

Deadline

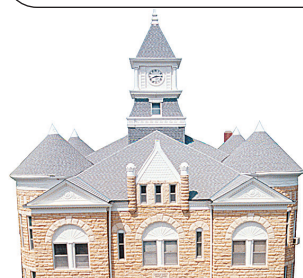
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LINCOLN SENTINEL-REPUBLICAN

Volume 137 No. 40

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It's starting to look like... a track!

For the first few months of construction of the new track, it might have been difficult to tell what it would be when it was finished. Now it's barely a stretch of the imagination. The final stages of the track project are in full swing with the rubber being placed on the track this past weekend. Once complete, the rubber will need to cure before the painters come. The final completion should be done in 2 weeks. The track is closed to the public until further notice. No foot traffic is allowed until the track is cured.



LHS alum Amanda Zsuzsics has retired from a successful 21-year career in the United States Air Force. (Courtesy photo)

Midland Hotel celebrates 125 years

By Jyll Phillips, Lincoln-Sentinel

The beautifully restored Midland Hotel in Wilson, KS is celebrating 125 years of history with a two-day event set for October 11 and 12. On Friday, October 11, enjoy America's Best Restaurants show and preview at The Barn at 6:00 p.m. At 7 p.m. enjoy tunes from Tony Bowell, live on The Patio. At noon on Saturday, Octo-

ber 12, enjoy brunch, drinks and an open fire hamburger bar. Yard games will also be played. Later, at 6:30 p.m. dine on a delicious four-course dinner and pairings by reservation only.

The Midland Railroad Hotel was built in 1899 by Philadelphian Wilke Power as the Power Hotel, the Midland was once considered among the premier hotels in the Midwest. The limestone structure is three-stories high and boasts 28 elegant rooms. Lit by the latest method, acetylene gas - it was a popular stop along the Union Pacific Railroad between Kansas City and Denver. Businessmen stopped there so often to show their wares, the hotel's basement became known as the Sample Room, a name it still holds today. A major fire in 1902 gutted the building. When the hotel was restored, it reopened as the Midland Railroad Hotel. It had been rebuilt with modern heating and other elements, and even after the fire, main-

tained its status through the roaring 1920s as one of the finest, modern-day hotels in the region. In order to make ends meet during the Great Depression, chickens were raised on the third floor of the hotel to serve to dinner guests. Over the next several decades the Midland continued to operate and even made it into the movies. The Midland Hotel served as a backdrop for many

scenes in the 1973 film "Paper Moon" starring Ryon O'Neal and daughter Tatum. In the 1970s, the Midland was one of 11 of the state's oldest hotels that were told to meet life safety codes or close. The last 1970s. The hotel saw several owners during the 1980's. In the mid-1980's a man named Kansas Walker operated the hotel for the current owners. He advertised an 80-ounce steak (five

pounds) free to anyone who could eat it all in one sitting. The Walkers were in the process of purchasing the hotel when it closed in 1988. The hotel stood vacant for the next nine years. In 1997 the Wilson Foundation purchased the historic building for \$35,000. After a six-year \$3.2 million renovation that earned the organization a Kansas Preservation Award for its painstaking res-

toration, the hotel reopened in 2003, restored to its 1920s glory and listed on the National Register of Historic Places. The Midland Railroad Hotel is located at 414 26th Street in Wilson.



Today the Midland Hotel shines in 1920s style decor. The Midland has become a popular spot for both overnight guests and weekend get together. (Courtesy photo)

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Midland Railroad Hotel circa 1905. (Courtesy photo)

Zsuzsics retires from USAF

TSgt Amanda M. Zsuzsics, originally of Westfall, retired from the United States Air Force September 13, 2024, after 21 years of active service to our country.

As Technical Sergeant, Zsuzsics served as the Airmen Wellness Flight Chief for the 517 Training Group, 17th Training Wing Presidio of Monterey, CA. In this capacity she was responsible for providing counseling services for 1.9k students and staff members at the Defense Language Institute. She is a certified addictions counselor and earned her Alcohol and Drug Counseling Certification in February 2018. She co-pilots the 517 TRG Airmen Resiliency Team, partnering with local and remote helping agencies in support of Airmen. During her 21-year career in the Air Force she has served in two career fields, at four bases, six units and twelve positions.

Zsuzsics has been stationed throughout the country including Lackland AFB, TX; Eielson AFB, AK; Travis AFB, CA; Minot AFB, ND and Presidio of Monterey, CA.

She has been the recipient of several awards and decorations during her Air Force career, the most recent being the Air and Space Commendation Medal (third oak leaf cluster) for Meritorious Service for her final tour of duty.

As Airman Wellness Flight Chief, 517th Training Group, Presidio beginning October 2021, she served as the Non-commissioned officer in charge for the Operational Medical Element, executing mental health services and medical readiness.

The award concludes with the following description of her value to the Air Force. "The distinctive accomplishments of Technical Sergeant Zsuzsics culminate a long and distinguished career in the service of her country and reflect credit upon herself and the United States Air Force."

TSgt Zsuzsics is the daughter of Larry and Dorothy Zsuzsics of Westfall.

Lincoln Center Improvement Committee announces Yard of the Month



The home of Steve and Margo Chard was chosen by the Lincoln Center Improvement Committee as their September Yard of the Month. The Chard's lawn is always well-kempt and neatly trimmed, adding some sophistication to their corner in southeast Lincoln. (Courtesy photo)

Tuesday, October 4 is Cinnamon Roll Day



Attention Lincoln County bakers! October 4 is National Cinnamon Roll Day, so get out your rolling pins, knead that dough and whip up some cinnamon rolls for your friends, neighbors and co-workers! From store-bought Cinnabon to homemade Betty Lou, cinnamon rolls are a perfect fall treat, especially when served with hot, spicy and steaming chili. We eat them for snack, breakfast, or as a dessert. Just know that October 4 is guilt-free cinnamon roll day! Eat as many as your heart can handle.

If you're afraid of all the calories, don't be. The Sentinel staff has named October 4 as No Calories in Cinnamon Roll Day. We'll deal with the extra five pounds when they start to show.

Cash Grain

Corn.....	\$3.93
Milo.....	\$4.03
Soybeans.....	\$9.96
Wheat.....	\$5.32

Cash prices courtesy of Ag Mark

Community Calendar

Thursday, October 3

Lincoln: Storytime @ Lincoln Library
 USD 298: 2nd Grade to P & M Pumpkin Ranch; 3:45pm - JH/HS Cross Country @ Waconda/Lakeside Golf Course; 4pm - LJH Volleyball vs Thunder Ridge @ Agra; 6pm - LJH Football vs Thunder Ridge @ Agra
 USD 299: 3:45pm CC (JH/HS) Beloit Invnt. @ Beloit; 4:00pm JH VB @ Bennington; 6:00pm JH FB @ Bennington

Friday, October 4

USD 298: 7pm - LHS V Football vs Rock Hills @ Mankato; No Preschool - SIT Meetings
 USD 299: 7:00 pm HS FB @ Lakeside

Saturday, October 5

Beverly: City-wide Garage Sales; 8 am 34th Annual Bazaar @ Bethlehem Lutheran Church
 Lincoln: Area-wide garage sales; Pumpkin Patch Days @ Bushel & a Peck Gardens
 USD 298: 8am - LHS JV Volleyball @ Sylvan/Lucas Tournament; 9am - LHS V Volleyball @ Rock Hills Tournament @ Mankato; Disc Golf Tournament
 USD 299: 8:00am HS VB (JV) Tourney @ Sylvan (Sylvan, Beloit, Lincoln, Bennington, Central Plains, Lakeside, Ellsworth)

Sunday, October 6

Monday, October 7
 USD 298: 6pm - LHS JV Football vs Rock Hills @ Mankato
 USD 299: 6:00pm HS JV Football vs. Tescott

Tuesday, October 8

USD 298: 3:30pm - JH Cross Country @ Ellsworth Golf Course; 4pm - LHS Volleyball vs Rock Hills & St. John's/Tipton
 USD 299: 3:30pm CC (JH/HS) Ellsworth Invnt. @ Ellsworth; 4:00pm HS VB Tescott Tri (Tescott, Sylvan, St. John's/Tipton) @ Tescott

Wednesday, October 9

USD 298: 6-7pm - NHS Induction Ceremony; 4pm - LJH Volleyball vs Osborne & Pike Valley @ Osborne
 USD 299: FFA @ Ellsworth County Ag Day on the farm

Have a great week!

