota Center for the Prevention of Child Maltreatment offer information on preventing online child abuse.

Protecting our children requires proactive steps from every part of our community. By remaining vigilant and informed, we can build a safer online environment and help our children navigate the digital world with resilience and security.

For more information on protecting children from online harms, visit the South Dakota Center for the Prevention of Child Maltreatment's website. Together, we can make a difference.

Christina Young has been an influential figure in the child welfare field for over a decade, dedicating her career to the well-being of children and families. She directed an in-home family services program covering

30 western counties in Iowa, demonstrating her commitment to community-based support. Christina has also served with a Single-Family Office and as COO of a mid-sized, midwestern law firm. Christina has a bachelor's degree in psychology and a master's in human services administration. Follow The Prairie Doc® at www.prairiedoc.org, Facebook, Instagram, Youtube and Threads. Prairie Doc Programming includes On Call with the Prairie Doc®, a medical Q&A show (most Thursdays at 7pm on streaming on Facebook), 2 podcasts, and a Radio program (on SDPB), providing health information based on science, built on trust.

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Lincoln County Historical Society
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- *4,000 Ac +/- Ranch @ Delphos & Minneapolis. Call Ray!
- *115 Ac +/- Tillable SW of Hunter. Call Clint!
- *Investment Opportunity! 110 Ac +/- Tillable. Operator would like to sell & lease back. Glasco Area. Call Ray!
- *215 Ac +/- Tillable & Hunting. SOLD!

COMMERCIAL

- *104 N. Nelson, Bennington, KS. 1,330 Sq Ft Building. Call Ty!

HORIZON HOMES

- *500 N. Stark St., Bennington, KS. 3 Bed/2 Bath, 1,200 Sq Ft Home. Call Samantha!
- *301 N. Pennsylvania Ave., 3 Bedroom, 2 Bath Home in Sylvan Grove. Call Clint!
- *10 Ac +/- Homesite & Building in Jewell County. SOLD!

CONTACT INFORMATION

Ray Swearingen - Broker/Owner (785) 452-8498
Clint Heller - Sales Agent (785) 545-5737



NOTICE OF PUBLIC AUCTION

I, Jared C. Spear, owner of S&S Autobody, Lincoln, Kansas, will offer for public sale and will sell to the best and highest bidder for cash, with the purpose of satisfying service and storage thereupon, for the following vehicles:
2008 GMC Acadia - VIN#1GKEV23788J288940 - Color: Black - Personal Property: None
1997 Oldsmobile Cutlass Supreme - VIN#1G3WH52M6VF320900 - Color: Teal - Personal Property: None
2006 Ford F150 VIN#1FTPW14V86KD74054 Color: White - Personal Property: None
2003 Toyota Avalon VIN#4T1BF28B93U324890 Color: Gold Personal Property: None
The public auction is hereby set for December 3, 2024 at 9:00 a.m. to be held at the business office of S&S Autobody, 229 W. Lincoln Ave, Lincoln, Kansas 67455. The same is sold as the property of S&S Autobody and affiant does hereby receive the right to bid upon said vehicle.
Jared C. Spear, Owner S&S Autobody

HIRING? SELLING? BUYING? RENTING?

Contact us TODAY to get your listing in the CLASSIFIEDS!



Public Notice

(First Published in Lincoln Sentinel-Republican on Wednesday, November 13, 2024)

The Lincoln County Public Transportation Agency is submitting an application for operating assistance for transportation under the U.S.C. 49 (rural public transportation) of the Federal Transit Act. The application will be for operating funds to help provide transportation services in the area. Written comments and questions in regard to this application will be accepted until December 13, 2024 and should be sent to:
Roberta Turner
216 E Lincoln Ave
Lincoln, KS 67455

The Lincoln County Public Transportation Agency receives Federal Transit Administration (FTA) operating dollars. This funding is utilized for the purchase of fuel, insurance, equipment maintenance, and storage. This agency is seeking Kansas Disadvantaged Business Enterprise (DBE) certified companies as potential vendors for these services. Please contact Roberta Turner at 785-384-0015 if you are a DBE or are interested in learning more about the DBE program.
Thank you.



Letters to the Editor can be sent to: lincolnnews@gmail.com

KANSAS CLASSIFIEDS

For Sale
Place your 25-word classified in the Kansas Press Association and 135 more newspapers for only \$300/week. Find employees, sell your home or your car. Call the Kansas Press Association @ 785-271-5304 today!