Commodity Distribution held the third Wednesday every other month at the Lincoln Senior Center. (September, November, January, March, May, July)

Lincoln County Historical Society meets third Wednesday of each month @ 5 p.m.; Lincoln County Historical Museum is open Thursdays, Fridays, Saturdays. Call 202.744.9041.
 LCEDF meets the second Wednesday of each month in the Courthouse basement. Call 524-8954 for meeting time.
 The Lincoln County Commission meets each Monday, and the last working day of the month, at the courthouse.



Monday, October 7

Biscuits & Gravy, Potatoes, Green Beans & Fruit

Tuesday, October 8

Western Bean Bake, Tater Tots, Apple Crisp & Cornbread

Wednesday, October 9

Chicken Rice Broccoli Casserole, Cauliflower & Carrots, Hot Cinnamon Peaches & Bread

Thursday, October 10

Pork Loin, Sweet Potatoes, Corn, Caramel Pear Pudding & Roll

Friday, October 11

Spaghetti w/Meat Sauce, Peas, Carrots, Mixed Fruit & Breadstick

Menu is subject to change.

Call 785-524-4738 before 9:30 a.m. to reserve a lunch. The suggested donation for people over 60 or with current paperwork \$4.00. For people without paperwork or under 60, meals are \$7.00, mandatory.

34th Annual Bazaar at Bethlehem

The Bethlehem Lutheran Church LWML (Lutheran Women's Missionary League) of Sylvan Grove is holding their annual Bazaar at Bethlehem in the church Parish Hall on Saturday, October 5, from 8 a.m. to 2 p.m. The ladies will be serving rolls and coffee in the morning. The lunch menu includes homemade soups, sandwiches, and pies. The ladies will also have a bake sale, religious cards sale, and bargain table items. The proceeds from this annual event are used for various mission projects locally, within the state, and also abroad. Everyone is invited to attend and we appreciate your support.

Eating right and reducing food waste

Jamie Rathbun
 Post Rock Extension District Family and Community Wellness Agent

People rarely talk about the foods they toss out, yet the topic of food waste is getting a lot more attention these days. It has been estimated that Americans throw away billions of pounds of food each year either at home or when eating out. And that amount doesn't even include the food that goes uneaten at the grocery store. Not all food that is wasted can be saved and eaten, but it has been proven that a lot of food waste could be prevented, especially at home. A good place to start is right in your own kitchen. Here are a few tips.

Plan Meals Based on the Foods You Already Have on Hand.

- Look in the refrigerator, freezer, and pantry for foods that need to be used up.

- Buy only the amount of perishable foods that can be eaten or frozen within a few days. This is especially true for foods like fresh fruits, vegetables, meats, dairy products, and seafood.

Makeover Your Leftovers

Food tossed is money lost. One way to add new life to still edible foods is to re-purpose leftovers in new ways and new recipes.

- Refrigerate ripe bananas to make them last a few days longer. They may be brown on the outside, but remain a good color on the inside.

- Freeze washed, peeled, bite-sized pieces of fruit for smoothies. Place on a baking sheet with sides and cover with plastic wrap. Transfer frozen pieces to freezer bags. Toss into smoothies.

- Use leftover meat in flavor-

ful foods such as barbecued meat dishes, chili, and tacos to mask any flavor of "warmed over meat." Plus, being covered by a sauce or liquid helps prevent further flavor changes.

- Freeze chopped, mature onions by adding directly to a freezer bag. Lay flat to freeze. To separate the onions before use, give the bag a slight "whap" on the kitchen counter.

- Freeze extra bell peppers in shapes needed for recipes. Freeze for a few hours on a baking sheet with sides until hard. Transfer to freezer bag.

- Freeze extra tomato paste in tablespoon-sized portions in an ice cube tray. Transfer to a freezer bag. Adding a tablespoon or two of tomato paste to soups, casseroles, and pasta sauce enhances the flavor of these foods with its concentrated, almost meaty, taste.

- Place that little bit of leftover vegetable in a container in the freezer. Add more small bits of leftovers as they are available. Use these in your next vegetable soup or stew.

- Use vanilla and fruit flavored yogurts as a dressing for fruit salad.

- Use up extra odds and ends of cheese by shredding them. Mix in your choice of ingredients, cut or chopped into small pieces (i.e. olives, pickles, pimentos, chives, walnuts, peppers, etc.) Add enough mayonnaise (regular or low-fat) to bind the ingredients together. Spread on your favorite bread.

- Make a chopped salad with small amounts of extra fruits, vegetables, nuts, cooked eggs, etc. - Use that small amount of leftover meat sauce from spaghetti as the sauce and meat on homemade pizza.

Master the Shelf Life of Foods

Many foods and drinks purchased at the grocery store include a date, which indicates when it should be used or sold by. Because these dates refer to the product's quality, it doesn't necessarily mean they should be thrown out.

- "Use by," "Best by," and "Best before" dates are found on foods, such as mustard, salad dressing, and ketchup. In many cases, they are safe to eat beyond the date as long as they have been stored properly. - "Sell by" dates are displayed on perishable foods, such as meats and dairy products. It's possible these foods may be used a few days after that date, as long as they were stored at a safe temperature. Practice Good Food Safety

- Don't risk eating or drinking anything that you suspect has spoiled.

- Eat leftovers within 3 to 4 days (or freeze for up to 3 to 4 months).

- Store foods in the pantry so that products with closer dates are up front.

- Place foods that could spoil quickly within sight, such as in the front of the refrigerator or on the counter (if they're not perishable). Wait to wash produce until right before serving.

- Learn how to best store produce. Some produce will cause other fruits and vegetables to ripen quickly, so they need to be separated. And others should be stored in a cool, dark, dry place. Check out the following guide on Storing Fresh Produce (https://bookstore.ksre.ksu.edu/download/storing-fresh-produce_MF3594) for how to best store fresh produce.

JR. SUNFLOWER 4H CLUB - BY ANNA KOSTER

The September 15th 4-H meeting was called to order by Wayne Elder. The roll call question was, "What is your favorite freetime activity?" There were 19 members and 2 leaders at the meeting. Parliamentary, Alison Rosebrook, had nothing to present this month.

Leader Rachel Bell gave the leaders report and she announced that achievement pins, record books, and any scholarships are due October 1st. The new 4-H year also starts October 1st. They will probably have a discount code and that information should be out at our next meeting.

The 4-H animal signs are still in progress. There is no 4-H council meeting on September 18th. Lincoln Hospital Board wants to donate items to us from past garage sales. Lucy Koster made a motion that we have a garage / bake sale on October 5th. August Buttenhoff seconded the motion. Saturday October 5th is the Lincoln City wide garage sales.

The officers for the new 4-H year are:

- President - Miranda Rosebrook
- Vice President - Benjamin Bell
- Secretary - Dylan Rosebrook
- Treasurer - Alison Rosebrook
- Reporter - Tenley Buttenhoff
- Parliamentarian - Marissa Rosebrook
- 4-H Council - Dylan Rosebrook, Elijah Suelter,

- Jonathan Bell, and Nicholas Koster
- Song Leaders - Elijah Suelter and Madelyn Rosebrook
- Recreation Leaders - Emma Buttenhoff and Lucy Koster

Club Leaders - Rachel Bell and Sara Rosebrook

The song leaders, Marissa and Collin Rosebrook, led the club in singing *Hot Cross Buns*. The recreation leaders, Austin Rosebrook and August Buttenhoff, announced that we would be playing Beach Ball Volleyball after the meeting. The next 4-H meeting will be October 20th at the Rosebrook's farm shed at 5:30 pm. We will be doing Jr. Officer Elections and Committees.



New radio program in search of music from all 105 Kansas counties

Calling all musicians across the state of Kansas: Kansas Public Radio invites you to submit your music to be considered for the broadcast of the station's newest program, "105 Live."

"105 Live" is a contemporary music show, showcasing new and noteworthy music from all 105 counties in Kansas, Allen through Wyandotte. Celebrating and promoting music made right here in Kansas, each show will include an in-studio session recorded in KPR's live performance studio, as well as interviews with selected artists, album debuts and more.

The program will be hosted by Nick Carswell, an Irish native who has lived in Lawrence since 2011. Primarily a musician by trade, Carswell had a parallel career as a broadcaster in his native Ireland before moving to the Midwest in 2011. Since then, his band Carswell & Hope has built a firm following for its thoughtful and creative songwriting, emotive instrumenta-

tion and engaging live performances. When he's not performing, Carswell finds himself continuously active in the music and arts ecosystem of Kansas.

The show's goal is to find music from each of the 105 counties in Kansas, and submissions are open now. Interested Kansas artists can submit music using this form or can mail EPKs and media releases to kansas105live@gmail.com. Please do not send mp3s directly but include a download link to broadcast-quality WAV files. If you are from Kansas or have a Kansas connection, let us know when sending your submission.

"105 Live" launches at 5 p.m. Oct. 5 on Kansas Public Radio and can be heard on demand at the KPR website and the KPR app.

KPR, a 22-time winner of the KAB's Station of the Year, licensed to the University of Kansas, broadcasts on 91.5 FM and 96.1 FM (KPR2) in Lawrence, 89.7 FM in Emporia, 91.3 FM in Olsburg-

Junction City, 89.9 FM in Atchison, 90.3 FM in Chanute, and 99.5 FM and 97.9 FM (KPR2) in Manhattan. KPR can be heard online at the KPR website, and KPR2, a news-talk programming stream, which can be heard on an HD receiver or the website.



Nick Carswell, host (courtesy photo)

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Lincoln Sentinel Republican Phone Hours 785-524-4200

Monday Closed for Production	Tuesday 2 pm to 6 pm	Wednesday Noon to 6 pm	Thursday Noon to 6 pm	Friday Noon to 6 pm	Saturday/Sunday Closed
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OBITUARY



Robert R. "Bob" White
June 16, 1936 - Sept. 25, 2024

Robert R. "Bob" White, 88, passed away Wednesday, September 25, 2024 in Lincoln, KS. He was born

June 16, 1936 in Lincoln County, KS to Fred and Hazel (Ahring) White. Bob was a longtime resident of Lincoln County where he was a farmer and stockman. He also took pride in his work as a school custodian and groundskeeper at the Lincoln schools and schools in Arizona where he lived for 6 years. At different periods of his life, Bob was an active member in the Masonic Lodge, Lions Club, Lincoln Jaycees, and the Farmers Grain and Supply Coop board. He attended the Lincoln United Methodist Church. Bob was also a founding member and former chief of the Westfall Fire Department. Bob married Doris Novak in Sylvan Grove, KS on December 31, 1991.

Bob is survived by his wife Do-

ris of Lincoln, brother Richard White (Jodi) of Lincoln, nephew Jeff White (Jenny) of Lincoln, niece Jenelle Borst (Adam) of Lincoln, step-daughter Nancy Marihugh (Ken), and step-son Rodney Larsen (Melodee). He was preceded in death by his parents.

Visitation: 5-7 p.m., Sunday, September 29, 2024 at Hall Chapel of Lincoln with family present to greet visitors.

Funeral service: 10:30 a.m., Monday, September 30, 2024 at Hall Chapel with burial following at Lincoln Cemetery.

Memorial contributions can be made to the Westfall Fire Department, c/o, Hall Chapel, PO Box 37, Lincoln, KS 67455. Condolences can be left at hallchapel.com.

COMMISSION MEETING MINUTES

September 16, 2024

The Lincoln County Board of Commissioners met in the courthouse commission meeting room on Monday, September 16, 2024. Chairman Dennis Ray called the meeting to order at 8:30 a.m. with Vice-Chairman Debora Smith and Member Ryley Hembry present. County Clerk Dawn Harlow was in attendance as recording secretary.

Others present for portions of the meeting: Warren Hagelstien, Jesse Knight, Mary Ann Stertz, Tami Kerth, Felicia Strahm, and Roberta Turner.

Correspondence: a funding request from the Silver Haired Legislature; a letter from the Kansas Department of Agriculture concerning a safety inspection of the Highland Lake Dam; and mid month accounts payable.

Warren Hagelstien explained services that the Cybersecurity and Infrastructure Security Agency (CISA) can provide to the county free of charge to enhance the security of the courthouse computer infrastructure. The board approved participation in CISA's cybersecurity initiatives with County Clerk Harlow being the point of contact.

Transportation Bus Director Roberta Turner provided a copy of the drivers' handbook, identifying items that need to be corrected, citing specifically that the handbook says that drivers should contact the highway department when

the vehicle is broke down on the side of the road. Turner related that she contacted them for roadside assistance, and she was told they could not help. The board will review the handbook prior to deciding on changes.

Dennis Ray moved to recess into executive session for ten minutes for the purpose of discussing clerk's office employees, pursuant to K.S.A. 75-4319(2)(b)(1) to discuss personnel matters of nonelected personnel, to reconvene in the courthouse commission meeting room with the commission and County Clerk Dawn Harlow, seconded by Ryley Hembry. Motion carried. Time in: 9:36 a.m. Time out: 9:46 a.m.

The chairman reconvened the meeting to regular session at 9:36 a.m. The board authorized Clerk Harlow to hire temporary staff as needed to sit in the office to prevent office doors from being closed.

Clerk Harlow forwarded comments from business owners regarding solid waste billing. The board approved removing the charges to Post Rock Shed Dogs. The board declined to remove the charges from Tammy Lockhart, suggesting that Lockhart be billed for 8 months as AFLAC, and the remainder of the year as Tammy Lockhart Independent Agent.

Nursing Home Administrator Diane Walters provided an update on building maintenance projects. The group discussed the flooring proj-

ect, as Sunflower Carpet Plus is demanding payment citing the project bid is complete, although there is one transition that is a hazard and must be fixed. Walters plans to go to the store to speak to them regarding the transition and will follow-up with the county prior to the payment being released to Sunflower Carpet Plus. The board discussed the recent fire door inspection results received from DH Pace in which all doors failed, including doors recently installed by DH Pace. Walters has reached out to the company to discuss the

inspection results. Walters provided an update on upcoming resident holiday activities.

Dennis Ray moved to approve midmonth accounts payable in the amount of \$25,366.54, seconded by Ryley Hembry. Motion carried.

Dennis Ray moved to approve the minutes as presented, seconded by Debora Smith. Motion carried.

The chairman adjourned the meeting at 10:56 a.m. The next meeting will be in the courthouse commission meeting room at 8:30 a.m. on Monday, September 23, 2024.