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For Sale
When veterinary care is unavailable or unaffordable, ask for Happy Jack@animalhealthcare for cats, dogs, & horses. At Tractor Supply@ (www.happyjackinc.com)

Gun Show
WORLD'S LARGEST GUN SHOW - November 9 & 10 - Tulsa, OK Fairgrounds. Saturday 8-6, Sunday 8-4. WANENMACHER'S TULSA ARMS SHOW. Free appraisals. Bring your guns! www.tulsaArmsShow.com

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Attention: VIAGRA and CIALIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-866-481-0668

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D'Angelico, Stromberg, And Gibson Mandolins / Banjos. 1-877-560-1992

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PAYING TOP CASH FOR MEN'S SPORT WATCHES! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. Call 1-866-481-0636

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GOT AN UNWANTED CAR??? DONATE IT TO PATRIOTIC HEARTS. Fast free pick up. All 50 States. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-877-560-5087

Misc.
BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-866-481-0747

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STOP OVERPAYING FOR HEALTH INSURANCE! A recent study shows that a majority of people struggle to pay for health coverage. Let us show you how much you can save. Call Now for a no-obligation quote: 1-888-519-3376 You will need to have your zip code to connect to the right provider.

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INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to cash settlements in the \$10,000's. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 1-888-920-1883

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WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-877-586-6688. Have zip code of service location ready when you call!

Misc.
NEED NEW WINDOWS? Drafty rooms? Chipped or damaged frames? Need outside noise reduction? New, energy efficient windows may be the answer! Call for a consultation & FREE quote today. 1-866-766-5558 You will need to have your zip code to connect to the right provider.

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Lincoln County 4-H Council Achievement Ceremony, Nov. 3, Hunter, KS

The Lincoln County 4-H Achievement Celebration took place on Sunday, November 3 in Hunter. 4-H families and guests gathered for a ceremony to celebrate the outstanding accomplishments of 4-H members and community clubs. It was a great day to kick off the new 4-H year!

Members earn achievement awards throughout their 4-H journey. It is a way to earn recognition for excelling throughout project learning, leadership experiences, community service, career exploration, competitive contests, and life skill-building activities.

The 2024 Achievement Awards given were:

Membership Pin: Nora, Branch Giger, Macie Hlad, Jacob Kratky, Grace Lyne, Annie Nelson, Axel Schneider, Kelvi Seehafer
 Bronze Pin: Emma, Camden Hlad, Reid Meitler, Tia Mueller, Lennox Seehafer
 Clover Pin: Micah, Lucy Koster, Joe Kratky, Trey Meitler
 Emerald Pin: Tara Mueller, Austin Rosebrook, Briggs Seehafer
 Silver Pin: Cason Hlad, Chloe Koster, Jaxson Meitler, Layne Nelson, Alison Rosebrook, Marissa Rosebrook
 Silver Guard Pin: Titus Bell, Sam Heller, Nash Seehafer
 Leadership Pin: Jayden Meitler
 Gold Pin: Jonathan Bell
 Gold Guard Pin: Rose Koster

Key Award Pin: Molly Heller, Sydney Heller

The 2024 County Champion and Project awards given were:

4-H Herdsmanship Awards

Beef Herdsman - Tara Mueller
 Swine Herdsman - Alison Rosebrook
 Sheep Herdsman - Nash Seehafer
 Goat Herdsman - Tyra Meyer
 Poultry Herdsman - Marissa Rosebrook
 Rabbit Herdsman - Max Diehl

Beef Bell Ringer Award - Dylan Rosebrook

Beef Project: Junior Champion - Trey Meitler; Intermediate Champion - Austin Rosebrook; Senior Champion - Jonathan Bell. Project pins were awarded to Marissa Rosebrook, Alison Rosebrook, Titus Bell, Benjamin Bell.

Fiber Arts: Junior Champion - Annie Nelson
 Food & Nutrition: Junior Champion - Macie Hlad; Intermediate Champion - Alison Rosebrook. Project pins were awarded to Trey Meitler, Annie Nelson, Emma, Marissa Rosebrook, Austin Rosebrook

Horse: Junior Horse Champion - Joe Kratky
 Leadership: Intermediate Champion - Sam Heller. Project pins were awarded to Jayden Meitler

Meat Goat: Junior Champion - Annie Nelson; Intermediate Champion - Layne Nelson

Photography: Junior Champion - Reid Meitler; Intermediate Champion - Alison Rosebrook. Project Pins were awarded to Trey Meitler, Annie Nelson, Anna Koster.

Poultry: Intermediate Champion - Marissa Rosebrook.

Swine: Intermediate Champion - Alison Rosebrook. Project Pin was awarded to Austin Rosebrook

Sheep: Junior Champion - Macie Hlad. Project pin was awarded to Grace Lyne.

Shooting Sports: Junior Champion - Trey Meitler. Project Pin was awarded to Reid Meitler

Visual Arts: Junior Champion - Camden Hlad; Intermediate Champion - Marissa Rosebrook. Project Pin was awarded to Annie Nelson

Welding: Intermediate Champion - Austin Rosebrook

Wildlife: Junior Champion - Reid Meitler
 Woodworking: Intermediate Champion - Cason Hlad. Project Pin was awarded to Austin Rosebrook.

Participants

Thanks to the following 4-Hers for their efforts in completing the Kansas Project Report Form to build their record keeping skills.