VOTE HERE

Lincoln County Registered Voters
General Election

Tuesday, November 5, 2024

USD 298 Lincoln Jr. Sr. High School
Storm Shelter

701 E North St, Lincoln, KS 67455

Lincoln Center Precincts I & II, Battle Creek, Beaver, Colorado, Elkhorn, Franklin, Grant, Indiana, Logan, Madison, Marion, Salt Creek, Scott and Valley Townships
Barnard City, and Beverly City

Sylvan Grove Rural Fire Training Room
130 S Main St, Sylvan Grove, KS 67481

Cedron, Golden Belt, Hanover, Highland, Orange, Pleasant and Vesper Townships
Sylvan Grove City

**Can't make it to the Polls on November 5?
You can Advance Vote at the Courthouse**
Starting: October 16, 9:00 a.m. - 4:00 p.m.
Ending: November 4 at 12 noon

Polls are open from 7:00 a.m. to 7:00 p.m.
Voter ID Required

Election Related Important Dates

Close of Voter Registration Books
October 15

Advance Ballots Mailed & Early Voting Begins
October 16

Pre-Election Public Testing of the
Vote Tabulating Equipment
October 31 - 10:00 a.m.
Courthouse Meeting Room

Saturday Advance Voting
November 2 - 9-12 a.m.
County Clerk's Office

Election Audit
November 7 - 10:00 a.m.
Commission Meeting Room

Election Canvass
November 13 - 8:30 a.m.
Commission Meeting Room

Post-Election Public Testing of the
Vote Tabulating Equipment
November 14 - 10:00 a.m.
Courthouse Meeting Room



BARNARD UNITED METHODIST
Pastors Kaye & Jeff Metzler
Adult Sunday School @ 10:00 am
Morning Worship @ 11:00 am

BETHANY CHURCH
Eight miles north, six miles west and one mile north of Lincoln
Sunday School @ 9:45 am
Worship Service @ 11:00 am
Evening Service @ 7:00 pm

BETHLEHEM LUTHERAN CHURCH LC-MS
Pastor Christopher Craig
Sylvan Grove, Kansas
Sunday School following Worship
Sunday Worship @ 10:00 am

BEVERLY COMMUNITY CHURCH
www.beverlycommunitychurch.org
Pastor Toby Flaming
Sunday School @ 9:30 am
Morning Worship @ 10:45 am

BEVERLY UNITED METHODIST
Pastors Kaye & Jeff Metzler
Church Service @ 9:00 am

CENTRAL CHRISTIAN CHURCH
Pastor, Chris Hall
Sunday School @ 9:30 am
Worship Service @ 10:30 am
Nursery available during service
Light Keepers Wed. @ 6:30
grades 6-12

CULVER METHODIST CHURCH
Pastor Demele Eckart
401 Main Street, Culver, Ks
Sunday Worship @ 9:30 am
Saturday Coffee @ 8-10 am

DENMARK EVANGELICAL LUTHERAN COMMUNITY CHURCH, ELCA
Pastor Angie Sundell
Worship Service @ 10:30 am

FAITH BAPTIST CHURCH
Pastor Jonathan Schale
Lincoln Park Manor @ 9:30 am
Bible Study @ 10:30 am
Worship Hour @ 11:00 am
Afternoon Worship @ 2:00 pm
Wed. Bible Study @ 7:00 pm

FIRST BAPTIST CHURCH
Pastor Carolyn Allen, Barnard
Morning Worship @ 11:00 pm

GRACE CHAPEL-HUNTER
Pastors Kaye & Jeff Metzler
Worship Service @ 9:00 am

LINCOLN COMMUNITY CHURCH
www.lincolncommunitychurch.org
Pastor Adam Boyd
Sunday School @ 9:30 am
Worship Service @ 10:30 am
Ladies Prayer Group, Wed. @ 5 pm
Awana @ Cube Wed. @ 6:30 pm
"Teens for Christ" Sun. @ 7:00 pm
Michael Pickering 785-488-7049

LINCOLN PARK MANOR CHAPEL
Morning Worship @ 9:30 am
Afternoon Worship @ 2:30 pm

LINCOLN UNITED METHODIST
Pastors Kaye & Jeff Metzler
Worship Service @ 10:30 am

PRESBYTERIAN CHURCH
Sylvan Grove, Kansas
Sunday School @ 10:00 am
Church @ 11:00 am

ST. JOHN LUTHERAN CHURCH
Pastor Don Haselhuhn
Lincoln, Kansas
Two and one-half miles south of Lincoln on Highway 14
Sunday/Bible School...9:30 am
Worship Service.....10:30 am
VBS May 20-24..... 9-11:30 am

ST. PATRICK'S CATHOLIC CHURCH
Father Mark Wesely, Lincoln
Rectory phone: 785-524-4823
Email: stpat327@gmail.com
Sunday Mass @ 11:00 am
Sunday CCD Classes @ 9:45 am
Weekday Mass: Mondays - 3:30 pm

ST. PAUL'S LUTHERAN CHURCH LCMS
Pastor Don Haselhuhn
Six and one-half miles south and 4 miles east of Lincoln
Worship Service @ 9:00 am

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Pastor Rod Thompson, Tescott
Worship Service @ 9:00 am

TESCOTT UNITED METHODIST CHURCH
Pastor Demele Eckart
Sunday School @ 10:00 am
Worship @ 11:00 am

TRINITY LUTHERAN CHURCH, HUNTER
Pastor Matthew Schneider
Hunter, Kansas
Sunday School @ 9:00 am
Worship Service @ 10:00 am
Midweek/Confirmation
Wednesdays @ 4:30 to 5:45

Lincoln United Methodist Church



216 N. Fourth, Lincoln
Pastors:
Kaye and Jeff Metzler
Service Times:
Adult Sunday School:
10:00 a.m.
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Guest Editorial

It's time to share drug savings with Medicare patients

A simple reform to Medicare's prescription drug program could put billions of dollars back into seniors' pockets over the next decade. That'd help them better manage their chronic conditions and significantly lower overall health spending. Concerningly, that reform is gathering dust. That's a huge problem for seniors -- and one we need to fix sooner rather than later.

More than two-thirds of Medicare beneficiaries have multiple chronic illnesses. They face health care costs five times higher than their peers without any chronic conditions. And right now, because of the way Medicare is structured, they overpay for the medicines they need.

Currently, drug companies give the insurers that sponsor Medicare drug plans hefty discounts off the nominal "list" price of medicines. In return, those insurers agree to provide better access to those companies' brand-name medicines, rather than similar medications from other drug companies.

In theory, those discounts should help patients. But they typically don't -- because the negotiated discounts remain secret. And that secrecy leads to inflated out-of-pocket payments for seniors.

Most Medicare plans require beneficiaries to pay a certain fraction of a drug's cost -- an obligation known as "co-insurance." When pharmacists calculate what seniors owe in co-insurance, they use the publicly disclosed list price of a drug -- not the secret, substantially lower discounted price.

For instance, let's say a senior needs a medication that nominally costs \$100 per month, and her Medicare plan requires her to pay 25% of a drug's cost in co-insurance. That'd put her on the hook for \$25 in out-of-pocket payments.

But imagine that the drug was actually secretly discounted by 75% -- to \$25. The insurer would collect \$25 from the woman, pass it along to the drug company, and pay absolutely nothing itself -- despite collecting a considerable monthly premium.

In an alternate world, one in which insurance plans had to disclose the discounted prices they negotiate, that woman's co-insurance would instead be just 25% of \$25 -- or \$8.25 a month. Over the course of a year, she'd save hundreds of dollars just on that one medicine. And many seniors with chronic conditions rely on multiple treatments to stay healthy.

Thankfully, some lawmakers are trying to make that better world a reality. In 2023, a bipartisan group of lawmakers introduced a bill -- the Share the Savings with Seniors Act -- to reduce Medicare beneficiaries' out-of-pocket costs. It'd allow seniors with Part D prescription drug plans to pay cost-sharing based on the real, discounted price of medicines, instead of the list prices.

Yet, the bill is stuck in a House committee -- and isn't moving forward. That's terrible news for America's aging population.

Many seniors currently struggle to afford necessary medications, leading to skipped prescriptions and costly health complications. Research indicates that an increase in out-of-pocket prescription drug costs can escalate health care spending due to increased hospitalizations and ambulatory care. For each additional dollar patients pay out-of-pocket, total Medicare spending rises by \$1.80.

The cumulative financial and personal toll is staggering. Medicare is projected to spend \$18 billion annually by 2030 on avoidable health complications linked to medication non-adherence, which contributes to the premature deaths of 112,000 seniors each year.

The Share the Savings with Seniors Act would ensure that patients who face the highest out-of-pocket costs -- those with chronic illnesses -- would benefit from drug discounts. This straightforward adjustment not only promises immediate relief for seniors, but also supports better health outcomes by improving access to vital medications.

- Kenneth E. Thorpe, chairman of the Department of Health Policy and Management at the Rollins School of Public Health, Emory University. He is chairman of the Partnership to Fight Chronic Disease. This piece originally ran in Medical Economics.



Letters to the Editor can be sent to:
lincolnnews@gmail.com

PRAIRIE DOC - By JOHN BISSON, DDS

Children's Dental Health: Key Points for Parents

Good dental health in children is crucial for overall well-being. Healthy teeth enable proper chewing, speech development, and contribute to self-esteem. Prioritizing dental health through education, preventive care, and regular check-ups lays the foundation for a lifetime of healthy smiles. The following topics are common discussion points of children's dental health.

First Dental Visit

Children should visit the dentist by their first birthday or within six months after their first tooth erupts. Early visits help establish a dental home and allow the dental care team to monitor oral development and provide guidance on proper care. Regular dental visits every six months are essential for monitoring dental health and catching potential issues early.

Fluoride Treatments

Fluoride is a naturally occurring mineral that helps prevent tooth decay. Fluoride treatments can help strengthen tooth enamel, making it more resistant to acids produced by bacteria in the mouth. This in turn helps to significantly reduce the risk of cavities and promote stronger, healthier teeth. Dentists often recommend fluoride treatments for children and may also suggest fluoride toothpaste for at home use.

Dental Sealants

Dental sealants are thin coatings applied to the chewing surfaces of molars (back teeth) to protect them

from cavities. Sealants act as a barrier against food particles and bacteria. They are typically recommended for children once their permanent molars emerge, usually around age six.

Visiting An Orthodontist

Children should have their first evaluation with an orthodontist by age seven. At this age, an orthodontist can identify potential issues with tooth alignment and bite. Early intervention may prevent more severe problems later and can help guide the growth of the jaw.

Thumb Sucking

Thumb sucking is common in infants and toddlers and usually doesn't cause issues if stopped by age four. Prolonged thumb sucking can lead to dental problems, such as misalignment of teeth or changes in the roof of the mouth. If a child continues thumb sucking beyond this age, parents should consult a dentist for advice.

Baby Bottle Tooth Decay

Baby bottle tooth decay occurs when sugary liquids like milk or juice cling to a child's teeth, leading to decay. To prevent this, avoid putting a baby to bed with a bottle and ensure regular cleaning of the child's teeth and gums. Water can be used as a nighttime beverage.

Teeth Grinding (Bruxism)

Teeth grinding, or bruxism, is common in children, especially during sleep. It can be caused by stress, misaligned teeth, or other factors. If grinding is frequent, it can wear down

teeth and lead to discomfort. Parents should discuss the issue with their child's dentist, who may recommend monitoring, relaxation techniques, or in some cases, a custom mouth guard.

Dental Anxiety

Dental anxiety is a common issue among children, characterized by fear or apprehension about visiting the dentist. This anxiety can stem from various factors, including fear of pain, unfamiliar environments, or negative past experiences. Prepare children by discussing what to expect at their visit, using positive reinforcement, and visiting the office beforehand to familiarize them with the environment.

Regular dental checkups and good oral hygiene practices are vital for children's dental health. Parents and caretakers should stay informed about common issues and consult their dentist for personalized advice to ensure the health of their child's smile.

John Bisson, DDS is a dentist and owns Bisson Dental in Brookings, SD. Dr. Bisson is originally from Sturgis, SD but moved to Brookings in 2015 and opened Bisson Dental in 2018. For more information about Bisson Dental head here, <https://www.bisson-dental.com/>. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show providing health information based on science, built on trust, streaming live on Facebook most Thursdays at 7 p.m. central.

POST ROCK EXTENSION DISTRICT

Plant Bulbs Now to Enjoy in Spring

By Cassie Thiessen
K-State Research and Extension Post Rock Horticulture Agent

Who doesn't love stepping outside on a crisp spring morning and seeing the first signs of green life after a long winter. Bulbs are often the first plants to make an appearance in the spring and add a beautiful pop of color to the landscape. Enjoying these spring beauties means a little extra work planting them in the fall, then forgetting about them until spring.

When temperatures start to drop it may be time to start cleaning up the garden, however it's also the best time to plant bulbs. For north central Kansas, late September through early October is an ideal time in our climate hardiness zone. If you want to add a minimal care, showy plant, into your landscape follow these tips for mastering bulbs.

In the fall bulbs show up everywhere, they can be found in garden stores, ordered from catalogs, or picked up in local supermarkets. When choosing bulbs, you want to examine each one for quality. It should be firm with a papery covering and free from mold. Look for bulbs that are large, the larger the bulb the bigger and more beautiful the bloom will be. You could choose a diverse number of varieties to bloom throughout the spring and summer or for a mass design that will pop, stick to one or two varieties. If deer or wildlife are a problem in your garden, you should choose bulbs such as allium, crocus, iris, and daffodil. Have fun when picking bulbs by choosing new cultivars or even trading with neighbors.

Fall is a great time to plant bulbs because they need to develop their roots and must meet a chilling requirement over the winter in order to bloom in the spring. Pick a site

where the bulbs will receive full sun to partial shade. The soil needs to have good aeration and adequate drainage. A sandy loam is preferred but you can always amend your soil type by adding peat moss, compost, or aged bark. The depth of planting varies by the size and variety of bulb. A general rule is 2-3 times deep as the bulb is wide. For example, if you are planting a tulip or hyacinth bulb set them about 6 inches into the soil. Space the bulbs using the same general measurement. After placing the bulbs at the proper depth, replace half the soil and add water. This will settle the soil around the bulbs and provide good bulb to soil contact. Add the remaining soil and water again. Although there will be no top growth in the fall, the roots are developing, so soil needs to be kept moist but not wet. Always remember to place the bulb with the point up, so the roots are

See "POST" page 10

SPICE UP YOUR LIFE - LINDSAY YOUNG

Have a ball in the kitchen with a new potato dish



This came from a TikTok user, "PlanetFood." I added extra seasoning in my version and eliminated a garlic butter sauce, just to try to cut down on the mass of calories in this dish.

Garlic Potato Balls

Ingredients

- 2 large Russet potatoes, peeled and cubed
- 2 teaspoons garlic powder
- 2 teaspoons onion powder
- 2 teaspoons paprika
- salt and pepper, to taste
- 4 tablespoons cornstarch

Directions

In a large pot, boil the cubed potato they are fork tender.

When the potatoes are done, drain them well and add them to a large bowl. Add the garlic powder, onion powder and paprika.

Mash the potatoes with a masher or fork until the mixture is smooth.

Incorporate the cornstarch until it forms a thick mixture that you can easily shape with your hands. If it's still too sticky or wet, add more cornstarch, a little at a time, until it reaches your desired consistency.

Roll the mixture into packed, one-inch balls.

Add the balls to the basket of an air fryer (you could also fry these the old-fashioned way in oil), and spray

them lightly with cooking spray. Try to space them apart. You might have to fry them in batches.

Air fry the potato balls at 200 degrees for 15 to 20 minutes, stirring halfway through, until they are golden brown.

Serve immediately.

These were tasty. They are crispy on the outside and like mashed potatoes on the inside. That also means you should be careful about how quickly you pop them into your mouth. They get pretty hot on the inside.

Mine kind of deflated a bit, and they stuck together more than I expected. I should have given them a better spray of cooking oil and maybe made sure the mixture was packed a little tighter.

Regardless, I really liked these, and I think I might have to give them another try sometime to share on a snack table during a football game.

And I learned my lesson about not being too egotistical about which recipes seem "easy" out there online. I need to keep reminding myself that I'm no Lidia, even if sometimes I play her in the newspaper.

Spice Up Your Life is a weekly recipe column by Lindsay Young, who describes herself as an enthusiastic amateur cook and can be reached through her website at spiceupkitchen.net.