Anna Koster - Intermediate Sewing & Textile Design

Chloe Koster - Intermediate Aerospace &

Rocketry and Sewing & Textile Design
 Rose Koster - Senior Veterinary Science
 Grace Lyne - Jr Sewing & Textile Design
 Jaxson Meitler - Intermediate Shopping in Style

Annie Nelson - Jr Sewing & Textile Design, Jr Horticulture & Landscape Design, Jr Building Block Engineering

Layne Nelson - Intermediate Sewing & Textile Design, Intermediate Horticulture & Landscape Design,

Agronomy and Aerospace & Rocketry, Intermediate Building Block Engineering

Club Seals

Bullfoot Creek Sylvan Hustlers - Purple
 Hunter Huntsmen - Blue
 Jr Sunflower - Purple

Club Leader Awards

Heather Meyer
 Erika Meitler
 Sarah Heller
 Andrea Jordan
 Rachel Bell
 Sara Rosebrook

To learn more about the 4-H program in Lincoln County, visit postrock.k-state.edu or contact your local office at the Post Rock Extension District at 785-524-4432.

Food & Nutrition



Foods & Nutrition - Jr Champion - Macie Hlad, Bullfoot Creek Sylvan Hustlers; Intermediate Champion - Alison Rosebrook, Jr Sunflower



Sheep

Sheep - Jr Champion - Macie Hlad, Bullfoot Creek Sylvan Hustlers

Photography



Photography - Jr Champion - Reid Meitler; Intermediate Champion - Alison Rosebrook, Jr Sunflower



Beef Bellringer

Beef Bell Ringer - Dylan Rosebrook, Jr Sunflower

Herdsmanship



Herdsmanship Traveling Trophy Winners - Beef - Tara Mueller, Bullfoot Creek Sylvan Hustlers; Swine - Alison Rosebrook, Jr

Shooting Sports



Shooting Sports - Trey Meitler, Bullfoot Creek Sylvan Hustlers



With a little luck, and very little effort, your family could win one of the delicious, oven-ready turkeys to be given away **FREE** by these sponsoring merchants. You can start right now by clipping the coupons on this page and depositing them at the store appearing on the coupon. Registration begins for the free turkeys Tuesday, Nov. 12, 2024, and you may register at any of the stores (or all of them) through Friday, November 22, at 11:00 a.m. Only persons 18 years of age or older may deposit coupons and be eligible to win. No mailed in coupons will be accepted! There is nothing to buy. Only one winner per family. No purchases necessary to participate. Drawings will take place at 11:00 a.m. on Friday, November 22nd. Winners will be contacted shortly after the drawing. All Turkey's must be picked up prior to Thanksgiving Day.

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<p>WIN A TURKEY COUPON</p> <p>NAME: _____</p> <p>PHONE: _____</p> <p>Drop this coupon at: Meyer Tire & Lube</p>	<p>WIN A TURKEY COUPON</p> <p>NAME: _____</p> <p>PHONE: _____</p> <p>Drop this coupon at: Farmway Credit Union (Lincoln)</p>	<p>WIN A TURKEY COUPON</p> <p>NAME: _____</p> <p>PHONE: _____</p> <p>Drop this coupon at: C & S Service (Tescott)</p>
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<p>WIN A TURKEY COUPON</p> <p>NAME: _____</p> <p>PHONE: _____</p> <p>Drop this coupon at: The Bank of Tescott (Tescott)</p>	<p>WIN A TURKEY COUPON</p> <p>NAME: _____</p> <p>PHONE: _____</p> <p>Drop this coupon at: Patterson's HealthMart Pharmacy</p>	
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Engineering a Sustainable Kansas

K-State Engineering Extension's trio of programs collectively promote sustainability, environmental stewardship, and public health across Kansas. These initiatives provide critical resources, education, and technical assistance to agricultural producers, industry stake-

holders, small businesses, communities, and individuals.

Join Engineering Extension as they review resources and technical assistance available through the following programs to enhance a healthier, more

sustainable future for Kansas and the nation.

- Kansas Energy Program
- Pollution Prevention Institute
- Kansas Radon Program

The event will be held in the Community Room, Finch Theater (122 E Lincoln Ave, Lincoln, KS 67455) and is hosted by Engineering Extension. Please contact Mirna Bonilla, mbonilla@k-state.edu, for any questions.

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Tescott Triumph Over Altoona-Midway to Claim Regional Championship!

Braving Cold and Rain, Trojans Secure a 62-12 Victory



AUSTIN MILLER (12)



Senior James Dickerman (15) charges down the field with determination as teammate Reid Oetting moves in to assist, breaking through the Altoona-Midway Jets' defense in an unstoppable play. (Photos by Becky Rathbun)



CHARLIE PHELPS (33) JACE KRONE (20)



CHARLIE PHELPS (33)



JOEY STIRN (10)



JOEY STIRN (10)



Altoona-Midway's senior Joey Lamendola fights his way up the field, but his progress is quickly halted as Eli Gipe (23), Austin Miller (12), and Brody Thompson (5) move into position to make the stop, showcasing strong defensive teamwork.



AUSTIN MILLER (12)



JOEY STIRN (10)



JACE KRONE (20)



ELI GIPE (23)

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