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THE LEOPARD LEGACY- BY NIKKI FLINN

Embracing Change for a Brighter Future



Nikki Flinn
Superintendent
USD 298

Homecoming is a tradition that dates back to as early as 1910. Homecoming was originally a plea to have college alumni visit their alma mater and show their school pride. Since that game, homecoming has expanded and grown in both college and high school. Originally there was no dance, no theme days, no homecoming king and queen, and certainly no hoco-proposals. It was just a football game and a parade.

The first homecoming game at the high school level is believed to have begun in the 1930s where many of the traditions just mentioned began to take place. The homecoming queen, Lee Anne McIntosh was selected by the quality of the float she rode. The king was selected by personal qualities on a vote and was to act alongside the queen.

Homecoming has taken on many traditions through the years globally and Lincoln High School is no stranger to homecoming changes. Lincoln's first recorded homecoming queen was in 1948 and was selected by the football team. It wasn't until 1998 when Lincoln selected their first homecoming king, Dustin

Florence. Through the years the homecoming court had four candidates, then five, and since 2018 only three candidates have been selected.

Other changes to mention are the annual alumni dinner and dance that was held at the elementary gym for many years on the Saturday of alumni weekend. The seniors would also get the pleasure of making and decorating a dummy that was hung from the center of Main Street where it was later cut down by one lucky senior in the city bucket truck. It was pulled down the street to the football field where it was thrown on the bonfire. Seniors would also get the opportunity to paint their names on the press box at the football field during homecoming week.

Many things have changed, but new traditions have also begun. Did you know that Lincoln High School students and staff have a volleyball tournament the Friday of homecoming week? There is a trophy and bragging rights as well. During homecoming week, the students get the opportunity to participate in several homecoming games. Another great competition at the football field is where students compete with their class against the other classes in different relay games. This year on Wednesday

evening, we were able to begin a new tradition in which the community and businesses were able to create floats and participate in the parade. The parade led to the football field where a community pep rally took place. There was great food, competitions, and a whole lot of school spirit.

Though many things have changed, it is fair to say that many great traditions still stayed the same. Each year students dress up each day of homecoming week in a different themed outfit. A parade takes place each year including floats from the students traveling down Main Street. There is still a homecoming king and queen. There is a tailgate feed for community members before the Friday football game. Students still participate in a dance after the football game. And most importantly, it is a weekend for alumni to come home, which is what homecoming is all about, and honestly how it received its name.

The fear of change can bring a lot of unexpected challenges and of course the unknown. While change can indeed feel uncomfortable, it often leads to growth. For some, the nostalgia of traditional homecoming celebrations can overshadow the benefits of innovation. It is crucial, however, to remember that each

generation brings its own values and aspirations. By adapting homecoming to reflect today's society, we create an event that resonates with today's students, fostering school spirit in a way that feels authentic and inclusive.

Additionally, technology has reshaped how we connect during homecoming. Social media platforms allow students to share their experiences, engage with alumni, and rally support for their school like never before.

Ultimately, homecoming is more than just a celebration; it's an opportunity to build community and forge lasting memories. As we navigate and introduce changes, let us embrace the possibilities they present. By honoring our past while welcoming new traditions, we can ensure that homecoming remains a cherished event that celebrates the richness of our school and community. As we gather to honor our school and celebrate our progress, let us remember that change, while often challenging, can lead to profound growth. Homecoming is a testament to our resilience and our ability to adapt, reminding us that while we may look back fondly on the past, the future holds even greater potential for unity and celebration. It's always a great day to be a Leopard!

Kansas Parents Back More Creative Teaching Methods, Study Shows.

Submitted by Test Prep Insight

- Parents polled to find out which schooling system they would choose for their children.
- Half of parents believe that teacher autonomy is very important.

Education has always been a hot-button issue in American society, and it's becoming a central topic in the upcoming election, with parents deeply divided on how and what their children should be taught. But what if parents had the option to embrace an entirely different education system from another country? Imagine adopting the Finnish model, where equity and student well-being take precedence, with minimal focus on standardized testing and a high degree of teacher autonomy. Or perhaps the disciplined and rigorous Japanese approach, which emphasizes academic excellence and respect for authority. Some might even consider the Indian system, known for its diverse blend of traditional rote learning and progressive methods.

Test Prep Insight, an online education company, carried out a survey of 3,000 parents to discover which international schooling system they would choose for their children, given the choice.

Kansas parents overwhelmingly favored Finland's education model. In Finland, the education system prioritizes equity and student well-being, with less focus on standardized testing. Teachers are highly respected and given autonomy in their work. There are no standardized tests until the end of high school, and the system emphasizes creativity, critical thinking, and collaboration. School days are shorter, recesses are longer, homework is minimal, and

there is no private tutoring industry.

Other top choices were:

Japan
Japan's education system emphasizes rigor, discipline, and academic achievement. It appeals to parents who value respect, hard work, and a strong work ethic, though it can be high-pressure.

Germany
Germany's education system tracks students early into different academic paths, offering practical, career-oriented education. Parents appreciate its structured approach that aligns education with future job opportunities.

Norway
Norway's child-centered education system emphasizes well-being, equality, and outdoor learning. It attracts parents who value a balanced, holistic approach to education beyond just academics.

Netherlands
The Netherlands offers a flexible education system with a mix of public and private schools, focusing on individualized learning. Parents value the freedom to choose and tailor education to their child's needs.

China
A surprising choice, China's competitive, exam-focused education system emphasizes rote memorization and academic success. It appeals to parents who prioritize rigorous academics and are willing to accept a high-pressure environment.

France
France's centralized, rigorous education system focuses on standardized exams and intellectual development. It attracts parents who value a traditional, disciplined approach to learning.

Singapore
Singapore's meritocratic, structured education system emphasizes bilingualism and STEM. It appeals to parents who prioritize academic excellence and technological fluency in a globalized world.

South Korea
South Korea's extremely competitive education system focuses heavily on academic achievement and entrance exams. It draws parents who prioritize academic success, even in a high-pressure environment.

Estonia
Estonia's innovative, digitalized education system integrates technology into learning. It appeals to parents who value forward-thinking, tech-driven education that prepares students for the future.

When asked about the top priority in children's education, the majority of parents leaned towards fostering emotional well-being and life skills (37%) and promoting creativity and critical thinking (35%). Vocational and practical skills were valued by 16% of parents, indicating a desire for education systems that prepare students for real-world tasks and careers. Meanwhile, academic excellence and rigorous testing garnered the least support at 12%, highlighting a shift away from traditional metrics of success in favor of more holistic approaches.

The question of teacher autonomy in education also revealed strong opinions.

Nearly half of the respondents (47%) believe that teacher autonomy is very important, advocating for educators to have the freedom to adapt the curriculum to meet their students' unique needs. Another 46% consider it somewhat important, suggesting that while a set curriculum is necessary, some flexibility should be granted to teachers. Only a small minority (6%) felt that strict adherence to a standardized curriculum is sufficient, reflecting a general consensus that teacher flexibility plays a crucial role in delivering effective and personalized education.

Regarding the length of the school day, most parents (55%) felt that the current length is appropriate, valuing a balance between structured learning and recreational time. However, there were also notable preferences for alternative approaches: longer school days with more structured learning time (17%), flexible school days based on the child's needs and interests (16%), and shorter school days with more emphasis on free time and play (11%).

"The results of our survey highlight a growing interest among parents in exploring diverse education models," says Matt Ross of Test Prep Insight. "From Finland's focus on student well-being to Japan's emphasis on discipline, parents are seeking approaches that combine strong academics with overall development, which indicates a desire for well-rounded, adaptable education systems."

REAL ESTATE AUCTION
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Auction will be held at the American Legion in Ellsworth, Ks.
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The farm is located 3 miles North of I70 Ellsworth exit on 15th road that turns into 150 road on a gravel road. There are 167.91 farmland acres, with 99.90 crop acres. 71.63 acres pasture, 6.10 acres of building site with a 1 ½ story older home 1435 sq. feet 3 bedroom 1 bath, stone barn, machine shed, granary, chicken house. There is a well, septic system, propane & REA. Seller will do no inspections or repair on buildings, well or septic. All inspections made by purchaser must be done before Oct. 16, 2024. The bases are wheat 17.88 acres with 35 bu yield; grain sorghum 5.72 acres with 55 bu yield; soybeans 2.10 acres with 2 bu yield for a total base acres of 25.70.

Taxes: 2024 taxes will be paid by seller, 2023 taxes were: \$2,624.58.

Possession: Possession on the pasture, buildings and open ground will be upon closing, Possession of 45 acres planted to wheat will be after 2025 wheat harvest, the purchaser will receive cash rent of \$50.00 per acre on the land planted to wheat. Purchaser will pay renter for chemical that has been applied to 20 acres open ground.

Terms: 10% of purchase price as down payment day of auction, the balance will be paid upon closing on or before December 2, 2024.

Down payment will be escrowed with Land Home Title. Escrow fees will be split 50/50 between seller & purchaser. Title insurance will be used, the cost will be split 50/50 between seller & purchaser.

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Math Blocks

Fill in the missing blocks with numbers between 0-20.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

	10		23
7		3	19
	11	15	32
21	30	23	

51	11	9
3	6	7
5	10	8

Solution

THIS DAY IN HISTORY



1789: George Washington proclaims Thursday, November 26, 1789 a Thanksgiving day.

1919: Cincinnati Reds Pitcher Adolfo Luque becomes the first Latin American player to appear in a World Series.

1985: The shuttle Atlantis makes its maiden flight.

World FACT:



Despite its name, this German festival begins near the end of September.

Answer: Oktoberfest

Get Scrambled

Unscramble the words to determine the phrase.
T S A U U A K R R E N A D
S S A E G A U S

Answer: Sauerkraut and sausages

NEW WORD

FESTIVE
cheerful and celebratory

How they say that in...

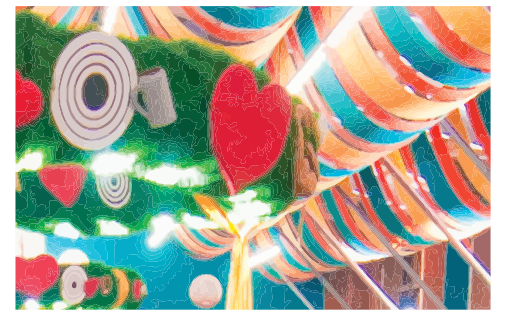
- English:** Tent (circus)
- Spanish:** Carpa
- Italian:** Tendone
- French:** Chapiteau
- German:** Zirkuszelt

Did You Know?

Bavarian pretzels are typically enjoyed at Oktoberfest celebrations, in addition to other traditional German foods.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Oktoberfest hall

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Help Wanted

LINCOLN COUNTY CONSERVATION DISTRICT

SOIL CONSERVATION TECHNICIAN: Responsibilities include visiting landowners, evaluating field conditions and conservation best management practices, designing practices, overseeing construction, checkout, and related field and office duties. Starting pay is \$39,576.00 per year with an annual \$4,800 health insurance incentive to be provided in lieu of health insurance.

MINIMUM QUALIFICATIONS: High school diploma or GED. Requirements include a background in conservation or agriculture (a two-year degree with agriculture classes will substitute for background in conservation or agriculture), an ability to communicate effectively and work well with people, a valid Kansas state driver's license or ability to acquire one within 90 days of establishing residency, and a successful security background investigation clearance as required by the U.S. Dept. of Agriculture.

To obtain information on the application process contact Lincoln County Conservation District, 112 E Court St, Lincoln, Kansas, 67455-2302. 785-524-4482 opt. 3. Applications must be received by October 18th, 2024.

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Lincoln, KS 67455
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785-524-4371

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Lincoln County Historical Society
Hours: Thurs. - Fri. 11 a.m. - 5 p.m. | Sat. 1 - 4 p.m.
785-524-9997 | lchs@eaglecom.net
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Ray Swearingen - Broker/Owner (785) 452-8498
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Ray/Broker



SCAN ME



Clint

Weekly Temps

	High	Low	Rain
9-24	75	53	
9-25	80	47	
9-26	84	48	
9-27	84	50	
9-28	85	52	
9-29	89	51	
9-30	88	51	

Total Moisture Sept 2.09

Thank you, readers!

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Sylvan-Lucas Unified High School Homecoming



Sylvan-Lucas Unified High School homecoming court pictured L-R: Connor Charvat, Anna Feldkamp, King Harlan Pancost, Queen Serenity Steinike, Cade Brokes, and Maggie Labertew. The kindergarten attendants were Mason Sulsar and Raelyn Naegele. (Photo by Terri Falcon-Thrun)



Harlan Pancost crowned King by Serenity Steinike. (Photo by Terri Falcon-Thrun)

Mustangs stampede over Grizzlies to Victory Sylvan-Lucas 60 - Rock Hills 12



Zayne Maupin (15) in for the 2 pt conversion after the 1st touchdown making the score 8-0. (Photo by Terri Falcon-Thrun and Lynne Thrun)



Tristan Keith (10) kicking off after another Mustang touchdown. (Photos by Terri Falcon-Thrun & Lynne Thrun)



Color Guard and Sylvan-Lucas Marching Band opened the parade. (Photo by Terri Falcon-Thrun)



JUNIOR CLASS FLOAT (Photo by Terri Falcon-Thrun)



SENIOR CLASS FLOAT: Winner of the float contest. (Photo by Terri Falcon-Thrun)



Senior football boys playing "Pass the Noodle" using only their feet. (Photo by Terri Falcon-Thrun)

Special thanks to the following page sponsors:

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Leopards stay determined in tough season



TYRA MEYER (22), HAZEL METZ (9)



BELLA NAYLOR (12), MIRANDA ROSEBROOK (24), and TYRA MEYER (22)
(Volleyball photos by Lori Spear)

LEOPARDS DOMINATE

Lincoln crushes Washington Co. 50-0



JEREMIAH MILLER (2), EASTON GOOD (44), BRODY SHEARER (57)
(Football photos by Becky Rathbun)



BEN BELL



DEAGEN WALTERS

Leopards Shine at Southeast of Saline Meet with Impressive Performances

The Leopards put on an incredible show at the Southeast of Saline meet, competing against some tough competition and delivering several personal best performances.

In the 7th-grade boys' race, Layne Nelson finished 14th out of 63 runners with a personal record (PR) time of 14:14, while Lyle Hair took 1st place with a stellar PR time of 12:38.

The 7th-grade girls also had a strong showing, with Emily King placing 12th out of 58 runners, clocking in at 14:57.

In the 8th-grade races, Julie Good placed 19th in the girls' division with a PR time of 17:05, competing against 32 runners. Anton Esterl finished 54th out of 86 runners in the boys' division, crossing the line at 20:30.

The high school varsity teams also had some standout performances. In the girls' race, Olivia Dail secured 23rd place out of 92 runners with a PR time of 21:57. For the varsity boys, Jonathan Bell placed 23rd out of 106 runners with a new PR of 19:05, followed by Matthew Schale in 51st with a PR of 20:37, and Clay in 57th with a PR of 22:13.



Part of the Lincoln Jr. Sr. High School Cross Country Team pose for a photo: Back row (L-R): Anton Esterl, Clay Bates, Matthew Schale, and Jonathan Bell. Front row (L-R): Conor Schneider, Julie Good, Lyle Hair and Olivia Dail. (Photo courtesy of USD 299)



Jonathan Bell and Olivia Dail. (Photo courtesy of USD 299)



Sylvan-Lucas Mustangs Dominate at Osborne Meet

The Sylvan-Lucas Unified High School Cross Country team had another outstanding performance at the Osborne meet, with the boys' team bringing home yet another victory!

In the boys' race, Harlan led the charge, securing 1st place, followed by Jacob in 5th, Caleb in 7th, and Eli in 8th, showing great teamwork and consistency across the board.

The girls' team also delivered strong performances, with Codie finishing 4th, Faith placing 10th, and Aubrelle taking 12th.

In the junior high division, Ben represented the 8th grade, finishing 6th in his race, demonstrating promising talent for the future of the team.



The Sylvan-Lucas Unified High School Cross Country Team
(Photo courtesy of USD 299)



Harlan Pancost - 1st Place
(Photo courtesy of USD 299)



Comet visible in Lincoln skies

Photo of Tsuchinshan-ATLAS comet, taken at the intersection of Highway 18 and 1st Street, Lincoln, Kansas on 09/29/24, by Jim Hammer.

Farmers & Ranchers Livestock Commission Co.

Total for the Week - Cattle - 2,972 Hogs - 200
Bulls - \$172.00 - \$184.00 Cows - \$118.00 - \$129.00

Strs		Hftrs	
300-400	\$355.00-367.50	300-400	\$309.00-318.00
400-500	\$325.00-335.00	400-500	\$292.00-302.00
500-600	\$306.00-315.00	500-600	\$279.00-290.00
600-700	\$275.00-285.00	600-700	\$245.00-256.00
700-800	\$261.00-272.50	700-800	\$233.00-244.00
800-900	\$240.00-251.75	800-900	\$221.00-230.00
900-1000	\$226.00-235.50	900-1000	NO TEST

- Early Consignments for Thursday, October 3rd:

35 mostly blk steers & heifers, 700-850, home raise, long wean, 2 round vaccs, open, off grass; 90 blk/bwf steers & heifers, 550-725, fall vaccs; 13 blk steers, 750-800, home raise, wean 45+ days, 2 round vaccs; plus more by sale time.

Early Consignments Special Cow Sale Tuesday, October 22nd: Get your cattle consigned.

BRED HFTRS: 12 blk heifers, home raise, AI bred to Balancer bulls; plus more by sale time.

Cows: 60 mostly blk cows, 3-5 years, bred blk & char; 7 young cows; 15 blk cows, 3-4 years old, bred Rockn H Ranch angus bulls; 3 spring bred blk cows, 5-7 years, bred blk; 35 blk/red angus 3-5 years, bred to Stucky angus, spring calvers; 15+15 5 years to older pairs; 40+40 angus pairs, 3-5 years, angus calves 150-250#s; 60 blk 3-6 years, bred char, Feb/March calvers; (Dispersal) 12+12 blk pairs, 6-8 years, sim/angus calves, calves worked; (Dispersal) 15 blk cows, 5-7 years, bred sim/angus, Nov/Dec. calvers; plus more by sale time.

Early Consignments Special Calf Sale Tuesday, October 29th: Get your cattle consigned.

29 blk s&h, 300-700, off cow, vaccs to grass; 45 blk s&h, 500-600, spring vaccs; 25 blk s&h, 600-750, fall vaccs, Hinkle genetics; 70 char s&h, 500-600, home raise, fall vaccs, Fink genetics; 335 charX s&h, 500-650, off cow, vaccs; 35 red s&h, 500-650, off cow, vaccs; 40 blk s&h, 500-600, off cow, vaccs; 103 blk s&h, 500-600, fall vaccs; 70 charX s&h, 550-700, fall vaccs; 120 s&h, 500-700, home raise, vaccs, open, knife cut, no implants; 30 s&h, 500-700, home raise, 2 rnd vaccs, open; 45 blk s&h, 500-600, fall vaccs; 125 blk/bwf/rwf s&h, 550-600; 11 blk s&h, 700-800, wean 50 days, 2 rnd vaccs, open; 45 blk/bwf s&h, 500-600, spring vaccs; 50 blk/bwf s&h, 500#s, off cow, vaccs, off grass; 140 blk s&h, 550-650, fall vaccs, no implants, replacement hftrs; 96 blk/charX s&h, 550-650, fall vacc; 230 s&h, 400-500, off cow, home raise, spring vaccs, open; 51 s&h, 550-650, home raise, spring vaccs, Green Garden sired; plus more by sale time.

Special Cow Sales Tuesday October 22, 2024 Tuesday November 19, 2024 Tuesday December 17, 2024

Special Calf Sales Tuesday, October 29, 2024 Tuesday, November 5, 2024 Tuesday, November 12, 2024

Weaned Vaccinated Sales Tuesday, December 3, 2024

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USDA Farm Loan Program changes now in effect

As of today, the U.S. Department of Agriculture's (USDA) long-awaited updates to the Farm Service Agency's (FSA) Farm Loan Programs are officially in effect. These changes, part of the Enhancing Program Access and Delivery for Farm Loans rule, are designed to increase financial flexibility for agricultural producers, allowing them to grow their operations, boost profitability, and build long-term savings.

These program updates reflect USDA's ongoing commitment to supporting the financial success and resilience of farmers and ranchers nationwide, offering critical tools to help borrowers manage their finances more effectively.

What the new rules mean for you:

- Low-interest installment set-aside program: Financially distressed borrowers can now defer up to one annual loan payment at a reduced interest rate. This simplified option helps ease financial pressure while keeping farming operations running smoothly.
- Flexible repayment terms: New repayment options give borrowers the ability to increase their cash flow and build working capital reserves, allowing for long-term financial planning that includes saving for retirement, education, and other future needs.
- Reduced collateral requirements: FSA has lowered the amount of additional loan security needed for direct farm loans, making it easier for borrowers to leverage their existing equity without putting their personal residence at risk.

These new rules provide more financial freedom to borrowers. By giving farmers and ranchers better tools to manage their operations, we're helping them build long-term financial stability. It's all about making sure they can keep their land, grow their business, and invest in the future.

If you're an FSA borrower or considering applying for a loan, now is the time to take advantage of these new policies. We encourage you to reach out to your local FSA farm loan staff to ensure you fully understand the wide range of loan making and servicing options available to assist with starting, expanding, or maintaining your agricultural operation.

To conduct business with FSA, please contact your local USDA Service Center.



Post/from page 4

in the right position. For an attractive design, plant bulbs in clumps or informal masses, rather than singly. When planting it is best to add a fertilizer such as bone meal that is high in phosphorus in the bottom of each planting hole.

Bulbs are relatively low maintenance, you can practically plant them in the fall and forget about them until they pop up in the spring. Check once in a while to make sure the soil is moist but not soggy. Small bulbs will also benefit from adding a layer of mulch to prevent being heaved out of soil by alternate freezing and thawing. In the spring cut off flowers that have faded but don't cut the leaves until they have turned yellow and withered. This allows more energy to be transferred and stored in the bulb.

Bulbs are fun and easy to work with. They require minimal care once properly planted, they will reward you every spring with a wonderful show of color. K-State Research and Extension has a variety of resources for all your gardening and landscaping needs. Stop by or give us a call with your questions.

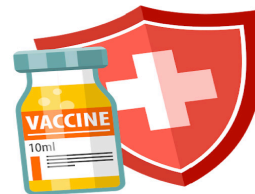
Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Cassie can be contacted at cthies-sen@ksu.edu or by calling Beloit (785-738-3597).

Respiratory Season is Upon Us!

Get vaccinated to protect against Influenza (Flu), Covid, RSV, and Pneumonia.

Starting Tuesday, October 1st, Lincoln County Health Department will have these vaccines available.

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CVA CENTRAL VALLEY AG

SEALED BID AUCTION

Central Valley Ag (CVA) is accepting sealed bids to purchase CVA Denmark, KS. Sealed bids may be mailed and received no later than 5:00 p.m. on October 25, 2024, to Central Valley Ag Attn: Jeff Holling, 204 E Court St., Beloit, KS, 67420

Booklets can be picked up at CVA Lincoln Elevator or Beloit Admin. Questions? Contact Rick Wolling 785-545-6731 or Jeff Holling 785-545-6684 cvacoop.com

